Meet LaDonna

Favorite Superhero: “Lunch Ladies, Of Course!”

Worst Foods I’ve Tasted…”Canned Spinach and buttermilk!”

Favorite Food? Seafood!

Proudest moment: “Meeting my husband Steve, and then the birth of our son, Jack”

Greatest Joy of being a mother? “I love being a mother. Children are so cute and so funny...many great memories!”

Words I live by: “Keep a Good Attitude—Smile!”

This material was funded by USDA’s Supplemental Nutrition Assistance Program. The Supplemental Nutrition Assistance Program provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, call 1-877-514-FOOD. WSU Extension programs and employment are available to all without discrimination.