



DECEMBER 5, 2025

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School



509-291-3721

PRINCIPAL'S MESSAGE

Hello Scottie Parents/Guardians/Families!

I hope you all enjoyed a fun and relaxing Thanksgiving holiday. As we return to campus, it already feels like winter activities are in full swing, and our students have launched into the season with great energy and focus. Congratulations to some more fall athletes: the Football team, who earned an impressive 5th place finish at the state tournament and our Girls' Soccer team, who brought home the State Runner-Up trophy. They represented FHS well. We are incredibly proud of the grit, teamwork, and perseverance these athletes demonstrated against strong competition. I would also like to recognize FHS Band/Choir teacher Mr. Jydstrup, who was recently named Q-6/EWU Teacher of the Month. His dedication to students and commitment to our school community are truly appreciated.

So that you know, on our late-start Wednesdays, FMS and FHS engage in meaningful collaboration through our Professional Learning Community (PLC) model. These professional development sessions allow teachers across grades 6-12 to strengthen alignment, refine instruction and focus on what matters most - student learning and growth. Some of the collaborative work currently happening in PLC's includes:

- Strengthening alignment across grade levels so students experience a cohesive learning progression from grades 6-12

continued on next page...

Freeman School District does not discriminate in any programs or activities on the basis of race, ethnicity, creed, religion, color, national origin, honorably discharged veteran or military status, sexual orientation, gender expression, gender identity, homelessness, immigration or citizenship status, the presence of any sensory, mental or physical disability, neurodivergence, or the use of a trained dog guide or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, rrussell@freemansd.org, 509- 291-3695, 15001 S Jackson Rd. Rockford, WA 99030

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Princial's message continued...

- Increasing clarity and consistency in assessments, including shared scoring practices and common expectations
- Emphasizing higher level thinking - moving students beyond summary toward deeper analysis, reasoning and problem-solving
- Building intentional skill development in writing, mathematics, science inquiry, social studies reasoning and workplace professionalism
- Using shared language and common tools to support student understanding and self assessment
- Integrating technology and resources, including AI and digital assessment tools to modernize instruction and improve efficiency
- Supporting students in developing real-world skills such as accountability, communication and self-reflection that prepare them for success beyond high school

Thank you, as always, for your partnership and support!

Go Dawgs!

Jeff Smith
Principal, Freeman High School

FINALS SCHEDULE DEC. 18-19

Final Schedule Day 1 (Thursday, Dec. 18) Final Schedule Day 2 (Friday, Dec. 19)

Period 1: 8:15 AM – 9:15 AM (FINAL)
Period 2: 9:20 AM – 9:45 AM (class time)
Scottie Break: 9:45 AM – 10:00 AM
Period 3: 10:00 AM – 11:00 AM (FINAL)
Period 4: 11:05 AM – 11:30 AM (class time)
Period 5: 11:35 AM – 12:35 PM (FINAL)
Lunch: 12:35 PM – 1:10 PM
Period 6: 1:15 PM – 1:40 PM (class time)
Period 7: 1:45 PM – 2:45 PM (FINAL)

Period 1: 8:15 AM – 8:35 AM (class time)
Period 2: 8:40 AM – 9:40 AM (FINAL)
Period 3: 9:45 AM – 10:05 AM (class time)
Scottie Break: 10:05 AM – 10:20 AM
***Period 4: 10:20 AM – 11:20 AM (FINAL)**
Period 5: 11:25 AM – 11:45 AM (class time)
Lunch: 11:45 AM – 12:15 PM
Period 6: 12:20 PM – 1:20 PM (FINAL)
Period 7: 1:25 PM – 1:45 PM (class time)
Activity Period: 1:50 PM – 2:45 PM (55 minutes – Cookies & Cocoa)

*Students attending NewTech will be able to arrange alternate times with 4th period teachers as needed



DECEMBER 6TH
Barnes & Noble Book Fair
Choir performs at 11:00am

DECEMBER 10TH
School Board Mtg. 6pm

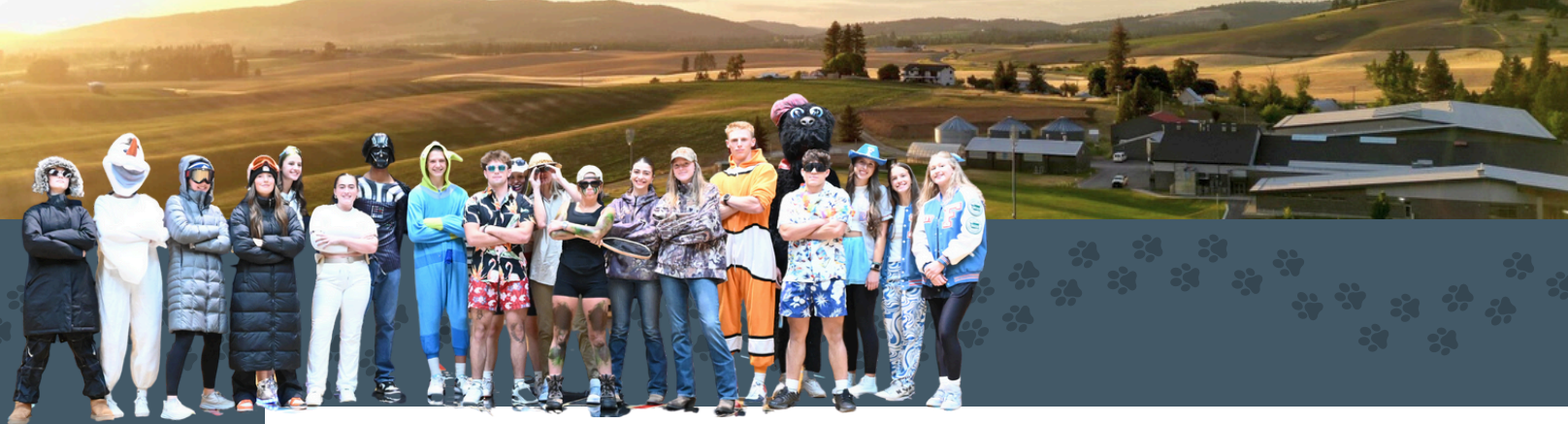
DECEMBER 12TH
AM Activity Bell Schedule

DECEMBER 15TH
FHS Band/Choir Concert - 7pm

DECEMBER 18TH-19TH
Finals - See Bell Schedules to the left

DEC 20TH - JAN 5TH
NO SCHOOL - Break

JANUARY 19TH
NO SCHOOL - MLK, Jr. Day



WHAT'S UP?

Would you like to read about what's happening at the elementary or middle school?

Get caught up with their Friday newsletters here:

FES

FREEMAN
ELEMENTARY

FMS

FREEMAN
MIDDLE SCHOOL



BARNES & NOBLE

BOOKFAIRS

Freeman School District

Saturday, December 6th

Barnes & Noble 15310 E. Indiana

Shop in store or online Dec. 6th – 11th.

- See our choir perform at 11:00am!
- Barnes & Noble will donate a portion of Freeman sales toward the purchase of new books the students have chosen. In order for us to earn credits, please let the checkout counter know you came to support the Freeman Book Fair & show code below.

Can't attend our bookfair at Barnes & Noble?

Visit bn.com/bookfairs to support us online from 12/6/25 to 12/11/25 by entering Bookfair ID 12922803 at checkout.

A percentage of your Barnes & Noble purchases will benefit our school/organization.

bn.com/bookfairs
#BNBookfairs



Congratulations Mr. Jydstrup on being selected as the EWU/KHQ Teacher of the Month!
Thank you for your hard work and dedication to our students and community!



C

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E

COLLEGE CAREER
readiness

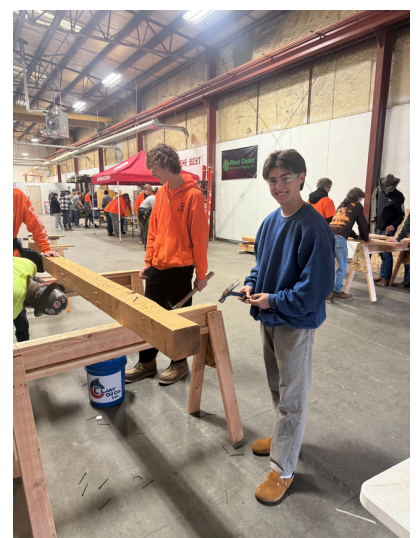


Attention Senior Families!

FAFSA and the Washington College Grant can help make college or career training more affordable for your student! FAFSA (Free Application for Federal Student Aid) is the form that opens the door to federal grants, work-study, and loans. Washington residents may also qualify for the WA Grant, which provides free money for education—no repayment required! Completing FAFSA or WASFA (for undocumented students) is the first step to access these opportunities. Apply early to give your student the best chance at financial support for their future! <https://studentaid.gov/>

SKILLS USA

Students in SkillsUSA attended a practice event for upcoming construction competitions. Students needed to know how to read blueprints and apply their knowledge of construction math and safety procedures.





Upcoming Sports



12/6 - @ Brewster GJV-2pm, BJV-2pm, BC-3:30pm, GV-3:30pm, BV-5:00pm

12/9 - vs. Clarkston GJV-4pm, BJV-5:30pm, GV-6pm, BC-7pm, BV-7:30pm

12/12 - @ Columbia Burbank GJV-4:30pm, BJV-4:30pm, GV-6pm, BC-7pm, BV-7:30pm

12/13 - vs. Lake Roosevelt GJV-2pm, BJV-3:30pm, GV-3:30pm, BV-5pm



12/6 - Boys @ West Valley Duals 9am, Girls @ Liberty 9:30am

12/9 - @ Medical Lake 5pm

12/13 - Boys @ Liberty 9:30am, Girls at Cheney 10am

Sports Links:



Pay Fines/Fees



ATHLETICS AUCTION & Dinner Fundraiser

hosted by the Freeman Foundation

March 14th | 5:30pm
Coeur d'Alene Casino & Resort

Join us for a fun evening featuring a social hour, silent & live auction and dinner to raise funds for officials fees, sports travel, equipment & more.

TICKETS ON SALE SOON

**\$60/PERSON
\$450/TABLE OF 8**

Purchase a table & sit with friends for RESERVED SEATING. Individual tickets and couples will be OPEN SEATING.

How to get involved...

- ✓ Purchase tickets and attend - must be purchased ahead of time
- ✓ Donate & help procure items by February 15th
- ✓ Extend the fun and stay the night with our discounted room block - details to come soon

If you have questions, would like to donate or volunteer please email khayek@freemansd.org



If your student is playing a winter sport, please make sure you have paid all necessary fees in order to participate. You can login to the payment site (click image above) and see any fees (if applicable) under your student account. If you have questions please email khayek@freemansd.org



Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

 Every Friday

Regular Schedule		
1	8:15 -- 9:02	47 min
2	9:06 -- 9:53	47 min
SCOTTIE BREAK	9:53 -- 10:01	8 min
3	10:04 -- 10:51	47 min
4	10:55 -- 11:42	47 min
5	11:46 -- 12:33	47 min
LUNCH	12:33 -- 1:03	30 min
6	1:07 -- 1:54	47 min
7	1:58 -- 2:45	47 min

AM Activity Schedule		
1	8:15 -- 8:57	42 min
2	9:01 -- 9:43	42 min
SCOTTIE BREAK	9:43 -- 9:51	8 min
3	9:55 -- 10:37	42 min
4	10:41 -- 11:23	42 min
5	11:27 -- 12:09	42 min
ACTIVITY	12:13-12:43	30 min
LUNCH	12:43-1:13	30 min
6	1:17 -- 1:59	42 min
7	2:03 -- 2:45	42 min

Late Start Schedule		
1	10:15 -- 10:46	31 min
2	10:50 -- 11:21	31 min
3	11:25 -- 11:56	31 min
4	12:00 -- 12:31	31 min
LUNCH	12:31 -- 1:01	31 min
5	1:05 -1:36	30 min
6	1:40 -- 2:11	31 min
7	2:15 -- 2:45	30 min

ATTENDANCE LINE

Please email fhsoffice@freemansd.org or call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive an email, note, or a call your student's absence will remain unexcused.

BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

SCOTTIE BREAK We offer Scottie Break at the High School. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: \$2.50

LUNCH - served at the High School in the MPR. Cost: \$3.90. Click image for menus.

Menu



ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.

FREEMAN SCHOOL DISTRICT

TREE OF SHARING



Spread holiday joy this season by giving gifts to a Freeman family in need .

Turn in your purchased gifts from
the sign up list to FES by

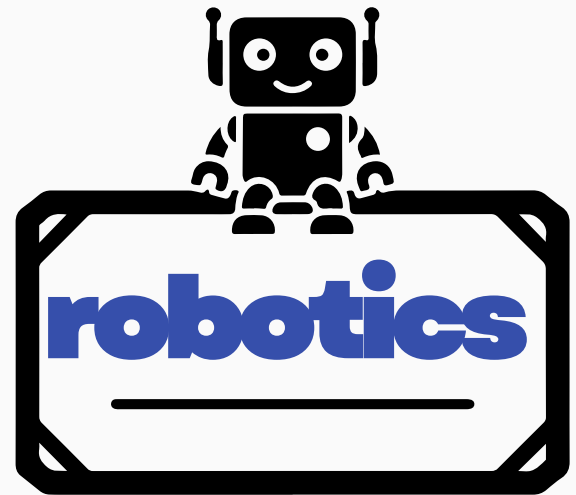
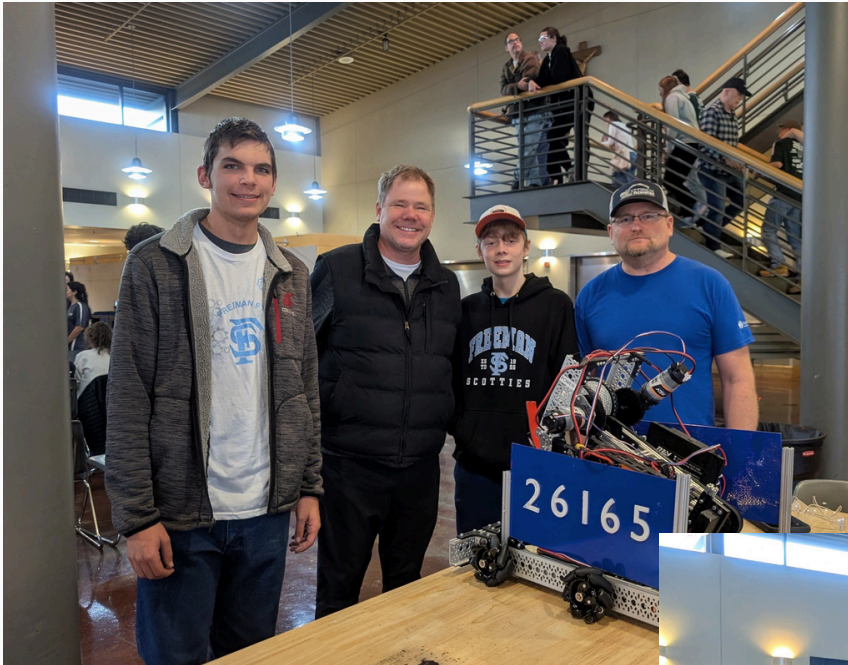
MONDAY, DECEMBER 15

SELECT A GIFT TO GIVE:

[CLICK HERE](#)

**For More Information :
509-291-4791 or
srawson@freemansd.org**

Student HIGHLIGHTS



**LAST SATURDAY OUR
ROBOTICS TEAM
ATTENDED THEIR 2ND
LEAGUE COMPETITION
WHERE THEY SCORED 8TH
OUT OF 12 TEAMS.**



Student HIGHLIGHTS

SOCCER



Congratulations Freeman Soccer!
2nd Place at State