

Sports

Volleyball team 7th in Yakima

Mist Bebout
Guest Writer

Freeman's volleyball team took seventh in state this year, which was held in Yakama. Freeman started the tournament by beating Royal High School 3-0. Royal came into the state tournament undefeated and ranked 4th in the state. Freeman then lost a close match to Montesano High School 3-2. The Scotties then played Cedar Park Christian and defeated the team 3-1. This put the Scotties in the trophy game against Castle Rock, Freeman Lost 3-0 and took 7th at state.

"The team played well together at state. The players gave it everything they had," said coach Windlin-Jansen. "I

think they surprised themselves by winning a trophy."

In the 4 matches against the teams at state, the players of Freeman had a great opportunity to step up and shine. Seniors Amanda Malloy, Blair Riddle, Lea Jansen and Taylor Naber brought great experience to the team. The returning players are stoked to get

back to state next year. Congratulations, to the Freeman Scotties for having a great season and taking seventh in state.



Photo by Pia Longinotti

Freeman Varsity huddles up before match.

Cross country team competes at state

By Carlie Dickson
Staff Writer

"The cross country team has done fabulous this year, we have a very talented group," said Coach Robyn Doloughan.

Juniors Nic Cherrington, and Ben Mega led the team to the State tournament. They were joined by senior Dalton Fetsch, sophomore Austin Fish, and juniors Trent Neiman and Ross Neiman. The boys did well at the state meet in Yakima. Cherrington led the team placing 19th overall. Mega came in 27th, and Ross Neiman set a Personal Record in the race.

The girls also had a great season. The team consisted of juniors Mackenzie DeRuyter, Sarah Miller and Mija Forsnes, and sophomores Allie Fetsch and Holly Kolb. DeRuyter finished in the top three in league, earning the girls lone spot at state, where she placed 12th overall.

Congratulations to all our cross country runners on a great season!

Girls' basketball off to a great start

By Terin Saylor
Staff Writer



Photo by Kay Christ

Molly McIntyre fights for a ball against Colville.

For being only a 1A girls' basketball team, Coach Ashlee Taylor feels the girls are far more experienced than the average 1A basketball team.

"We play up with those that are at the 4A level and above," said Taylor. The girls' basketball team has participated in NCAA tournaments in San Diego and played up above the level in the annual Gonzaga tournaments.

The team's main goal this year is to win a gold ball. To do that, the coaching staff reminds the girls that they have to show up at practices and games being focused, prepared, and ready to work hard. There are a great group of seniors returning, Morghan Poirier,

Megan McIntyre, Katie Bauer, and Korina Baker, as well as junior Mackenzie Taylor and sophomore Alyssa Maine.

"We have seen great things so far from our freshman class," said Taylor. "We are overall very excited to see what this season will bring for the girls program." The program has made it a goal not to overlook anyone.

The team is off to a hot start so far with a record of 7-0, with wins over 2A Cheney, Colville, Deer Park and Medical Lake. Their next home game will be during the Freeman Christmas Tournament December 28-29, played in the Freeman Middle School gym. Come on out and support the Lady Scotties in their march to state.

Taylor Vold, leading by example

By Kai Ratheiser
Staff Writer

Senior Taylor Vold is stepping up to leadership on the varsity basketball team.

"Our goals are basically coming back to state and the toughness of the team is very important," said Vold, one of the Scotties co-captains.

The last season ended with disappointment for Vold and the 2nd ranked Scotties, when they missed going to the state tournament. Their goals for the new season are to come back strong as possible, to give one hundred percent, and to have a good communication throughout the team.

"I guess the key things are playing hard, communication and toughness," said Vold. He sees himself as a leader on the team, and part of attaining those goals. His teammates agree.

"Taylor has a great sense of leadership, a great will to win, and a great passion for the game," said senior co-captain Dylan Maine. "The way he carries himself on the basketball court is outstanding."

"Taylor has been a great leader ever since we were little," said

senior Peter Heinen. "He is positive and sees the game better than anyone else on the team. We are all lucky to have him." Vold hopes to help lead the team to winning the Gold Ball. Keeping spirits up for the team, Vold tries to be the best leader he can by motivating his team-



Photo by Kay Christ

Vold hits a jumper in the Scottie's victory over Medical Lake.

mates to continue to work as a team.

"Taylor has the ability to put points on the board, but perhaps more important is how he will lead our team both on and off the court," said coach Bill Bland. "He plays hard every possession, leading by action. He has a great understanding of the game that allows him to see things before the actually happen. A huge part of his role this season is to translate his understanding of the game to others through his actions on the court as well as his words behind the scenes."

With Taylor on board, the Scotties should have a great shot at achieving all their goals.

Wrestling team off to a great

By Kai Ratheiser
Staff Writer

The Freeman wrestling team has had a tough start to their season so far, facing tough competition right off to get them prepared for a run to state.

"This past weekend [Dec. 11] the wrestling team traveled to St. Maries for a 16 team tournament," said coach Chad Ripke. "It was an eye opening for all the kids. The caliber of the competition we faced this past weekend was by far the best we had seen to this point in our season, and our records showed it. To get to state the boys are going to have to beat kids of the caliber they faced this past weekend. So we will learn from this experience and use it to help us get better."

The team is fielded by 9 students: freshmen Blake Pa-sold and Craig Berard, sophomores Austin Smith-Bartlett, Avery Smetana, Joseph Schweiger, Warren Schuster, Dylan Nickerson and Taylor Glidewell, and senior Kory Tollefson. It is a very young team this year with only 5 re-turners: Glidewell, Tollefson, Schuster, Smith-Bartlett, and state veteran Nickerson. The Scottie's venture in St. Maries ended with one wrestler placing in the A bracket. Smetana finished with 2 pins on Friday, and a 3-2 record. Glidewell came back from a tough Friday to place 2nd in his bracket. Schweiger also did well, battling his way to a 3rd place finish in his bracket.

"Last year I broke my hand as I got slammed on my head," said Tollefson. "I guess

wrestling is one of the hardest sports there is and I hope to make it to the state this year."

"I think wrestling is a challenging sport for me and it is hard to prepare for the matches," said Nickerson. "My goal for this year is to come back to the state."

The Scotties traveled to Colfax to wrestle Colfax, Clarkston JV and Potlatch on December 15. As a team, the Scotties won 15 of the 16 matches that we wrestled. Berard was 2-1, Schuster was 3-0, Smith Bartlett was 2-0, Glidewell was 2-0, Schweiger was 3-0, and Smetana was 3-0 as well. The kids are continuing to get better and working hard.

Coach Ripke named Taylor Glidewell the wrestler of the week.

"Right now the biggest thing we need is to get some mat time and mat time with someone other than our own team," said Ripke.

With this confidence and the mat time, the Scotties look tough for the current season. Come cheer on the Scotties at their upcoming meets: Wednesday, December 23rd at the Tri-County tournament held at Central Valley High School, or Wednesday, December 30th at the Freeman Invitational held in the Freeman Middle School. Good luck Dawgs.

Boys Basketball sets lofty goals for the season

By: Mica Paulicheck
Staff Writer

Although five seniors graduated last year, the Freeman Scotties are looking forward to a great season.

"We are fortunate to have seven players returning who all saw significant playing time last season," said coach Bill Bland. "Five of those individuals are seniors this year. All in all we have a very experienced ball club. Our returning players include sophomores Mitchell Vander Linden and Cody Un-fred, and seniors Taylor Vold, Peter Heinen, Chase Watson, Dylan Maine and Jered Hinch."

As for goals, Bland said he has the players set their goals before the first game on December 2nd. They also set goals before a game, pre-season, for conference play, and post season.

"What is important to me is that we always play hard, play smart, play together and play with confidence," said Bland.

"To achieve this we set game goals for each game, for the pre-season, for conference play, and for post season. Simply put we want to take more-better shots than our opponent. We do this by setting rebounding, shooting percentage, turn-over/assist margins for each game." Last year, the Scotties took almost 300 more shots than their opponents.

The team's challenges are basically just to stick together and play as a team.

"Right now our greatest competition is ourselves," Bland said. "I believe in focusing on US rather than THEM. Let's work on our weaknesses and play to our strengths. One of the most difficult things in life is to know, trust and challenge oneself to be the best we can be. That is where we are at this year. We are finding our own weaknesses, admitting them and working to improve on those weaknesses."

Freeman also has a good understanding of the concept of team-work, rather than individually taking the spotlight.

"The really neat thing about teams here at Freeman [is] there are no real stars," said Bland. "Freeman has long been successful because the Scotties play as a team. That will be critical for us again this season; if we play as a team we will have an outstanding year."

"We are fortunate to have Coach Watts, and Meafsky back with us again. Both are

great teachers. They make my job pretty easy," said Bland.

Come support the boys during their next home game (Dec. 28-29), the Freeman Christmas tournament in the Freeman Middle School. Go Scotties!



Photo courtesy of Kay Christ

Scottie Cheerleaders stunt during halftime of the Medi-



Photo courtesy of Kay Christ

The Scotties lead a new cheer for the crowd.



Photo courtesy of Kay Christ

Cody Unfred lays one up against Medical Lake.