



FEBRUARY 28, 2025

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School

509-291-3721

A MESSAGE FROM THE PRINCIPAL

Hello Scottie Parents/Guardians/Families!

Conducting my weekly classroom visits is always a highlight of my week; this week, visiting the choir class was especially enjoyable – to sit and listen to their work, to observe the passion with which the director, Mr. Jydstrup teaches, and to note the improvement of a particular section of students is incredible. As you're likely aware, our Boys Basketball team is District Champions and readying to participate in the State 2B Basketball Tournament starting tonight! After the game tonight, we will better know when the team will play next week. Please be on the look-out for an email from FHS on Monday morning, March 3, regarding the options and processes for students wanting to attend any Freeman games that take place during school hours. As mentioned last week, please also be aware of future emails inviting you to parent-student-teacher conferences on April 3rd and 4th - Mrs. Lagreid has worked hard to create a new scheduling process that will hopefully be more convenient and efficient for you. I hope that you and your family enjoy the sun this weekend!

Go Dawgs!

Jeff Smith
Principal, Freeman High School

The Freeman School District complies with all federal and state rules and regulations and does not discriminate on the basis of age, sex, marital status, race, color, creed, national origin, disability or the use of a trained guide dog or service animal by a person with a disability, sexual orientation, including gender expression or identity, veteran or military status, and provides equal access to the Boy Scouts of America and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX officer and/or Section 504/ADA coordinator: Randy Russell, Ph.D., Superintendent, 15001 S. Jackson Road, Rockford, WA 99030, 509-291-3695.

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Thank you Freeman Community for supporting the FSD



- ✓ Safety
- ✓ Security
- ✓ Technology

Levy

Your support in passing this levy helps ensure a brighter, safer future for our students!



MATERIALS NEEDED FOR STUDENT PROJECTS

Do you have old horseshoes, drawer pulls, chalk paint or house numbers lying around? Our Construction and Metals students could use them for upcoming projects. Donations can be dropped off with Mr. Rae or Ms. Youseph. Be on the lookout for an upcoming SkillsUSA project sale!

SENIOR ALL NIGHTER PLANNING MEETING

If you are interested, there will be a Senior All-Nighter Planning Meeting on Tuesday, March 4th, a 6:00pm in the Freeman High School Library. They will be discussing the event budget, final fundraising opportunities, and potential prize/gift ideas. If you have any questions please reach out to Jill Morphy at 509-953-1266. Please note this is a parent-run event and is not sponsored by the school so please direct all questions directly to the committee.

- MARCH 3RD**
Spring Sports Begin
- MARCH 7TH**
NO SCHOOL - Snow Make Up Day
- MARCH 11TH**
North Palouse Industry Fair
Spring Sport Team Photos - 3pm
- MARCH 12TH**
LATE START - 10:15am
- MARCH 15TH**
Athletics Auction & Dinner
- MARCH 24TH**
FSD Board Mtg. - 6pm PRTC Conference Room
- APRIL 3RD - 4TH**
NO SCHOOL - Parent/Teacher/Student Conferences
- APRIL 7TH - 11TH**
NO SCHOOL - Spring Break



C
T
E

Apprenticeship Information Night!

High School Students & Parents

Meet registered apprenticeship coordinators in our area and find out how to pursue a career in the skilled trades!



Apprenticeships

- Avista
- Associated General Contractors
- Advanced Manufacturing
- Carpenters
- Construction Industry Training Council
- Electricians
- Glaziers
- Heat & Frost Insulators
- Iron Workers
- Laborers
- Machinists
- Plasters & Cement Masons
- Plumbers & Pipe Fitters
- Sheet Metal Workers
- Spokane Community College
- Welders
- And More...

March 20, 2025
6:00 p.m. to 8:00 p.m.

NEWTech PREP Skills Center

4141 N. Regal, Spokane WA

Let us know if you're coming.
Registration not required.



Questions? Contact Marie Miller mariem@spokaneschools.org

IMPORTANT COLLEGE & CAREER READINESS DATES:

- March 11: North Palouse Industry Fair 8:30am - 12:30pm
- March 20: Apprenticeship Information Night @ NEWTech Prep Skills Center 6-8pm
- March 25: HUB Hiring Fair for Seniors 9:15m-11:15am
- April 2: Future Ready Trades Night @ East Valley High School 5-7:30pm
- April 14: Deadline for Nurse Camp Applications
- April 22: Spring ASVAB
- April 24: SAT School Day

COLLEGE CAREER readiness



Upcoming Sports



2/28 - Boys Round 1 of State
- 6:00pm @ West Valley vs. Adna

SPRING SPORTS BEGIN MONDAY!

Track, Baseball, Softball, Golf and Tennis begin after school on March 3rd. Please go in to Final Forms and double check that you have selected the Spring Sport which your student plans to play (only select 1 Spring Sport). This is how we know how many athletes to expect and this is the main form of coach/parent communication before the season begins. All online forms will also need to be completed by both parent and student. We also need a current sports physical on file for your student in order for them to even participate in the first practice. You can check the status of your student's physical in Final Forms as well.

Sports Links:



STCU Donates Video Board to Freeman High School

In partnership with **Be Seen!** BALDWIN SIGNS.COM and **DAKTRONICS**

We are thrilled to share that a brand-new videoboard was installed in the main gym at Freeman High School this past week! This incredible addition was made possible thanks to the generosity of STCU, who fully funded the project - just as they have done for multiple high schools in our region. Their continued commitment to our community is truly appreciated. This videoboard is a fantastic enhancement to our already incredible campus and we can't wait for you to experience it at future events held in the FHS gym! We also want to extend our gratitude to Daktronics and Baldwin Signs for their contributions to this project.



Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

Regular Schedule		
1	8:15 -- 9:02	47 min
2	9:06 -- 9:53	47 min
SCOTTIE BREAK	9:53 -- 10:01	8 min
3	10:04 -- 10:51	47 min
4	10:55 -- 11:42	47 min
5	11:46 -- 12:33	47 min
LUNCH	12:33 -- 1:03	30 min
6	1:07 -- 1:54	47 min
7	1:58 -- 2:45	47 min

AM Activity Schedule		
1	8:15 -- 8:57	42 min
2	9:01 -- 9:43	42 min
SCOTTIE BREAK	9:43 -- 9:51	8 min
3	9:55 -- 10:37	42 min
4	10:41 -- 11:23	42 min
5	11:27 -- 12:09	42 min
ACTIVITY	12:13-12:43	30 min
LUNCH	12:43-1:13	30 min
6	1:17 -- 1:59	42 min
7	2:03 -- 2:45	42 min

Late Start Schedule		
1	10:15 -- 10:46	31 min
2	10:50 -- 11:21	31 min
3	11:25 -- 11:56	31 min
4	12:00 -- 12:31	31 min
LUNCH	12:31 -- 1:01	31 min
5	1:05 -1:36	30 min
6	1:40 -- 2:11	31 min
7	2:15 -- 2:45	30 min

ATTENDANCE LINE

We do not have an "attendance only" phone number at the high school. Please call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive a note or a call, your student's absence will remain unexcused.

BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

SCOTTIE BREAK We have brought back Scottie Break at the High School this year. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: \$2.50

LUNCH - served at the High School in the MPR. Cost: \$3.80



ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.

College Bound



There are two ways to start getting texts about **financial aid** and **college resources**:

For all Washington State high school students & parents/guardians:

Text "Hi OtterBot" to one of the numbers below or scan a QR code to message us directly:



STUDENTS

360.928.7281



PARENTS

360.634.0354

Or, if you're already enrolled in College Bound:

Use this QR code to update your number:



For more info, visit: wsac.wa.gov/otterbot.

Msg & data rates may apply.



ATHLETICS AUCTION & Dinner Fundraiser

March 15th | 5:30pm
Coeur d'Alene Casino & Resort

Join us for a fun evening featuring a social hour, silent & live auction and dinner to raise funds for officials fees, sports travel, equipment & more.

Final week to
buy tickets!

BUY TICKETS HERE

\$60/PERSON
\$450/TABLE OF 8



Purchase a table & sit with friends for RESERVED SEATING. Individual tickets and couples will be OPEN SEATING.

How to get involved...

- ✓ Purchase tickets and attend - must be purchased ahead of time
- ✓ Donate & help procure items by February 15th
- ✓ Extend the fun and stay the night with our discounted room block - use booking id# 12691 CALL 1-800-523-2464 (sold out last year)

If you have questions, would like to donate or volunteer please email khayek@freemansd.org

Student HIGHLIGHTS



Congratulations Wrestling State Placers

Ryder Pedersen - 8th place at 106 lbs

Quinten Malone - 8th place at 113 lbs

Bear Murphey - 8th place at 120 lbs

Lincoln Wright - 8th place at 157 lbs

Student HIGHLIGHTS



**Congratulations Freeman Boys
Basketball - District Champs!**

Student HIGHLIGHTS



CONGRATULATIONS



ATHLETE OF THE WEEK

COLTON WELLS

BASKETBALL



CONGRATULATIONS



ATHLETE OF THE WEEK

RYDER PEDERSEN

WRESTLING

Student HIGHLIGHTS



FREEMAN *knowledge bowl*