-16 29 Sports 29

# Cross Country, Dying to go to state

By Mason Mackleit

Sports Editor

After cross-country's

first league meet on September 25, they are doing fairly well in the way of placement. The Freeman girls took first against Newport and Medical Lake. Freeman's girls were led by freshman Tati Foster who took first overall, and sophomore Bethany Williams placed third overall. The Freeman boys'

Jordan Warnecke concentrating on winning our Senior night.

team split their meet, beating Newport but losing to Medical Lake. Senior Jordan Warnecke finished placed ninth in the meet, freshman Liam Doloughan placed twelfth, and sophomore Andrew Mitchell finished thirteenth overall.

"We are going to state even if I have to drag us across the finish line," said Warnecke.

The team would be ecstatic to go to state, and this year they have plenty of potential, they just have to want it. The team has plenty of runner's who have run under or close to twenty minutes. In order for them to take state

they will "We are going to state need for everyeven if I have to drag us one to give there across the finish line," all and break said Warnecke. the twenty minute marker.

"The team is up at 7:15 for morning runs," said coach Robyn Doloughan. "After school practice followed by time in the weight room, these student athletes exhibit determination beyond their years!"

The twenty minute marker is the one marker that haunts all runners, it's the milestone that Sage Ellington-Laurence after is the hardest to break and things get just a little easier

breaking his record time.

after you have accomplished it. Warnecke, Mitchell, Foster and Doloughan have already accomplished this goal this season.

"I look forward to watching these athletes over the next few years as they lower their times and continue to improve," said coach Doloughan.

This year the team has over 30 athletes where a good sized chunk are sophomores who also make up most of the varsity teams. The team's competitiveness has greatly spiked because of this and each runner is trying their hardest to gain that top notch varsity spot.

### Early season successes lead volleyball to 1<sup>st</sup> in league

#### By Emma Sheldon Photo editor

"The season is off to a good start and the VB is just now starting to hit its stride," remarked Coach Eva Windlin-Jansen.

The Scotties have had some early season successes, including a 2nd place finish at our own Rip-A-Shot tournament, and league wins over Newport, Riverside, Chewelah and



A well fought for block made by Kayla Straw puts freeman in the lead.

Kettle Falls. In the Crossover tournament, Freeman placed 7<sup>th</sup> overall, with their only loss coming to Mead during the weekend. The team, including the coach, is filled with optimism for this season. We think we have the talent to make a good run at the state tournament," said Windlin-Jansen. "The next couple of weeks will be important steps to put us in position to get there."

The team has fought to get to a 10-3 record, tying Lakeside for 1<sup>st</sup> in league going into the home stretch. You can catch the girls at home on October 23 and 27 as they continue their season with the district tournament.

Freeman volleyball uses teamwo to hold the defense



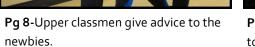
of Kami Mac

Photo Courtesv f Scott Moore Homecoming Week





newbies.





# October 29, 2012 Volume 4, Issue 1



Pg 9-Freeman store is a beacon of light to Freeman families.



Pg 15-Freeman Fall Sports winding to a glorious close.

23 News 23 CELEBRATE MV State Farm Contact Doug Wanner (509) 532-4806 Email: doug.wanner.qu09@statefarm.com

### **MEDIA ALERT**



#### Freeman High School Wins a \$500 Grant At Celebrate My Drive Event

The Celebrate My Drive event hosted on September 15 by your local State Farm agents brought together teens from high schools in the Spokane area to experience the rules of the road. Participants learned first-hand the dangers of distracted driving and texting, and experienced the effect that drinking before driving can have on them by completing a driving course in a golf cart while wearing the impaired vision goggles and taking a field sobriety test administered by the Washington State Patrol. The results were staggering.

Special Congratulations go to Freeman High School, under the direction of advisor Scott Moore, for winning the \$500 grant at the State Farm Celebrate My Drive event! The grant was awarded to the local high school that had the most students register at the celebration.

We would like to thank everyone for their enthusiasm and participation! Celebrate My Drive is a very beneficial event that helps support new teen drivers as they learn the rules of the road.



# Football seniors bring the wins

By Mason Mackleit Sports editor

The football team has had an excellent season (5-1). Our homecoming game left little doubt as to who wanted it the most when Freeman won by a landslide (42 to 7).

"We are right where we want to be," said Jim Wood, head football coach. "The potential is there, how they perform is up to them."

The senior trio of Wyatt Smith (quarterback), Kellen Miller (wide receiver) and Christian Dresback (halfback) have be-

come seasoned leaders for the Scotties. They hope to lead their team to a league championship and state playoffs. They have



had excellent support this season

Junior Robert McClure gets a grip on Kettle Fall's leg and doesn't let go till the play is over.

# Soccer's success leading to state hopes

By Isaac Stokoe District Editor

Photo

courtesv

Mickey

Mcclure

The Freeman soccer team is doing great this year! Led by new coach Rob Rowe, the team is currently 7-3-1 this season.

"So far so good," said sophomore Casey Christiansen. "We have very positive and enthusiastic players."

Sitting in second place currently, Freeman soccer has had a lot to celebrate this year. They beat Newport at home on October 10, the first time Freeman has beaten Newport in soccer. They also had a fantastic game against Lakeside on October 4, losing 4-5 in an overtime shootout. A loss the girls hope Mikaela Pilant hunting to avenge on their October 22 senior night down the opposing

from the underclassmen. Juniors Kian Genteman (wide receiver) and Colin Ayers (tight end) have become key components to the Scottie's offense, as well as some fantastic run support from sophomore Marcus

Goldbach.



"The season has been awesome," said Dresback, "Although, we definitely have some things that we need to work on." The Scotties continue their march to win league this Friday at Chewelah.

They return home for a Senior Night showdown with Kettle Falls on October 19. The team's mottowhich hangs prominent ly in the weight room- is 'every rep,



Kellan Miller makes an amazing catch during the Scotties' homecoming win.

outwork your opponent.' One look at the Scotties on the field is proof that they are living up to it every time they steps on the field or into that weight room. Every bit of effort is paying off on game day for our boys.

gave against Lakeside.

Rowe. "Our goals are to work as a strong team and to make it to state. We also want to become more of a family." If they girls hold onto their second place finish, they

should face Newport at home on October 25. The winner of that match will face # seed Lakeside to for a 1-2 placing game into the state tournament. Good luck Scotties!

Courtney Cahillwinds up to kick the ball downfield at a home game.

"We have a very good senior group this year," said



Press AEress Mm

# HAY J'S BISTRO IN LIBERTY LAKE IS BOUND TO LEAVE YOU SATISFIED!

By Anna Lee Features Editor

If you're look ing for a familyfriendly restaurant or just a place to go with a few friends, then you should go try out Hay J's in Liberty Lake. This fancy little bistro has great service and amazing food!

From the outside Hay J's doesn't look like much because it is placed near a gas station and convenience store. But when you go into the restaurant, it is the complete opposite of the outside. Little tables are spread throughout the place, with candles lit in the middle of each table.

The atmosphere is very calm and relaxing. Going with your friends to Hay J's would be fine, but it is smaller and fancier, so going on a date or with only a few people might be better. The prices are reasonable, but not too cheap. They range from \$15-\$30 for all main dishes, and \$7-\$15 for appetizers.

After sitting down, a waitress came to take our drink order. I got a strawberry-lemonade, and since there are refills, I was able to drink as much as I liked. For an appetizer, I tried the crab-and-artichoke-stuffed portabella mushroom caps (\$21), which came with crostini bread. I am not much of a mushroom person, but the mushroom was perfectly made and was big



Hay J's offers a variety of delicious starters to choose from. Whatever you order is sure to be a hit at vour table.

> enough to be satisfying with a little left over! I also tried the prosciuttowrapped asparagus spears (\$7), which I found to be a bit salty. I didn't care for it as much because of the amount of salt, but it is their most popular appetizers and is ordered more than any other starter.

> There was about a fifteen minute time period from when I ordered food to when I was served. I ordered the

seafood cob salad (\$19). This salad came with fresh grilled prawns, crab meat and scallops. It had just the right amount of seafood and salad in it.

There were plenty of grilled prawns in the dish, and the scallops and crab meat were still warm when they were served. Another favorite that I ordered were the medallions of

and blackened bleu tender strips (\$9). They have everything from parmesan roasted halibut (\$27), to Italian pasta with clams and prawns (\$23).

The menu

pellini (\$19),

Overall, I think that Hay J's is a great place to go for any sit-down occasion. The atmosphere in the restaurant is warm and inviting. Whether you want to go out for dinner or lunch, Hay J's is a great place to eat!



Hay J's outside might not look too fancy, but you'd be foolish to pass this Liberty Lake gem by.

# FBLA Nationals: How did we do?

#### By Ruby Falciani News Editor

2012 Future Business Leaders of America (FBLA) Nationals in San Antonio, Texas. Advisor Scott Moore was joined by FBLA members sophomores Bethany Williams and Moriah Longhurst, junior Grace Rudy, senior Cody Dickenson, and class of 2012 graduate Gregory Ruby. Maren Longhurst (Moriah's mother) also attended as a parent chaperone.

At Nationals, each person competed in a category under business. Williams was which is often referred to as one of two people from hotel management, hotel Washington who competed



in Public Speaking 1. Longnot medal at Nationals, they park with one of the largest hurst on the other hand was in Intro to Business Com-5 students represented munications. Rudy present-Freeman High School at the ed Hospitality Management



The group poses in front of the Alamo while exploring the fun activities in San Antonio, Texas.

last year. and tourism management, or hotel administration. claimed Dickenson and Ruby part-Moore. "We nered in the competitions had a great under Network Design. time. We "Going to nationals was worked hard the coolest thing ever," but made exclaimed Williams. "You sure

"My favorite part about FBLA is being able to do stuff that matters in the played hard walk into the opening world and makes a diftoo." ceremonies and everybody is standing up The team had ference." to do some

screaming and fundraising dancing, ex-

cited people all from over the U.S. and Costa Rica!" Although Williams and Longhurst did



in tion.

nation - PSAT. of

bers

were excited to be a part of slides in the world), Sea the top seventy in the Unit- World, an annual Hispanic ed States of America. Dick- Fiesta where there were culenson and Ruby took tenth tural dances and plays, the their Alamo, and the River Walk competi- (a very large shopping area with a river flowing There are through it). The Freeman approxi- competitors raised a lot of mately money on their own, but 216,000 they also got some help F B L A from the Freeman Educamembers tion Association and the

> wide; out "My favorite part about that, FBLA is being able to do there were stuff that matters in the seventy- world and makes a differnine mem- ence," said Longhurst.

at They had a lot of fun and Freeman High School just learned too. The next Nationals will be in Anaheim, "The trip was a blast!" ex- California in 2013.

to get all of them to nationals. They

needed about \$1,500 to cov- "Nationals was a really Schlitterbahn (a huge water- to try."

#### - Moriah Longhurst

er airfare, the hotel and ne- great experience," said Wilcessities per person. They liams. "I am definitely doworked very hard but made ing it again. I enjoyed gosure they had some fun too. ing, even though I didn't For instance, they went to medal. I encourage others

ES Newses m iPads in the classrooms

#### By Ruby Falciani News Editor

ers have been battling modern option would help students to However, students utilizing technology for their students' keep track of all their work and iPads will have problems printattention, but now, they have easily transport it between home ing as Freeman's network printwelcomed it into the classroom and school. Plus, it's easier to ers do not support airprint at to help them teach. Freeman keep track of a laptop or iPad, this time. Even with that setteachers, such as Mike Allen than it is to remember a 1" by  $\frac{1}{2}$ " back, every student has a goscot-(math and science) and Kenny device (a flash drive). But will ties email account, and can Davis (History), currently use the administration allow student email assignments to his or her iPads to help them in the class- to bring in their own technology teacher to print when the need room.

iPads offer an array of teachprovide simplicity to the teach- Director Todd Reed. ers using them. For example, notebook to write the daily entry be awesome, but there are obvi- ing an email go astray. visual of the assignment.

needed to access something on will have to replace it. their desktop at school, they "Be responsible," said Princi- teacher when and if it's appropricould access it on their iPads at pal Dave Smith. "If you bring in ate to bring iPads and laptops to home. Or if a teacher is at home your computer, you are ulti- class. Smith is fully supportive and will miss the next day, he or mately responsible. Be careful in of students brining in their iPads ments and notes to the substi- len because kids don't bring in voke this privilege if the stuschool.

Are these new technology stolen, the school is not responsi-

options just available for teach- ble for it." ers? Students would also benefit Students bringing personal

for classroom use?

"It helps so I can be walking around during class time. There let this be a distraction."

and an iPad or something gets needed to have iPads in class.

by bringing in their personal laptops will have no problems Throughout the years, teach- laptops or iPads to school. This connecting to network printers. arises. Additionally, students

"Heck ya! Bring everything who bring personal electronics ing aides to the classroom, and you've got," said Technology will no longer have to worry about things like leaving their Being able to use your own work on the school computer, iPads may be used as a virtual iPads and laptops in class would forgetting a flash drive, or hav-

tasks that can be projected from ously some concerns about hav- "Students will need to monithe iPad to the projector via elec- ing the technology here. Teach- tor themselves, or they will not trical cord. This method saves ers will still have to worry about be able to do this," said Smith. paper, and provides a clearer students using personal technol- "They need to follow the rules ogy to cheat or to just mess and pay attention. We will not

around the room and taking is also a concern about personal Although Smith has apattendance at the same time," electronics being damaged. For proved the student laptop rule, said Allen. "I could also post the example, if a student breaks the teachers will still have personal class note-book on the webpage." teacher's personal iPad or if oth- discretion as to when students The iPad helps teachers in a er students break each other's are allowed to use their own number of ways, like if they laptops or iPads, the iPad owner technology in class. Students will need to clarify with each

she can simply send the assign- the locker rooms, things get sto- and laptops to class, but will retute through the printer at locks. If something does happen dents do not meet the demands

#### Lindaman's is the place to go for a quick dessert or a homecooked meal

#### (Continued from page 12)

fic coming down Grand? Or do we let the light filter through the windows onto our table as we enjoy our meal and the art covering every available inch of wall? Either way, you will have a wonderful time.



Every bite is delicious at Lindaman's.

Lindaman's opened in 1984. Owner Merrilee Lindaman didn't intend on opening a restaurant.

"It was not my plan to stay in the restaurant business when I started," explained Lindaman. "I had graduated from college and was preparing to go to grad school when my father died very unexpectedly. My brother (who was my partner for 20 years), and I went looking for a comforting spot to 'hang out in' while we regrouped, grieved.... Problem was....there was no spot. Thus, we created one."

Lindaman's has fit in well in Spokane while also being a very unique part of it.

"I have loved every minute of



like their coveted chocolate peanut butter pie (above right) in a homey atmosphere that makes you want to stay for hours.

atmosphere. "The layout was fundamental," Lindaman explained. "I wanted an open kitchen. I need for my employees to be as much a part

of the dining room experience as possible. I also need them to be visible to customers. For the same reason that people always end up congregating in the kitchen in homes, I wanted to expand that sense of belonging to the process at the restaurant."

A long, cream-colored bench draws your eyes toward the large windows looking out onto the patio. The bench has an exotic array of pillows inviting you to dine with them. The bench has a vast view of the restaurant; you can see the staff buzzing around greeting and serving, the kitchen granting the wishes of those wandering in, even other customers eagerly awaiting their meal are in



the 'community' of my business," added Lindaman. Lindaman's hasn't remained untouched over its 28 years of business on Grand Avenue, but one thing hasn't changed, the restaurant's

view. Everyone around, staff included, wants to be there.

Lindaman has brought that desire to include all into her food as well.

"I have long been a foodie," Lindaman said. "My mother cooked from scratch and our family time revolved around big meals, desserts...I collect cookbooks. Read all food mags. Travel to 'food rich' cities. I cook in my free time."

Her love of food has paid off. Their Veggie Enchilada smothered is melting cheeses makes your mouth water just thinking about it. It's filled with corn, spinach and an exotic array of flavors with a crispy tortilla blanketing it perfectly. Their Baked Ziti is also a wonderful choice. The multiple layers are filled with cheesy-saucygoodness. The recipes Lindaman's features are living up to her vision for a downhome family meal.

Next time you are looking for a meal that reminds you of grandma's Sunday dinners, or a place to enjoy a latte and a slice of English Toffee pie to go with some great conversation, head to 13th and Grand and give Lindaman's a try. It won't be the last time you walk through its door.

Lindaman's on the South Hill offers a delicious array of main course options such as their popular enchilladas (above left) and desserts





Waddell's has very unique décor

(Continued from page 11)

dogs, sandwiches and 12 appetizers; they really have it all.

Food comas are a common side effect of post-eating at Waddell's. They serve a giant amount for a reasonable price. The Big Dog (\$11.95) is the most popular item on their menu , and it's only \$11.95 if you want to order a smaller portion. It is one of the three items tested out on *Diner's Drive in's* and Dive's which also featured the Rube Waddell Burger, and the Lamb Strosity (which was renamed after Guy Fieri called it such).

Not Your Kids Grilled Cheese is similar to a regular grilled cheese but it pushes it just a little over the top. It has two types of cheese and tomainside, and comes with your choice of



The house salad is a great light meal!



to's

side, the sweet potato fries that were the sidekick to the grilled cheese were perfectly cooked with a sweet spicy twist of spices. It was truly fantastic; this

dish brings you back to your childhood with a sprinkle of all-grown-up.

A lamb burger is pretty hard to find in Spokane, but if you want one this is the place to get it, cooked to perfection you can't go wrong. So much better then just a hamburger it's a melt in your mouth dish that's truly awesome

A Nacho Cheese Dog, a full day's calories on one plate, was recommended by my waiter. This hot dog tops all others on cheese-

covered deliciousness. It's a great dish full of flavor and unexpected combinations!

ourtesy of Olivia Ner

Waddell's is highly recommended by its clients and repeat customers are a given. It's the Irish Pub you love that your family will love too.

### Homecooking meets casual dining at this South Hill

#### By Emma Sheldon

Photo Editor

Presentation is key. Walking into a beautifully laid-out restaurant is a sensational experience. When first stepping into Lindaman's, your eyes are automatically drawn to a gleaming presentation of food. Salads, baked ziti, enchiladas..., you name it, they have it. At the end of the glass showcase, there

is a breathtaking sight: miles of desserts! The mouth-watering options are enticing. The chocolate peanut butter pie alone tempts you to skip your main course just so you can sink into it.

Once you make it to the end of your ordering line, there is yet another appealing sight. An old brick wall framing beautifully crafted signs pre-

senting customers with endless drink possibilities. A soda? A San Pellegrino Aranciata? A latte topped with some cleverly-created foam art - almost too lovely to dare drinking it?

Choosing a place to eat is almost as tough a decision as what to order. Should we eat outside in the arbor which shockingly blocks out the traf-(Continued on page 13)

- 29 News 29 Mm

# Transportation center improves safety measures

#### By Mason Mackleit Sports Editor

After the August 27 Freeman open house, the new Palouse Regional Transportation Co-op (PRTC) was dedicated to the Freeman

community. The ceremony was complete with a ribbon-cutting ceremony and speeches from Superintendent Randy Russell, Freeman School Board Chairman Randy Primmer, Transportation Supervisor Char Trejbal, and Mechanic/ Assistant Supervisor Everett Combs. Mem-

bers of the Freeman community, School Board.

were present for the dedication of the bus barn.

The PRTC was a way for the Freeman School District to gain better diesel fuel prices, a diesel truck with a pup (a trailer that holds another tank for diesel), new parking lots, and a new bus barn equipped with a shop and a wash bay. The PRTC is working in cooperation with other school districts in the Pa-

portation center and the louse area. Rosalia and open space they have now. Tekoa are two of the school districts which are current-"It is a huge improvement to what it was," said ly members of the PTRC. The PRTC buys its diesel in Trejbal. Previously, when the large quantity which allows shop was situated behind it a cheaper price. The best part of the project is that 90 the high school, bus drivers



In front of the bus barn superintendent Randy Russell, Past Transportation Supervisor Gary Fuseman, Transportation Supervisor Char Trejbal, Mechanic/Assistant Supervisor as well as staff, Everett Combs, the past superintendent Sergio Hernandez, and Randy Primmer gather students, and the around to open in the bus barn in a ceremonial ribbon-cutting ceremony.

> percent of it was paid for by had to contend with cars, students, and cramped state matching funds. That means that only 10 percent pathways. of it came from local tax-"If something bad happened at the high school, payers and our Freeman's 2008 construction bond. we would not have been

"We could either have paid for everything ourselves or have the government pay for ninety perobvious," said Russell.

cent of it, the choice was Now the transportation center is out in the open with plenty of room and no The transportation emcars to contend with. The ployees love the new trans-

able to get the busses out from behind the school fast enough to move students off campus," said Trejbal.

PTRC also includes new parking lots that are open to the districts drivers allowing them to park there instead of along Jackson road.

"One of the main areas of focus during the con-

> struction project was to improve safety for students, staff, and community," explained Russell. "Most school districts don't have a county road running right through the middle of their campuses. This needed to be addressed. One area of focus specifically addressed Jackson Road and keeping students from walking on Jackson Road and cars from parking on Jackson Road. So a 'main' crosswalk and plenty of parking became top priorities during construction."

By including the parking lot within the blueprints of the transportation center, the school district killed two birds with one stone. It not only increased the amount of parking space that the district has available for students, staff and visitors, but it addressed the safety of the student body and visitors because they no longer have to park on Jackson.



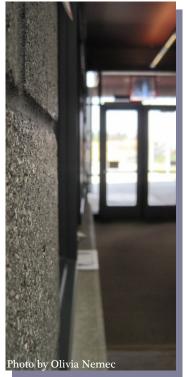
**By Olivia Nemec** A&E Editor

Freeman has always had closed campus lunch.

"I never remember there being open campus lunch," said ASB Secretary Kay Kirkland, reflecting back on her 31 years at Freeman.

But would an open campus lunch be what's best for Freeman's students? Where would we go? What would we do? How would that affect our student body?

Running open-campus lunch makes sense for schools such as CV, East Valley, or U-High. They are



Would an open campus lunch make sense for Freeman?

close to many restaurants and stores. Even running home for lunch is easy due to the proximity of students' homes to their schools. It gives those schools' students freedom, a chance to support the local economy at restaurants, and have a nice break in the middle of the day.

"I think we should have it," said senior Maddie Keebler.

"There

man

could

go to

like Al-

are placgood idea, but there's es close really nowhere to go, to Freeand not enough time unless you live really that we close," said sophomore Taylor Brown.

bertsons, Subway and the Freeman Store!"

But no matter how much the students love the idea the facility does not, and for good reason. For example, we are a good 20 minutes away from the nearest grocery store or restaurant. With a 30 minute lunch period, students would not have enough time to leave the area, get food and come back in time for class. The only place close enough is the Freeman Store, but by the time the amount of people who wanted lunch from the store got what they wanted, waited in line, and got back to the school, there would

be almost no time to eat!

"It sounds like a good idea, but there's really nowhere to go, and not enough time unless you live really close," said sophomore Taylor Brown.

Also, having students eat at Freeman helps our lunch program and supports our school. Each student that pays for a school lunch helps us to buy food

"It sounds like a

and pay for things we need in regards to our lunch program. "Our lunch program is a

better deal and

of better nutritional value, and is better for our school," said Raeann Ducar, Nutrition Services Director.

Other than the lack of convenience, and supporting our school economy, there is a major safety concern with open campus lunch for Principal Dave Smith: driving. It can be dangerous for teens driving in the middle of the day on Highway 27.

When students are getting rides from each other, it could be a gateway to distracted driving and, potentially, an accident. According to washingtonteendriversafetyweek.com, 225 teens got accidents in Washington State between



Having students eat at Freeman helps our lunch program.

2004 and 2008.

"It's safer if everyone's in the building," explained Smith.

Regardless of the problems, Freeman students are in love with the idea of having an open campus lunch, but the negatives outweigh the positives. For a bigger, city school, the benefits are great, but Freeman does not need the students out on Highway 27 possibly putting themselves and other passengers in danger. This is not a risk the school district is willing to take.



Open campus lunch is not a risk the school is willing to take.



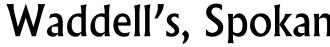
#### By Anna Lee Feature Editor

Brian Khugman has been featured in many popular television shows and movies like Castle, Psych, and Without a Trace, but recently he has taken a break from acting to direct the movie The Words. For this being Khugman's debut movie, he did an excellent job of bringing emotion through each scene in the film, and taking the viewer you through every part of the characters' lives. Rory Jansen (Bradley Cooper) wants nothing more than to get one of his books published. While he is in Paris on his honeymoon, he stumbles across an old briefcase in an antique shop. Weeks later, he finds an old manuscript that was written in the thirties. He falls in love with the piece and brings it to a publishing house that wants to run the book. Jansen becomes famous and all goes well until he meets the real writer of the book, the old man (Jeremy Irons).

The movie takes you through the heartache, happiness, pain and confusion that Jansen goes through after putting his name on a book he didn't actually write. After he meets the old man, he finds out things about him-

tional factor to it that pulls you into Jansen's dilemma.

Unlike some 0 Cooper's previous acting roles (The Hangover The A-Team), real emotion shines through in his portraval of Jansen Instead of acting crazy and wild, he shows pain and loss Irons' charac you feel every



#### By Olivia Nemec

A&E Editor

Waddell's on the South Hill is the hidden gem of Spokane. There are very few people who seem to know about the acclaimed "best pub and grill in Spokane." From their fun atmosphere to their terrific food, it's no wonder it was featured on The Food Network's Diners, Drive-ins and Dives

Diners, Drive-ins and Dives host, Guy Fieri, travels to

self that he never would have before

There are scenes in this movie like the importance of trust and rela- that can get confusing like when they tionships. The scenes in the movie are doing flashbacks or flashing forthat show pain and anger add an emo- ward to the future. Having parts in the

movie where it

switches up

scenery and the

point of view,

though, is what

makes you want

to pay more at-

tention, and is

what keeps you

more focused on

Switching from

one person's

point of view to

another helps

add diversity to

The movie as

rated PG-13 for

brief strong lan-

this first time

and

For

the film.

guage

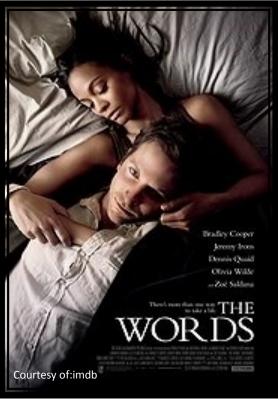
smoking.

directing, Khugman has

done a great job and

movie.

the



ter also makes A touching photo of the words

through when he finds out that his by someone other than himself.

bit of confusion and hurt he is going has created a great piece of art. The *Words* is must see for anyone wanting novel had been taken and published to see a touching, and compelling film!

# Waddell's, Spokane's #1 Bar and Grill

restaurants across the country to try their food and see how it's made. Waddell's was featured on this show and all the people raved about

"The best burger in the northwest," said one of the customers featured on the show. "The home-style quality of the food is some of the best you can find in town."

Waddell's has an extensive menu, offering something for everyone. There are burgers and wraps, salads, hot

(Continued on page 12)

29 Feature 9 m - 29 Feature 9 m

#### The Freeman Store

Submitted Katie Youngren There's a little stead just south 'o

That's known as the Freeman

Been heapin' out hospitality For a hundred years or more. It's a place to grab a bite Or gas 'er up or what-have-you. They meet and greet with

A smile so sweet and

A Mayberry howdy-do! Farmin' folks and travelin olokes,

Ain't no matter where vou been. They roll out that there welcome mat

As if you were next of kin.

From sandwiches and sody pop

Γo trinkets and souvenirs,

You'll always find what

You're lookin' for whenever

You stop by here.

If you fill your jug

With their tasty mud

And you find that you're short a lime,

'You get a pat on the back and don't worry 'bout that

You can pay 'er up the next

People come from miles around To shop at the Freeman Store. Country kindness, you can bet For the next hundred years or

Freeman store: family friendly atmosphere

(Continued from page 9)

"I love to visit the store because they have great food and everybody that works there is very welcoming," sophomore Colbie Smith explained.

Youngren also enjoys visiting with the farmers that come in the store to visit.

"Folks come in just to say hi," explained "We always Youngren. have an ear to listen."

The store offers a lot of variety compared to other convenience stores. Popular items that the store sells include antiques, venison jerky, soft serve ice-cream, and homemade sandwiches.

"The store has all the Youngren. pop you can im- "You can make agine," Youngren "The changes to the store added. could but you can still keep choices curl your hair!" the spirit of the store Freeman the same," said athletes also benefit from the store.

"The soft serve ice- plained.

cream is really good after practice," said freshman a little too close, and the lot Kayla Figler. "After school, lots of students run to the often not enough parking store and grab a snack for spaces for customers. before or after practice."

usually peaceful it does have its share of adventures. One time while Youngren Youngern was working at the store, a train stopped on the tracks across the high-

way. The engineer jumped off the train and ran across the highway to grab a cup

of coffee at the store. Then he ran back, hopped on the train and left. The store has many

great qualities but like anything else there is some room for

According to snack! Youngren,

there need to be some repairs made to the structure. "The store has a ton of explained potential!"

> Another improvement the store could make is parking.

The parking spaces are is very small, so there is

"You can make chang-Though the store is es to the store but you can

> The store has several goals, but the main goal for the Freeman Store and for

hundreds of others and for its customers is to keep the spirit the same. The ques-



improvement. Customers stop in to get a quick afternoon

tion is how can the community help achieve this goal? "The community can

help by keeping the store in their thoughts and prayers," said Youngren.

Youngren added that the community can help by shopping there more frequently. According to " T h e Youngren the store is very important to the community. The store brings in business in the community.

> The Freeman store is very important to the community. It brings the community closer and provides the community a family, friendly place to shop. So next time you're driving by by, stop in and see what the Freeman Store has to offer you, and enjoy a little time relaxing on that creaky rocking chair on the front

porch.

### Following your dreams leads to big accomplishments!

#### By Maddie Richardson Features Editor

Born and raised in Spokane, Keesy Timmer grew up playing the violin. When he was 12, though, the guitar caught his eye. By the age of 13, he knew he wanted to be a song writer. His passion for country music, prompted him to take a chance on moving to Nashville, TN to pursue that dream. Timmer came to Freeman to share is journey with the 6-12 graders.

Timmer shared that he faced many rejections by many Nashville producing company. But he still didn't give up.

"In my heart, I believe that dreams can come true," stated Timmer.

He never failed to pursue his dream. When an opportuni ty came up to tour with Brad Paisley last summer, Timmer jumped right into to it.

It was a slow process to get to where he is today, but he never gave up. He followed his dreams and the start of something new and amazing for his life and career. He still has

# Helping environment on

By Isaac Stokoe District Editor

Every year, Freeman offers a series of clubs for students to broaden the horizons of their own interests. One of these clubs is especially known for being very outdoorsy and environmentally friendly. Conservation Club has been around for four years and is still going strong. Advisor John Hays has big plans for the year.

"I am excited for everything," explained Hays. "We are getting kids to appreciate the outdoors, and that is our main goal. There will be a lot of activities like backpacking and snowshoeing."

The idea of Conservation Club is to get teenagers more involved with the outdoors. Not everything in the club is about the wilderness though. Hays also has members of the club volunteer to run the high schools recycling.

"We do a lot of recycling throughout the whole year," explained vice president Ben Carasco. "We still do a lot of outdoor activities though and it's a lot of fun."

"It's not the most fun part of conservation, but it needs to be done," added Hays.

parking can be rough," Smith ex-

still keep the spirit of the store the same," said

struggles a bit, but he has gone farther than he ever thought he would. Timmer followed his dreams and so can you.



Timmer shows off some of his songs to student body

Other club officers are seniors Daniel Willard (president), and Andy Olsen (secretary). The club will be electing new officers in the spring to fill in the positions.

"I am excited for the hiking and camping," said Carasco. "It's a lot of fun, so anyone should join."



Freeman High School students enjoy the outdoors and going on new adventures with the conservation club.

mag Feature 9 m m 99 Feature 9 Mm

# Seniors give freshmen some helpful advice!



Photos By:

classmen!

Maddie Richardson

Seniors show freshmen how to

have a fun time at school and not be too afraid of the upper-

#### By Maddie Richardson and Ali Tesch

Feature Editor and Opinion Editor

The beginning of the school can be nerve-wracking, especially for freshmen. Upperclassmen can be intimidating and teachers can be scary! This year, the seniors decided to help the freshmen have the best year they possibly can by answering some of their question. Freshmen Aleyna Iltz, Laura Ruby, and Austin Van Patter interviewed seniors Felicia Jackson, Randi Jordan, Wyatt Smith, and Tanner Waite during a recent leadership class to get some advice.

**Iltz**: Did you have any regrets your freshmen year?

Waite: I was really quiet my freshman year and I was too shy to talk to the upperclassmen.

Waite: I didn't get involved with many activities.

Ruby: What were your feelings when you first walked the halls as a freshman compared to now as a senior?

Jackson: It was different for us because we were in the portables, but it was still intimidating. Now I feel like a top dog and everyone looks up to us.

Smith: It was exciting to finally be in high school.

**Iltz**: What are the dances like and should we go?

Waite: Dances are a hoot and everybody's going crazy. No one cares how cool they look. Make sure you go to all the dances and have fun.

Jackson: It's a lot of fun if you go.

Van Patter: What can we do to respect the upperclassmen?

Waite: Don't be obnoxious.

Jordan: Don't judge.

All in all, freshman year is exciting. Just remember to be involved, outgoing, and don't be afraid to start a conversation with an upperclassmen. Make sure to respect everyone around you. Make this the best year possible!





## The Dawghouse Espresso is "Now Open" for business!

#### By Scott Moore FBLA Adviser

Parents - Driving your children to school? Students - Need a little something to shake off those morning cobwebs? Make a stop at the Dawghouse Espresso located in the high school next to the blue gym. The Dawghouse is open every morning from 7:30 am to 8:15 and at a majority of high school sporting events. In addition to coffee, the menu also includes a wide range of drinks including Italian sodas, hot chocolate and smoothies. The proceeds fund FBLA (Future Business Leaders of America) competitions, conferences, field trips and special projects.

Making espresso is an art. On September 26, seven of Freeman High School's FBLA members visited the DOMA Coffee Roasting Company in Post Falls, Idaho. Your baristas in training were Zeke Flack, Elizabeth Kosanke, Jami Pratt, Shenoa Rush,

planet and you.

### The adventures of the Freeman Store By Ali Tesch

**Opinion Editor** 

Just off of Highway 27 lies the Freeman Store. The Freeman Store has been an important asset to the Freeman community for over a hundred years. The Store is a one-of-a-kind convenience store, offering customers a family-friendly atmosphere. "The Freeman Store is a beacon of light to some families," said clerk Katie Youngren. According to Youngren, the store takes people back to a simpler time. She loves it when people take the time to sit in a creaky rocking chair on an old porch to watch the

wheat grow. Youngren believes that, people today don't have the time to just relax.

Austin Carpenter, Abbie Pintar and Kelsie Fricke. The FBLA members, along with advisor Scott Moore, were taught the visual and technical queues of making the perfect shot, the foundation of the espresso. From applying the correct amount of pressure in tamping the grounds, to steaming milk at just the right temperature and delivering the correct foam to milk ratio, the students quickly learned there is a lot more to making an espresso then meets the eye. As the year continues, your baristas will continue to hone their skills to make that perfect cup of coffee, as well as training other FBLA members. The FBLA students look forward to serving you and thank you for your support. Serving only the best, DOMA Coffee is Certified Organic, Fair Trade and a Direct Relationship coffee... better for the farmer, the



FBLA Members spent the morning of September 26 with DOMA Coffee Roasting Company owner Rebecca Patano, to develop the necessary barista skills to make that perfect cup of coffee at Freeman's Dawghouse Espresso.



Stop in for some tasty treats! Anyone's welcome.