

# Freeman Middle Scoop – 9-12-25

**FMS Office Hours are 7:45 am to 3:45 pm. Doors are open to students at 8 am.**

**Email: [FMSoffice@freemansd.org](mailto:FMSoffice@freemansd.org)    Office phone (509)291-7301    Attendance line (509)291-7425**

**The Scottie Dash is coming on Friday, September 26<sup>th</sup> @ 11:30 am!** At Freeman Elementary and Middle Schools, we only want to do one fund-raiser a year, so we need to do it well! This is a joint fundraiser between the ASB, who keeps 75%, and PTSG, who collect 25%. The funds pay for student activities, community events and a portion goes directly into your class fund! All Freeman Elementary and Middle School students will receive a Scottie Dash t-shirt. In addition, each student that participates to help raise funds will have the opportunity to win prizes and possibly host a pizza party for themselves and two friends!

All students that have contributed online or turn in money Monday, our first collection day, will get a sucker. Middle school students will receive theirs immediately and elementary students will have it delivered to their classroom before the end of the day!



Students received their Kickoff Letter, Pledge Sheet, and Turn-In Envelope this week. **Pledges will be collected in the parent pick-up loop before school** on the following dates:

- **Monday, September 15<sup>th</sup>**
- **Tuesday, September 23<sup>rd</sup>**
- **Friday, September 26<sup>th</sup>**

Donations and envelopes can also be turned into FES or FMS Offices or online using the QR Code



**∴ Checks should be made out to Freeman ASB.**

Thank You to our Sponsors!



## Scotties Be Nice Week Recap

This week, Freeman Middle School celebrated *Scotties Be Nice Week*, a time dedicated to spreading kindness, gratitude, and connection across our school community. Each morning, students were greeted with Kindness Messages during daily announcements, encouraging everyone to start their day on a positive note.

In the commons, near the counseling center, a Thank You Note Station invited students to pause, reflect, and write a note of appreciation. With examples of affirmations on display and support from Mrs. Archibald and Ms. Waddell, many students wrote and delivered thoughtful messages to friends, teachers, and staff.

During Social Studies, students engaged in a Reflection on Kindness Week by finding their name within a grade-level poem. They then explained, expanded, and gave real-life examples of how they had recently shown kindness in the way described by the poem.

In ELA, students focused on their *CORE Commitment* by revisiting what they learned during CORE Day. Each student wrote their personal commitment on a notecard and placed it on the commons bulletin board. Together, these notes serve as a lasting reminder of the positive actions and choices our Scotties pledged to make this year.

Scotties Be Nice Week was a meaningful reminder that kindness, reflection, and commitment strengthen our community—and each small act of kindness makes a big difference.

**Make-up/Retake Day: September 26th at 8:15am.** Retake Policy: If you are not satisfied with your portraits, simply send the entire portrait package to school on retake day and Leo's will re-photograph the student and replace the portraits. If your student missed picture day this is an opportunity for them to have a photo taken. These pictures are used for the yearbook, ASB cards and in Skyward.

## SPORTS:

[Freeman Middle School Athletics](#) now has the finalized sports schedules.



### Navigating Friendships

Friendships can be complicated in middle school. We're learning to tell the difference between a real friend and someone who might not have our best interests at heart. True friends lift you and celebrate your successes. It's important to choose people who make you feel good about who you are.

**Try This:** Ask your child, "What's one thing a good friend does for you?" or "What's one thing you do to be a good friend?" This helps them reflect on what makes a relationship healthy.

## CALENDAR/SAVE THE DATES:

**September 17** – PTSG Skate Night

**September 24** – Late Start

**September 24** – FSD School Board Meeting – PRTC @ 6 pm

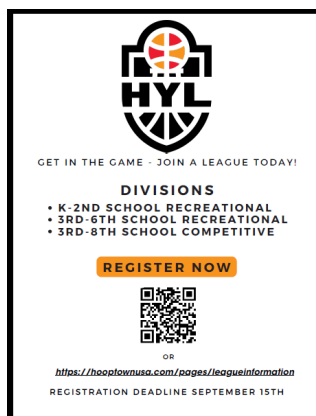
**September 26** – FMS Picture Retakes

**September 26** – TK-8 Scottie Dash

**October 22** – FSD School Board Meeting – PRTC @ 6 pm

**October 23 – 24** – Conferences – No School

Click [here](#) if you would like to order any Freeman Scottie wear. Deadline is Tuesday, September 23rd, 2025



### Freeman SD Nutrition Services Announcement

- Each school year, students who were on the free/reduced eligibility meal program for the previous school year are allowed to carry over their eligibility into the new school year for ***30 School Days from the first day of school***. For SY 2025/26, that 30-day window ends on **October 2, 2025**.
- If we do not have an updated free/reduced price meal application, or other qualifying updated eligibility status for the new school year, any students who qualified for free/reduced price meals during the previous school year will automatically have their eligibility changed to ***Paid effective Oct 3, 2025***.
- Applications can be downloaded/printed from <https://www.schoolnutritionandfitness.com/index.php?sid=1484349669652&page=lunchapps>.
- Applications can also be completed online through Skyward Family Access.
- Additionally, applications may be picked up from the school district or sent home with students.
- If your student(s) were on the free/reduced price meal program last year, and we do not have a new application for SY 2025/26, please complete and submit a new application to Freeman SD Nutrition Services.
- **\*NOTE:** New applications received prior to the eligibility expire date will ***supersede*** the 30-day eligibility carry over. This means if we receive a new application before the 30-day expire date, that application will be processed, and any changes from the processed application will supersede the previous eligibility.



## Freeman School CHESS CLUB

*Sign up for Autumn 2025 Grades 2-8*

**SCHEDULE:** After School, Thursdays 3:00 – 4:00 pm  
8 Weeks: Oct 9, 16, 23, 30 Nov 6, 13, 20 Dec 4



Click for registration and prices: [Chess Club Flier](#)

[Office Reminders: Attendance; Bus Rider Changes](#)

[FMS 25-26 Bell Schedule](#)

[FMS 25-26 Parent/Student Handbook](#)

[Library Volunteers Needed](#)

[Click here for Breakfast and Lunch Menus](#)

[SMS Text Opt-In](#)

[Qustodio parental App](#)

[2025-2026 School Calendar](#)

[Freeman Elementary Scottie Scoop](#)

[Freeman High School Friday Flyer](#)

**FREEMAN SCHOOL DISTRICT**  
**AIR QUALITY MONITORING PROCEDURES**

With the recent smoky conditions it is important to know that Freeman School District uses the website [airnow.gov](http://airnow.gov) to determine the current air quality. We then use these numbers to make determinations regarding recess and outdoor activities for all students with their safety as our top priority.

AQI Range	Color	Description	School Action
0-50	Green	Little to no risk	Normal outdoor activities
51-100	Yellow	Low risk for general public; possible effects for sensitive groups	Normal outdoor activities
101-150	Orange	Sensitive groups may experience health effects	Adjustments may be made to outdoor activities
151+	Red	Unhealthy for sensitive groups and general public	No outdoor activities permitted

Click [airnow.gov](http://airnow.gov)

*Freeman School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, [rrussell@freemansd.org](mailto:rrussell@freemansd.org), 509-291-3695, 15001 S Jackson Rd. Rockford, WA 99030*