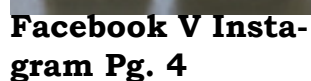
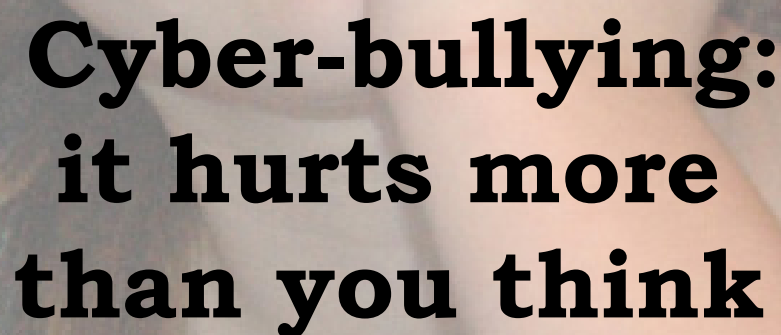




Volume 4, Issue 5



Underhill awarded Distinguished Soloist

By Carol Wichmann
Band Teacher

Congratulations to junior Peter Underhill! He was recently recognized as a Distinguished Soloist at the 2013 Lionel Hampton Jazz Festival. Underhill was chosen from the 20 ensembles and approximately 250 performers in his division, and recognized for distinguished solo performances on both piano and trumpet with the Freeman Jazz Combo and Ensemble.



Photo courtesy of Carol Wichmann

Peter Underhill performs his piano piece with the HS Ensemble at the Lionel Hampton Jazz Festival.

The Bagpiper Staff 2012-2013

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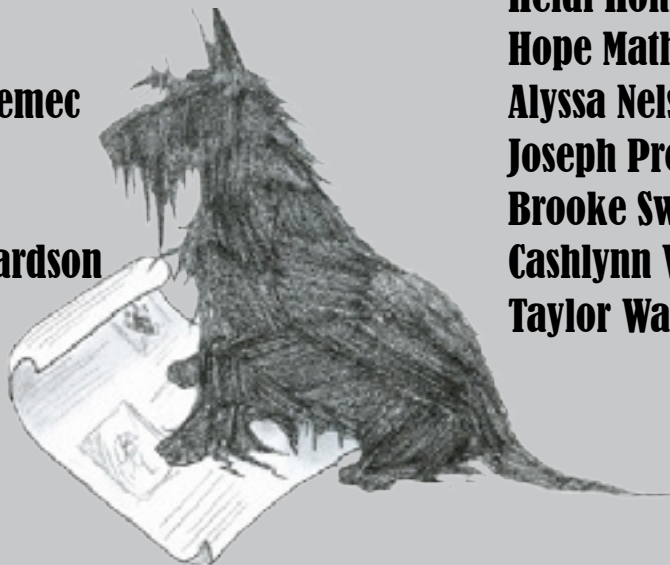
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Cyber-bullying: it hurts more than you think

By Ruby Falciani
News Editor

If you saw a person being picked-on in the hallway, would you break it up? If you walked past someone getting beat-up, would you stop it? If you saw people verbally abusing another person anywhere online, what would you do? Stop and think about how you would feel if you were the one being picked on and nobody was helping you.

Recently, high school students from schools such as Ferris, CV, and Freeman have been making Facebook pages to let students anonymously tell secrets about themselves. Some of these pages are still very popular and commonly used. A major problem with these pages is the way they are being used.

“I think they are stupid and someone’s going to get hurt,” said sophomore Shenoa Rush. “It starts off with ‘Oh, she’s the most gorgeous girl in the world,’ and will end with ‘Oh, she’s the biggest slut.”

Because these pages are made for students to express their opinions anonymously, some have and will take advantage of the freedom given. These pages aren’t just a page without an administrator; there is an actual person who is now in control of everything that goes up and knows who has confessed what. Even the most anonymous pages are not safe for secrets; the admin then has the knowledge and power of basically the whole school.

“Once you send something, it’s out there forever,” pointed out Resource Officer Ron Nye.

If the admin decides to the down the page, he or she still knows who said what about whom and can decide to tell anyone they please because that information belongs to them.

The appeal to this form of bullying is that the bully can say everything they would never say to their victim’s face.

Just because these bullies have found ways around having direct contact with the victims does not mean they can’t be stopped. The hate pages can be reported and deleted, and profiles can be taken down; there are ways to stop the hate. If you witness cyber-bullying, you should immediately report the page, user, or group. It is that simple— a click of a button, and you saved a victim tremendous amounts of stress and pain.

“Part of the problem with bullying today is the fact that the technology is 24/7,” explained Officer Nye. “You can’t get away from it. As a kid, there was bullying in my school, but once you got home you were fine. Nowadays, you can’t escape it.”

Bullies use the technology we have today to pester other people because they can say or do nearly anything they want from however far away. Due to the fact that the bully doesn’t have to go through any extreme obstacles to harm their victim, it makes cyber-bullying very dangerous. If the bully doesn’t have anything stopping them from harassing another person, they won’t yield to send their hurtful remarks.

“Kids don’t know how easy it is to get arrested,” explained Officer Nye. “If you send a threatening text message and you get reported, you will get arrested. On job applications, they ask if you’ve ever been arrested, and if you have, they will most likely not hire you.”

Cyber-bullies, if caught, most certainly do not get away with just a slap on the wrist. So many people are unaware of the strict laws against any type of bullying, and how severe the consequences are. Cyber-stalking laws cover all technological devices from a blog to texting. Harassment laws don’t just have to do with physical forms of bullying, but also cover tele-harassment which is the threatening another person over any technological device.

Even if the victim presses charges, the attacker would definitely get arrested. Even if the victim reads the bullying or threatening message/post and physically harms their attacker, the victim is semi-protected by Disorderly Conduct which is that the attacker provoked the assault by saying or doing something that may have aggravated or enraged the victim. All of this happens when one person decides to take their anger and bitterness out on another person but lacks the confidence to say something in person.

If you don’t believe that all this hate really happens as often as it does, look again. Hate and bullying is everywhere. From a simple Facebook chat-fight to Instagrams fully dedicated to bullying an individual, bullying can, and does happen anywhere. All of the bullying can be avoided. Do not start, join, or overlook these pages. Report them and save everybody the pain of being bullied.

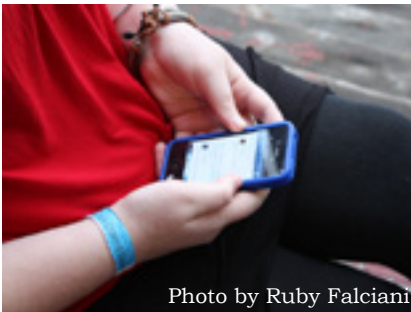


Photo by Ruby Falciani

Coeur d’Alene High School sophomore Maddie Jensen poses to show that cyber-bullying is everywhere and a teen can’t escape it.

Instagram vs. Facebook- which is better?

By Cashlynn Volk
Staff Writer

Have you ever wondered what happened to your best friend from elementary school, or an old friend who moved away? Well, social networking has been a very helpful tool for getting in touch with others. It doesn't just help you find friends from your past, but creates an easy way to make new ones.

Today, it's rare to find someone who hasn't at least heard of Facebook, MySpace, Twitter, Instagram, or one of a hundred other social networks. Actually, nearly half of all Americans have social network profiles. Now the big debate is on which social media site is the best. Two of the most popular sites are Facebook and Instagram.

Facebook can be thought of as your home on the Internet. It's a place people can go to leave you a message, browse through your photo collections, or even chat with you while you are online. It can be a great way to keep in contact with friends and family,

or even find long-lost friends that you haven't spoken to in years.

"It's a great way for me to keep in touch with relatives that I don't see often," said freshman Kelsi Spring.

Facebook can be a running documentary of your life; you can post your daily activities, and send out invites to an upcoming event. It has an outstanding 1.6 billion users and is growing daily. If you are starting out fresh and opening a business, Facebook is a great way to advertise and it's free.

Facebook users can create profiles with photos, lists of personal interests, contact information, and other personal information. Users can communicate with friends and other users through private or public messages, and a chat feature.

Unfortunately, the Facebook wall is where it all happens, and by it, I mean the drama. It seems like Facebook has started to become a trademark for drama whether it is users dragging others down by un-

wanted comments, posting embarrassing photos, or disrespectful posts directed towards one another. Who wants to get online and see all of their so called "friends" complaining about their recent struggles in life or abrupt posts about others?

"I have a Facebook, but the drama on it is horrible," said freshman Olivia Griffith.

Another drawback of Facebook is the game requests, no matter how hard you try to block all of them, you usually end up getting one of those pesky requests from one of your friends in your notifications.

"I would much rather use Instagram," said Griffith.

Instagram has quickly become one of the most popular photo-sharing and social media venues for smartphone users. Instagram is a free photo-sharing application that allows you to take pictures, apply digital filters to them, and then post them

onto your profile for others to see. You can even share them on a variety of social networking services, such as Facebook and Twitter. Instagram has hooked many individuals because

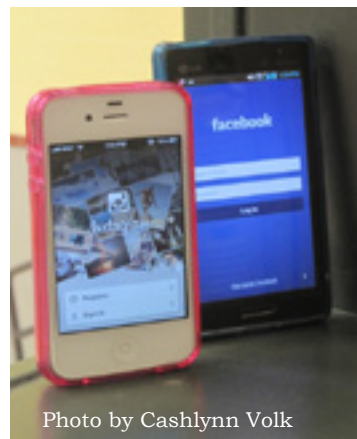


Photo by Cashlynn Volk
Facebook and Instagram are an important part of daily life.

it's drama-free, and it's quicker than going through a whole bunch of long Facebook posts.

Signing up is a hop, skip, and a jump away. Once you are all signed up, you can go and follow your friends or even people whose photos you want to see. There are tons of people on Instagram that you can follow and see their photography. Actually, Instagram has nearly 100 million active users.

Instagram is a completely different

social media site, unlike Facebook you can't post statuses and it's harder to get in touch with others because it doesn't show mutual friends. I'm sure a lot of photo sharers have plenty of photo things that they can change and make filters on pictures if they wanted, but that's not what it is all about. It's about sharing in the social network; it's all about community.

One of the best attributes about Instagram is that it greatly accomplishes its original goal: fast, easy, and efficient photo-sharing. Another added benefit to using Instagram is that it allows you to take world-class photographs without having to carry anything besides your mobile phone, which most people carry with them everywhere. The convenience of not having to carry around both a digital camera and your cellular phone is definitely something that people who heavily document their lives can appreciate.

"I like Instagram because it's faster
Story continued on 5

Freeman High School dances: are they worth it

By Alyssa Nelson
Staff Writer

High school dances can be some of the best nights for those who attend. They give both girls and guys a reason to dress up nicely. They're also a time to be with your friends and have a great time. When graduates look back on their most memorable moments in high school, the dances will most likely come to their minds.

Most people who go to the dances are usually disappointed by the lack of attendance and participation. If people aren't there, then the dances can get a little slow. Along with the decorations and the people who attend, the music is very important. If the music isn't great, or if it's different than what the people want, it can ruin the event. But if the music is decent, the people attending the event will want to dance and be involved.



Photo courtesy of leadership class

School dances can create memorable moments.

Story continued from 6

to keep up to date with what's going on, and there is less drama," said freshman Christian Phillips.

Even though they started on Twitter, hash tags have carried over to Instagram, which is one of the things that some people might find a bit annoying. Maybe you are #InstaHappy about hash tags or #InstaAnnoyed about them, but for some users, it seems as if you can't come up with long enough hash tags to describe what the picture is based on. Although, you can't make posts, hash tags may be just as annoying as ordinary Facebook posts. Maybe you don't

So what about the music that Freeman plays at school dances? Would better or different music make dances better?

"The music could be improved," commented freshman Peyton Smetana. "Rap, pop, and country are great choices for dance music."

At prom, of course, the people who are there would like to see better attendance. Dances are a lot more enjoyable if there are people there. "I would like to see everyone there," senior Felicia Jackson commented.

Most schools hire a DJ to come for the night and play music. They play music that most people like, and they try to get everybody to dance. But there are mixed feelings about them.

"It's better if people all played music they like," explained senior Preston Primmer.

However, junior Karly Youngren said that she would prefer to have a DJ.

"It makes it more exciting," said Youngren. "If you use an iPod it just isn't the same."

Every time you go to a dance, you always remember some specific



Photo courtesy of leadership class

Nerdin' out for school dances!

moment. It can either be joking around with your friends, slow dancing with your date, or dancing with your friends. Either way, you always have some

great memories and highlights from the dances.

"The best times are when they play popular songs that everybody knows," Youngren said.

"Being with my friends [are the best times]," added Jackson.

After the night is over, you may look back and say that you had one of the best nights of your life. The seniors will remember those dances even well after graduation. They are something that stays with you even if you don't mean them to. So whether you enjoy the music or not, you will always have a dance that you went to that you will remember.

like seeing people post pictures of their food or having someone flood your stream with selfies (pictures of themselves). All in all though, Instagram is a near perfect photo-sharing application that provides for hours of fun and entertainment.

Both of these social networking sites are great. Facebook provides source full ways to keep in touch with other users. Instagram on the other hand is a great photography site. Needless to say, if you are into social networking and love to branch out into the cyber-world, Instagram and Facebook are a necessity.

Vegetarianism: healthy lifestyle?

By Ali Tesch
Opinion editor

Society tries to stay healthy by eating a balanced diet and getting plenty of physical activity, but one question posed when considering eating habits continues to be is it healthy or not to be a vegetarian? Freeman has several students who choose not to eat meat. For example we have five students at Freeman who choose a vegetarian lifestyle: sophomores Bethany Williams, and Anna Lee, and juniors Brooke Williams, Maddie Richardson, and Sarah King. There are many factors that influence people to become vegetarians such as religious beliefs, protecting animals, and health reasons.

"I became a vegetarian because I feel like it's animal cruelty," explained Richardson. "I have been a vegetarian for about 13 years."

Another reason why people become vegetarians is that they want to lead a healthier lifestyle.

"Not eating meat helps me focus on eating healthier," said Lee. "There are

lots of fats in meats that I don't want in my diet."

Many people don't agree with vegetarianism because they believe it's not a healthy lifestyle. Some people believe that vegetarians don't get enough variety of foods or enough protein. Others believe that children and teenagers won't get enough nutrients to live a healthy life.

"I believe that meat is an essential part of people's diet, and it's un-



Photo by Ali Tesch

Vegetarianism is a healthy choice.

healthy not to eat meat," said senior Randi Jordan.

While it can be difficult to get balanced nutrition, a vegetarian diet can be a healthy

choice if you plan ahead. Some of the important nutrients that you are at risk of not receiving are Omega 3 fatty acids, Vitamin B12, Calcium, and Iron. You can prevent this by consuming soy milk, citrus fruits, and by taking a B12 supplement. There are many resources that can help you plan a balanced diet such as books like *New Becoming Vegetarians: The essential Guide to a Healthy Vegetarian Diet*.

Many people question vegetarianism because they worry that their bodies won't have enough protein or there aren't enough options to keep a

balanced diet. In reality, there are so many options for vegetarians, but the key is to be creative. A few examples of food that vegetarians eat include tofu, vegetables, pastas, and alternative meats.

"Being a vegetarian has made me a better athlete," explained Bethany Williams. "It has also taught me to be a more creative cook."

"I eat lots of vegetables and tofu," added her sister Brooke Williams. "My favorite desert is coconut ice-cream that has no milk."

A vegetarian diet can help reduce your risk for cardiovascular disease, diabetes, obesity, hypertension, and cancer. A vegetarian diet reduces these risks because vegetarians consume less saturated fat and receive more complex carbohydrates. A vegetarian is an adequate diet that provides the nutrition needed to live a healthy lifestyle.

Not only does a vegetarian help reduce your risk for

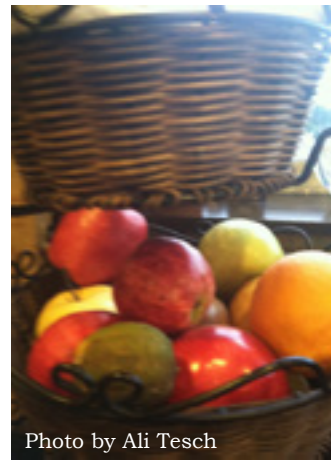


Photo by Ali Tesch

The key is to vegetarianism is to have a balanced diet

disease. Most vegetarians also have a longer lifespan. Vegetarians also are able to maintain a healthier weight

If you are considering being a vegetarian, be sure to meet with your parents or doctor, so you can create a healthy balanced diet. A vegetarian diet is a big step and requires creativity and discipline.

"If you're considering on trying a vegetarian diet, keep in mind there is so much out there! And remember to research," explained Brooke Williams.

Taking cheerleading to new heights

By Hope Mathews
Staff writer

February 24, 2013, Spokane's minor-league football team, the Wolf Pack, took one step further and had cheer squad tryouts for the first time. Team auditions consisted of a dance learned in two hours, a stunt, and a cheer. Cheerleaders were awarded an additional 5 points if they were able to throw a tumbling pass as well. 19 girls and 10 boys earned spots on the squad.

The Wolf Pack football team is a minor league, full-tackle football team that has been around Spokane for a while now but is finally growing. The team consists of former football players, coach-



Photo courtesy of Jenn Lucas

The cheer squad practicing hard to get there stunts down!

es, and fans of the game. The age range is 18 and up, and they play other teams around the area such as their rival team, the Colfax Bulldogs.

Since the football team doesn't have an actual league, the cheer team doesn't actually have real



Photo courtesy of Jenn Lucas

The 2013 Wolfpack cheer squad poses for a quick team picture!

limitations or rules; therefore, the stunts are unlimited. The team's ages range from 16 to 29. Freeman is represented by both current and past students—sophomore Hope Mathews, senior Maddie Keebler, and alumni Shelby Nelson and Wylie Patton.

"I love being a part of the team and being able to do new and cooler stunts," Keebler stated.

The squad is coached by former cheer coach Jennifer Lucas. Freeman girls were fortunate enough to join the squad and gain bigger and better skills.

"The main focus of the Wolf pack cheer team is to develop and educate amateur cheer athletes in hopes of them competing at the next level whether it will be college or in life in general," said Travis Herzog, owner of Spokane Wolf pack.

The team will have bigger pyramids, cooler partner stunts and great halftime routines. Come and support your Freeman girls and watch them perform at the first football game, April 27. Games are free if you are 17 or younger, or \$5 for a ticket. If you are 18 or older, see Keebler or Mathews to purchase season tickets for \$15.



Photo Courtesy of Jenn Lucas

The Wolfpack cheer squad practicing a 2-2-1 pyramid during practice!

Senior Projects!

Ready on the set!

By Brooke Swartout
Staff Writer

Senior Tanner Waite stumbled across a new love for making videos last year when he made a video of the 2012 regionals track meet for coach John Hays.

“I learned that making them takes forever,” explained Waite. “It’s a lot of work.”

Video production is a lot harder than it sounds. Waite had to first come up with ideas for the videos, find

people to be in them, and then film what he wanted. The next step brought a lot of editing like color corrections, adding music, cutting the clips down, and adding in voiceovers. It’s all very time consuming and takes several hours to get the video to his liking.

“Managing my time was probably the hardest thing because of my job and homework and stuff, but most of the time, I just didn’t do my homework,” joked

Waite.

Waite has over \$1,000 dollars worth of software and programs on his computer specifically for his new-found talent and hopes to one day even further this interest as a career. As for now, he will continue to make the assembly, sports, and Friday videos until his time comes to graduate.



Jacob Lara, passion for horses makes a fantastic project!

By Maddie Richardson
Special Features Editor

Every year, seniors get creative and make a senior project. Jacob Lara started his project two years ago and decided to breed his own horse. Lara took care of one of his horses and waited until she gave birth. When the horse was born, he trained the horse, taught him tricks and riding skills, and has loved it ever since.

“I chose to breed my own horse because it’s something different than what others would do,” explained Lara.

He has been passionate about

this horse ever since. The best part about choosing this as his senior project was being able to experience the birth. This horse has been his absolute favorite thing since he started working on his project.

It started out as a project but has grown into one of his greatest passions. Lara has been training the horse ever since the birth. Horses are his dearest thing and working on this project has really grown and inspired his passion.

Putting passion into action

By Maddie Richardson
Special Features Editor

Every year, students have many different graduation requirements, including the Senior Culminating Project. All seniors have to pick a topic, do research, experience it hands-on and give a presentation on what they did and learned through the experience. Students pick many different topics, ranging from breeding their own horse all the way to acting in a real live battle scene.

The point of this project is to show hard work and to help seniors decide what they want to do with their futures. The senior projects are an important graduation requirement because it’s their time to shine and exhibit their leadership skills.

A few students at Freeman stand out from the crowd. These students include Wyatt Smith, Tanner Waite, Dani Reynolds and Jacob Lara. All the senior’s who presented in March did an outstanding job, and these four chose some unique topics to explore.

Dani Reynolds: a successful photographer

By Ali Tesch
Opinion Editor

This year, senior Dani Reynolds displayed her passion for photography by taking several pictures of different occasions. Reynolds chose this project because photography has been an important part of her life. She also wanted to learn more about photography. In order to do this, she had to learn about all the different types of settings on the camera and she also learned the importance of commitment.

Reynolds took pictures of

several occasions such as at Freeman High School events. Although she took many pictures of events, her favorite thing to shoot was baby pictures.

“I loved taking pictures of babies because of how cute they are,” explained Reynolds.

Reynolds discovered her love for photography about four years ago when she received a camera for Christmas. Her senior project helped her improve at taking pictures and deepened her love for photography.

Smith’s Scotty Crusade invites students to help those in need.

By Anna Lee
Feature Editor

For Wyatt Smith’s senior project, he chose to serve his community by volunteering at the Union Gospel Mission.

“High school kids take things for granted and don’t even know they’re doing it,” Smith said. “Going down they are seeing some of the people and some of the things they weren’t able to do or able to have kind of put things into perspective for me.”

Smith has been volun-

teering at the Union Gospel Mission since sophomore year with his family and recommends that any high school to go down and volunteer its time.

“It’s a great experience and you learned a lot,” Smith said.

“One choice can transform you”

By **Emma Sheldon**
Photo Editor

Divergent is full of nail-biting, page-turning chapters that keep you on the edge of your seat. As a first time author, Veronica Roth has captured love (in a completely non-sappy way), adventure, and questioning the path of life, enclosing it in this extraordinary book.

In Divergent, Beatrice is born into a dystopian Chicago where society is divided into five factions based on a certain virtue- Candor (the honest), Abnegation (the selfless), Dauntless (the brave), Amity (the peaceful), and Erudite (the intelligent).

“It was kind of eye opening to the traits of humans but constricting because there were only five groups you could fit in,” said sophomore Jami Pratt. “I tried comparing myself to what group I’d be in.”

Beatrice, Abnegation-born, has reached the age of 16 and must choose between entering a whole new life by going to a new faction or staying with her family. To assist her choice, she goes through a series of testing. During the testing, a trait of hers surfaces and proves in the long run to be life-threatening and she struggles to hide it. Everyone in all the factions at age 16 has to make this life-changing choice. Beatrice makes a surprising decision that affects everyone around her. Amongst her new world and her fateful secret, she manages to find love. She learns to trust others, what bravery really means, and what letting love grow entails.

Roth creates a whole

new category to the dystopian genre. Like the Hunger Games, there is violence and teens battling it out to the death, but there is so much more. These kids have lived their whole child-

hood leading up to their decision that could lead to them being accepted into their new life or failing initiation and becoming a member of the factionless (basically like a homeless community). Roth displays the fear and anticipation of the teens by her description of the looks on their faces— the life-changing moment as they walk toward the remaining minutes in their previous factions being in their safe, normal lives.



Photo by Emma Sheldon

Roth represents the thought process of a 16 year-old girl perfectly. She creates a stubborn, difficult, yet completely lovable, girl who you root for throughout the entire book.

“I like the lead character as a girl and I like

how she’s kind of risky,” Pratt added. You become a part of the book. You grow to love her friends and question their relationships right along with Beatrice. Roth creates 5 separate worlds within the factions that are so visually stimulating you can put a picture to every area they walk through. Along with the violence, Roth manages to keep it human

and not desensitize Beatrice to the point of a cold-hearted killer. She lives through the guilt of taking the life of a fellow human being. She shows each stage of a relationship including many hot headed arguments.

The world Roth unfolds within the pages is layered and complex, yet somehow is all tied together.

“It’s such a different world and setting but you still have the human aspect,” explained Pratt.

Her descriptions are so pictorial it puts you right in the midst of all the knife-throwing, carrousel-climbing, mind-controlling action. Divergent is a very unique story that everyone should experience.



Photo by Emma Sheldon

A book so engrossing you won’t be able to put it down!

Tiffany Blue, designer brands close to home

By **Olivia Nemec**
A&E Editor

Spokane and Coeur d’Alene are known for being destination shopping towns. With cute boutiques, and several malls and shopping centers, there is a style for everyone. One of the less well-known shops in the Coeur d’Alene, Tiffany Blue offers some of the best shopping in the area; this well-kept secret is a favorite among many.

The cool, welcoming environment of the store is has fresh modern accents with light blue colored fixtures. Their unique styles stretch the boundaries of fashion. With a mix of fun urban and, boho styles, there really is something for everyone. The store is loaded with fun outfits like cute tops, leggings and blazers, big chain jewelry, jeans, and dresses raging from modern to boho.

“We try and combine

our styles” says owner Jeanne.

They even sell cute Ugg boots and Toms! Mixing and matching outfits in the store gives you a huge array of options that you’re sure to love. The clean, put-together environment is a fun place to shop.

“I love that they have designer clothes there for a fairly reasonable price,” explained senior Alyssa Nelson.

The prices can be rather high for designer brands such as Wildfox, Tulle, and BB Dakota, but for the quality of clothes and the type of name brands, the prices far surpass expectations on price and quality.

The fresh clothing is good for all seasons and finding

something you can’t live without is a common occurrence.

If you’re looking for fantastic high fashion looks this season, head to Tiffany Blue!



Photo by Olivia Nemec



Photo by Olivia Nemec

Tiffany Blue’s racks are full of great fashion finds for clothing and jewelry and the sale prices make it more affordable.



Photo by Olivia Nemec



Photo by Olivia Nemec

Thai Bamboo restaurant the taste of the town

By Emily Dearman
Staff writer

Are you tired of going to the same old places to eat? Shake things up with Thai Bamboo, an ethnic restaurant, which has a wide variety of authentic Thai dishes. Whether you like sweet, sour, or spicy, you will never be bored with the results!

First introduced to Spokane in 2000, Thai Bamboo wowed the community and was ranked number the 1 restaurant in Spokane by not only by The Inlander and The Spokane-Coeur d'Alene Living Magazine, but also NW Woman's Magazine. You can experience what the buzz is all

about by going to one of this restaurant's four convenient spots in or near Spokane and Coeur d'Alene. Located on The South Hill on 29th Ave., Downtown on Division St., East Valley on Sprague, and in Coeur D'Alene, there is bound to be one near you.

What grabs a customer's attention as he walks in is the colorful setting. The walls are covered of pictures of Thai landscapes and people. The dim lights give a sense of tranquility and the many plants make you feel as if you are actually transported to Thailand.

This tropical setting is nicely complimented by the friendly wait staff who are quick to make

you feel welcome and comfortable. The servers eagerly help you through the menu and suggest items

that will be a great fit for you. As well as great, fast service, the environment is extremely family-friendly.

Sophomore Kyla Wright loves going there with family and friends.

"I have been to the Thai Bamboo a lot! My favorite thing there is the sweet and sour noodles, and I get it almost every time."

For those inexperienced in Thai cuisine, the menu is uncomplicated and describes each dish in detail. To ensure that you will enjoy the meal, there is a range from one to five stars on how hot you want the food to be. 1 star is very mild, but if you are looking to really get out of your comfort zone, there is the scorching 5 star that's guaranteed to get you sweating.

One of their most



Photo by Emily Dearman

popular meals, Phad Thai noodles, is a hit and you can have it for only \$8.99 including sides

"Thai Bamboo's Phad Thai is the best!" said sophomore Miranda Atwood. "They are so flavorful!"

My favorite dish is the chicken sautés which you can get for a mere \$8. It comes with four large skewers and a plentiful bowlful of peanut sauce for dipping.

A family-style meal can be purchased from anywhere to \$11 to \$20 and includes large enough portions to feed as many as 4, and may even leave you with food for later!

Thai Bamboo is an affordable and classy must-try that will leave you full and satisfied with the meal whatever your taste might be!



Photo by Emily Dearman

Thai Bamboo offers a delicious selection of choices!

Story continued from 9

that can and could play the game most definitely should. Any real gamer should like the game as the controls are easy enough to learn and offers a variety of gameplay for anyone. Unlike the other titles

the game offers many different clubs and organizations that can be joined throughout the world if you travel a lot. The game is a great buy and anyone that can, should go out and buy it.

Wyatt Smith and his Freeman legacy

By Taylor Walker
Staff Writer

Walking down the hallway with a constant smile planted on his face is one of the most well-known people of Freeman. Senior quarterback of the football team, great wrestler, and star catcher of the baseball team, Wyatt Smith is loved by many.

"He is just a happy-go-lucky kid," said baseball and wrestling coach Chad Ripke. "He always has a smile planted on his face, doesn't judge, is not self-centered at all, and is an all-around really special kid. I'm definitely going to miss a kid like him."

Normally, kids with the athletic abilities in multiple sports (like Smith) act stuck-up or are just a tad bit too full of themselves. With Smith though, this is not the case at all.

"The first time I coached Wyatt was his freshman year in baseball," shared Ripke. "He has a great attitude and work ethic. He is a natural-born leader and definitely could've gotten a college scholarship for baseball if he wanted to."

Baseball, though, is not his only sport. Smith plays sports year round and is "a natural born

leader in all of them," according to Ripke.

In the fall, Smith started his year up as quarterback of the foot-



Photo courtesy of Wyatt Smith

Wyatt Smith poses in all his football gear.

ball team; in the winter, he turned into a district champ wrestler; and in the spring, he's the star catcher of the baseball team.

"My freshman year, I lettered in baseball but I wasn't a full-time varsity player," explained Smith. "I only started one game and was the designated hitter. In 10th grade, I was on varsity for wrestling and football. My sophomore year was my first time ever wrestling."

Smith joked that he spends more time with Ripke in the winter and spring then his own parents, but that he loves every minute of it.

The year I saw the biggest change or improvement in Wyatt was his sophomore-junior year," Ripke said. "He started to fill into his body, but his work ethic and great attitude never changed...

it was still as positive as ever."

Smith continues to stand out of the crowd with his positive and confident attitude.

I think the Freeman baseball team will do well this year," admitted Smith. "I'm guessing we'll be league champs this year. After I leave, I still think the team will continue to do very well. We have a sophomore-loaded team that's very talented, so there's

nothing bad about them still having another two years under their belt to come."

Smith also shared some facts about himself such as the fact that instead of getting "pumped-up" before games and matches, he listens to John Mayer and "cools down." Additionally, his favorite Olympian is the swimmer, Missy Franklin, favorite offensive

football player is Russell Wilson, favorite defensive football player is Kam Chancellor, favorite baseball player is David Wright from the NY Mets, and his favorite sports movie is "Vision Quest," (which was actually filmed here in Spokane).

Instead of going on to play sports on the collegiate level, Smith has chosen to attend Carroll College a school with, surprisingly, no baseball.

"I do actually wish Carroll offered baseball," Smith admits. "It's the sport I'm best at. I really enjoy being around the game. I've played since I was six years-old, so it will be a big change not to have it."

As Smith starts this new chapter in his life, we wish him the best and hope he loves every second of it.



Photo courtesy of Wyatt Smith

Wyatt Smith after his victory at a wrestling initiation.

NASCAR: Revved up and roaring for 2013

By Joseph Preble
Staff Writer

The National Association of Stock Car Auto Racing (NASCAR) is well into 2013 with a spectacular show at Daytona to kick off the season. Founded in 1947 by Bill France Senior, NASCAR is a family-run national organization featuring over 43 drivers per season who are racing 24 distinct tracks and two road courses, and are competing for first place at the end of the season.

Each individual team consists of a driver, a crew chief, a pit crew, at least three mechanics, and a maintenance/testing team. Being a sponsor-run organization, NASCAR promotes merchandise, broadcasts on television, and even includes live online 'in-team' webcams and radio contacts. More information can be found online at (www.nascar.com)

The Daytona 500 is the premier event of every season where 43 drivers compete bumper-to-bumper at speeds exceeding 200 miles an hour around a 2.5 mile speedway, all in competition for approximately a \$1.5 million purse (it varies yearly). The first race was held in 1959 and was won by Lee Petty (Petty Enterprises). Recently, the 2013 Daytona 500 was won by 5-time NASCAR champion, Jimmie Johnson (Hendrick Motorsports).

Each race consists of 500 miles (about 200 laps) of 43 different cars grinding bumpers, banging sides, and throwing each other into the wall while each team competes to be ahead of the pack. It is the sporting event of the year!

The way NASCAR works is quite simple. Each individual is owned by a racing team. The racing team is a privately-owned group of drivers who work together out on the race track during races. Each team

can have as many drivers as they would like. Currently, the biggest team is Hendrick Motorsports with 4 drivers. Other major teams are Stewart-Haas racing (3 drivers), Michael Waltrip Racing (3 drivers), and Penske Racing (3 drivers). The Racing teams provide funds, retail options, and representation in NASCAR events. Meanwhile, the individual teams race not only to represent their sponsors, but also the racing team they drive for.

This 2013 season, drivers will be competing in 37 races in pursuit for the NASCAR Sprint Cup title. Last year's defending champ, Brad Keselowski, will battle them all with a fierce motivation to reclaim his title for the second year. Daytime races are on Sundays and night time races are on Saturday nights. Tune in to see who's going to victory lane this year!

Freeman's go hard or go home golfer

By Joseph Preble
Staff Writer

Junior Robbie McClure may seem like just your average Joe attending Freeman High School, but what many don't realize is McClure's hidden talent—golf! Starting at just the age of 10, McClure fell in love with the sport by the time he was 12 and had already won not only a tournament, but also two championships in the Junior Golf League. Now in high school, Mc-

Clure gets to continue on with his golfing experience, only now he represents Freeman School District.

"I picked golf because I can do it my whole life," McClure explained.

McClure was introduced to golf

by his dad and his grandpa, both lifelong players them-

taught the basics such as putting, driving, and his form. After playing for six years, McClure is excited to see what the new season brings.

"[My goals] are to have fun, learn new stuff, and meet new people," McClure stated in regards to this next season. "I think I can make it state. I want to go for at least the top 25."

McClure has spent his off-season practicing at Down River Golf Course.

There, he has been teaching golf lessons on the course, while preparing for this season by working on his form. He also spends his weekends there golfing with his father and his sister, senior Hailey McClure, another Freeman golfer.

McClure's future is bright just beyond this season too! He plans to try for a scholarship to college.

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Photo courtesy Micki McClure

McClure walking to the ball for another stroke

selves, and was

Broussard: going big or going home.

By Brooke Swartout
Staff Writer

Motivation is what drives people towards the big goals they've set to achieve, whether it's to make it to state, set a certain time in an event, or to break a school record. In the case of junior Billy Broussard, however, the goal he set and the goal he ended up achieving were two different things.

"I jumped 5'10 at all the normal meets, and then 6'0 at the qualifier, and then 6'4 at state," explained Broussard.

He ended up placing 4th in state last year, and was one out of the 4 boys

but then he goes and does it," said senior Dani Reilly.

Surprisingly, when Broussard started his track career his freshman year, he didn't even begin with high jump. "I came into high jump halfway through the season," explained Broussard. "I started with distance and running the mile. One day, I just tried it out and it worked out, so I kept doing it."

So what's in store for the season to come? For 2013, Broussard is excited to see if he can set a new PR. Having jumped his highest only at state, he's going to have to be

able to still continue that height in order to move forward. "This year, I want to at least do 6'6," Broussard said. "It'll be hard but I can do it."

Coach John

that even placed from the Freeman team. His jump also put him 3rd in the Freeman Track's Hall of Fame.

"You look at him and you're like no, he can't jump 6'4, there's no way,

Hays thinks very highly of Broussard and believes that he can do anything he puts his mind to, which is one of the reasons Broussard was given the opportunity to be a core leader in this

up-coming season

"Bills is a fantastic athlete and is such a great leader," said Hays. "He has passion for track and what he does."

Broussard admitted that his biggest inspira-

when it comes to high jump, so there no doubt in my mind that he will overcome the hardships and make it to a greater height," senior Jacob Lara explained.

As a junior this year,



Photo by Brooke Swartout

Billy competing in his favorite and best event, the high jump.

tion is the Olympic high jumper, Jesse Williams. The 6'0 jumper is currently the USA world champion and made an appearance in the 2012 London Olympics with a jump of 7'6, placing 9th overall.

When it comes to track, every athlete has their favorite and worst parts about the events they choose to do. Broussard claims "getting a new PR, beating an old record, and going over the bar" are probably the best things aside from the fact that he's good at it and has fun doing it. "Not jumping the same height consistently every time" is the worst part.

"Billy is pretty serious

Broussard still has another two years to achieve his goals.

"Anything over 6'9," said Broussard. "6'8 is the school record and I want 6'9."

Looking future into the future, Broussard also hopes to jump in college if he gets a chance too.

The new season should be one to look forward to for Broussard in more ways than one. He's a perfect example of what can happen if you just take the step and set a goal for yourself.

Warnecke strives for undefeated season

By Mason Mackleit
Sports Editor

Seniors are a big part of sports. Most are captains due to their skill and knowledge of the sport. Jordan Warnecke was a captain of two sports this year, not because he was a senior, but because of his natural skill and fluidity in the sports he played. This fall, Warnecke tried cross-country and found out that he was extremely good at it, running 3 miles in around seven-teen minutes. Even though

Warnecke has such a natural running skill, his true passion lies in spring sports, tennis to be more exact.

"The sport sounded interesting and I didn't like the idea of running around a track," said Warnecke.

Warnecke started tennis as a

sophomore and played his junior year, making him a three-year senior. He continues to improve since last year. Tennis coach Cathy Lee feels like he is a real threat to the other teams on the courts. He is also a threat to his other team members as tennis

has over 30 kids in the program, and only four guys play varsity singles.

"Jordan has lots of potential, but he will have to play many opponents who are just as skilled," said tennis coach Cathy

Lee.

Warnecke plays singles, although he played doubles his sophomore year as do many beginning players. Playing doubles allows athletes to gain a concept of how the sport is played. Singles is a slightly different ball game with a smaller court and a differ-

ent serving style. Warnecke has moved into the first varsity singles position from his second seed last year. Warnecke didn't have to fight for his first varsity spot this year; however, sophomore Ben Mitchell plans on challenging this season for the number one spot.

"I like playing against Jordan because It helps me get better because Jordan knows just how to hit the ball to make me run," said Mitchell.

Warnecke's favorite part about playing singles is that he doesn't have to worry about his teammates.

"With doubles you have to rely on your partner to hit the balls, and with singles you don't have to worry about missing the ball and letting your partner down," said Warnecke.

Warnecke's goal this year is to remain undefeated and take state. He isn't sure if he will play in college, but he does plan on playing for fun if he doesn't.

"My favorite part of being a senior is watching the younger classmen grow in the sport," said Warnecke. "It also encourages me to get better at the sport so I can leave everything on the court and have the best season I can."

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"I'd like to play for SCC at least, but I'll see how this year and next year

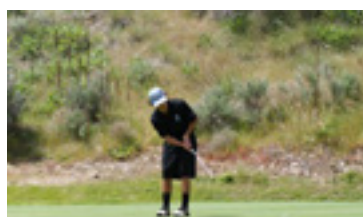


Photo courtesy of Micki McClure
McClure practicing his drive.

goes," said McClure. McClure admitted with great humility that he still needs to work on his putting, driving, working with the iron, and basically everything. For now though, McClure is going to work hard every time he golfs to get better at each and every skill. One of his best skills though is his focus.

"He has a very good focus of golf," shared junior Katie Vold. "He is very

serious about it, and he loves it. It's apparent because in the spring that's all you'll see do. [He] also shows his motivation to want to help others improve their game. He is awesome!"

McClure is an all around team player and motivator for the team as well as a great guy to golf with.

"It is great to play with Robbie," added junior Courtney Cahill. "It is a

lot of fun to be out on the course with him! He is a definite team leader [who] always helps us do our best!"

McClure has a bright future out on the golf course, playing through college and later on as leisure.

"I'm not planning on going pro though," McClure shared. "[I just want to] go hard or go home!"

Freeman choirs perform well at local competition

By Danette Garcia
Choir Teacher

Congratulations to the HS Choir. They attended the Large Group Choir Festival on March 27 and received a rating of 2+ (accompanied with a red "Excellent" ribbon). The highest rating is a 1+. Some of the adjudicator's comments were: "Thank you for an energetic opening!" "Lovely, sonorous choral blend" "Good basic Latin" "Great cantabile (legato) musical line".

Congratulations to the MS Choir. They attended the Large Group Choir Festival on Friday, March 22, and received a rating of 1 (accompanied with a blue "superior" ribbon). The highest rating is a 1+. Some of the adjudicator's comments were: "Nice Latin! Thank you for your diligent work on this!" "Great work on the

harmony." "You sound so nice on this! So clean and well-articulated – and expressive!" They also did well in sight singing – a 100%.



Photo courtesy of Danette Garcia

Back Row: Tori Wagner, Hailey Conklin, Grace Tesch, Annkia Briggs. Middle Row: Ericka Flory, Mariah Lindsley, Jenna Russell, Isabelle Ebert, Katie Youngren. Front Row: Linzi Sandlin, Arieanna Hoisington, Allison Dervaes, Shilo Stuart.



Photo courtesy of Danette Garcia

Back Row: Spencer Gillingham, Jordan Warnecke, Christian Dresback, DJ Picard, Isaac Stokoe, Kelsi Spring, Joseph Preble. Front Row: Desi Thosath, Maria Panzeri, Andi Olson, Karly Youngren, Alma Longhurst, Moriah Longhurst.

Robinson awarded EOU's Inspirational Teacher Award

By Pia Longinotti
Bagpiper Advisor

Spanish teacher Lorraine Robinson was recently received Eastern Oregon University's Inspirational Teacher Award for 2013. Freeman alumna Allie Fetsch nominated Robinson for this well-deserved honor. EOU annually recognizes outstanding teachers who encourage and represent the importance of higher education to their students. Congratulations Ms. Robinson!



Photo courtesy of Debbie Morphy

Spanish teacher Lorraine Robinson and her Spanish 1 class celebrate receiving EOU's Inspirational Teacher Award

Kelsey Koch wins state Reflection competition

By Pia Longinotti
Bagpiper Advisor

Every year, Freeman students are invited to enter our local PTSA's Reflection competition. They then take our winning entries and pass them onto the state-level competition. In this year's grouping, second grader Kelsey Koch was awarded the Primary level's Outstanding Interpretation award in the Dance/Choreography category for her original routine *My Magic Moment*.

Koch has been invited to the state convention in Bellevue, WA on May 4 to receive her award. Her piece also being considered as one of the 24 pieces that can then be sent on to the National-level Reflections competition.

Koch choreographed and filmed ballet to the "Japanese Music Box" by George Winston. She created a dance in a series of 8 second phases using moves that she had learned in ballet class and through participating as a Bon Bon in the State Street Ballet of Santa Barbara's production of the Nutcracker. Her finished piece was 2 minutes long and had 5 "phases."

Congratulations Kelsey on a great achievement. We're so proud of you!



Photo courtesy of Mary Koch

Freeman 2013 Math is Cool did well this year!



Photo courtesy of Gary More

The FHS Math Is Cool team competes in the Washington State Math Council's State Competition this Saturday, April 13 in Yakima. Competitors are Nick Franz, Alma Longhurst, Moriah Longhurst, Nick Wright, Lukas Carasco, Peter Underhill, and Daniel Willard.