

Dietary Prescription for **Student WITH Disability**

Child Nutrition Programs

PARENT/GUARDIAN MUST COMPLETE THIS SECTION

Student Name

Birth Date

Age

Grade

School

Parent/Guardian Name

Phone

Mailing Address

City/State/Zip

Signature of Parent/Guardian

Date

DIET ORDER – LICENSED PHYSICIAN MUST COMPLETE and SIGN THIS SECTION.

1. List student's disability: _____
(Include life-threatening allergies which cause an immune system response to a particular food/ingredient/additive.)

2. What is the major life activity(s) affected?

3. Describe how the disability restricts student's diet:

4. List all food(s) and/or milk to be omitted:

5. List all food(s) and/or milk to be substituted:

6. List any foods that require texture modification and describe how to prepare (chop, grind fine, puree, etc.):

7. Describe any other comments about the student's eating or feeding patterns:

Signature of Licensed Physician

Date

E-mail

Phone

Printed Name of Licensed Physician

Address

RESOURCES RELATED TO MENU MODIFICATION REQUESTS

- **Americans with Disabilities Act**

ADA Homepage: <http://www.ada.gov/>

- **Office of Superintendent of Public Instruction**

Guidelines for Care of Students with Life-Threatening Food Allergies, March 2008

<http://www.k12.wa.us/HealthServices/pubdocs/GuidelinesCareStudentsAllergies.pdf>

- **US Department of Agriculture Food and Nutrition Service**

Accommodating Children with Special Dietary Needs in the School Nutrition Programs Guidance for School Food Service Staff http://www.fns.usda.gov/cnd/Guidance/special_dietary_needs.pdf

- **US Department of Education link for IDEA**

The Individuals with Disabilities Education Act (IDEA) is a law ensuring services to children with disabilities throughout the nation. IDEA governs how states and public agencies provide early intervention, special education and related services to more than 6.5 million eligible infants, toddlers, children and youth with disabilities. Infants and toddlers with disabilities (birth-2) and their families receive early intervention services under IDEA Part C. Children and youth (ages 3-21) receive special education and related services under IDEA Part B.

<http://idea.ed.gov/>