

OCTOBER 17, 2025

# THE FRIDAY FLYER

Weekly Newsletter of Freeman High School



509-291-3721

## PRINCIPAL'S MESSAGE

Hello Scottie Parents/Guardians/Families!

Although chilly in the morning this week, just like the sun, Freeman students are bringing the good light every day: all of our athletic teams continue to work hard and earn successful outcomes, our Knowledge Bowl team won their first match of their season, and one of our newest clubs, Robotics, is building and testing their robot for the upcoming competition season. The atmosphere in the hallways this Homecoming week has been fun: lots of students are joining in on dress-up days, the hallways are brilliantly decorated, the Homecoming competition between classes is fierce, and the Senior class is ready to put on a super Homecoming dance on Saturday. In my classroom visits, I see students being asked tough questions, completing challenging problems, engaging in thought-provoking labs, and creating pieces of fascinating artwork or tasty salsa recipes. One of my favorite classrooms to visit right now is the woodshop – there are many impressive birdhouses under construction and crafty tic-tac-toe games! Next week is an important opportunity to meet with Freeman educators to discuss your child's academic progress. This year's student/parent/teacher conferences are held on Oct. 23rd and 24th. I strongly urge you and your student to schedule a time to stop in and engage in conversation with our teaching staff.

Go Dawgs!

Jeff Smith

Principal, Freeman High School

Freeman School District does not discriminate in any programs or activities on the basis of race, ethnicity, creed, religion, color, national origin, honorably discharged veteran or military status, sexual orientation, gender expression, gender identity, homelessness, immigration or citizenship status, the presence of any sensory, mental or physical disability, neurodivergence, or the use of a trained dog guide or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, [rrussell@freemansd.org](mailto:rrussell@freemansd.org), 509- 291-3695, 15001 S Jackson Rd. Rockford, WA 99030

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## FREEMAN HIGH SCHOOL

# ANNUAL VETERANS DAY *Assembly*

The Freeman Community and special guests are invited to join the Freeman School District for a program to honor those who have served our great country!

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

MONDAY

**NOVEMBER 10TH, 2025**

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

**CONTINENTAL BREAKFAST:**

8:45AM - 9:15AM

**PROGRAM BEGINS:**

9:30 AM

★ ★ ★

If you have pictures of your family members who have served in the military and would like them included in our slideshow, please send your submissions to:

[margaret.vangemert@goscotties.com](mailto:margaret.vangemert@goscotties.com) &  
[kmonasmith@freemansd.org](mailto:kmonasmith@freemansd.org)

Be sure to include the following information:  
Name, Branch, Years Served, Relation to Freeman,  
Any Honors or Medals Received, Photo

## UPCOMING events

**OCTOBER 18TH**

Homecoming Dance - 8pm

**OCTOBER 22ND**

PSAT Test 10<sup>th</sup> & 11<sup>th</sup> graders

School Board Mtg. 6pm -  
PRTC Conference Room

**OCTOBER 23RD & 24TH**

Parent/Teacher/Student  
Conferences - NO SCHOOL

**OCTOBER 29TH**

LATE START FOR STUDENTS -  
10:15am Bell Schedule pg 6

**OCTOBER 31ST**

AM Activity Bell Schedule

**NOVEMBER 7TH**

AM Activity Bell Schedule

**NOVEMBER 10TH**

Veteran's Day Program 9:30am

**NOVEMBER 11TH**

NO SCHOOL - VETERANS DAY





# WHAT'S UP?

Would you like to read about what's happening at the elementary or middle school? Get caught up with their Friday newsletters here:

**FES**  
FREEMAN  
ELEMENTARY

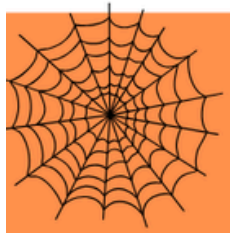
**FMS**  
FREEMAN  
MIDDLE SCHOOL



## PARENT/TEACHER/STUDENT CONFERENCES

Parent-Teacher-Student Conferences will be held Thursday and Friday, October 23rd and 24th. There will be NO SCHOOL on these days. This is an opportunity to meet with teachers about your student's academic progress, and regardless of whether you have a concern or just some questions about your student's progress, please consider meeting with teachers on one of these two days as partners in education. You can schedule individual teacher conferences now through Family Access. (Go to Conferences > All Conferences > Select a Time). Or, if you would like a group conference with all your students' teachers together, please use this [link](#). If you have any questions regarding conferences, please email [rclark@freemansd.org](mailto:rclark@freemansd.org) or call the office at 509-291-3721. If you'd like to sign up to bring meals for the staff, please see page 8 for details.

## Freeman FFA Community Cornhole Tournament



### Halloween



### Cornhole Tournament

**\$20 per team**





**October 29<sup>th</sup>, 6PM, Rockford Park**

**Sign up your team of two here!**

**All funds raised go towards the Freeman FFA ASB account for competitions and events.**





# Spokane National College Fair



We took 16 students to the Spokane National College Fair! Students had the opportunity to talk to over 100 colleges, both in the US and International schools.

In addition, workshops about finishing applications, financial aid, NCAA/NAIA, ROTC and 2-4 year transfer degrees were also available. Scotties preparing for their future.



## IMPORTANT COLLEGE & CAREER READINESS DATES:

- October 22: PSAT (10th and 11th)
- October 29: Construction Days (sign up with Ms. Youseph)
- October 31: Boise State University, Idaho State University, Lewis & Clark State College during lunch
- November 5: Business After School: Coffman Engineering 3-5pm all grades welcome
- November 7: WSU Instant Decision Day @ FHS 12pm - 1:15pm (12th)



C  
T  
E

COLLEGE CAREER  
readiness





## Upcoming Sports



**10/17** - Varsity vs. Reardan (HOMECOMING GAME) 7pm

**10/20** - JV @ Reardan 5pm

**10/24** - Varsity @ Chewelah 7pm



**10/21** - vs. UCA 4pm

**10/23** - @ Kettle Falls 4pm



**10/21** - @ G Prep - JV/C- 5:15pm, Var - 7:00pm

**10/23** - vs. Lind/Ritzville JV/C - 4:15pm, Var - 6:30pm

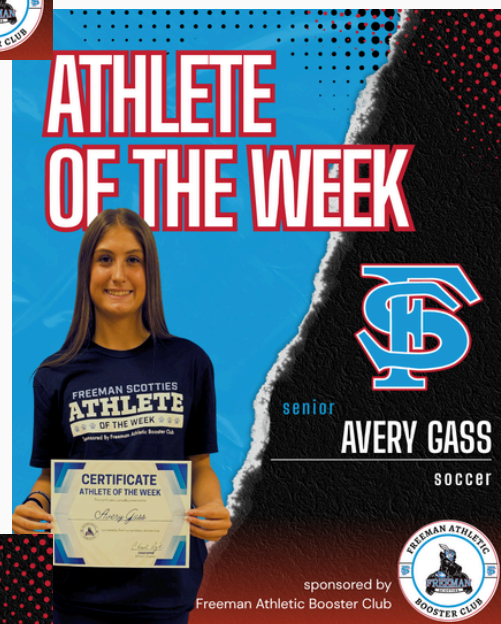
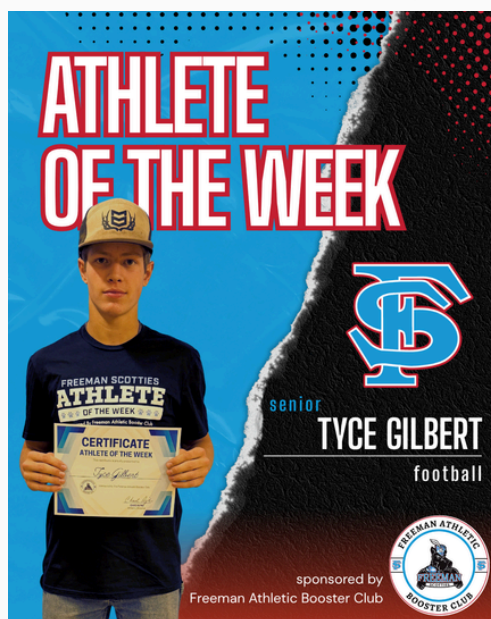
**CROSS COUNTRY**

**10/31** - Regionals @ Colfax 1pm

## Sports Links:



**Pay Fines/Fees**





## Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

### BELL SCHEDULES

 Every Friday

| Regular Schedule |                |        |
|------------------|----------------|--------|
| 1                | 8:15 -- 9:02   | 47 min |
| 2                | 9:06 -- 9:53   | 47 min |
| SCOTTIE BREAK    | 9:53 -- 10:01  | 8 min  |
| 3                | 10:04 -- 10:51 | 47 min |
| 4                | 10:55 -- 11:42 | 47 min |
| 5                | 11:46 -- 12:33 | 47 min |
| LUNCH            | 12:33 -- 1:03  | 30 min |
| 6                | 1:07 -- 1:54   | 47 min |
| 7                | 1:58 -- 2:45   | 47 min |

| AM Activity Schedule |                |        |
|----------------------|----------------|--------|
| 1                    | 8:15 -- 8:57   | 42 min |
| 2                    | 9:01 -- 9:43   | 42 min |
| SCOTTIE BREAK        | 9:43 -- 9:51   | 8 min  |
| 3                    | 9:55 -- 10:37  | 42 min |
| 4                    | 10:41 -- 11:23 | 42 min |
| 5                    | 11:27 -- 12:09 | 42 min |
| ACTIVITY             | 12:13-12:43    | 30 min |
| LUNCH                | 12:43-1:13     | 30 min |
| 6                    | 1:17 -- 1:59   | 42 min |
| 7                    | 2:03 -- 2:45   | 42 min |

| Late Start Schedule |                |        |
|---------------------|----------------|--------|
| 1                   | 10:15 -- 10:46 | 31 min |
| 2                   | 10:50 -- 11:21 | 31 min |
| 3                   | 11:25 -- 11:56 | 31 min |
| 4                   | 12:00 -- 12:31 | 31 min |
| LUNCH               | 12:31 -- 1:01  | 31 min |
| 5                   | 1:05 -1:36     | 30 min |
| 6                   | 1:40 -- 2:11   | 31 min |
| 7                   | 2:15 -- 2:45   | 30 min |

### ATTENDANCE LINE

Please email [fhsoffice@freemansd.org](mailto:fhsoffice@freemansd.org) or call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive an email, note, or a call your student's absence will remain unexcused.

### BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

**SCOTTIE BREAK** We offer Scottie Break at the High School. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: \$2.50

**LUNCH** - served at the High School in the MPR. Cost: \$3.90. Click image for menus.

*Menu*



### ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.





# CONFERENCE MEALS

Let's show our appreciation for the incredible educators and staff across the district by providing breakfast and dinner during the long conference day! Just scan one of the QR codes below to see how you can help make their day a little brighter!



*Breakfast Bar*

Sign Up [Here](#) for Breakfast



*Lasagna Dinner*

Sign Up [Here](#) for Dinner





**FREEMAN** SCHOOL DISTRICT  
PRIDE | COMMITMENT | CARING

**WE ARE LAUNCHING DISTRICT-WIDE SURVEYS  
IN PARTNERSHIP WITH THE  
CENTER FOR EDUCATIONAL EFFECTIVENESS (CEE).**

**Who is participating, and when?**

- Staff, October 17-29, 2025
- Students, October 20-29, 2025
- Families, Winter-2026

**Why are we doing this?**

Your feedback helps us:

- Strengthen our Strategic Plan
- Guide Professional Development for educators
- Shape the supports and resources we provide across the district

**How does it work?**

Surveys are confidential and take just a few minutes.

Family links will be shared by email and available on the district website.

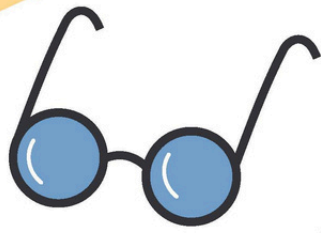


The Center for Educational Effectiveness



**'SUCCESS WITHOUT FEEDBACK  
IS AN ACCIDENT.'**





*Save the Date!*

FSD

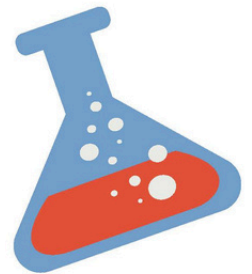
# CURRICULUM AND INFORMATION



## FAIR

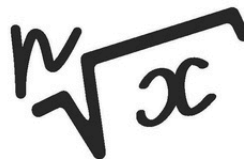
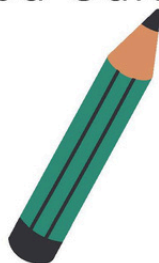
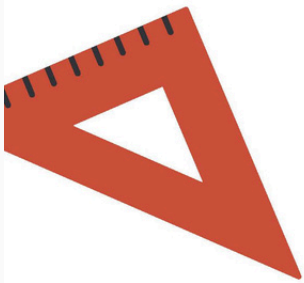
4:30- 6:30 PM

Thursday, October 23



Join us in the K-8 MPR and the FHS Main Hallway  
for an open house to preview curricula that are  
of interest to our community including:

- FSD Strategic Plan (TK-12)
- Social-Emotional Learning (K-12)
- Sexual Health and Education (4-12)
- Suicide Prevention (7-12)
- High School and Beyond Plan (7-12)
- Title/ LAP Reading Intervention (K-8)
- Balanced Calendar (TK-12)



# Student HIGHLIGHTS



**EASTERN**  
WASHINGTON UNIVERSITY

***Eastern Washington University was here last week for Instant Decision Day! Four students completed applications and were admitted to EWU. Go Future Eagles!***



# Student HIGHLIGHTS





# Student HIGHLIGHTS

