

OCTOBER 24, 2025

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School



509-291-3721

PRINCIPAL'S MESSAGE

Hello Scottie Parents/Guardians/Families!

With the excitement of Homecoming behind us, it has been a short, quiet and business-like week at FHS. Fall athletic teams are entering the post-season, and all of our clubs are in full swing – did you know that we have approximately 172 students participating in seven co-curricular clubs this year? Thanks to your support of Freeman Schools, we are able to offer all Freeman students these types of experiences! I'd like to thank all the parents/guardians who were able to attend our student/parent/teacher conferencing this week; I greatly appreciate the collaborative approach toward helping us better serve your students. If you were unable to attend, please know that we are open to conferencing/zooming about student progress before or after school hours throughout the year. Our ASB and Leadership class is working hard to plan our program to honor all Veterans. Our all-district Veterans Day Program is scheduled for Monday, Nov. 10. This event will begin at 8:45 am with a free continental breakfast for Veterans and their families hosted in FHS's MPR room, followed by the program at 9:30 am. I'd like to personally invite all Veterans and their significant others to attend this event; our students look forward to honoring you!

Go Dawgs!

Jeff Smith
Principal, Freeman High School

Freeman School District does not discriminate in any programs or activities on the basis of race, ethnicity, creed, religion, color, national origin, honorably discharged veteran or military status, sexual orientation, gender expression, gender identity, homelessness, immigration or citizenship status, the presence of any sensory, mental or physical disability, neurodivergence, or the use of a trained dog guide or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, rrussell@freemansd.org, 509- 291-3695, 15001 S Jackson Rd. Rockford, WA 99030

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FREEMAN HIGH SCHOOL

ANNUAL VETERANS DAY *Assembly*

The Freeman Community and special guests are invited to join the Freeman School District for a program to honor those who have served our great country!

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MONDAY

NOVEMBER 10TH, 2025

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CONTINENTAL BREAKFAST:

8:45AM - 9:15AM

PROGRAM BEGINS:

9:30 AM

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If you have pictures of your family members who have served in the military and would like them included in our slideshow, please send your submissions to:

margaret.vangemert@goscotties.com &
kmonasmith@freemansd.org

Be sure to include the following information:
Name, Branch, Years Served, Relation to Freeman,
Any Honors or Medals Received, Photo

UPCOMING events

OCTOBER 29TH

LATE START FOR STUDENTS -
10:15am Bell Schedule pg 6

OCTOBER 31ST

AM Activity Bell Schedule

NOVEMBER 7TH

AM Activity Bell Schedule

NOVEMBER 10TH

Veteran's Day Program 9:30am

NOVEMBER 11TH

NO SCHOOL - VETERANS DAY

NOVEMBER 14TH

AM Activity Bell Schedule

NOVEMBER 18TH

Winter Sport Parent Mtg. 6pm

NOVEMBER 19TH

School Board Mtg. 6pm

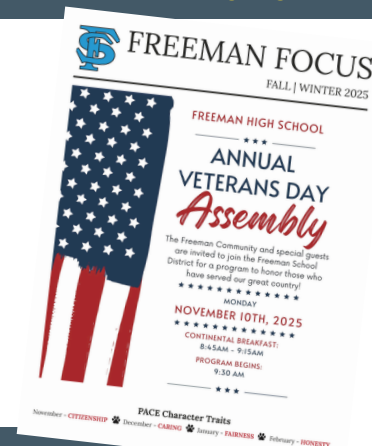
NOVEMBER 24TH-28TH

NO SCHOOL - Break



FREEMAN FOCUS DISTRICT NEWSLETTER - FALL/WINTER 2025

The latest edition of the Freeman Focus Newsletter is here! Catch up on all the amazing things happening across the Freeman School District – from outstanding state test results and student achievements to new programs like Freeman ConnectEd and exciting updates on our 100% grant-funded solar project! Plus, don't miss highlights from fall sports, clubs, field trips and the Scottie Dash fundraiser. There's so much to celebrate as we enter the 2nd quarter of the 2025-26 school year! Read the full edition [here](#).



FHS HALLOWEEN DRESS UP GUIDELINES

We love celebrating school spirit and creativity! Dress Up days and Costumes for Halloween are a fun way to show enthusiasm and build community, but they must also support a safe and positive learning environment.

Please follow these guidelines when participating in Dress Up Days:

- Dress Up/Costumes should be school-appropriate and should not interfere with learning.
- No gore, weapons, items that look like weapons, or inappropriate themes (including violence, alcohol, or other adult content).
- Masks may not be worn during class or instruction but can be worn during transitions or social times (e.g., before school, lunch, passing periods).
- Accessories must not interfere with learning, block vision, or cause distraction.
- Dress Up/Costumes should allow full participation in regular school activities and comply with the school dress code.

Let's make this a fun and respectful celebration!!

IMPORTANT COLLEGE & CAREER READINESS DATES:

- October 31: Boise State University, Idaho State University, Lewis & Clark State College during lunch
- November 4: Marines @ Lunch
- November 7: WSU Instant Decision Day @ FHS 12pm - 1:15pm (12th)

WHAT'S UP?

Would you like to read about what's happening at the elementary or middle school? Get caught up with their Friday newsletters here:

FES

FREEMAN
ELEMENTARY

FMS

FREEMAN
MIDDLE SCHOOL





Upcoming Sports



10/27 - JV @ Colfax 5pm

10/30 - Varsity vs.
Lind/Ritzville (SENIOR
NIGHT) 7pm



10/28 - @ the Hub vs.
Chesterton 4:30pm

10/30 - vs. Davenport
(SENIOR NIGHT) 4pm



11/4 - Districts Round 1 @
Home vs. TBD 4pm & 6pm
GoFan Admission Only.
Passes not accepted. \$8/\$6
ticket prices. Purchase [here](#)

11/6 - District Finals @
Cheney - TBD

**CROSS
COUNTRY**

10/31 - Regionals @ Colfax
1pm Purchase tickets [here](#)

Sports Links:



Pay Fines/Fees



ATHLETE OF THE WEEK

senior
AVERY BOSWELL
volleyball

**FREEMAN SCOTTIES
ATHLETE
OF THE WEEK**
CERTIFICATE
ATHLETE OF THE WEEK
Avery Boswell

sponsored by
Freeman Athletic Booster Club

ATHLETE OF THE WEEK

junior
ALEX SCHMIDT
cross country

**FREEMAN SCOTTIES
ATHLETE
OF THE WEEK**
CERTIFICATE
ATHLETE OF THE WEEK
Alex Schmidt

sponsored by
Freeman Athletic Booster Club



Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

 Every Friday

Regular Schedule		
1	8:15 -- 9:02	47 min
2	9:06 -- 9:53	47 min
SCOTTIE BREAK	9:53 -- 10:01	8 min
3	10:04 -- 10:51	47 min
4	10:55 -- 11:42	47 min
5	11:46 -- 12:33	47 min
LUNCH	12:33 -- 1:03	30 min
6	1:07 -- 1:54	47 min
7	1:58 -- 2:45	47 min

AM Activity Schedule		
1	8:15 -- 8:57	42 min
2	9:01 -- 9:43	42 min
SCOTTIE BREAK	9:43 -- 9:51	8 min
3	9:55 -- 10:37	42 min
4	10:41 -- 11:23	42 min
5	11:27 -- 12:09	42 min
ACTIVITY	12:13-12:43	30 min
LUNCH	12:43-1:13	30 min
6	1:17 -- 1:59	42 min
7	2:03 -- 2:45	42 min

Late Start Schedule		
1	10:15 -- 10:46	31 min
2	10:50 -- 11:21	31 min
3	11:25 -- 11:56	31 min
4	12:00 -- 12:31	31 min
LUNCH	12:31 -- 1:01	31 min
5	1:05 -1:36	30 min
6	1:40 -- 2:11	31 min
7	2:15 -- 2:45	30 min

ATTENDANCE LINE

Please email fhsoffice@freemansd.org or call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive an email, note, or a call your student's absence will remain unexcused.

BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

SCOTTIE BREAK We offer Scottie Break at the High School. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: \$2.50

LUNCH - served at the High School in the MPR. Cost: \$3.90. Click image for menus.

Menu



ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.

Student HIGHLIGHTS



Freeman FBLA members kicked off the year at the NE Region Fall Conference on October 16th! They heard from local business professionals, worked on developing their leadership skills, and got a sneak peak into this year's FBLA competition season.

Student HIGHLIGHTS



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Student HIGHLIGHTS

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