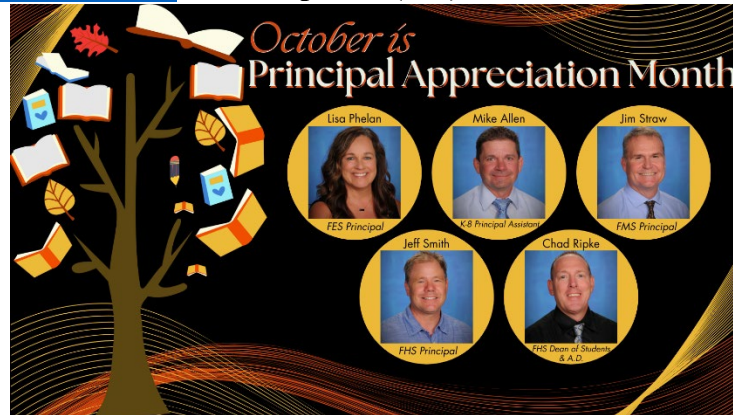


Freeman Middle Scoop – 10-10-25

FMS Office Hours are 7:45 am to 3:45 pm. Doors are open to students at 8 am.

Email: FMSoffice@freemansd.org Office phone (509)291-7301 Attendance line (509)291-7425



Schedule Your Fall Middle School Conference!

It's time to connect with your students' teachers during Fall Conferences! This is a fantastic opportunity for parents, teachers, and students to discuss progress and set goals for the school year.

Conference Details

- When:
 - Wednesday, October 23: 8:00 a.m. – 7:00 p.m.
 - Thursday, October 24: 8:00 a.m. – 12:00 p.m. (Noon)
- Format: Freeman Middle School conferences are held by Grade Level Team, which means you'll meet with all of your students' teachers in one scheduled session.

Who Should Schedule a Conference?

The conference scheduler is now open! A conference is especially important for:

- Students New to Freeman
- Parent Requests
- Teacher Requests
- Academic Intervention students

If you would like to have a conference with all of your student's teachers, you are absolutely welcome to schedule a time!

Freeman Middle School Costume Guidelines - Spirit Weeks & Halloween

We love celebrating school spirit and creativity! Costumes are a fun way to show enthusiasm and build community, but they must also support a safe and positive learning environment.

Please follow these guidelines:

- Costumes should be **school-appropriate** and should **not interfere with learning**.
- **No gore, weapons or any item that looks like a weapon, or inappropriate themes** (including violence, alcohol, or other adult content).
- **Masks may not be worn during class or instruction** but can be worn **during transitions or social times** (e.g., before school, lunch, passing periods).
- **Accessories** must not interfere with learning, block vision, or cause distraction.
- Costumes should **allow full participation** in regular school activities and comply with the school dress code.

Let's make this a fun and respectful celebration—
The more we can handle, the more we can do!

This Week's Daily Announcements

Here are some of the reminders and highlights your students heard at Freeman Middle School this week:

Spirit Week begins next week! Students are encouraged to participate in each day's theme:

- Monday – Pajamas vs. Red Carpet (RED)
- Tuesday – Twin/Triplet/Quad Day (ORANGE)
- Wednesday – Past or Future Decade (GREEN)
- Thursday – Softball Moms vs. Baseball Dads (BLACK/WHITE OUT)
- Friday – Scottie Spirit Day (BLUE)

Fall Sports Season Wrap-Up

- Cross Country, Football, and Softball wrap up next week after a great fall season.
- **Volleyball and Wrestling** practices begin **Thursday, October 16**.

Peer-to-Peer Program

- Students met with **Washington State University** representatives this week for leadership and mentoring activities.

This Weeks Highlights

- **Monday:** Cross Country @ Westwood
- **Tuesday:** WSU Mentor Visit (Vaping Prevention, 8th Grade)
- **Wednesday:** Cross Country @ East Valley; PTSG Meeting 5:30 p.m.
- **Thursday:** 7th Grade Football @ Evergreen; Robotics & Chess Club
- **Friday:** Scottie Time (no F's activity), Taco 'Bout It lunch, Scottie Dash Lunch Payout

Freeman 4-H Kickoff Potluck

- **Sunday, October 12 • 4–5 p.m. • Kiesling Acres Barn**
- Families interested in joining Freeman 4-H are welcome to attend!

Looking Ahead to Next Week

- PBIS Rotations (Monday & Wednesday – AM schedule)
- Cross Country All-League Meet at Freeman (Tuesday)
- WSU 7th Grade Engagement Event (Thursday, 9–11 a.m.)
- Volleyball & Wrestling begin (Thursday)
- Student Recognition Assembly (Friday – PM activity schedule)
- We're proud of our students' effort, enthusiasm, and school spirit as we head into October!

Students receive these announcements daily, both in person and by email, to help them stay connected and involved—be sure to ask your student about what's happening at school.

SPORTS

Volleyball and Wrestling – First day of Practice is October 16th. Students must have all paperwork completed in Final Forms and a current sports physical on file to attend practice.

- The Parent Meeting will be on October 16th at 5:15 pm in the K-8 MPR.
- The Picture Day will be on October 27th at 3 pm in the FES gym.

FINAL FORMS ATHLETE REGISTRATION: <https://freeman-wa.finalforms.com/>

Click [Freeman Middle School Athletics](#) for the finalized sports schedules.

Volleyball and Wrestling are still "Draft" Click here for the [DRAFT sports schedule](#).

REMINDER: If your student is planning to stay and watch any of the MS home games/meets, they will be meeting in the MS Commons at 2:55 for a study hall. They will be released at 3:35 pm to go directly to the game. *If they stay for after school activities, the closed campus policy is still in effect. They will have school discipline if they go to the Freeman Store.*



Finding Your Voice

Middle school is all about finding out who you are and what you believe in. Learning to speak up for yourself and others is an act of courage. Whether you're telling a friend their comment was hurtful or standing up for someone who is being picked on, your voice has power.

Try This: Talk about a time a character in a movie or book spoke up for what was right. Ask your child what they would have done in that situation. Contact School Counselor Kayleen

Archibald – karchibald@freemansd.org

For community communications

Freeman Nutrition Services has embarked on a journey to provide students with more direct input on the menu items.

- Working with K8 ASB to identify one celebration per month, where students have an opportunity to provide us with a new menu choice they would like to see on the menu, based on the monthly celebrations calendar that Nutrition Services has provided them with. For example, November 3 is National Sandwich Day. After receiving several choices provided for Nutrition Services by K8 ASB students, the following **new** menu items will be on the menu on November 3. We are still working some of the processes out for this collaboration, but we are all excited about this new venture in Freeman Nutrition Students (as are the students).
 - Main Entree: Rockin BBQ Chicken Sandwich
 - Grab & Go option: Italian Ciso Down



- As some may already be aware of, Nutrition Services Lead Cook at FHS is also teaching two culinary classes at the high school. We will be offering this same opportunity to present to the two culinary classes taught by our High School Lead Cook. Due to time constraints, culinary class students won't have this opportunity for the November Menu. However, Nutrition Services has selected a new sandwich item to offer for lunch at FHS on November 3rd.
 - Crispy Thai Chili Chicken po' Boy with Slaw



Feel free to reach out to Freeman Nutrition Services Director for comments, questions, suggestions.

- 509-291-7510
- kbevers@freemansd.org

FES/FMS LIBRARY

A HUGE Thank You! ❤️

To all our amazing volunteers already scheduled – you're the best! But guess what? We can always use more help!

Here's Where We Need You:

- Monday:**
- 8:00 AM - 11:00 AM: Check In/Check Out
- Tuesday:**
- 9:10 AM - 11:10 AM: Shelving, Processing New Books & Book Repair
- Wednesday:**
- 9:10 AM - 11:10 AM: Check In/Check Out
 - 12:10 PM - 2:45 PM: Check In/Check Out
- Thursday:**
- 8:15 AM - 10:50 AM: Shelving, Processing New Books & Book Repair
 - 12:10 PM - 2:45 PM: Check In/Check Out
- Friday:**
- 9:15 AM - 11:10 AM: Shelving, Processing New Books & Book Repair

Contact Susan Chadduck

schadduck@freemansd.org 509-291-7301

freemansd.org - Volunteer application must be completed

CALENDAR/SAVE THE DATES:

October 17-29 – FSD Staff CEE Survey Open

October 20-29 – Students CEE Survey Open

October 22 – FSD School Board Meeting – PRTC @ 6 pm

October 23 – 24 – Conferences – No School

November 10 – FSD Veterans Assembly



FREEMAN SCHOOL DISTRICT
PRIDE | COMMITMENT | CARING

WE ARE LAUNCHING DISTRICT-WIDE SURVEYS
IN PARTNERSHIP WITH THE
CENTER FOR EDUCATIONAL EFFECTIVENESS (CEE).

Who is participating, and when?

- Staff, October 17-29, 2025
- Students, October 20-29, 2025
- Families, Winter-2026

Why are we doing this?

Your feedback helps us:

- Strengthen our Strategic Plan
- Guide Professional Development for educators
- Shape the supports and resources we provide across the district

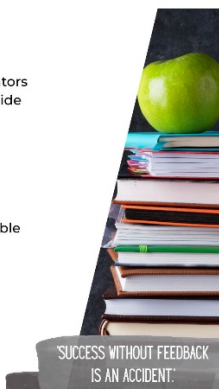
How does it work?

Surveys are confidential and take just a few minutes.

Family links will be shared by email and available on the district website.



The Center for Educational Effectiveness



Important Fliers and links

[Chess Club Flier](#)

[Office Reminders: Attendance; Bus Rider Changes](#)

[FMS 25-26 Bell Schedule](#)

[FMS 25-26 Parent/Student Handbook](#)

[Breakfast and Lunch Menus](#)

[Shop your Scotties Sideline Store](#)

[SMS Text Opt-In](#)

[Qustodio parental App](#)

[2025-2026 School Calendar](#)

[Freeman Elementary Scottie Scoop](#)

[Freeman High School Friday Flyer](#)

Freeman School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, rrussell@freemansd.org, 509-291-3695, 15001 S Jackson Rd. Rockford, WA 99030