



FEBRUARY 14, 2025

# THE FRIDAY FLYER

Weekly Newsletter of Freeman High School



509-291-3721

## A MESSAGE FROM THE PRINCIPAL

One of the most exciting parts of my week was hearing about the many ways that our students are shining! One of Freeman's choral students, senior Olivia Poso, was awarded 2nd Place All-State B in category of Choral Solo and Ensemble. This high recognition certainly reflects Olivia's hard work and talent - Congratulations!

Congratulations also to Lily Crosby for her award-winning painting and Harper Sefton for her award-winning photography. Both ladies received 2nd Place Awards in this year's NEWESD 101 Regional Art Show. This competition includes works from students at all schools throughout Eastern Washington - way to go Lily and Harper!

I'd also like to congratulate Jack Florence - Jack has been awarded, and accepted, an appointment at the United States Air Force Academy. Congratulations, Jack, and may I offer our sincere gratitude for your service!

As we roll into next week, the registration process for the 25-26 school year will begin. Our school counselor, Ms. Holm, will begin visiting with students in English classes over the next several weeks. Registration begins with course requests: students indicating what they are interested in taking; student requests then drive the building of a schedule that tries to satisfy as many student requests as possible. FHS registration is not a process by which the schedule is already created and by which students are placed in that schedule on a first come, first served basis; rather, FHS registration is data gathering system to create the best scheduling possible which is finalized in late spring. New this year is a course guide that will be online and linked to our website. Ms. Holm will be sending details about accessing this digital advancement soon. Enjoy a fantastic long weekend!  
Go Dawgs!

Jeff Smith  
Principal, Freeman High School

The Freeman School District complies with all federal and state rules and regulations and does not discriminate on the basis of age, sex, marital status, race, color, creed, national origin, disability or the use of a trained guide dog or service animal by a person with a disability, sexual orientation, including gender expression or identity, veteran or military status, and provides equal access to the Boy Scouts of America and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX officer and/or Section 504/ADA coordinator: Randy Russell, Ph.D., Superintendent, 15001 S. Jackson Road, Rockford, WA 99030, 509-291-3695.

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## REMEMBER TO PAY FINES/FEES

Please note that class fees for second semester (if applicable) have been assigned to student accounts. Please login [here](#) and check the status of your student's account at FHS and make payments as needed. Fines and fees are not visible in Skyward Family Access only our online payment platform. If you have any questions, please email Kristal Hayek [khayek@freemansd.org](mailto:khayek@freemansd.org).

## SPRING SPORTS BEGIN IN TWO WEEKS!

Track, Baseball, Softball and Tennis begin on March 3rd. Golf will begin shortly after then (more details to follow and dependent on weather). Please go in to [Final Forms](#) and double check that you have selected the Spring Sport which your student plans to play (only select 1 Spring Sport). This is how we know how many athletes to expect and this is the main form of coach/parent communication before the season begins. All online forms will also need to be completed by both parent and student. We also need a current sports physical on file for your student in order for them to even participate in the first practice. You can check the status of your student's physical in Final Forms as well.

You will also need to make sure to have all sports fees paid before the first game:

- ASB Card: \$35 (once annually)
- Transportation: \$20 (once annually)
- Spring Sport: \$25 (sports fee are per sport)

Spring Sport team photos will be held on Tuesday, March 11th, immediately after school. Stay tuned for more details on how to order photos.



**FEBRUARY 17TH**  
NO SCHOOL - Presidents' Day

**FEBRUARY 27TH**  
FSD Board Meeting - 6pm  
PRTC Conference Room

**MARCH 3RD**  
Spring Sports Begin

**MARCH 7TH**  
NO SCHOOL - Snow Make Up Day

**MARCH 11TH**  
North Palouse Industry Fair

**MARCH 12TH**  
LATE START - 10:15am

**MARCH 15TH**  
Athletics Auction & Dinner

**MARCH 24TH**  
FSD Board Mtg. - 6pm PRTC  
Conference Room



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COLLEGE CAREER

readiness



# ACCEPTED TO SCC



**A heartfelt thank you to Spokane Community College for helping 7 Freeman seniors take the next big step towards their futures!**

**With your support, these students are now on their way to pursuing their post-secondary goals for Fall 2025.**

**Financial aid is available for**

- Public & private universities
- Community & technical colleges
- Career training
- Registered apprenticeships

Learn more at [WSAC.wa.gov](http://WSAC.wa.gov)



## Upcoming Sports



**2/19** - Districts vs. NW Christian @ West Valley HS

GV - 5:00pm  
BV - 8:00pm



**2/15** - State Qualifier event @ Home 10:00am

## Sports Links:



### CONGRATULATIONS



### ATHLETE OF THE WEEK

**NASH  
MCLEAN**

**BASKETBALL**



### CONGRATULATIONS



### ATHLETE OF THE WEEK

**BEARRET  
MURPHEY**

**WRESTLING**



# Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

## BELL SCHEDULES

### Regular Schedule

1	8:15 -- 9:02	47 min
2	9:06 -- 9:53	47 min
SCOTTIE BREAK	9:53 -- 10:01	8 min
3	10:04 -- 10:51	47 min
4	10:55 -- 11:42	47 min
5	11:46 -- 12:33	47 min
LUNCH	12:33 -- 1:03	30 min
6	1:07 -- 1:54	47 min
7	1:58 -- 2:45	47 min

### AM Activity Schedule

1	8:15 -- 8:57	42 min
2	9:01 -- 9:43	42 min
SCOTTIE BREAK	9:43 -- 9:51	8 min
3	9:55 -- 10:37	42 min
4	10:41 -- 11:23	42 min
5	11:27 -- 12:09	42 min
ACTIVITY	12:13-12:43	30 min
LUNCH	12:43-1:13	30 min
6	1:17 -- 1:59	42 min
7	2:03 -- 2:45	42 min

### Late Start Schedule

1	10:15 -- 10:46	31 min
2	10:50 -- 11:21	31 min
3	11:25 -- 11:56	31 min
4	12:00 -- 12:31	31 min
LUNCH	12:31 -- 1:01	31 min
5	1:05 -1:36	30 min
6	1:40 -- 2:11	31 min
7	2:15 -- 2:45	30 min

## ATTENDANCE LINE

We do not have an "attendance only" phone number at the high school. Please call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive a note or a call, your student's absence will remain unexcused.

## BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

**SCOTTIE BREAK** We have brought back Scottie Break at the High School this year. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: \$2.50

**LUNCH** - served at the High School in the MPR. Cost: \$3.80



## ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.



# ATHLETICS AUCTION & Dinner Fundraiser

March 15th | 5:30pm  
Coeur d'Alene Casino & Resort

Join us for a fun evening featuring a social hour, silent & live auction and dinner to raise funds for officials fees, sports travel, equipment & more.

**BUY TICKETS HERE**

**\$60/PERSON**  
**\$450/TABLE OF 8**



Purchase a table & sit with friends for **RESERVED SEATING**. Individual tickets and couples will be **OPEN SEATING**.

## How to get involved...

- ✓ Purchase tickets and attend - must be purchased ahead of time
- ✓ Donate & help procure items by February 15th
- ✓ Extend the fun and stay the night with our discounted room block - use booking id# 12691 CALL 1-800-523-2464 (sold out last year)

If you have questions, would like to donate or volunteer please email [khayek@freemansd.org](mailto:khayek@freemansd.org)

# AUCTION

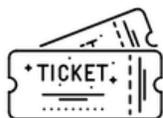
# WISH

# LIST



*benefitting Freeman High School Athletics*

Our 3rd Annual Freeman Athletics Auction & Dinner is March 15, 2025. We are currently looking for donation items. Below are some ideas. If you can help with any of these items, please email one of the committee members listed at the bottom of this page.



## TICKETS & PASSES

Sports & Concert Tickets, Box Seats, VIP Treatments, Theater Tickets



## CRAFTED ITEMS

Handmade items, woodworking, metal works, custom gifts



## VACATIONS & EXCURSIONS

Condos, Timeshare, VRBO, Golf weekends, wine tastings, active adventures, airline tickets, etc.



## GIFT CARDS

Gift cards to just about anywhere - restaurants, stores, salons, spas, movie theaters, etc.



## HOSTED PARTIES

Theme parties thrown by one or more families such as progressive dinners, holiday parties, children's parties, etc.



## UNIQUE & RARE ITEMS

Collectibles, sports memorabilia, sports equipment, collectibles

*If you would like to donate, please complete the [donation form](#) and return to one of us by Feb. 15th:*

**JILL MORPHY**

jill.morphy@hotmail.com

**LESLEY LOCHMILLER**

lesleylochmiller11@gmail.com

**KRISTAL HAYEK**

khayek@freemansd.org

# Student HIGHLIGHTS



**Culinary students making Valentine's Day treats!**



**Congratulations Olivia!  
2nd Place All-State B in  
Choral Solo and Ensemble**

