

JANUARY 10, 2025

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School



509-291-3721

A MESSAGE FROM THE PRINCIPAL

Hello Scottie Parents/Guardians/Families!

Happy New Year! Or, as some of our seniors greeted me this week: "Happy Graduation year!". I hope that you and your families found time to enjoy the holiday season over the past two weeks, and I am excited to welcome students back to the building for second semester. Many students have expressed to me that ending 1st semester before winter break was very different, but overall very positive as it eliminated the stress of working on school over the break as well as the stress of coming back this week to recall learning to prepare for finals. If you have any input regarding this District change, please feel free to email me your thoughts. Typically, this time of year is when students gear up to represent Freeman during a Golden Garment Spirit Competition with our league basketball rival. Sadly, our league rival decided that a spirit competition is not something that they are comfortable with doing this year; therefore no Golden Garment this year. In my last message to you, I indicated that 2nd semester would also bring a schedule change in order to reintroduce a time for students to receive extra academic help during the school day. While still in progress, I can share that FHS will be on a morning activity period bell schedule (see pg. 5) every Friday in order to allow time for students to access a teacher for extra help with classwork, access a teacher to make up an assignment, test or quiz, or simply use the time to get some work done in a specific content area. More to come about Scottie Time next week.

Go Dawgs!

Jeff Smith, Principal

The Freeman School District complies with all federal and state rules and regulations and does not discriminate on the basis of age, sex, marital status, race, color, creed, national origin, disability or the use of a trained guide dog or service animal by a person with a disability, sexual orientation, including gender expression or identity, veteran or military status, and provides equal access to the Boy Scouts of America and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX officer and/or Section 504/ADA coordinator: Randy Russell, Ph.D., Superintendent, 15001 S. Jackson Road, Rockford, WA 99030, 509-291-3695.

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WATCH FOR BALLOT
JAN. 24
2025

2025 Levy for School Safety, Security, and Technology

BALLOTS DUE
FEB. 11
2025

Levy funds will address these priorities:

- Safety and Security**
updates district-wide
- Technology and Chromebook**
replacement district-wide
- Parking lot, ADA access**
improvements, and a Traffic Flow
Study for Freeman SD campus
- Building Maintenance and Repairs**
district-wide



Learn more about the levy at:
www.freemansd.org/levy
or call Freeman Superintendent,
Dr. Randy Russell at 509-291-3695



JANUARY 13TH

FHS Dual Credit Info Night
6:00pm - FHS MPR

JANUARY 14TH

FAFSA Completion Night 6pm

JANUARY 20TH

NO SCHOOL - Martin Luther
King Jr Day

JANUARY 27TH

FSD Board Meeting - 11am
PRTC Conference Room

FEBRUARY 5TH

LATE START - 10:15am

FEBRUARY 17TH

NO SCHOOL - Presidents' Day

FEBRUARY 27TH

FSD Board Meeting - 6pm
PRTC Conference Room

MARCH 7TH

NO SCHOOL - Snow Make Up
Day

January is
**SCHOOL
BOARD
APPRECIATION
MONTH**

Dave Teague

Danielle Santman

Bill Morphy

Annie Keebler

Nate Talbott

Thank you for your dedication and service to our students, schools and community!

Join us for our annual

BAND ALUMNI NIGHT

@ Freeman Basketball

FEB 1
2:45pm
FHS Gym

If you are a Freeman Alumni and interested in playing in our band at the Basketball games on February 1st, please email Mr. Jydstrup at jjydstrup@freemansd.org and he will send you the music and have an instrument ready for you if you need one. Hope to see you there!



C

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E

COLLEGE CAREER



readiness

FAFSA Completion

Senior FAFSA Completion Night

Tuesday, January 14th 6-7:15pm Rm 118

This is an opportunity for families to complete the FAFSA for Class of 2025 seniors. Please make sure parent/guardian and student attend together to complete the FAFSA.



FREEMAN HIGH SCHOOL DUAL CREDIT INFO NIGHT

Join us to hear and learn more about dual credit options available to your 2025-2026 Juniors and Seniors. We will have representatives from EWU, SCC, SFCC, and NEWTech Skills Center to present information about Running Start, Skills Center, and College in the High School.

Monday January 13th, 6 - 8pm



email kholme@freemansd.org with any questions



Upcoming Sports



1/11 - @ Asotin BJV-2pm,
GV-3:30pm, BV-5pm

1/14 - @ West Valley BC-
4pm, GJV-4pm, BJV-5:30pm,
GV-5:30pm, BV-7pm

1/17 - vs. Lind/Ritzville GJV-
4pm, BJV-5:30pm, GV-
5:45pm, BC-7pm, BV-7:30pm

1/18 - @ Lake Roosevelt
GJV-12pm, BJV-1:30pm, GV-
3pm, BV-4:30pm



1/10 & 1/11 - @ River City
Duals in Post Falls

1/15 - @ Asotin 6pm

1/18 - @ Ferris Saxon Shuffle
9am

Sports Links:



Pay Fines/Fees



CONGRATULATIONS



**ATHLETE
OF THE WEEK**

**ASHLYNN
MEENACH**

CHEER



CONGRATULATIONS



**ATHLETE
OF THE WEEK**

**VANCE
COYNER**

BASKETBALL



Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

Regular Schedule		
1	8:15 -- 9:02	47 min
2	9:06 -- 9:53	47 min
SCOTTIE BREAK	9:53 -- 10:01	8 min
3	10:04 -- 10:51	47 min
4	10:55 -- 11:42	47 min
5	11:46 -- 12:33	47 min
LUNCH	12:33 -- 1:03	30 min
6	1:07 -- 1:54	47 min
7	1:58 -- 2:45	47 min

AM Activity Schedule		
1	8:15 -- 8:57	42 min
2	9:01 -- 9:43	42 min
SCOTTIE BREAK	9:43 -- 9:51	8 min
3	9:55 -- 10:37	42 min
4	10:41 -- 11:23	42 min
5	11:27 -- 12:09	42 min
ACTIVITY	12:13-12:43	30 min
LUNCH	12:43-1:13	30 min
6	1:17 -- 1:59	42 min
7	2:03 -- 2:45	42 min

Late Start Schedule		
1	10:15 -- 10:46	31 min
2	10:50 -- 11:21	31 min
3	11:25 -- 11:56	31 min
4	12:00 -- 12:31	31 min
LUNCH	12:31 -- 1:01	31 min
5	1:05 -1:36	30 min
6	1:40 -- 2:11	31 min
7	2:15 -- 2:45	30 min

ATTENDANCE LINE

We do not have an "attendance only" phone number at the high school. Please call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive a note or a call, your student's absence will remain unexcused.

BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

SCOTTIE BREAK We have brought back Scottie Break at the High School this year. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: \$2.50

LUNCH - served at the High School in the MPR. Cost: \$3.80



ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.



ATHLETICS AUCTION & Dinner Fundraiser

March 15th | 5:30pm
Coeur d'Alene Casino & Resort

Join us for a fun evening featuring a social hour, silent & live auction and dinner to raise funds for officials fees, sports travel, equipment & more.

BUY TICKETS HERE

\$60/PERSON
\$450/TABLE OF 8



Purchase a table & sit with friends for
RESERVED SEATING. Individual tickets and
couples will be **OPEN SEATING.**

How to get involved...

- ✓ Purchase tickets and attend - must be purchased ahead of time
- ✓ Donate & help procure items by February 15th
- ✓ Extend the fun and stay the night with our discounted room block - use booking id# 12691 CALL 1-800-523-2464 (sold out last year)

If you have questions, would like to donate or volunteer please email khayek@freemansd.org



AUCTION

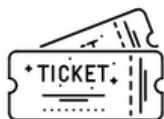
WISH

LIST



benefitting Freeman High School Athletics

Our 3rd Annual Freeman Athletics Auction & Dinner is March 15, 2025. We are currently looking for donation items. Below are some ideas. If you can help with any of these items, please email one of the committee members listed at the bottom of this page.



TICKETS & PASSES

Sports & Concert Tickets, Box Seats, VIP Treatments, Theater Tickets



CRAFTED ITEMS

Handmade items, woodworking, metal works, custom gifts



VACATIONS & EXCURSIONS

Condos, Timeshare, VRBO, Golf weekends, wine tastings, active adventures, airline tickets, etc.



GIFT CARDS

Gift cards to just about anywhere - restaurants, stores, salons, spas, movie theaters, etc.



HOSTED PARTIES

Theme parties thrown by one or more families such as progressive dinners, holiday parties, children's parties, etc.



UNIQUE & RARE ITEMS

Collectibles, sports memorabilia, sports equipment, collectibles

If you would like to donate, please complete the donation form and return to one of us by Feb. 15th:

JILL MORPHY

jill.morphy@hotmail.com

LESLEY LOCHMILLER

lesleylochmiller11@gmail.com

KRISTAL HAYEK

khayek@freemansd.org

Love ON OUR FREEMAN COMMUNITY!



TUESDAY, JANUARY 28TH

5:00-9:00PM

Enjoy all your favorites while this Freeman owned restaurant graciously donate 20% back to the Freeman PTSG so our kids can have more fun!

14700 E Indiana Ave #1182
Spokane Valley, WA 99216

Your support makes a difference!
We hope see you there!