

JANUARY 24, 2025

# THE FRIDAY FLYER

Weekly Newsletter of Freeman High School



509-291-3721

## A MESSAGE FROM THE PRINCIPAL

Hello Scottie Parents/Guardians/Families!

It's been a very smooth-running week at FHS! I'd like to spend a moment today highlighting several students who are selected by teaching staff to represent Freeman HS as Spokane Scholars nominees. Spokane Scholars is a county-wide program that recognizes academic excellence in the six content areas of which our students are nominated.

Freeman's Spokane Scholar nominees for 2025 include: Addy Bowen - Math; Lexie Kennedy - World Languages; Preston Eigenhuis - Social Studies; Parker Vernon - Fine Arts; Aubrey Gregory - ELA; Vance Coyner - Science. Congratulations scholars! We are proud of you and your hard work!

Next week marks our first official Scottie Time week; on Friday we will offer a 30 minute period for students to get extra help from a teacher, retake a test or quiz, make-up missed work, or engage in extra study time in a content area curriculum.

Go Dawgs!  
Jeff Smith, Principal

The Freeman School District complies with all federal and state rules and regulations and does not discriminate on the basis of age, sex, marital status, race, color, creed, national origin, disability or the use of a trained guide dog or service animal by a person with a disability, sexual orientation, including gender expression or identity, veteran or military status, and provides equal access to the Boy Scouts of America and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX officer and/or Section 504/ADA coordinator: Randy Russell, Ph.D., Superintendent, 15001 S. Jackson Road, Rockford, WA 99030, 509-291-3695.

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**FREEMAN**

**SAFETY,  
SECURITY, AND**

**TECHNOLOGY  
LEVY**



**DID YOU  
KNOW?**



**PARKING LOTS, SIDEWALKS,  
AND BUILDING MAINTINENCE  
ARE NOT COVERED BY STATE  
AND FEDERAL FUNDING FOR  
EDUCATION.**

**BALLOTS ARE DUE FEBRUARY 11**

[www.freemansd.org/levy](http://www.freemansd.org/levy)

## **FSD LEVY INFO NIGHT**

**Want to learn more or have questions  
about the Freeman Safety, Security,  
and Technology Levy?**

**JOIN US!**

**Thursday, January 30th  
Mica Event Hall  
14212 E Mica Road  
Mica, WA 99023  
6:30-8:00**

**Pizza will be provided!**

## **UPCOMING events**

### **JANUARY 27TH**

FSD Board Meeting - 11am  
PRTC Conference Room

### **FEBRUARY 5TH**

LATE START - 10:15am

### **FEBRUARY 17TH**

NO SCHOOL - Presidents' Day

### **FEBRUARY 27TH**

FSD Board Meeting - 6pm  
PRTC Conference Room

### **MARCH 7TH**

NO SCHOOL - Snow Make Up  
Day

### **MARCH 11TH**

North Palouse Industry Fair

### **MARCH 12TH**

LATE START - 10:15am

### **MARCH 15TH**

Athletics Auction & Dinner





PLEASE JOIN US FOR

# PASTRIES WITH PARENTS & COMMUNITY

PARENTS, GUARDIANS, GRANDPARENTS, AND  
\* OTHER VIPS ARE INVITED TO JOIN US FOR A SWEET  
START TO THE DAY

\* **FREEMAN HIGH SCHOOL**  
MULTI-PURPOSE ROOM  
FRIDAY, JANUARY 31  
7:30 AM

## CLASS FEES FOR SECOND SEMESTER HAVE BEEN ASSIGNED

Please note that class fees for second semester (if applicable) have been assigned to student accounts. Please login [here](#) and check the status of your student's account at FHS and make payments as needed. Fines and fees are not visible in Skyward Family Access only our online payment platform. If you have any questions, please email Kristal Hayek [khayek@freemansd.org](mailto:khayek@freemansd.org).

NO SCHOOL - Snow Make Up  
Day








C

T

E

COLLEGE CAREER  
readiness

January is  
**SCHOOL  
BOARD  
APPRECIATION  
MONTH**

Dave Teague    Danielle Santman    Bill Morphy    Annie Keebler    Nate Talbott

*Thank you for your dedication and service to our students, schools and community!*




Join us for our annual

**BAND  
ALUMNI NIGHT**

@ Freeman Basketball



**FEB 1**  
2:45pm  
FHS Gym

If you are a Freeman Alumni and interested in playing in our band at the Basketball games on February 1st, please email Mr. Jydstrup at [jjydstrup@freemansd.org](mailto:jjydstrup@freemansd.org) and he will send you the music and have an instrument ready for you if you need one. Hope to see you there!





## Upcoming Sports



**1/24** - vs. Liberty BJV-4pm,  
GJV-5:30pm, BV-6pm, BC-  
7pm, GV-7:30pm

**1/29** - vs. UCA BJV-4:30pm,  
BC-6pm, BV-6pm, GV-  
7:30pm

**2/1** - vs. Asotin BJV-1:30pm,  
BV-3:30pm, GV-5pm



**1/28** - vs. Colfax (SENIOR  
NIGHT) 6pm

**2/1** - @ Colfax for league  
tournament

## Sports Links:



[Pay Fines/Fees](#)



CONGRATULATIONS



ATHLETE  
OF THE WEEK

GIANNA  
DILUCCA

CHEER



CONGRATULATIONS



ATHLETE  
OF THE WEEK

FINN  
LAPOINTE

BASKETBALL



# Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

## BELL SCHEDULES

Regular Schedule		
1	8:15 -- 9:02	47 min
2	9:06 -- 9:53	47 min
SCOTTIE BREAK	9:53 -- 10:01	8 min
3	10:04 -- 10:51	47 min
4	10:55 -- 11:42	47 min
5	11:46 -- 12:33	47 min
LUNCH	12:33 -- 1:03	30 min
6	1:07 -- 1:54	47 min
7	1:58 -- 2:45	47 min

AM Activity Schedule		
1	8:15 -- 8:57	42 min
2	9:01 -- 9:43	42 min
SCOTTIE BREAK	9:43 -- 9:51	8 min
3	9:55 -- 10:37	42 min
4	10:41 -- 11:23	42 min
5	11:27 -- 12:09	42 min
ACTIVITY	12:13-12:43	30 min
LUNCH	12:43-1:13	30 min
6	1:17 -- 1:59	42 min
7	2:03 -- 2:45	42 min

Late Start Schedule		
1	10:15 -- 10:46	31 min
2	10:50 -- 11:21	31 min
3	11:25 -- 11:56	31 min
4	12:00 -- 12:31	31 min
LUNCH	12:31 -- 1:01	31 min
5	1:05 -1:36	30 min
6	1:40 -- 2:11	31 min
7	2:15 -- 2:45	30 min

## ATTENDANCE LINE

We do not have an "attendance only" phone number at the high school. Please call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive a note or a call, your student's absence will remain unexcused.

## BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

**SCOTTIE BREAK** We have brought back Scottie Break at the High School this year. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: \$2.50

**LUNCH** - served at the High School in the MPR. Cost: \$3.80



## ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.





# ATHLETICS AUCTION & Dinner Fundraiser

March 15th | 5:30pm  
Coeur d'Alene Casino & Resort

Join us for a fun evening featuring a social hour, silent & live auction and dinner to raise funds for officials fees, sports travel, equipment & more.

**BUY TICKETS HERE**

**\$60/PERSON**  
**\$450/TABLE OF 8**



Purchase a table & sit with friends for  
**RESERVED SEATING.** Individual tickets and  
couples will be **OPEN SEATING.**

## How to get involved...

- ✓ Purchase tickets and attend - must be purchased ahead of time
- ✓ Donate & help procure items by February 15th
- ✓ Extend the fun and stay the night with our discounted room block - use booking id# 12691 CALL 1-800-523-2464 (sold out last year)

If you have questions, would like to donate or volunteer please email [khayek@freemansd.org](mailto:khayek@freemansd.org)



# AUCTION

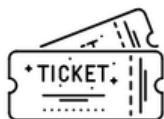
# WISH

# LIST



***benefitting Freeman High School Athletics***

Our 3rd Annual Freeman Athletics Auction & Dinner is March 15, 2025. We are currently looking for donation items. Below are some ideas. If you can help with any of these items, please email one of the committee members listed at the bottom of this page.



## **TICKETS & PASSES**

Sports & Concert Tickets, Box Seats, VIP Treatments, Theater Tickets



## **CRAFTED ITEMS**

Handmade items, woodworking, metal works, custom gifts



## **VACATIONS & EXCURSIONS**

Condos, Timeshare, VRBO, Golf weekends, wine tastings, active adventures, airline tickets, etc.



## **GIFT CARDS**

Gift cards to just about anywhere - restaurants, stores, salons, spas, movie theaters, etc.



## **HOSTED PARTIES**

Theme parties thrown by one or more families such as progressive dinners, holiday parties, children's parties, etc.



## **UNIQUE & RARE ITEMS**

Collectibles, sports memorabilia, sports equipment, collectibles

***If you would like to donate, please complete the donation form and return to one of us by Feb. 15th:***

**JILL MORPHY**

jill.morphy@hotmail.com

**LESLEY LOCHMILLER**

lesleylochmiller11@gmail.com

**KRISTAL HAYEK**

khayek@freemansd.org



# Student HIGHLIGHTS



Beef Stroganoff

## CHOPPED

The FHS Culinary Class had their final round of their “Chopped” competition this week. Congrats to the winners!



Beef/bean-rice burrito



Teriyaki Beef



1st place winners



# Student HIGHLIGHTS



2024-25  
Scotties