

Reporting Freeman's news since 2009

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Bailey is ready to prove high levels of support to the students of FHS

By Kassidy Reilly

June 6, 2018

Staff Writer

Change. A reoccurring theme throughout our school year. One of these many changes for us involving a new principal for the 2018-2019 school year, Renee Bailey. Growing up in Spokane and attending Lakeside High School, she is very used to the Spokane area.

"Growing up at Lakeside was great," said Bailey. "I loved being involved, and since it was such a small school, I could do a lot of sports and activities."

The community was extremely supportive and "that's what I knew I wanted for my kids." Bailey's two children, Champ (Grade 6) and Brooklynn (Grade 3) will be continuing their education here at Freeman.

When the job opportunity opened up, Bailey knew she wanted it. She'd always been a fan of Dr. Russell, and felt as if the job was just meant to be. Although she graduated an Eagle, she is ready to be a Scottie and will desperately want to beat Lakeside in everything. But beating Lakeside is only one of many goals she has here.

"My main goal here is to leave it better than I found it," Bailey said. "I will continue to provide spirit and high levels of support, but I do have high expectations from everyone. Just know you aren't alone. I will be your biggest advocate if you let me."

Bailey is extremely passionate about school spirit and building a positive culture for each and every one of us here at FHS. Most of all Bailey is looking forward to meeting all of us and becoming a part of our family.

Let's do what we do best at FHS, and make Mrs. Bailey feel like she's at home.



Renee Bailey and her family on a family trip.

Herda is excited to become a part of the Scottie family



Kris Herda with his daughter Addison, who was born this past Janurary By Meg Neely *Editor-in-Chief* h

Some new faces will soon become familiar faces in the hallways here at FHS. Our new assistant principal and athletic director Kris Herda is excited to become a part of the Scottie

Family.

"I'd like to say I'm a family man," Herda said.

Herda is married to his wife, Kelsie, and has a daughter, Addison, and another child due in August.

Growing up in Chewelah and attending Washington State University, Herda is familiar with the Freeman community. Herda is moving from Wellpinit middle school and

high school where he has been the principal.

Herda is excited to have a strong next year and hopes that by the end of next year "everyone knows what our expectations are," which are still in the works for the next school year. "There is no excuse for why you can't be successful and find out more about yourself, " said Herda about his expectations for the students in the years to come. "You should be able to get outside of your shell and try things in your four years at FHS that you might not be able to do at other places."

Herda has high expectations for the students at FHS and is excited to grow in relationship with the students.

"I will be that principal that will have difficult conversations with them if needed, but also conversations about life chat with me about it life, " Herda explained when asked what he wants the students to know. "My door is always open, [and] you will see me in hallways, classrooms, activities and event."

Herda expects students to try things, to push themselves, and to learn from their mistakes.

He wants to be a friendly face who can always talk to him.

"I expect for students to know there are a ton of people here who love them that care about them," Herda said, restating the importance of students pushing themselves here to help better them in the future.

Get excited to welcome a new friendly face, Scotties. Mr. Herda is excited to get to know all of the students, and hopes that if you see him in the hallway, you aren't afraid to say hello and introduce yourself.



The Bagpiper Staff 2017-2018

Editor-In-Chief: Meg Neelv

Staff Writers: Brayden Cordova, Abbie Peters, **Kassidy Reilly, Nicole Smith**

Adviser: **Pia Longinotti**

Principal: Jim Straw

Superintendent: **Dr. Randy Russell**



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Freeman community conquers parades

By Abbie Peters Staff Writer

On Saturday, May 5, the band and cheer team marched in the Apple Blossom Parade in Wenatchee, Washington. The Parade was a competition for high school band and cheer teams. The competition is to see how organized and in sync the band and cheerleaders are. They also judge on who does the best overall.

"The parades were really fun, and we got a lot of support and kind words from the people that came to watch," freshman cheerleader Emma Nees said. "We also got first place so that was really cool, and I'm so proud of my team."

The band didn't place in the competition even though they did amazing. However, the cheer team got first place out of all the cheer and drill teams in parade. This was the second time the cheer squad has placed in the Apple Blossom Parade, and the first time cheer they earned first place.

"The parades were long but really fun and totally worth it," freshman band member Hunter Poston said. "It felt amazing seeing everyone support us, and it felt like we had a purpose to be there."

On Saturday, May 19 band, cheer, and a small portion of the Freeman community marched in the Spokane Lilac Parade, also



The FHS cheer team marches in Lilac Parade while performing their dance routine.



A small portion of the Freeman community gathers to march behind the band and cheer team in the Lilac Parade to show support.

rade. This year was the 80th year that Spokane has celebrated the Lilac Festival and Parade. The Lilac Parade is held to celebrate and honor military veterans in our area and nationwide. This parade, unlike the Apple Blossom Parade, was not a competition for the band or cheer, but they were judged at the start of the parade. The band was awarded the gold standard award. Along with this award, Freeman received a tremendous amount of support from the Spokane community.

known as the Armed Forces Torchlight Pa-

"I was drum major so got to conduct the band and lead them in Light 'Em Up," junior Stephanie Hyta said. "I thought the parade went really well and it was a lot of fun with community support. More people got to be in the parade and have that amazing feeling of waving to everyone - the princess moment. It really showed that we are Freeman Strong and I think that was the most important part. It was also so amazing to get the gold standard award, it meant so much to the band."

The band and cheer team are grateful for the opportunity to walk in parades like the Apple Blossom and Lilac and get such amazing support from the community. These are times they will never forget. They're glad they had the community's support as they marched for FHS.



The FHS Band marches in Lilac Parade while playing the song Light 'Em Up conducted by Stephanie Hyta (not pictured).



Lilac Festival princess Marley Pratt poses with school secretaries Kristal Hayek and Raelyn Davis before Lilac Parade starts.



By 2050, THE OCEAN WILL CONTAIN MORE PLASTIC THAN FISH BY WEIGHT, BUT YOU CAN **HELP BE A SOLUTION TO THIS PROBLEM**



Make a daily effort to use less straws when you buy drinks, and if you must use a straw buy your own straws that you can reuse and clean. Now at Starbucks you can also request straw-less lids.

REUSBALE STRAWS

REUSABLE GROCERY 2 BAGS

Bring you own bags to carry out your groceries, and if you forget to bring your own bag ask to use a paper bag instead of plastic.



REUSABLE WATER 3 BOTTLES

Using a reusable water bottle is a great way to use less plastic and save some money. You can find reusable water bottles at the dollar store, and most restaurants and coffee shops fill up water bottles for free.

4 TO-GO KIT

Make a to-go kit that contains a plate and reusable utensils and keep it in the trunk of your car. and when you decide to stop at Cafe Rio for lunch, you can bring in your own plate and utensils.



EVERY SMALL STEP HELPS

contribute to using less single-use plastic



Using less single-use plastic, easier than you'd think

By Meg Neely Editor-In-Chief

Plastic has become the most convenient way to store leftover foods, eat our food on the go, carry our groceries and drink our ice cold drinks. Plastic is a durable material made to last forever, yet 33 percent of it is used once and then discarded. Single-use plastic is used only once before it is thrown away or recycled. Single-use items include plastic bags, straws, coffee stirrers, soda and water bottles, and most food packaging.

"The single biggest problem is plastic bags at the grocery stores," environmental science teacher John Hays said. "You go to the grocery store to get a drink, and the checker puts it in a plastic bag. You use the plastic bag one time, and the plastic bag ends up in a landfill or burned, releasing toxic fumes into the atmosphere."

One way Hays said we can help reduce the use of plastic bags was to "ask for paper bags, and we bring our own bags or I will walk out with a handful of stuff, or I even have them refill my cart with my groceries and then unload them into my car."

According to plasticpollutioncoalition.org, "Plastic cannot biodegrade; it breaks down into smaller and smaller pieces. Manufacturers' add flame retardants, BPAs and PVCs, in plastics that can leach their own toxins into the earth. Entanglement, ingestion and habitat disruption all result from plastic ending up in the spaces where anidebris outweighs zooplankton by a ratio of 36-to-1."

Because we do not live by the ocean, it is still important for us to understand the impact of not recvcling plastic and using single-use plastic. When items are not recycled, they are placed in landfills, and plastic does not biodegrade. The plastic we choose to throw away instead

of recycling does not ever go away and stays on the earth, and recycling helps so that items like plastic bottles can get reused.

Seattle is set to enact a ban on plastic straws and utensils. All businesses that sell food or drinks must offer compostable or recyclable options or ask patrons to forgo the tools altogether. This ban will be set in place in July as part of a citywide ordinance to curb plastic waste across the city.

Junior Rhea Jansen was caring enough to bring to my attention the problem we are facing because we use so much single-use plastic. She helped educate me on the issue, and is a huge reason why I am trying to use less single-use plastic.

"Start reusing products, use metal products, less plastic straws just simple things," Jansen explained about how to make small changes. "Don't request straws at restaurants when you don't need them."

I have been making a daily effort to reduce the use of single-use plastic in my daily life, and it started with my daily Redbull. Now when I get my drink, I try to bring a reusable cup with my metal straw. Some coffee shops give you a little discount for supplying your own cup and straw, which will help you save a little money and use less plastic.

It has been a lot of trial and error to figure out which things I can slowly implement into my daily life without getting down on myself if I forget to not ask for a straw when I'm at a restaurant or when getting mals live. In our oceans alone, plastic a coffee. But it doesn't have to happen all at once, every small step helps contribute to using less single-use plastic.

> "We need our plastic, but we need to be much more deliberate about what plastics we buy and what we do with our plastics when we are done," Hays said as a reminder to us if we want to use less plastic. "Reuse, reduce, recycle are key."

Abbie Stokoe, freshman

that I was running around the table and she threw a rag over my head and I started laughing and kept on running. I'm kind of

"[Most people don't know] that I'm happy with my family because I have a lot related to a bunch of people. I have 14 sib- of brothers and sisters, and they are kind lings. A lot of people don't know that I am of nice to me like normal brothers and sisadopted because I look like my parents and ters. The hardest part is not knowing a lot [my sister] Danny. A lot of people think about my actual family. I have never met Kyli, Nyiella and Maya are adopted. A lot my mom before. My grandparents come of people probably don't know that we are once a year on my birthday and that day related or that I'm adopted. I was 2 years- they always come on that Saturday, and I old when I was adopted. I don' really know get spoiled. Our whole family is together how I felt when I was adopted, but I re- and goes to the mall, go swimming and member the judge, and she let me sit and goes out to eat. I know that my birth dad get a picture with her. She was really nice. has a brother that has two sons, but I have According to my mom I was really energet- never met them. I have only seen them in a ic, when she met me. She told me one time picture. I know that my birth parents live in Arizona but that is all I know."

As told by Nicole Smith





"Everyone knows everything about me maybe except that I can play the fiddle. I spend my time focused on basketball, tennis, and farming, but tennis matters most. It's just super fun, plus, it teaches you responsibility and teamwork. I am hoping to go to state in Tennis, and finish the season strong. But school always comes first. My goal for the rest of the year is to get A's. That's probably the toughest thing going on for me right now. Studying for tests and getting an A in Spanish is a struggle. But if I'm not doing homework, I'm either working on our family farm, working on dirt bikes or hanging out with my friends. My friends are probably my biggest spare time consumers. They help me with homework, support me, and help me talk in an Australian accent. Friendship has always been an important factor throughout my life and they help me succeed and push me to be my best self now, and in the future. I'm looking forward to what the future has in store for me and I'm also hoping to make bank. But for now, in high school, I'm just hoping to be successful in sports and make new friends along the way."

There is more than meets the eye for the students of FHS

Dakota Steiger, junior

"This gonna sound so jockey, but my passion is football. Football has helped me through a lot. There's no other feeling like walking out onto the field under those lights on Friday night, side by side with your brothers who have had your back while you have theirs. Football has also boosted my con-



fidence because it gives me the opportunity to constantly prove people wrong. It's been a passion for me from a young age. Before I came to Freeman my football coaches didn't see anything in me, and said I would never make it on a varsity team. Now every time I step on that field, I know I have done something people thought I could never do. Because of that my confidence has really increased since I started playing when I was young. For me, football can also be, like, if life just going my way, I know I can I can fall back on football. It can be an outlet; football lets you be you for two hours out of the day where nobody cares how goofy you are on that day or how pissed you are the next. I love it."

Kassidy McLuskie, freshman

"I love soccer, I realized I had a passion for it when I joined my first soccer team. Soccer really matters to me because it's almost like a family tradition. My grandpa played in the world cup so it has always run through the family. Most

of my time goes towards soccer and family, also friends. I just want to spend time with my family while I can because they're important to me. A lot of time also goes towards school because it is the greatest challenge, and I want to be successful outside of high school."

As told by Brayden Cordova



"When most people are relieving stress they go for a walk, run, or even just like some time alone. Then there are those who turn to music, not only listening to it, but creating it. That is what I do to relieve every kind of stress, big to small and everything in between. Music evokes those emotions and can help turn off the switch. It helps me to forget about my problems for awhile.



Daniel Gady, sophomore

As told by Kassidy Reilly

Kori Thurman, senior

My love for music has always been something I've struggled with when it comes to sharing it with other people. A part of me has always felt like it was my fun hobby that no one else needed to know about, but I slowly learned not to care because I know someone out there is feeling the same way. That's what is so great about music. It's universal. And I've learned that sharing it can not only help someone else that may be feeling the same way, but it can help you too. Expressing vulnerable thoughts and feelings can be scary, but everything in life is scary. A year ago, my way to relieve stress would have been sitting alone in my room writing a song that no one would ever hear, now it's creating pieces not just for myself, but to share with other people."

As told by Meg Neely

Arries Co Interfection

Do students think movie tickets too expensive?

By Nicole Smith

Staff Writer

It is so much fun to have a night or day out with friends and family. We all love to go to the movies, but is it too expensive to go? It seems as the years go by, the prices go up.

"Yes, I think that the prices are super expensive," said Susan Hirschel, freshman Nicole Smith's grandma. "You have to think about how many empty seats there are in each movie showing, and how many movie showings they do though."

If we were to bring back drive-in movies, maybe that would improve things because you could bring more people, and it was less expensive. But then again, you might not have as good of quality movie showings.

"I think that if you brought back drive in movies that you would not really decrease in price but more people since you have a carload," said Catherine Smith, Smith's mother. According to a survey of FHS students, the major-"The last shows of the day will not have very many people because people don't like to be ity of the student body feels that movie ticket out late."

Perhaps if they charged less and did not have as many showings, it could improve things. I think that there are a lot of pros and cons when it comes to going to the movies.

Many continue to argue over whether or not theaters should lower the ticket prices. One argument for expensive movie tickets is that the money can go to things such as upgrades to theatres, but the other side of the argument is that there are a lot of empty seats in each and every movie.

You have to consider if it makes sense to bring down prices for movies. Going to the movies is a ton of fun, but it would be more enjoyable, if I didn't have to pay a fortune to go.

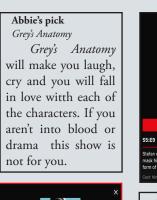
Binge Worthy

Just finish your favorite show on Netflix, and need a new one to watch? Give our staff picks a try!

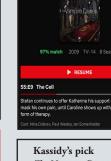
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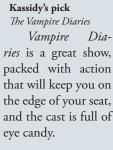


Brayden's pick Friday Night Tikes Friday Night Tikes is a great show if you are into sports, especially football, or if you love watching little kids lay each other out.



GREY'S ANATOWN





Nicole's pick The Fosters The Fosters shows so much family love no matter what your background story is. You won't regret watching this show.





Meg's pick Parks and Recreation If you love Amy Pohler, you're going to love this show, and if you don't love her, you'll still love it. Similar comedy to The Office, this is a must watch show.

By Nicole Smith

Staff Writer

As the season is over for the softball team, they still had a great season with an 8-9 record.

"[Softball has taught me] how to work well with others and my team," senior Hanna Hansen said

In softball, you work together as a team to accomplish one goal, have fun. You celebrate your wins and talk about your losses, but all in all if you win or lose, you have fun.

"[My favorite part] is hitting, but I think getting to play together with my team, and getting to make some good memories is a lot of fun too," Hansen said.

Getting to play with great teammates for her last year of high school was a highlight of the season and a great way to end her

senior year.

As the softball season comes to an end, Hansen explained how she enjoyed playing with this team this year and will miss getting to play with them.

year of softball with them.

Simmerman takes 2nd at state, capping off a fantastic season



By Brayden Cordova Staff Writer

Simmerman said. Simmerman finished league 15-0, and continued onto qualify for the state tournament. He placed second in state this year.

"I am expecting the same for my senior season," Simmerman said about his last season playing tennis for FHS. "I am look-

MVP Parisotto leads team to state championship

By Brayden Cordova Staff Writer

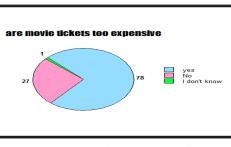
Senior Desmond Parisotto is a 4-year varsity baseball player. With the end of his final season, Parisotto is looking to playing son for granted. This included helping his



fun with it."

surreal." ship game 6-2.

With all the hard work and effort, they put into the season this year, they reached their goal.



prices are too expensive.





"I feel like the season went really well, but I will not be playing in college," Hansen said of her plans for next year.

Softball is such a fun sport and Hansen and all the other seniors were great leaders. The team was glad they got to spend their last



Junior Andy Simmerman has had a very successful junior season playing tennis. "I am undefeated and a league champ,"

ing forward to my senior season, I wouldn't change anything from now to then."

Simmerman has high expectations for his team during his senior season, as well as himself.

"I would like my team to win league and champs again," he said.

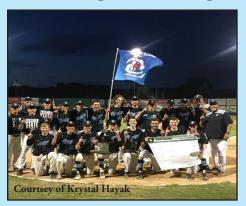
The Scotties were led by their new tennis coach, Frank Hattamer. Simmerman said he helped push the Scotties guys to earn a 12-0 record this year. and has high expectations when it comes to state because the way we have been playing all year.

baseball at Whitworth University next year. "My senior year has been fun," Parisotto said. "I've just been trying to have a lot of

> He didn't want to waste or take this seateam win Freeman's first baseball state championship in the school's history.

> "It's hard to describe what it feels like to win," Parisotto said. "Right now it still feels like it didn't even happen. It's

> The baseball team ended the season 23-3. The Scotties won the champion-



"It's felt very special," Parisotto said. "We have made it to the final four the the last four years, that's not something a lot of people can say."



Senior cheerleaders ready for the next steps in life

By Abbie Peters

Staff Writer

This year there are four seniors leaving the cheer team and moving on to college. After graduation the seniors will be officially done with high school cheer, and will be moving on to something bigger.

"I'm sad about leaving high school cheer but I'm ready to move on," senior, Trinity Glidewell said, "I'm going to miss how the cheer team felt like a family to me and how close we all got over the years."

Every summer the cheer team goes to the UCA (Universal Cheerleading Association) camp up at Washington State University, and it's a really fun bonding experience for the girls.

"My favorite memory from cheer was probably the camps. I think it was my sophomore year when we had to wake up at 5am to train for camp and we'd be at school until 10am just working out."

All the girls are moving on to college next year, and are doing amazing thing with their talents. Some of them are continuing to do some cheer or dance after high school.

"I'm doing Spokane Wolfpack this summer, which is a semipro cheer team that cheers for the Spokane Wolfpack football team,"

Exchange student Gasparini discovers love for tennis

By Nicole Smith Staff writer

Trying something new is not what everyone wants to do, but for Junior Alessia Gasparini she thought it would be fun to come to Freeman this year, and try something new such as Tennis. With coming to a new school this year, and questioning if she wanted to do Tennis or Soccer, it looks like she had fun on the court.

As an overall for girl's Tennis they won 5 games, lost 8 games, and tied 1 game. Way to pull off a good season Girls.

"[I have never played tennis before] never even held a racket," Gasparini said. None of her family members have played tennis before, but she wanted to try something new.

When trying something for the first time Gasparini was worried if it was going to be enjoyable or not, and if the team will be welcoming. It kept Gasparini busy, and she got to meet new people which was a highlight for her.

Gasparini's partner Ashley Jensen and her have had a really good season Gasparini said "she is really good." The Girls team did well overall with conference. Tennis season has come to an end, but Gasparini said that she plans on going home to play tennis. "I asked my mom to sign me up," explained Gasparini

"I am just proud that I did Tennis as a challenge." We all should try to do something out of our comfort zone such as Gasparini did. Hopefully next year Gasparini will be on a tennis court again.



Nickerson shared, "but I'm undecided on whether or not I'm going to do cheer in college." Douglas has also been apart of Spokane Wolfpack "I'm planning on



doing some kind of dance in college, but I haven't decided yet," Glidewell said.

However not all the girls are planning on jumping right back into cheer after high school.

"I am not doing cheer after high school." said Pratt "But my roommate at Grand Canyon University is, so I'm excited to stay involved by watching her compete and at the games."

"I'm taking my freshman year off so that I can really focus on schoolwork," Douglas shared, "After that I am considering trying out for University of Idaho's cheer team as a sophomore."

The seniors are excited for what their future has to hold, and are thankful for the memories cheer have brought them.

Miller takes 13th at state golf

By Kassidy Reilly *Staff Writer*

It is not often you find a student who is outstanding at multiple sports while also maintaining a 4.0 grade average, and senior Isabelle Miller is one of those few.

This spring season, Isabelle competed in her final golf season as a Scottie. "I like the complexity about golf, and the challenge that you'll never fully master the game." Although never mastered, she hoped to place in state with Rhea. As she did. The girls golf team placed 3rd.

Only a senior in high school, she went through a course to receive her pilots license, and now she is legally able to fly an aircraft. Isabelle's many talents have not only been recognized here, but at colleges. She has received offers from multiple schools.

Miller has decided to accept the offer from Stanford despite her other offers from UW, Cal Poly, and WSU. "I chose Stanford because it offers so much for my aeronautical engineering major and going there you are linked with a network of alumni and professors that can get me ahead of my generation. I will also be getting the best education I possibly could with small class sizes and high academic standards."

After Stanford, she hopes to graduate and succeed in pilot training and be able to fly fighter jets for the Washington Air National Guard. "I've always wanted to fly and to able to fly for my country sounded pretty darn cool."

Miller hopes to go on and lead a fun and successful life full of memories that will never fade.

