

# The Bagpiper

June 7, 2019

Reporting Freeman's news since 2009

Volume 11, Issue 3

## How are the budget cuts affecting Freeman?

By Bailey Swanson  
Staff Writer

Budget cuts in Washington are impacting our school greatly. Washington state legislature has addressed budget cuts. School districts, including Freeman are already seeing a large impact one proposed bill SEBB (School Employees Benefits Board).

Superintendent Dr. Randy Russell really wanted to make it clear that our problems are not stemming from lack of revenue or paying staff.

"It is directly connected to SEBB not salaries," Russell stated at the April 18 public meeting about budget cuts.

While other schools around us are facing large layoffs and hour cuts, Freeman is in a better position than some of our surrounding school districts. For example according to a KREM 2 news report, Spokane Public Schools could end up laying off 81-325 of their 4,110 number staff.

"We are hoping for the best, but preparing for the worst," Russell said.

These next few months are going to be spent working to make sure we have enough money saved and enough revenue to absorb the cuts. Freeman is going through a cut of \$435,000 as of April. Russell also says that SEBB is changing their ideas every day though.

SEBB decided to give out a new rule to every school in Washington. This new rule states that if any staff member (full time, part time, substitutes, ect.) is working over 630 hours, then the school will pay for their full benefits. Schools in Washington were outraged when this was released. The 630 hour rule is the main problem with the new SEBB rules. The 630 rule means that substitutes will have to be called in less, some staff may have their hours cut, if not end up getting laid off in all because schools can't afford to pay the full benefits with the new money cuts.

Although Freeman is opting to have to go through cuts, the school is doing its best to not cut staff.

"We don't want to lay anyone off," Russell said in the April 18 meeting.

The idea is that if anyone retires, their spot may not be filled. Other teachers may just have to stretch their schedules to try and work the class that are lost into their schedules or the class will just not be offered next year.

Right now, almost everything that is being paid for is liable for cuts. At the April meeting, there was a list of 20 different things



Courtesy of William Murphy

People protesting against school budget cuts.

that could be cut. Budget items that may be impacted included the activity bus, athletics, travel, curriculum and department budgets. There are many more ideas though, and the school is trying to figure out the best way to do this. These cuts are not set in stone, and they may change. They may cut the activity bus to just Monday and Friday.

"We are trying to not cut things," Principal Renee Bailey said. "We are trying to make the cuts as far away from the classroom as possible."

Right now nothing is really set yet, but staff should have been informed if their hours are being cut or if they are being laid off by May 15. At this point, the district

office and school board are trying to decide where cuts will be made for the 2019-2020 budget.

Freeman Teacher Association President Mike Allen explained that the legislature is not the only group that decides laws. They make an idea for a law and that law goes through a bunch of other groups before it gets sent out. Those groups can change what the law is, how it works, or cut it completely. We still aren't sure what cuts are set in stone, but the school is working on making sure that students get the best education they can while at Freeman.



Courtesy of Die4Kids, Wikimedia Commons

The activity bus may be getting its hours reduced due to budget cuts.



## The Bagpiper Staff 2018-2019

**Staff Writers:** Sage Aldendori, Ashley Booker, Peyton Campbell, Jiselle Farrow, Landry Hawley, Ronni Keizer, Sydney McLean, Jasmine Seal, Kaylie Smith, Bailey Swanson, Loryn Wagner, Abbey Wigen, Regan Wolfinbarger

**Adviser:** Pia Longinotti  
**Principal:** Renee Bailey  
**Superintendent:** Dr. Randy Russell



## Bagpiper Editorial Policy

The Bagpiper is published by students in the journalism class at Freeman High School.

Content is determined by the staff and does not necessarily reflect the opinions or policies of Freeman High School's faculty, administration, adviser or student body.

Students are protected in their exercise of press freedom by the First Amendment to the Constitution of the United States.

Signed editorials and columns reflect the views of the writer.

Letters to the editor, guest commentaries, and submissions of art or photography are encouraged and must be signed, although anonymity can be granted on a case-by-case basis.

The editorial board reviews letters to the editor, advertising and guest commentaries and reserves the right to edit and refuse material. Reasons can include length, clarity, libel, obscenity, material disruption of the educational process at Freeman High School or violation of copyright law.

# The Dawghouse is now selling cookies and stickers! What?!

By Kaylie Smith  
Staff Writer

The popular Dawghouse is now selling cookies and stickers! The Dawghouse has sold many stickers. Currently, the Dawghouse is only selling chocolate chip cookies because many people have allergies, and they want everyone to be able to have one. The cookies are very good and are always hot and ready when you get them.

Senior co-managers Chloe Thosath and Josie Showalter are responsible for the new products.

"It was just a thought to have some fun things here," Thosath said.

Have you wondered how they make the cookies? Well, there's actually a secret oven back there in one of the cupboards of the Dawghouse.

"I found it one day, and I was like 'Huh, why do we have an oven there?'" Thosath said. "So, I asked Mr. Moore about it, and he said that we used to sell cookies. Then, I asked why we don't do it anymore, and he said that he didn't know. So, we got some cookies."

Thosath designed the stickers using an app on her phone to do it. It didn't take her very long, and she had many different designs to choose from.

"I had a bunch of different ones, and I



Photo by Kaylie Smith

**Coffee and a chocolate chip cookie from the Dawghouse.**

got people's opinions on which ones were the best," Thosath explained.

Many people love the cookie addition to the Dawghouse.

"They were delicious! I liked how they were warm," freshman Dixie Sefton said.

The cookies and stickers are very reasonably priced. The cookies are \$1 each or 2 for \$1.75. The stickers are \$1 per sticker.

Overall the cookies and stickers being sold are a great addition to the Dawghouse.



Photo by Kaylie Smith

**Dawghouse stickers are \$1 per sticker.**



Photo by Kaylie Smith

**These cookies are \$1 for one and \$1.75 for two.**

# The effects of your sunscreen on the environment

By Sydney McLean  
Staff Writer

As the 49th annual Earth Day passes, an important issue has been raised by marine biologists: chemicals from sunscreen are killing our coral reefs. There is no single solution to the poisoning of coral due to sunscreen toxins, but there are small things we can all do to reduce their effects.

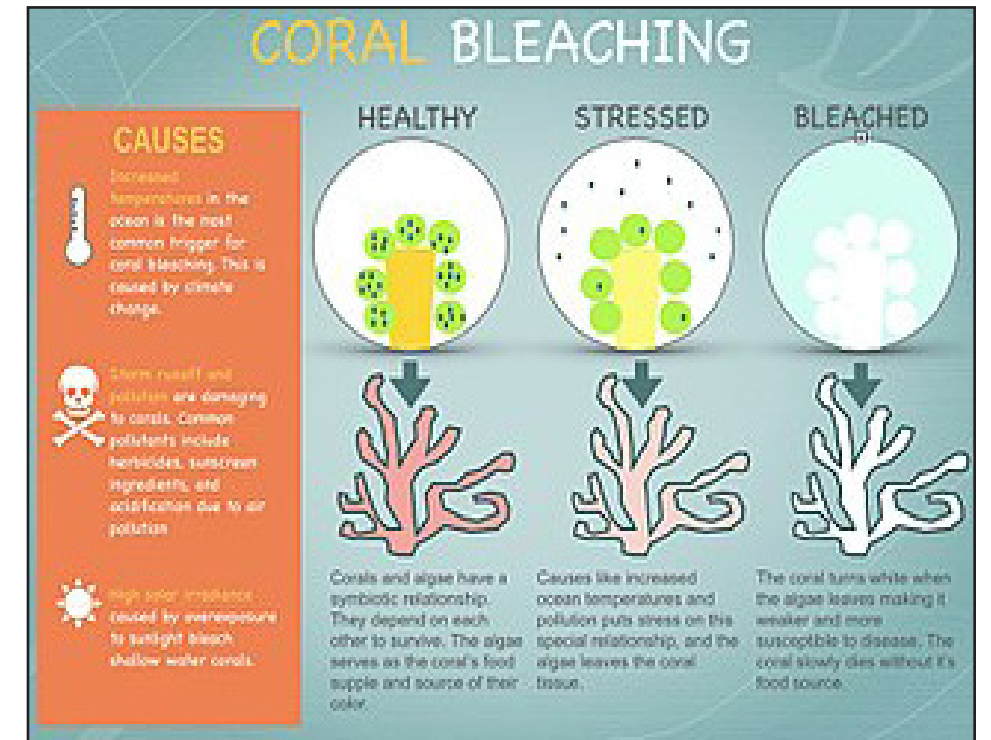
Summer weather is soon approaching and, with it, ultraviolet rays from the sun. These rays can be extremely harmful and cause skin cancer, so it is important to use sunscreen products when exposed to them. However, protecting ourselves is damaging the environment around us.

According to [oceanfdn.org](http://oceanfdn.org), chemicals such as Oxybenzone, one of the most common ultraviolet- blocking chemicals in sunscreen, latch onto coral reefs and erode them. The surrounding marine life is also affected; studies from the University of California-Riverside have shown that some of these chemicals alter the gender of fish, causing less egg production and embryo hatchings. Dolphins affected by Oxybenzone pass on the chemical to their offspring, decreasing the size of their liver, therefore decreasing their immunity to diseases.

In May 2018, Hawaiian lawmakers passed a ban on the sale of sunscreen believed to be harmful to the environment. Effective in 2021, Hawaii will be the first state to enact this law.

"This will make a huge difference in protecting our coral reefs, marine life, and human health," Hawaii Sen. Mike Gabbard said.

Now in Spokane, we might not have coral reefs, but there are still many ways we can help reduce our sunscreen contamination. Just because you didn't use sunscreen while swimming doesn't mean that the chemicals won't reach the water. It can also be washed off in the shower and enter the sewer. By applying biodegradable



Courtesy of [oceanservice.noaa.gov](http://oceanservice.noaa.gov)

**This graph explains how humans damage coral reefs.**

or mineral- based sunscreen, you can make sure that the substances that do flow into our oceans do not cause harm to marine life.

Skincare experts at Environmental Working Group say that Alba Botanica sunscreen is a great, environmentally-safe sun-

screen that is Oxybenzone free. Aveno Positively Mineral is another reef-friendly UV protectant. These can be found in almost any grocery store or Walgreens.

Another effective way to have a positive impact is to reduce the amount of sunscreen you use. Dermatologists state that clothing is just as effective in blocking out UV rays. Wearing long-sleeved rash guards or swimming suits can decrease your sunscreen use by about 90%.

It is important to protect yourself from the sun, but it is also important to be aware of how abusing the privilege of sunscreen can be extremely detrimental to the environment.



Courtesy of [nationalgeographic.org](http://nationalgeographic.org)

**This coral reef is starting to bleach due to substances like sunscreen used to protect skin.**

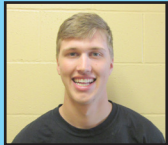


## What teens wish they knew before high school

By Ronni Keizer  
Staff Writer

High school is probably one of the most frightening and exciting times in life. You can never be prepared for it, and you continue to learn how to navigate it every day. We learn from our siblings, our teachers, and most importantly our peers. Your peers go through it with you and you make mistakes together. Sharing with each other what we've learned will help us to grow stronger and more confident. Here's what people learned and wished they knew before high school.

I wish I knew... "That I can be myself and others will love me for who I am."



-Senior Johnny McGuire

I wish I knew... "I should participate because you don't know where your best memories will come from."

-Senior Savannah Lindlsey



I wish I knew... "How much possibility there is to fall into the wrong crowd, and how it can totally change your life."

-Junior Deontaye Uhder



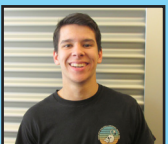
I wish I knew... "That you should actually put effort in the first two years. You think it's easy, but one bad move will screw up everything when it becomes important."

-Junior Olivia Guinn



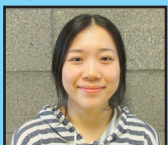
I wish I knew... "Tests would be more important to study for and finals are a lot harder than middle school."

-Sophomore Andrew Campbell



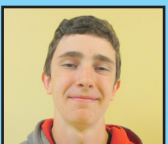
I wish I knew... "How cold the classrooms were going to be."

-Sophomore Hope Storro



I wish I knew... "No one really cares about you as much in high school."

-Freshman Sam Morphy



I wish I knew... "People change a lot when they go into high school."

-Freshman Jenny Sharp



## Protect your eyes from UV rays

By Jiselle Farrow  
Staff Writer

Now that summer's just around the corner, for many students it means going out on a boat, swimming, no school, and, of course, good old sunburns. While we often remember to protect our skin, what about our eyes? During this season of higher temperatures and sunny forecasts, your eyes are usually squinting through the blinding sunlight to see something, especially if it's towards the scorching sun. Most solve this issue by wearing sunglasses to protect their eyes from the light and to see things without having to strain their eyes.

Sunglasses, though they help, can't completely get rid of the glare from the sunlight. There are two kinds of sunglasses, ones with UV lenses and those with polarized lenses; both help your eyes in the bright summers.

According to an article on goodeyes.com "How Do Polarized Lenses Work?", UV lenses don't really eliminate the glare from the sun, but they prove the best for protecting your eyes and skin against the ultraviolet rays.

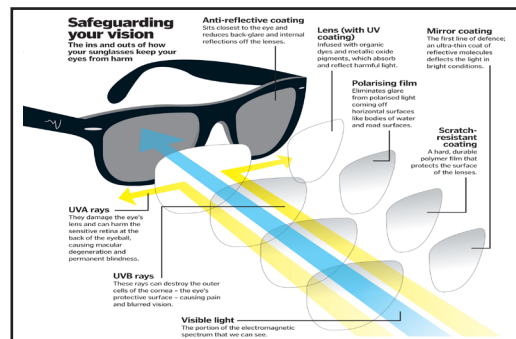
Polarized lenses, on the other hand, do the opposite, eliminating the glare but not giving the best protection against UV rays. Sunglasses have a special coating that absorbs the UV rays. The tints and mirror coatings relieve you from having to squint by

absorbing the visible light we can see.

Ultraviolet rays damage both your skin and your eyes, as well as possibly causing skin cancer. According to prevent-blindness.org, UV rays also lead to macular degeneration, a leading cause in loss of vision and sometimes cataracts. A cataract is a clouding of the eye's natural lens; the part of the eye that focuses the light we see. So, the kind of sunglasses you buy will affect the conditions and the use of them.

Less expensive glasses only have a thin coat of protective chemical laminate on the lenses, so they can easily be scratched off and lose their effectiveness. Higher quality pairs can last longer because of the thicker coats they have, and they have film laminated between two layers of lens material. Encasing the laminate protects it from being scratched.

So, it really is important to protect your eyes from UV rays from the sun. The damage is irreversible once it has been done. During the summer, whether it's for help seeing the bright sunny weather or to prevent damage to your eyes, it is essential to wear your sunglasses.



Courtesy Howitworksdaily.com

A diagram demonstrating how UV rays are deflected by the different lens of sunglasses and what they do.

## Is the freshman health curriculum outdated?

By Sydney McLean  
Staff Writer

Welcome to freshman health, where you will read out of a ginormous textbook from the dinosaur filled with graffiti and graphic drawings, do 95% of your classwork on paper and learn information about mental health from the dinosaur age. Sounds fun, right? Wrong.

With informaton pulled from a book written in 1990, are Freeman students really getting the best education available? Does the outdated book still provide accurate information? An anonymous freshman survey provided a variety of student feedback on areas where they felt their health education could have been improved.

"There were some distracting drawings that need to be erased, but I think a better option would be to get brand new books," one student responded.

Another stated, "A lot of the info [from the book] was out of date, and some of it actually caused me and my friends to become really self-conscious of our diets/weight."

While many feel that the health textbook was lacking, some disagreed.

"It felt like everything was up-to-date, and we learned everything we needed to know," one student said.

This can be accredited to the phenomenal teaching of health teacher Scott Carolan, who used his expertise to re-work the lessons to be suitable for 2019. However, I think it's time we helped him out.

Carolan said that he constantly has to change his approach at teaching the curriculum because so many things have changed

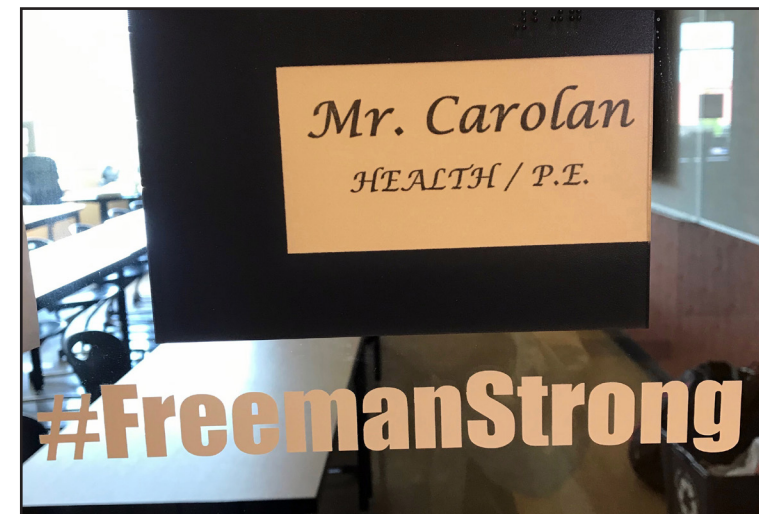


Photo by Sydney McLean

Scott Carolan's Health Class studies a health textbook written in 1990.

since it was first created. For example, he no longer teaches a segment on illegal marijuana since it is now legal in Washington.

"I would love new textbooks," Carolan said. "Mine are old. The information is out-

dated, and things have changed."

The freshmen student survey from semester two showed that 44% would have preferred an online or interactive

course to the provided textbook, and 39% of the students did not find that textbook to be up-to-date or accurate. 35% found the graphic depictions of genitals in the textbook to be distracting to the learning environment in the classroom. So what are the other options?

"Typically an adoption takes at least one full school year as you need to have a committee, review

the process with a rubric, and then the Instructional Review Committee votes to approve any funding there is available to put toward curriculum," Assistant Principle Kris Herda said. "I think it would be awesome to have newer, possibly online material that would be fresher for the kids."

An online curriculum would be beneficial to both students and health teacher. With new chrome books coming in to the high school, Herda said that "Health curriculums online would be a great resource."

New curriculums are expensive and a pain to get, but I think that it's worth the time

and money to invest in getting students a reliable source of information that can be referred to in the classroom.

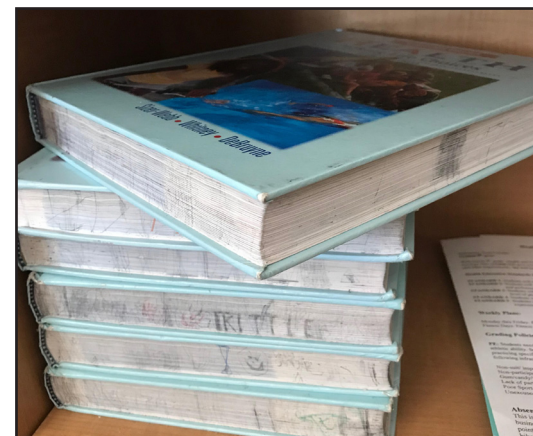


Photo by Sydney McLean

These health books have seen better days.

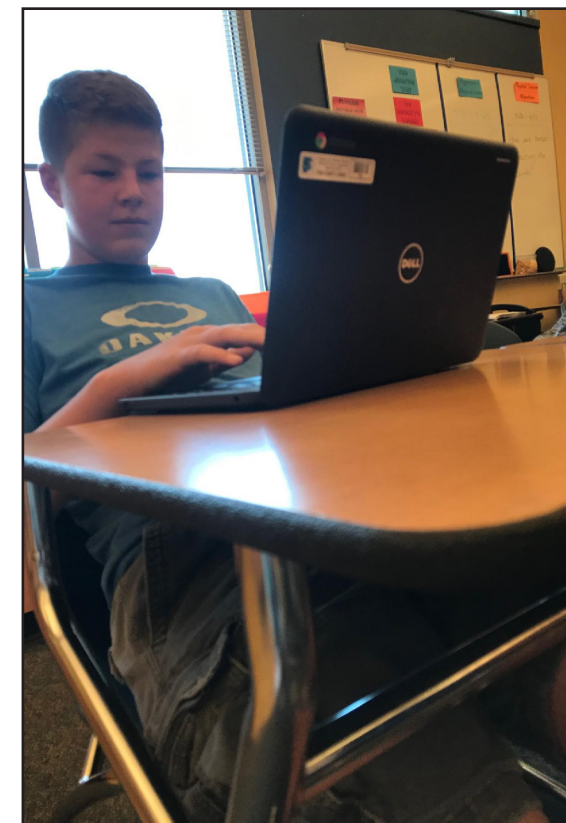


Photo by Sydney McLean

Freshman Taylor Wells works on one of the school's new Chrome Books. A new digital curriculum could be one answer to updating the current health books.



# Does organization affect productivity?

By Jasmine Seal  
Staff Writer

Some people like to make systems with how their working space is organized and lists on how their time is allotted each day. Others thrive in chaos and are able to get things done without reminders. Which is more effective?

Freshman Abbey Wigen laughed when describing how she set up her writing and drawing space.

“I don’t,” Wigen said. “It’s a mess all the time, and when it gets too messy, I either throw some stuff away or deal with it.”

She is not sure how her lack of organization affects her productivity. Wigen can work in any space, and said that she can be very productive if she needs to be.

I am the complete opposite. I like to make things look nice, but I also need to organize everything so that I know where to find it. I have a whiteboard in my room where I write down the homework I need to finish and when. I write reminders in sharpie on my wrist. I like to have my desk clear because I don’t like clutter. With everything organized like this, I’m able to get all of my work done.

Sophomore Paige Allen said that she is sort of an organized person. If her workspace is more organized, it helps her productivity.

“If it’s messy, I have to look for something and it gets me off track,” Allen said.

There are pros and cons to making organized systems. If you, for example, have your homework in places you can easily find it, then you will be more likely to remember to get it done and less likely to lose it.



Courtesy of Peter Alfred Hess on flickr.com

Some people like their office spaces more organized.

However, there is such a thing as being too organized. Your system doesn’t need to have much maintenance, so that putting things away takes less time.

Physical clutter can cause mental stress. According to Sherrie Bourg Carter on psychologytoday.com, “Clutter bombards our minds with excessive stimuli (visual, olfactory, tactile), causing our senses to work overtime on stimuli that aren’t necessary or important.” She says that it can distract us from what we are trying to focus on and constantly signal our brains that our work is never done.

Cleaning up your desk everyday can help you switch from a working mindset into a more relaxed one. Getting rid of old homework assignments and tests can make room for more important things. The same goes for your digital files. Cleaning your school email every once in a while and organizing the assignments in your Google Drive can make things easier to find.

While many studies agree that organized spaces are better, others say that having a cluttered environment can be beneficial. A 2013 study from the University of Minnesota found that it can help encourage creative thinking.

Joseph Redden is one of the co-authors of the study. In an email interview with MinnPost, he said, “There are some benefits to a neat environment. These include finding what you want quickly, not accidentally throwing things out, having more space to move around in, etc. We are simply observing that there is a cost to this clean environment — for instance, less creativity.”

The study found that, “Being creative is

aided by breaking away from tradition, order, and convention, and a disorderly environment seems to help people do just that.”

Organized environments encouraged the opposite. People were more likely to be safer and more conventional.

I think that organization improves productivity for many people. It helps reduce your stress level and meet deadlines. You can get to work faster when you know where everything you need is, but that can still be true for those with messy rooms.



Photo by Jasmine Seal

School supplies can be divided into bins.

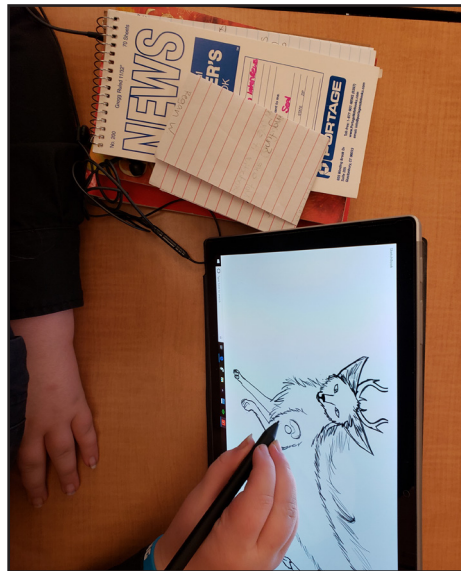


Photo by Jasmine Seal

Wigen drawing at school.

# Why do people like to be afraid?

By Jasmine Seal  
Staff Writer

Freshman Regan Wolfinbarger likes horror movies and roller coasters.

“Freaks me out and I like it,” Wolfinbarger said. “I guess I like the burst of adrenaline.”

Fear is a natural emotion and a survival instinct. There are both physical and emotional responses to fear. The physical response is the “fight or flight” response, where the body prepares to defend itself or flee. Emotional responses are different for every person. Fear may have a positive or negative reaction because some people hate to be afraid and avoid fear-inducing situations at all costs. Others really enjoy haunted houses and roller coasters. What makes being afraid so fun?

According to Lisa Fritscher on verywell-mind.com, it’s “Because fear involves some of the same chemical responses in our brains that positive emotions like happiness and excitement do, feeling fear under certain circumstances can be seen as fun, like when you watch scary movies.”

Things that are meant to scare us for entertainment can give us a feeling of euphoria. According to @sirwinchester on steemit.com, this comes from hormones released from the fight or flight response such as adrenaline,

endorphins, oxytocin or dopamine. In order to deal with a threat, the body also shifts attention away from pain. In an actually life-threatening situation, your brain would focus on the danger instead of these euphoric feelings. If your head knows that you are in a safe environment, you can enjoy them. It is a similar experience to regular excitement.

Wolfinbarger stops having fun when it gets too intense.

“If there’s not any comedic relief in a horror movie, I’ll have to add it myself,” she said.

Personality and past experiences affect a person’s ability to enjoy being scared like this. According to sociologist Margee Kerr in an article about why we like to be scared, the personality traits of thrill junkies can include conscientiousness, openness to experience, extroversion and agreeableness.

Kerr said, “Emotions are contagious, and the way we understand other people’s emotions is by recreating them ourselves. Someone who is very empathetic may get enjoyment experiencing the emotion of fear.”

Experiencing a scary situation with someone and coming out unharmed can be a bonding experience.

“When we do scary things with other people like go to a haunted house or skydive, there is real bonding and a feeling of connectedness,” Kerr explained. “There are stud-



Courtesy of PublicDomainPictures.net

Roller coasters provide a burst of adrenaline.

ies that show that we get closer to each other when we’re scared with people we have an existing positive association with, and on the other hand, how we increase negative feelings toward those we don’t like when we’re in stressful situations together.

Whether you ride roller coasters with your friends or like watching horror movies alone at night, people around the world chase the thrill of being afraid.



Courtesy of Dryhead on Flickr.com

Haunted Houses make use of people’s fear of the dark and unknown.



Courtesy of Pixabay.com

Arachnophobia is the fear of spiders.



# How much stress is too much for students?

By **Ashley Booker**  
Staff Writer

Between classwork, jobs, learning to drive, socializing, and preparing to be an adult, high school students are bound to be stressed out, but how much is too much?

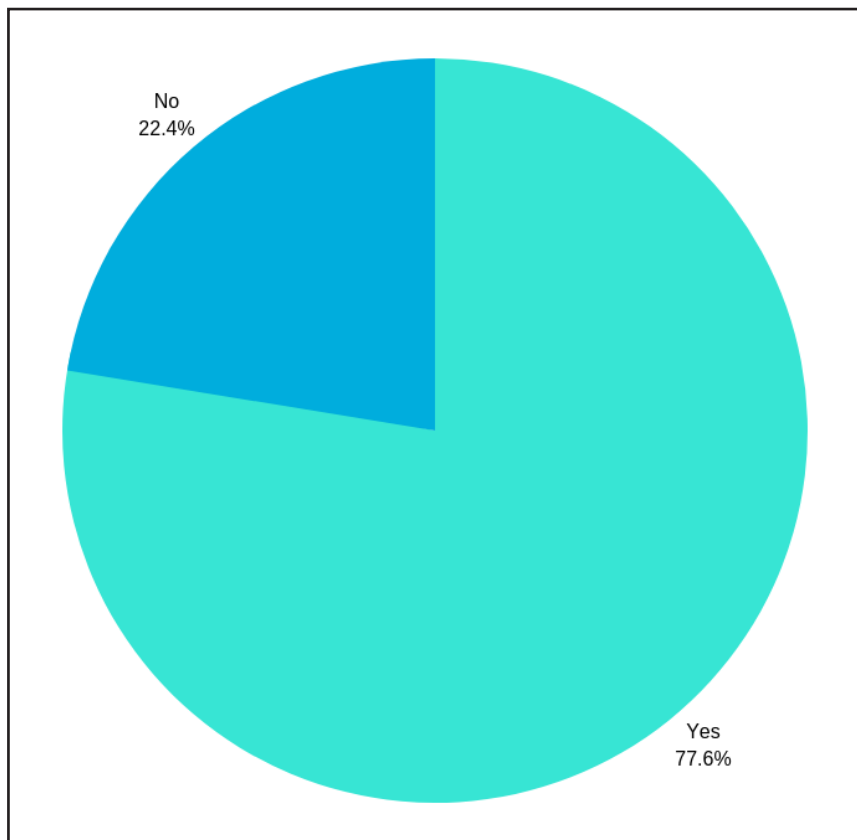
According the American Psychological Association, teenagers rate their stress as an average of 5.8 on a ten-point scale, while adults only rate theirs as an average of 5.1. As of now, Americans' stress levels are a record setting high, with 64% of people between 15 and 29 saying they feel extremely stressed.

Some of the most common stress triggers among teenagers are stress over school, getting into a good college, deciding what to do after high school, lack of sleep, their financial situations, parents, romantic and platonic relationships, and younger siblings. With all of these things happening at once, it's obvious that high school students will be stressed out.

While stress is a natural and healthy reaction to experience, too much can be dangerous. According to an article written by Harvard, when the stress response is triggered, the body releases CRH, adrenaline, and cortisol, triggering the fight or flight response in the body. Once the adrenaline is gone, the cortisol tells the body to refuel, causing the person to look for often high calorie foods, which can slow the metabolism and eventually increase their risk of heart issues and diabetes in the future.

Although stress is a natural response and, even in excess, cannot always be controlled, learning healthy ways to cope with stress can decrease your stress levels. Healthy ways to cope with stress include sleeping or exercising rather than drinking, drugs, or emotional eating.

Stress is inevitable, and even sometimes healthy. The stress hormone, adrenaline, is the one that keeps you going in dangerous



Graph by Bailey Swanson

**Results of 174 FHS students being asked if they felt overwhelmingly stressed at least once daily**

situations and keeps you from making care-less decisions. However, too much stress can have many negative side effects. According to a study conducted by the New York University, "It [stress] impedes their abilities to succeed academically, compromises their mental health functions, and fosters risk behaviors." This stress can also stick around into college, leaving young adults with these same issues.

School itself may not always be the root of the stress in students' lives, though it is typically a large contributor. According to the same NYU study, "Schoolwork, college applications, extracurricular activities, and parental expectations all contribute to teenagers' stress."

"School, homework, extracurricular activities, sleep, repeat," said Noelle Leonard, Ph.D. and senior research scientists at NYU. "That's what it can be for some of these students."

However, if some stress is beneficial and even required to survive, what tips the scale into the danger zone? For many students,

it's the way they react to and cope with their stress.

According to the NYU study, abuse of substances such as marijuana and alcohol is a common coping method.

"In contrast to the many adaptive strategies articulated by students, with two exceptions, emotional exhaustion and substance use," Michelle Grothell, Ph.D. said.

The study came with a survey, on which 38% of surveyed students admitted they had gotten drunk in the last thirty days while 34% admitted to getting high in the same time period, which is double the national average.

The survey also made it clear that, "stress commonly

leads to mental health issues such as depression and anxiety."

The American Psychological Association says that teenagers rate their stress at an average of 5.8 on a 10-point scale, while adults only rated as 5.1. As of now, American's stress levels are at a record setting high, with 64% of people surveyed between the ages of 15 and 19 saying they feel extremely stressed.

In an article written by the Huffington Post, some recommended ways to deal with stress would be to take time to take care of yourself, change the way you think, take assignments one part at a time, lower your goals, and make sure to keep balanced. At Freeman, you could talk to a teacher or another trusted adult about your options, as well as meeting with Counselor Laura Hamma.

Outside of school, some ways to deal with stress would be exercise, such as walking or playing a sport, listening to music, playing video games, or spending time with friends and family.

# Behind the scenes of *The Bagpiper*

By **Landry Hawley**  
Staff Writer

If you aren't one of the students who write the school paper, you never really get a look at what goes on behind the scenes of writing the school paper. We're a class of 14 hard-working women who are determined to bring you the best quality news that we can.

The thing I love the most about Journalism is that we get the chance to share different stories about students, event and the staff right here at Freeman. We get to put a spotlight on interesting things people are doing that most of you would've never known about if it wasn't in the paper.

I think it's great that for every article idea each of us have, we get to share it with the class and discuss it. From there, we decide which ones we think would be the most appealing and interesting to the readers and assign those to whoever wants to write it.

Even though journalism is a class of hard work, we do often have fun and get treats. Freshman Jiselle Farrow loves to make funny photo manipulations of everyone in our class, and set them as computer backgrounds. Longinotti's student teacher, Harlin Horror, has been kind enough to bring in donuts, and for our Christmas party, everyone pitched in and brought different treats for us to enjoy.

Journalism is such a fun class and is just an overall great experience. I'll always remember all of the fun things we did in journalism, especially as it has quickly come to an end, and there won't be a school newspaper next year.



Photo by Pia Longinotti

Group picture of the journalism class at our Christmas party.

# To Kill a Mockingbird Final Project

By **Annalicia Emmingham**  
Contributer

## Boo and I

Boo and I have things in common, people think they know of us well! He stays hidden and Maycomb folks are scared. I am in a wheelchair, people think they know what I can and cannot do! We are being judged; people should get to know us before making up their minds.

## Boo and I

Hidden away and never seen,  
everyone convinced he is mean.

People judging not giving him a  
chance;

rumors are roaring without a  
glance.

No legs but wheels, I know how  
you feel;

others think they know me, but  
don't even try to peel,

the layers back to see what is in-  
side.

Boo and I both should not need to  
hide!



# Disneyland: a treat for band

By Loryn Wagner  
Staff Writer

Are you jealous that the band went to Disneyland while you were stuck in class all day? You should be, and here's why. The band and drumline traveled to Anaheim, California for the WorldStrides Heritage Festival where they were judged by nationally acclaimed adjudicators to gain feedback to help their band become the best they can be.

"They had every group from us being the only marching band to concert bands, concert choirs, jazz choirs, chamber choirs and chamber bands," band teacher James Jydstrup said. "They had essentially everything. You were scored based on how well you did on a standards-based rubric, and then that's how awards were given at the end of the competition."

Snare drum player, sophomore Elijah Pedersen explained what the adjudicator focused in on during the competition.

"We had somebody critique our marching after we marched for 100 meters," Pedersen said. "He told us how to march correctly, and what we need to do to be uniform as a band. It really helped me."

The Disneyland trip took about four years of preparation.

"Overall, this has been a four-year process of not only fundraising, but mentally preparing the kids just to be ready for the environment they were about to go into, and a way to build the program because when I took the job we only had two students enrolled in band," Jydstrup said. "So this is a good way to build up the program. I started four years ago, and this was the culminating trip."

However, in order to be able to go on this trip, students had to fundraise for two years to raise enough funds to go.

"We did the leaf pickup primarily," Jydstrup said. "Over the past two years, the leaf pickup has averaged \$10,000, and it's only going to grow from there. That will be our primary fundraiser from here on out to fundraise for the next trip which is 2023."

Not only did they travel all the way to Disneyland for the WorldStrides Heritage Festive, they also got to spend time exploring and having a good time. They went sightseeing at the Santa Monica Pier and Hollywood Boulevard. They also got to explore the front part of Disney before they went to their competition.

"The last day, they had a full day in both parks, Disneyland and California Adventure where they were rewarded for all of their hard work that they have been putting in for the past four years," Jydstrup said.

Section leader of the xylophones, junior Kassidy Paterno said her favorite part of the trip was "bonding with everyone because there were the seniors that I don't get to see anymore that I bonded with pretty well, and I'm going to miss them."

Lead snare for marching, senior Dakota Steiger reminisced about some highlights of the trip.

"I think one of the biggest ones was just going around Disneyland and having a bunch of fun with a lot of my friends, just getting memories," Steiger said.

Top rank, Four Star General, senior Dylan Passey said his favorite part from Disneyland was going on the Incredacoaster.

"It was so much fun because you literally get to go 0 to 55 in like 4 seconds, and it's insane," Passey said.

One of the main things that the band kids were critiqued on was their posture, and the adjudicator had an interesting idea to help them fix that problem.

"He didn't really talk to us about music, but when we were marching he told us to clench our butt cheeks because it would help to straighten our backs and march better in general," Paterno said.

Hard work rewards, and Jydstrup and his band definitely got the icing on the cake.

"We got a Gold Certificate, which is a superior rating," Jydstrup said. "To put that in context, I've been teaching for ten years and that is my first ever superior rating, so it was a job well done."

Jydstrup's favorite part of the trip was "finding out that we got the gold standard. That's me personally because I've been shooting for that gold standard my whole career and to finally achieve it on this trip with these kids was very emotional after I found out."

For all of those who were jealous that you weren't able to go on this trip, there are plans for the future for a joint trip with both the choir and band/drumline.

"Once every four years, we will be taking a culminating trip with these kids so they can have hopefully an experience of a lifetime that they're going to remember fondly and just really connect as a band, as a group, as a family," Jydstrup said.



Courtesy of James Jydstrup

James Jydstrup and his band kids in front of their charter bus during their Disneyland trip.

# Morrison's stunning art needs to be remembered.

By Regan Wolfinbarger  
Staff Writer

Art teacher Ken Spiering picked sophomore Alyssa Morrison to have her art showcased. He believes that her classmates may not realize what a talented artist she is.

Morrison likes to create semi-realistic art. She likes that art is personal, and completely her own.

"All forms of art can be twisted to invoke specific feelings that might not otherwise be experienced or expressed," said Morrison.

Some of the art she has done includes watercolor, sketching, acrylic painting, ceramics, pastels, charcoal and digital. When asked about her favorite project from art class, she made little hesitation to reply.

"I always enjoy watercolor, so I'd definitely say the large watercolor landscape I painted early in the year," said Morrison

Morrison draws inspiration from things she cares about and enjoys, and likes to draw a subject she finds interesting, or something she would like to know more about.

"I enjoy colorful, semi-realistic pieces that bring together a lot of elements into one cohesive work," Morrison said. "When I sit down to draw or paint, I tend to stick more to realism, but I still try to make colorful or otherwise dynamic pieces."

Morrison doesn't sell her art, she finds her art more personal, and not something to make money off of. She wants to dedicate more time to her art.

"I'd love to make a career in art, and I still plan on keeping it up as a hobby or side-business, but I think making a career in art requires a lot of luck these days," Morrison said.

Spiering had high praises for Morrison.

"She seems to enter her creative space despite classroom distractions," said Spiering.



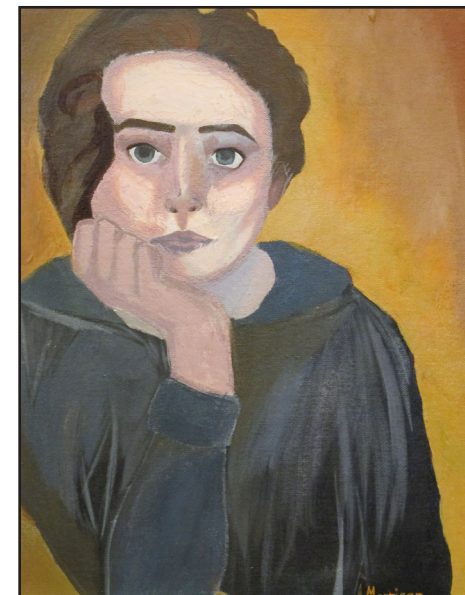
Courtesy of Ken Spiering

A photo of a watercolor project that Alyssa Morrison has created.



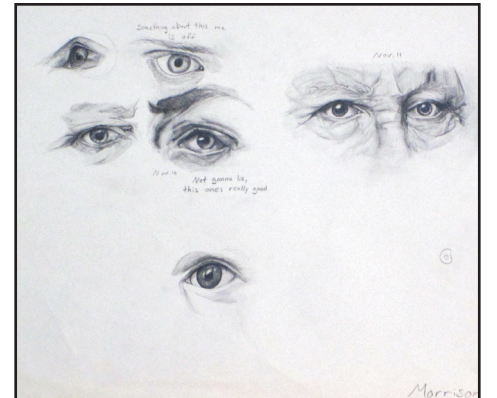
Courtesy of Ken Spiering

A watercolor bird that Alyssa Morrison made.



Courtesy of Ken Spiering

An acrylic art portrait that Alyssa Morrison created.



Courtesy of Ken Spiering

One of Alyssa's eye sketches.



Courtesy of Ken Spiering

A clay brick model of a DeLorean that Alyssa Morrison created in art.



# Peterson’s passion is helping students find the joys of music

By Loryn Wagner  
Staff Writer

Everybody has a passion; whether it be baking or grocery shopping, you have a passion. Your passion doesn’t have to be just one subject or about yourself. Your passions range from donating to a charitable cause to a hobby such as baking. A passion is something that motivates and intrigues you. It just so happens that choir and drama teacher Stefani Peterson’s passion is helping people discover the joys of music.

“For me, it means [specifically singing] helping each person find their own voice,” Peterson said about what it means to help people discover the joys of music. “A lot of people don’t feel comfortable singing, they don’t think they have a good voice, they’re insecure, and for me it’s just helping them find the confidence to realize that everyone does have an ability, it just needs to be brought out.”

Music has been a part of her life since Peterson was four years-old. She has been singing ever since she was a little girl, and she turned her love for music into her career and found her passion in life.

“I started playing the piano by ear when I was four, so I could actually read music before I could read,” Peterson said. “I have been teaching all together maybe 25 years. I have been a private voice and piano teacher, and I have taught in schools from kindergarten all the way to high school.”

But of course with all passion and career choices comes inspiration. Peterson’s inspiration came from her choir director from college.

“He is the reason that I do what I do today,” Peterson explained. “Because I was inspired by him, it made me want to inspire other people.”

Despite her love for music, she wasn’t always as bubbly and outgoing with her singing as she is today.

“I’ve been singing ever since I was little,” Peterson said. “I always loved to sing, but up until probably I was in high school, I was really, really shy, and I was too afraid to sing in front of anybody else.”

It wasn’t until 11th grade that she overcame her anxiety. “I had teachers that believed in me and gave me the confidence to sing,” Peterson said about overcoming her stage fright. “They assured me I was better than I thought I was and they gave me tools on how to improve and how to be a better musician.”

Teaching choir wasn’t always what Peterson thought she’d do. She almost became a professional opera singer. When asked on why she didn’t follow that path, she explained “I realized that I was more fulfilled working with kids then performing.” Teaching brings her more joy.

“When I started working with high school kids and being a choir director, it was literally my favorite thing I’d ever done,” Peterson said. “I only ever wanted to do that.”



By Loryn Wagner

Stefani Peterson leading her students through vocal warm-up excercises.



Photo by Loryn Wagner

Peterson cheesin’ for the camera before class.

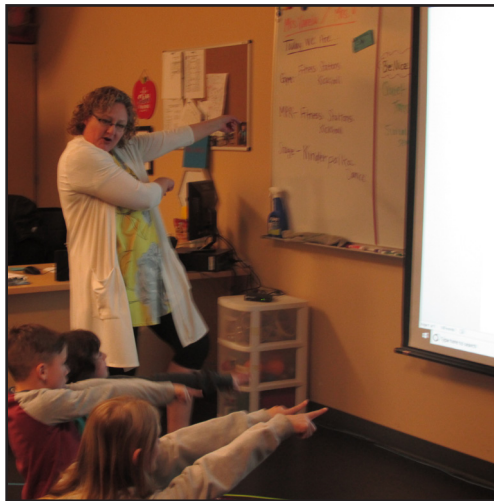


Photo by Loryn Wagner

Peterson teaching the class some fun new songs.



Photo by Loryn Wagner

Stefani Peterson singing to her students in their warm-up excercises.

# Getting deep with Bailey

By Loryn Wagner  
Staff Writer

Ever wondered about the life of our very own Principal Renee Bailey? Well, she answers all in this Q & A about her personal life, how she became an administrator and the future of Freeman High School.

**Q: How did your career in education begin?**

**A:** I had a really great teacher when I was in high school who talked me into being a teacher. I thought I wanted to go into business because I had always been kind of one of those people who, when there was a school project or something that needed to happen, I was kind of like the leader and the person who would make things happen, so I thought, ‘I want to work in a company where I can facilitate those kinds of things.’ Then she talked to me about how I could still do those things and be a teacher. At that point on, I felt like I thought about the different teachers who were supporting me and championing me and being my biggest fans, and I thought about how meaningful that probably was for them because it was really important to me. I decided I wanted to be a teacher so that I could do that for other kids.

**Q: What did you major in?**

**A:** Secondary English Education. I was basically a Mrs. O’Connor.

**Q: What did you do before coming to Freeman High?**

**A:** I taught for ten years at West Valley High School, and I lead some projects for the district. During my internship, the West Valley School District gave me a Dean of Students position. That’s where I learned a lot about being an administrator. I decided to pursue getting a job as an administrator because I loved how helping teachers become better teachers helped all students become better students.

**Q: Why did you come to Freeman?**

**A:** I spent the last three years at Tacoma at Foss High School, which is a very diverse innercity school. I was there for three years, and you just learn a lot when you’re in an environment like that. There’s a lot going on every single day. I think about it a lot like a triage; it was like an emergency room where you just have things coming at you and you have to figure out how to put out the fire. After I had several years of that kind of experience, it was starting to get to the point where I was like, ‘I don’t think I can keep up with this pace with my



Courtesy of Renee Bailey

Seniors Megan Neely and Cheyanne Groat with Bailey on the A.P. Bio trip.

young kids at home too,’ so I thought, well, I really wanted to be able to come back to Spokane and raise my kids here.

**Q: How did you learn about the job offer here at Freeman?**

**A:** School administration is a tight group, and when openings come up, colleagues often reach out if they think you would be a good fit. Someone along the way thought I would be a good fit at Freeman. I was honored to even be considered. I thought “Wow, Freeman!” I’d never thought that Freeman High School Principal would ever be something available to me.

**Q: How are you liking your first year so far?**

**A:** Oh it’s a dream. I think Freeman is a little slice of heaven. The students are so kind and respectful and hardworking achievers. You guys--especially at the high school--have been through a lot in the last four years and

I just see resiliency and caring and just really great humanistic qualities. It’s exciting to be able to support you guys in getting to that next level. I felt really honored that I would even be considered to work here, and now that I’m here, I wouldn’t go anywhere else.

**Q: What were your goals coming into Freeman?**

**A:** The first goal, and it’s still the same goal, is to create a culture where every single student is championed by the adults in the building. And that every single adult in this building feels there’s consistency and follow through with expectations. I

think that’s important for the students as well. I think that kids and adults thrive in a routine where there are boundaries but high expectations. So as Mr. Herda and I work to celebrate students, celebrate staff, we want to be able to create some consistency for you all.

**Q: What are your goals/plans for Freeman in the future, and how are you already implementing them?**

**A:** My goal for the future is to continue to support the changing needs of students and how they learn. As a staff, we have been looking into different strategies that will support teenage brain wiring. I know you have seen me in and out of classrooms this year with my phone in my hand. What I am doing is collecting data on what teachers are doing and how you are responding. My plan is to share that data with teachers and have them identify our focus as a school in terms of instruction. Additionally, we are going to continue working to make this school a place

that every teacher and student is excited to come to every day. I am excited for year two!



Photo by Loryn Wagner

Bailey takes a seat on the Buddy Bench.



# How to earn money over the summer

By Bailey Swanson  
Staff Writer

Many students have nothing to do over the summer, and while some love that, others don't. Some students want to get out there and do things over the summer. And while you're finding something to do, why not earn money for it?

A lot of students at Freeman actually work over the summer, whether it be fulltime jobs or side jobs that almost anyone can get. There are jobs that fit everyone's needs.

For example. Freshman Allee Kephart has a friend who works in a field. He had some connections to people who worked there, which helped him land. Lots of kids know people who have small businesses or field work that they could probably get paid for. The only thing about a field job is being aware of the heat. If you can't work in hot temperature or work outside well for a long period of time, this probably isn't the job for you.

Senior Jenny Bliesner talked about her jobs, since she has a driver's license.

"You want to get a job somewhere you feel comfortable," Bliesner advised. She works at Panda Express, the popular fast food restaurant. "There's nothing wrong with working in fast food if you feel comfortable there."

Bliesner said that you should really feel like you fit in her wherever work. She likes working at fast food because she feels like it's a nice place to work. She doesn't like working retail because it is a competitive type of job.

Career counselor Laura Hamma said that she recommends working with kids or the elderly.

"These are not always fun, glamorous, or clean jobs," Hamma said.

However, Hamma they are jobs that students often get if they have rides or drive can do.

There are lots of other jobs that students without cars can do. Things like picking weeds, picking rocks, wash cars, walking dogs, and much more.

Hamma also shared a list of traits that people who are hiring look for. These include being on time, meeting deadlines, following through, asking questions and for feedback to do better, respecting others, respecting that you're being paid and not being on your phone, committing to being pleasant and helpful to everyone. These traits will definitely help you land a job and boost your career as a student.

Lots of teenagers do babysitting as a quick way to earn cash. Babysitting is one of the easiest jobs to get, especially if you have families or friends with young children near you. Freshman Hailey Fatheree babysits for friends and family. "I would start with family or friends first and for about 3 to 5 hour max. The older the kid the easier so someone just starting probably should start with a baby," Fatheree says. She suggests learning the basics of babysitting with older kids before you go to work with smaller children, who are likely needier. "It's a great way to earn some cash as long as you actually doing the work and not taking advantage of it. You can't just show up and eat while leaving the kids unattended," Fatheree suggest showing that you can definitely work with kids before moving out of friends and family. She suggest that when you are eight or nine years old you might be able to watch family kids, if parents are still in the house. Once you're thirteen and fourteen you can really start watching kids, for extended

hours and start branching out to friends. "A while day and possibly night I'd say you should have a license and be 16 plus," Fatheree said. You don't need to be certified to get a babysitting gig, but if you want to, there are places in Spokane that offer full babysitting classes. These classes will also show you how to do CPR, which is very important if you want to grow your babysitting business.

Working for a family member or friend's business is also a popular choice. If you know a small business owner where you can do some sort of paperwork or sorting jobs and get paid for it, then you can easily earn some money.

All in all there are lots of ways to earn money over the summer, you just have to find the one that's right for you.



Photo by Bailey Swanson

Every dollar counts when it comes to making money from a summer job!

# Farmer's market season starts up in Spokane

By Ronni Keizer  
Staff Writer

Spring has finally sprung in the Spokane area. After a treacherous February, sunshine has returned, and with it all the fun outdoor activities Spokane has to offer. One of those activities is visiting your local Farmer's Markets starting up in the middle of May. Shopping at Farmer's Markets has many benefits including getting the freshest produce, supporting the local economy, protecting the environment, having access to unique products and connecting with the community.

When you buy produce at a Farmer's Markets, you get the best produce picked right before the event. According to cusea.org, local farmers have a hard time competing with the larger agribusinesses; buying from them gives them a good foundation for their business. Cusea.org also says that shopping at Farmer's Markets is better for the environment because it takes less shipping and packaging, therefore conserving resources and minimizing pollution. At Farmer's Markets, you are guaranteed to see items that you can't find at the supermarket. You can meet new people and have an awesome time with your friends when you visit your local market.

Spokane has many of these markets throughout the summer. The Kendall Yards Night Market started on May 15, and occurs every Wednesday night through mid-September. The Kendall Yards Night Market is located on Summit Parkway just East of Cedar Street, only a short drive into town. At this market, you'll not only find great products, but yummy food trucks and live music, which makes for a great family outing or a fun date night.

Another great option is the Perry Street Thursday Market, which occurs every Thursday May 2-October 31 from 3-7 p.m. You can find this buzzing market at 924 S. Perry Street in the parking lot of The Shop. You'll be able to find anything from honey to pizza to satisfy your wants and needs. When I visited this market on opening day, they had a good variety of stands open and great live music going. I was

immediately drawn to a stand that was selling homemade tortilla chips and salsa. I was greeted by the friendly vendor who gave me a sample of his original salsa verde, and I loved it so much I bought a whole jar. Among the stands were mushrooms of all different types, green herbs and other plants, hand-crafted jewelry, and people from Veraci Pizza selling huge slices of pizza fresh out of the oven. I loved seeing people of all ages enjoying the outdoors and all this market has to offer. Being the opening day, the market didn't have as much fresh produce as it will when the crops are ripe and harvested. I look forward to visiting the Perry Street Thursday Market again soon, and would recommend checking it out to everyone, especially families.

If you are looking to make a whole day out of visiting one of these markets, I suggest visiting Green Bluff Farms, located North of Spokane in the Mead area at 9919 Greenbluff Road, Colbert, WA. Unique from other Farmer's Markets, it is open most of the year and is separated into two sections, East and West. Coming up in mid-June through early July is the Strawberry Celebration where the juicy strawberries are their ripest. Bring your family and munch on the Pacific Northwest's best fruit.

This summer, I encourage you to take time and visit one of these Farmer's Markets to support local business and discover new things along the way. It's the perfect way to spend a summer day. You won't regret it.



Photo by Ronni Keizer

Owner of Mama Torrez Salsa, Fred Meyer, happily smiles for his picture after serving me samples of salsa.



Disney’s Aladdin live-action remake does not disappoint

By Kaylie Smith  
Staff Writer

The remake of Disney’s *Aladdin* was released on May 24 with a rating of PG. The film is set in Agrabah, India and is about a young street urchin named Aladdin (Mena Massoud) who wants to be more than the street urchin that people think he is. Aladdin meets Princess Jasmine (Naomi Scott) in the market, and immediately falls for her. He gets a chance to change his life forever when Jafar (Marwan Kenzari), the Royal Vizier, asks him to bring him the lamp from the Cave of Wonders. Aladdin gets trapped in the Cave of Wonders and ends up rubbing the lamp and finding a Genie (Will Smith) that could grant him any three wishes that he desires.

The soundtrack to this movie was unbelievable! All of the same songs that were in the cartoon version of *Aladdin* were in the remake. There was even a new song! The song is a solo sung by Jasmine and is called “Speechless.” Jasmine is one of the two out of all the Disney princesses that doesn’t have a solo; the other princess is Merida from *Brave*. Scott executed the song perfectly, and it fit right in with Princess Jasmine’s feminine personality.

The casting for this movie was picked perfectly. Aladdin and Jasmine were perfect. The characters looked perfect together, and their voices complimented each other well. Especially when they sang the legendary Disney song “A Whole New World”. Having Smith take on the role of the Genie, we have to admit, was a big decision. Many people had doubts about Smith taking on the role of the beloved Genie. Since Robin Williams was the last in those shoes, Smith had a lot to live up to. With Williams’ funny, caring role as the Genie, he made a memorable performance. But as always, Smith pulls through in every movie that he’s in, and he did it yet again! He nailed this role perfectly! The Genie has many wonderful, energetic songs in this movie, and Smith captured them all. There was also a new character that was added to the cast. Her name is Dalia (Nasim Pedrad), and she is Jasmine’s handmaiden. She took a surprising turn and was also the Genie’s love



Courtesy of imdb.com

Jasmine and Aladdin first meet in the Agrabah Market when Jasmine sneaks out of the palace.

interest. Pedrad was an excellent addition to the cast.

The costuming was a job well done. All the costumes captured the essence of the Middle Eastern setting. They included bright, vibrant colors and lots of jewels. Princess Jasmine had a total of ten different outfits that she wore throughout the movie! All of the costumes were the exact same as in the cartoon, but they had a modern update to them which made them look even better!

The special effects in the movie were outstanding! The Genie, you could see, would be the hardest to do special effects on, but it all looked so natural. It looked like Smith was actually a Genie! The special effects in the song “Friend Like Me” had a ton of action and crazy things happening in the scene in the cartoon version. To bring that to life must have been very hard, but it looked so real and magical.

All in all, this was a fantastic live-action remake. The costumes were fabulous, casting was perfect, the soundtrack was unbelievable, and the special effects were spot on! There were a couple of changes, but they weren’t bad at all. What a great live-action remake!



Courtesy of imdb.com

Aladdin meets the Genie for the first time in the Cave of Wonders.

Pokémon Detective Pikachu left us breathless

By Regan Wolfinbarger  
Staff Writer

In *Pokémon Detective Pikachu*, Tim Goodman (Justice Smith) gets together with Detective Pikachu (voiced by Ryan Reynolds) to find out more about his father’s disappearance. While following the clues in Ryme City, they soon find a plot that is a threat to all of the Pokémon Universe.

I was never too into Pokémon, but was excited to see this movie nonetheless. Pikachu was definitely the center of comedy throughout the movie with his coffee addiction and his never-ending humorous nature. Reynolds was born to play Pikachu.

A few secondary characters become very prominent in the story, such as Howard Clifford (Bill Nighy), Roger Clifford (Chris Geere), and Lucy Stevens (Kathryn Newton) as they quickly get involved in everything. All the actors really sold their role by putting emotion into the movie.

At first, looking at the trailer, I had assumed the worst looking at some of the Pokémon models. When I first looked at them, early on, they all had the same textures. Yet, as the movie came out, I realized that those models had been extremely early in development. The movie shocked me with so many different model textures, just as I hoped they’d look.



Courtesy of IMDb.com

A group of Bulbasaur decide to help out Tim and Pikachu on their quest.



Courtesy of IMDb.com

Pikachu was messing around in the Clifford’s office.

There were of course some minor issues, especially some simple physics breaking every now and then. However overall, the special effects were gorgeous, especially the fire, explosions, and even the special effects on the evolving Pokémon.

Looking back on this movie, I really think that anyone with even a tiny interest in Pokémon would love this movie. It has action, beauty, and comedy all in one. *Pokémon Detective Pikachu* really made me love Pokémon and the movie.



Courtesy of IMDb.com

Pikachu revving up to battle Charizard in a stadium.



# Reimagined Disney classic *Dumbo* soars into theaters

By Peyton Campbell  
Staff writer

A young elephant with oversized ears, that we first met in the 1941 animated film *Dumbo*, comes back in a live action and helps save a struggling circus to make some money and keep business running. Holt Farrier (Colleen Farrell) came back from fighting in the war just after his wife died to take care of his children. Milly (Nico Parker) and Joe (Finley Hobbins). When the mother elephant Jumbo gives birth to a baby, they notice something unusual about the elephant. When they try to put the *Dumbo* in the show, everything goes wrong. The children later discover that *Dumbo* can fly using his ears. The circus shows were all sold out due to *Dumbo*. V.A. Vandevere (Michael Keaton) comes and offers circus owner Max Medici (Dani DeVito) to join his team at Dreamland and perform their acts at his circus. Later on, Milly and Joe realize that Vandevere is not who they thought he was.

At the beginning of the movie, it was very easy to tell who the characters were without them saying it. They explained the backstory very well without giving out too much information. It was very easy to put together that Milly and Joe were Holt's children.



Courtesy of IMDB.com

Max Medici outside of the booth right after all of the tickets sold out.

The setting was a helpful part in the movie for scenes like when Holt returned to the circus and noticed that after he had left for so long, the circus wasn't like it was before and seemed very down. Later on in the movie, when the Holt family and circus owner Max arrived to Vandevere's circus, they made the setting feel very upbeat because there was a new attraction coming.

Overall the movie was a huge success, reimagining scenes from the original film. The movie made about \$45 million just the opening weekend. *Dumbo* was a huge hit in the box office. I really enjoyed it. I think you will too.



Courtesy of IMDB.com

*Dumbo* becomes the star of the show when people learn that he can fly.



Courtesy of IMDB.com

The Holt family arriving at V.A. Vandevere's circus, thier new soon-to-be home.



Courtesy of IMDB.com

When *Dumbo* was born all the circus acts gathered around to see the baby elephant.

# Little, a comical and relatable movie for many

By Jiselle Farrow  
Staff Writer

*Little* follows the ruling tyrant of an Atlanta tech firm, Jordan Sanders (Regina Hall) as she is shown to treat her employees very unfairly and rudely especially her assistant, April Williams (Issa Rae). After being mean to a girl performing magic tricks, the girl says she wishes she was little. The next morning, Jordan wakes up as her 13-year-old self (Marsai Martin), and now she has to have April sub for her in an important pitch and also go back to school! Jordan faces humiliation and bullies once again, and April has to stand in as Jordan in this nerve-wracking Situation. As the movie carries on, Jordan changes from her bossy perspective to more of an understanding one, helping the misfits at school and helping April through being the boss.

*Little* was a good watch for me. The acting was realistic, and the scenes were wonderful and helped create the mood of the characters and the plot points. The character interaction was just so much fun to watch.

Some of the costumes were interesting to see come on-screen, such as the funky pink suit little Jordan wore to school when she had to go back there. The soundtrack was pretty enjoyable- a mix of modern pop songs, some being more upbeat and fast pace and others more serious and slow. They were usually played at spot-on points in the story to emphasize mood and give the scene more life.

Parts throughout the movie gave the audience a good laugh, while giving a new perspective on our emotions, showing how everyone can regress into "childish" habits. The interactions be-



Courtesy IMDB.com

April and Jordan share a heartfelt moment with a fistbump as they sit on a bench after a great day of learning about one another.

tween the main characters are realistic and at times hilarious and the conclusion to the plot is heartfelt. The plot kept me on edge wondering what has going to happen next. It's not something entirely new, but I liked how they played the storyline out and left it on a good note.

The dynamic between little Jordan (Marsai Martin) and April (Issa Rae) is really entertaining to watch as they fuss and forge a strong unique relationship as the story progresses. Martin's acting was very believable, and she played her part well for the movie, making me really believe she was an adult in a child's body.

The rating is PG-13, so it's not for all younger viewers. The comedy can be quirky on that spectrum, but overall it's a movie for most viewers. Well that said and all, if you love a slice of life and comedy, this is definitely a movie for you.



Courtesy IMDB.com

Jordan snaps at her employees at the Atlanta tech firm she manages as they try to please her with coming up with ideas to work with.



Courtesy IMDB.com

Little Jordan walks down her middle school hallway in a funky pink business suit as a gag to show her adult style shining through as she stands out like a sore thumb in the the school.



# We're in the *Endgame* now



Courtesy of IMDB.com

The remaining Avengers gather at the Upstate New York Avenger's facility

By Abbey Wigen  
Staff Writer

“Whatever it takes”

Those three words have been the anthem for the upcoming, and final, Avengers movie. In last year's box office masterpiece film *Avengers: Infinity War* fans were leaving the theater in tears and anxiously awaiting the upcoming second part. *Avengers Endgame* cost around \$350 million to make and \$150 million to market worldwide. Money well spent though, the movie has so far raked in over \$2.24 billion worldwide and that number is still climbing.

(There will be no spoilers in this article.)

The movie opens with ending tragedy of *Avengers Infinity War*. Thanos the mad titan (Josh Brolin) had succeeded in his attempt to use the six infinity stones (Space, Time, Reality, Mind, Power, and Soul) to eliminate half of the universe's population. What remains of Earth's mightiest heroes are now fighting for their lives and the lives of all those who have fallen. Tony Stark (Robert Downey Jr.) is stuck adrift in space after his battle with Thanos. With his oxygen supplies



Courtesy of IMDB.com

Thanos's suit of armor is displayed outside his home.

depleting, he sends a message to Pepper Potts (Gwyneth Paltrow). The production of the movie was the biggest yet in the MCU. It took multiple teams of animators, digital artists and storyboard artists to make this movie the stunning masterpiece it turned out to be. Layers upon layers of digital images make up characters like The Incredible Hulk (Mark Ruffalo) or even Thanos himself. Motion capture played a huge park in this film and the numerous other Marvel films, allowing the actors who play CGI characters to really become the character. It works by strategically placing motion capture dots on an actor's face and then, using a computer that recognizes the dots, attach the focal points to the computer-generated image. This helps for things such as talking, and facial expressions. Makeup and cosmetics were also a major part in this film. For the character with simple in-person changes, makeup and cosmetics were used. For characters such as Nebula (Karen Gillan) or Drax (Dave Bautista) makeup is a major part in their costumes. Without the makeup department, many of our beloved characters would look just like any other human. This movie was packed full of emotion, action, and comedy and will definitely make you bring a box of tissues to the theater. Those who are fans of the MCU will definitely love this movie, but it is definitely not for someone who's looking for a light-hearted film.



Courtesy IMDB.com IMDB.com

The poster for the Endgame movie

# Both sides of *Darkest Minds*

By Ashley Booker  
Staff writer

Darkest Minds is a movie set in a dystopian-style future where minors have all either died or developed a disease called Idiopathic Adolescent Acute Neurodegeneration (IAAN). Essentially, the minds of everyone under the age of eighteen are breaking down. But the disease also comes with special 'abilities.' The government, not knowing how else to handle it, sends the kids to camps where they are sorted into color groups as to which power level they have. They're sorted into either greens (geniuses), blues (telekinetic), yellows (electrokinetics), oranges (mind controllers), or reds (pyrokenetics). While at the camps, greens, blues, and yellows are allowed to live, while oranges and reds are considered too dangerous and immediately 'terminated.'

Enter our main character, Ruby Daly (Amandla Sternberg). When IAAN hits, she's sent to a camp called Thurmond. Here, Ruby's brain waves are scanned, and it's determined she's an orange. In an attempt to survive, she uses her abilities to convince the doctors she is a green. It works for a few years before she's discovered and quickly has to flee the camp. Once outside, she meets Liam (Harris Dickenson), Charles/Chubs (Skylan Brooks), and Zu (Miya Cech). Together, they make their way towards a supposedly safe place for IAAN victims: East River.

Darkest Minds, originally based on a book by Alexandra Bracken, came out in late 2018, and is one I had originally looked forward to seeing. However, as time passed, I forgot about it, until recently. And while it is one I'm glad I watched, I'm also glad I waited to watch it on DVD.

From the very beginning, the color coding, settings, and costumes were very well done. At first, we see a young Ruby with a bright smile and bright clothes which both show the joy and overall peaceful innocence that has been Ruby's life up until now. However, once she develops IAAN, we're thrown directly into a scene of her at Thurmond, wearing green along with her 'fellow' greens. The colors are not only used to show who has what abilities, but also what the



Courtesy of IMDB.com

Liam uses his telekenisis to free a camp of kids.



Courtesy of IMDB.com

Ruby, Liam, Charles, and Zu on their way to East River.

government sees them as. The fact that they have no IDs or name tags further drills it in that the government sees them as nothing more than colors. Later, when Ruby is given new, non-green clothes, her mood seems to lighten dramatically.

Alongside the changes shown with her new clothes, Ruby, as well as the other main characters, develop over time. Charles changes from cold and untrusting of Ruby to taking her side in multiple different situations. Zu changes from shy and unsociable to outgoing, though still silent. Liam is, at first, angry and overly cautious, but then becomes more laid back and likable with time. Ruby's character shows a change as she finds freedom and a family outside of the camp. However, not every character trait of the group is likable. Charles is overly confident, Zu is too silent in situations her voice would have made better, Liam falls in love too easily, and Ruby ignores her instinct too often, often putting the group and herself in danger.

The special effects were also very well done. From objects flying when Liam uses his telekinesis, sparks flying and lights flickering when Zu uses her electrokinetics, to everyone's eyes changing color whenever they use their abilities. The most impressive use of special effects is that of a large battle including fire later on in the movie.

Finally, the casting for the characters was very well done. Sternberg also played Maddy in the movie Everything, Everything, giving her experience in playing a character who, either literally or metaphorically, only knows four walls and doesn't know how to survive outside of them. Brooks portrays Charles as quickly very likable, even while he's against the main character. Cech's facial expressions and body language portray her personality when her words don't. Dickenson is instantly likable for the protective roll he takes over Zu and Ruby.

While the movie Darkest Minds was, overall, a good movie, Ruby's character was very annoying throughout the movie, along with a very unsatisfying ending, even though it's setting up for a sequel. Still, for fans of series' such as The Hunger Games or the Divergent series, this movie, and its soon-to-be-made sequel, would probably be enjoyable.



## Rhea Jansen getting back into the “swing” of things

By Peyton Campbell  
Staff Writer

Senior Rhea Jansen has played golf since she was eight years-old. Jansen is an amazing volleyball player and, as a senior leader of the team, helped them punch their ticket to state. But did you know she is also an excellent golfer? She has been playing since she was eight years-old.

“My dad was always a big golfer and that was our way to bond,” Jansen said.

She has competed in tournaments since she was just 10. Jansen has only played two seasons for Freeman due to sports injuries. She placed 7<sup>th</sup> at state both years.

Growing up, Jansen played soccer, basketball, golf, volleyball and tennis. Jansen started playing volleyball when she was four.

“I started peppering and playing around with my family when I was four, and started playing on a club team when I was seven,”

Jansen said

Jansen will attend Gonzaga University in the fall and play volleyball for the Bulldogs.

Jansen is not golfing anymore due to fractures in two of her vertebrae that have been bothering her for almost a year now. She is cleared to do whatever she wants as long as it is in moderation, and she gets cleared by her doctor.

“All last year, I had back pain, and we couldn’t figure out what it was,” Jansen said. “Then we went to the doctors, and I was out from volleyball for three months. We thought it healed but it didn’t. Then, we got the x-rays and noticed something wasn’t right. Eventually, I will take a red-shirt year to get the fusion surgery.”

It will take eight months for her to recover while doing physical therapy. Jansen still goes to golf practice, but never got the chance to compete this season.



Courtesy of Rhea Jansen

Rhea Jansen spiking the ball to victory at state.

## Garrett Barnes is thankful for the lasting impact that Baseball has had on his life.

By Sage Aldendorf  
Staff Writer

Senior Garrett Barnes has been a Varsity baseball player since freshmen year and fell in love with the sport when he was six years old. As a left handed pitcher and outfielder, Barnes is described as a reliable and coachable teammate.

According to Coach Ripke, Garrett is the only senior that had played varsity in previous years. Barnes was a solid pitcher

and a starter for the State Championship team last spring. Though he has had some struggles with a shoulder injury, Ripke says Barnes is a great role model because of his work ethic during winter workouts. As Captain of the Outfielders, Barnes isn’t afraid to keep things light-hearted.

“He contributes a lot of



Courtesy of Chad Ripke

Garrett Barnes pitches at the mound

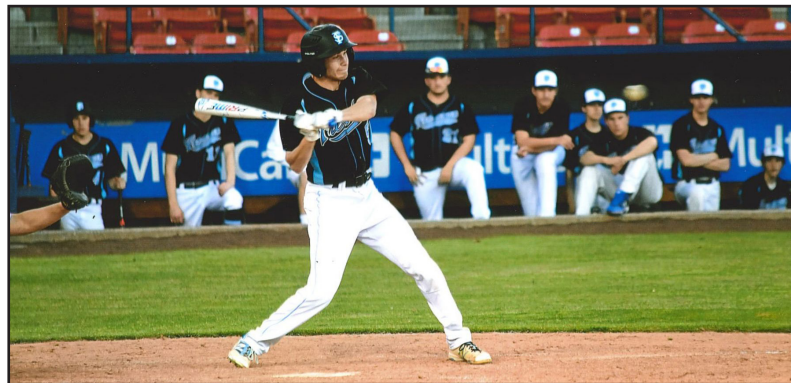
the of the humor and stays cool even during tense moments.” Ripke said.

As a varsity player who has sacrificed many

Saturdays hanging out with his friends, for baseball, Barnes says he believes in a team-first philosophy. He appreciates

“I’ve gained a lot of lasting friendships from playing. Its been something that has really helped me connect with people.” Barnes Said.

Next year Barnes is planning on attending Spokane Falls Community College, and eventually will take over his dad’s business in machinery.



Courtesy of Chad Ripke

Garrett Barnes is up to bat.

## The Tennis team’s senior: Andy Simmerman

Regan Wolfenbarger  
Staff Writer

Senior Andy Simmerman has played varsity tennis for three years, and is one of the top players on his team. He joined for the fun times that came with it.

“The car rides were my favorite,” Simmerman said, “But waking up early was the worst.”

The tennis team went to state and did their best. Simmerman wasn’t too thrilled with the outcome.

“We did decent,” Simmerman said, “but stuff happens.”

Hattamer believes Simmerman is heading for UW next year. He expressed his enjoyment of having Simmerman on the tennis team.

“He got second in state last year and was undefeated in the league last year,” Hattamer said. “He is a coach’s dream.”



Courtesy of Kylee Barthuly

Andy Simmerman preparing for his match by going up to talk to his coach.

## Softball star Hannah Brock hit 6 homers

By Landry Hawley  
Staff Writer

As the softball season draws to a close, the varsity girls did really well and made it to state. Senior Hannah Brock, who has had an amazing season, hit a total of 6 home runs and 36 RBI’s.

Brock, along with her teammates, worked very hard this season which really showed on the field. Watching their games, you could tell they put all of their effort into every single game they played.

“Our team did really well”, Brock said. “This season has by far been the most successful high school team I’ve been on as it was our first time to state in twelve years. This season was my best yet throughout high school, and if you look at my stats they continually got better as the years went on. But, I feel like this season was the most successful for me because I was forced into a leadership position, and it taught me a lot.”

Even though the softball season was great, there were some challenging teams they faced throughout the season.

“The most challenging teams we played in the regular season were Deer Park and Lakeside,” Brock said. “We lost to each team twice by one run. They were always good games but definitely frustrating when we were always so close but couldn’t quite pull through.”

Freeman faced some tough teams at the state tournament.

“We competed well against some really good teams at state,” Brock said. “It was awesome just to have the opportunity to go and experience it even if we didn’t do as well as we expected.”

Whether it’s playing a tough team or just simply having an off day, there can always be a little room for even a few minor improvements to be made.

“I think I could’ve improved more this season by being more of a vocal leader more often,” Brock said. “I don’t think our team could have improved on anything. We play united with the talent we had and worked really hard and played scrappy, and a lot of the time that’s what made us come out on top against good teams.”

As Brock heads to college in the fall, all of her hard work resulted in her getting accepted to play softball at D1 school, Marist College in Poughkeepsie, New York.

Overall, through all the ups and downs of the season, Brock was still able to make it out on top.



Courtesy of Hannah Brock

Seniors Hannah Brock, Justis Wells, and Hannah Tippy holding gifts awarded to them by Coach Carlon for their amazing last season.



# Senior Corvin Cogley makes his way to state

By Ashley Booker  
Staff Writer

Senior and four-year member of the track team Corvin Cogley has been running track since sixth grade.

"I was a fast runner and I just thought it would be fun," Cogley said of trying track in sixth grade.

Since then, Cogley has been an important part of the team.

When asked what set Cogley apart from the others on the team that compete in his same events, head track coach Larry Wheatley said, "Corvin's work ethic and leadership in practice and meets sets him apart from others in his events."

Cogley has consistently stayed in the top five throughout his high school career.

"Corvin has constantly im-

proved his strength and power and in order to improve his time," Wheatley said. "With time and effort, he has refined his technique to an elite level."

Thanks to this hard work and commitment, Cogley earned his spot at the state meet on May 23-25, where he competed in the 100m and 200m dashes.

Cogley was ranked twelfth in state in the 100m. He placed thirteenth in the event with a time of 11.37 seconds.

In the 200m, he was ranked sixth in state, and finished in ninth place.

When asked what his favorite part of competing in state was, Cogley said it was "competing against the best people running all over the state."



Courtesy of Larry Wheatley

Cogley competing at a home meet vs Medical Lake

# Hoopfest celebrates its 30th anniversary

By Sage Aldendorf  
Staff Writer

With 450 courts and over 6,000 teams, Spokane Hoopfest is the largest 3-on-3 basketball tournament in the world, and it doesn't stop there. Hoopfest 2019 is estimated to be the biggest year yet as fans celebrate its 30th anniversary.

"My favorite part of Hoopfest is watching all the kids from Freeman play," Said Superintendent Randy Russel.

In addition to basketball, Hoopfest provides tons of outdoor food, shopping, and, of course, non-stop entertainment; it serves as the ultimate family-friendly festival. If you're confident with your



Courtesy of Sydney McLean

**Hoopfest team No Name with freshmen Ashley, Sydney, Ryan, and Taylor.**

long range shot and are at least 18 years of age, you can participate in the Toyota Shootoff for a chance to win a brand new car.

"I love eating chicken strips and watching the really good teams on Center Court," Said Freshman Nolan Holt.

On the Nike Center Court, you can watch college-level athletes from all over the U.S. compete in the world's largest 3-on-3 tournament.

Player registration ends May 31<sup>st</sup> but Volunteer applications are accepted until Friday, June, 14. Don't miss your chance to experience greatest weekend of basketball on earth and head Downtown during the last week of June.



Courtesy of Trevor Paternoster

**Hoopfest team "My Favorite People Call Me Dad" with Jackson, Will, Tanner, and Trevor.**