

MAY 2, 2025

# THE FRIDAY FLYER

Weekly Newsletter of Freeman High School



509-291-3721

## A MESSAGE FROM THE PRINCIPAL

Hello Scottie Parents/Guardians/Families!

While the sun has certainly done it's best to make the week brilliant, FHS students have shined even brighter! In my view, Color Clash week has been a super success – students jumped on board, and the extra energy has been extremely fun throughout the past four days. Thank you to our ASB and Mr. Monasmith for helping to make this a memorable event!

Starting next week, our focus shifts to State and AP testing. Please note that it is extremely important that all 10th grade students and AP testers attend school with their Chromebooks completely charged – SBA testing begins during 1st period, and we do not have a stockpile of extra machines for students without fully charged devices.

I'd like to close by highlighting a Freeman student who received a Chase Youth Award for Entrepreneurship earlier this week, and received a regional WASA Student Leadership Award today. I consider myself extremely fortunate to be able to work with such an exceptional student leader, and I can honestly say, similar to other student leaders that I've worked with at Freeman, Lane Mathews has made a tremendously positive impact on all of Freeman High School as well as the Freeman Community.



Go Dawgs!

Jeff Smith

The Freeman School District complies with all federal and state rules and regulations and does not discriminate on the basis of age, sex, marital status, race, color, creed, national origin, disability or the use of a trained guide dog or service animal by a person with a disability, sexual orientation, including gender expression or identity, veteran or military status, and provides equal access to the Boy Scouts of America and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX officer and/or Section 504/ADA coordinator: Randy Russell, Ph.D., Superintendent, 15001 S. Jackson Road, Rockford, WA 99030, 509-291-3695.

## In This Issue

Principal's Message

PAGE 01

Upcoming Events

PAGE 02

Run the Palouse Fun Run

PAGE 02

Vitalant Blood Drive

PAGE 02

SBA Testing Information

PAGE 03

FFA Plant Sale

PAGE 03

SE Spokane County Fair Royalty

PAGE 04

Athletics News & Events

PAGE 05

Daily Happenings & Details

PAGE 06

Student Highlights

PAGE 07-10

FREEMAN CROSS COUNTRY PRESENTS

Run the Palouse 2025

**1 MILE OR 5K**

**Fun Run**

Sat. May 17th - Freeman High School

**Cost:**

1 M - \$25, 5K - \$30 if reg. & paid by 5/3

1 M - \$30, 5K - \$35 after 5/3\*

\*Shirt included only if registered & paid by 5/3

Price increases  
May 4th

**Times:**

1 Mile - 9:30am

5K - 9:50am

**Register:**



[freemansd.org/runthepalouse](https://freemansd.org/runthepalouse)

**Questions:** Email: [runthepalouse@gmail.com](mailto:runthepalouse@gmail.com)

Run the Palouse is a 5K/1 Mile Fun Run put on by the FHS Cross Country Team.

All ages and skill levels are welcome, from walkers to competitive runners.

Proceeds benefit Freeman High School Cross Country.

**BLOOD DRIVE**

Because of you, life doesn't stop.

[Sign Up Here](#)

FHS will be  
hosting  
Vitalant for a  
Blood Drive  
Thurs., May  
8th, from  
8:30am-1:30pm.  
Sign up and  
reserve your  
time now.

# UPCOMING events

**MAY 3RD**

FFA Plant Sale 9am  
Jr/Sr Prom 8-11pm - Center  
Place

**MAY 7TH**

LATE START FOR STUDENTS -  
10:15am

**MAY 8TH**

Vitalant Blood Drive 8:30am-  
1:00pm FHS Gym

**MAY 17TH**

Run the Palouse Fun Run

**MAY 23RD**

NO SCHOOL - Snow Make Up  
Day

**MAY 26TH**

NO SCHOOL - Memorial Day

**MAY 27TH**

Art Show & Band/Choir  
Concert

**MAY 28TH**

FSD Board Mtg. 6pm - PRTC





# SMARTER BALANCED ASSESSMENT (SBA) TESTING INFO

Spring is in full swing, and with it comes an exciting opportunity for our students to showcase their skills in the upcoming Spring 2025 Smarter Balanced Assessments (SBA)! We wanted to provide you with the schedule for testing at FHS, so you can mark your calendars.

- 10th Grade ELA: May 5th & 6th, 8:15 am
- 10th Grade Math: May 20th & 21st, 8:15 am
- 11th Grade Science (WCAS): May 8th, 8:15 am

We encourage you to ensure that your student's computer is fully charged prior to testing, so they can dive into the assessments without any technical hiccups. Additionally, if your student will be absent on any of these testing dates, please reach out to Heidi Youseph at your earliest convenience. We'll work together to schedule a make-up time that fits your student's needs. Thank you for your ongoing support in your student's academic journey!

# FFA PLANT SALE/ART CLUB POT SALE

Come by tomorrow morning at 9:00am for the FFA Plant Sale and Art Club Clay Pot Sale! Photos of the amazing plants and pots are below. The sale will be held in the back parking lot near the greenhouse and will accept cash, card and check. The sale will only be open until they are sold out so don't wait too long!

JOIN US FOR OUR ANNUAL  
FREEMAN FFA

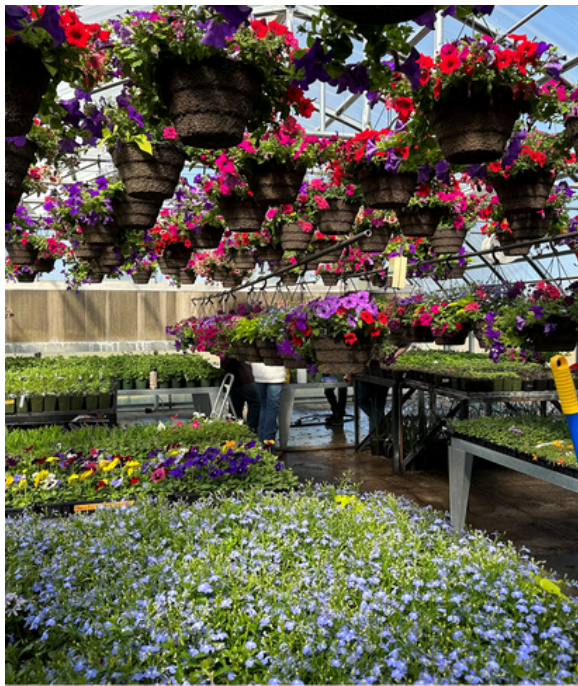
## Plant Sale

MAY 3RD, 2025

- Hanging baskets
- Tomatoes
- Basket Fillers
- Geraniums
- Annuals
- Clay pots

Doors open at 9 AM  
We are taking cash, card and check!

All money raised goes to supporting our competitions and future plant sales!



@freemansd.art

FREEMAN CTE ART CLASS

## Handmade Pottery

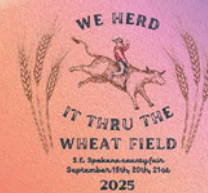
Plant Pots & Flower Vases

\$5-\$7





# Southeast Spokane County Fair Royalty



## Are you interested in representing your community and school as royalty for the SE Spokane County Fair?

Each year the Southeast Spokane County Fair board selects fair royalty to represent our community at annual local events. The chosen candidates also receive a scholarship. This year, the board is seeking four young girls (1 queen and 3 princesses). To qualify, you must be a current sophomore or junior attending either Freeman High School or Liberty High School. Each candidate will be sponsored by a local business or non-profit group in our area. Candidates will be judged on the following: application essay, judges interview, impromptu question and overall decorum. It is important that each candidate presents herself professionally, can speak well publicly and has knowledge of the SE Spokane County fair activities and events. Contestant punctuality, courtesy, and consideration to everyone is of primary importance at all times.

## Selection Timeline

Application Deadline - Friday, May 16, 2025 (applications can be downloaded from: <https://sespokanecountyfair.com/fair-royalty>)

Candidate Meet & Greet - Thursday, May 22, 2025 @ The Rockford Grange

Candidate Interviews and Coronation - Sunday, June 1, 2025 @ The Fairfield Community Center

## Scholarships

The chosen court will each receive scholarship funds to help further their education after high school.

Queen = \$500 Princesses = \$250

## Required Community Events for the 2025 Royalty Court

- Fairfield Flag Day - Saturday, June 14th
- Tekoa Slippery Gulch - Saturday, June 21st
- Rockford Lions Club Car Show - Saturday, August 16th
- Southeast Spokane County Fair - Fri-Sun, September 19-21st
- Media Day with KHQ/KXLY - Dates TBD

## Applications are due by Friday, May 16<sup>th</sup>

Submit to:

**Kellie Miner:** minerfamily@hotmail.com **Lisa Jacot:** lisa\_jacot@yahoo.com

Phone: 509-979-6753

Phone: 509-251-4010

## IMPORTANT COLLEGE & CAREER READINESS DATES:

- May 21: Trade Program Discovery Day @ SCC 8am-12pm





## Upcoming Sports



**5/2** - vs. Newport (SENIOR NIGHT) 3:00pm

**5/5** - @ Reardan 3:30pm

**5/6** - vs. Chewelah 3pm

**5/10** - @ East Valley 9am



**5/7** - Varsity vs. Newport 4pm (SENIOR NIGHT). JV to follow Varsity game around 5:45pm



**5/3** - Varsity vs. Colfax (SENIOR NIGHT) 12pm



**5/6** - @ Colfax (NE2B League Championships) 1pm



**5/5** - Boys at Districts @ Latah Creek 10am

**5/9** - Boys & Girls @ Kalispel Golf Course

## Sports Links:



**Pay Fines/Fees**



CONGRATULATIONS



**ATHLETE OF THE WEEK**

EMMA HOLLEN

TENNIS



CONGRATULATIONS



**ATHLETE OF THE WEEK**

OWEN OFFEREINS

TRACK & FIELD



CONGRATULATIONS



**ATHLETE OF THE WEEK**

TRISTIN ASHMOORE

TRACK & FIELD



# Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

## BELL SCHEDULES

Regular Schedule		
1	8:15 -- 9:02	47 min
2	9:06 -- 9:53	47 min
SCOTTIE BREAK	9:53 -- 10:01	8 min
3	10:04 -- 10:51	47 min
4	10:55 -- 11:42	47 min
5	11:46 -- 12:33	47 min
LUNCH	12:33 -- 1:03	30 min
6	1:07 -- 1:54	47 min
7	1:58 -- 2:45	47 min

AM Activity Schedule		
1	8:15 -- 8:57	42 min
2	9:01 -- 9:43	42 min
SCOTTIE BREAK	9:43 -- 9:51	8 min
3	9:55 -- 10:37	42 min
4	10:41 -- 11:23	42 min
5	11:27 -- 12:09	42 min
ACTIVITY	12:13-12:43	30 min
LUNCH	12:43-1:13	30 min
6	1:17 -- 1:59	42 min
7	2:03 -- 2:45	42 min

Late Start Schedule		
1	10:15 -- 10:46	31 min
2	10:50 -- 11:21	31 min
3	11:25 -- 11:56	31 min
4	12:00 -- 12:31	31 min
LUNCH	12:31 -- 1:01	31 min
5	1:05 -1:36	30 min
6	1:40 -- 2:11	31 min
7	2:15 -- 2:45	30 min

## ATTENDANCE LINE

We do not have an "attendance only" phone number at the high school. Please call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive a note or a call, your student's absence will remain unexcused.

## BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

**SCOTTIE BREAK** We have brought back Scottie Break at the High School this year. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: \$2.50

**LUNCH** - served at the High School in the MPR. Cost: \$3.80



## ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.



# Student HIGHLIGHTS



## COLOR CLASH





# SENIOR SPOTLIGHTS THIS WEEK

**FUTURE PLANS:**  
Attend Northwest University to get my bachelors in animal biology while playing Volleyball, then getting my veterinary license at WSU


2025  2025

**QUOTE:**  
"How lucky are we?"  
- Zach Bryan




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**FUTURE PLANS:**  
Work for a while then go to culinary school

2025  2025

**QUOTE:**  
"Be the change that you wish to see in the world."  
- Mahatma Gandhi



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# SENIOR SPOTLIGHTS THIS WEEK

**FUTURE PLANS:**  
Attend Walla Walla Community College and play Basketball

2025  2025

**QUOTE:**  
"Wanna go do Karate in the basement?"  
- Brennan Huff



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**FUTURE PLANS:**  
Attend Vanguard University and play Basketball while studying for a business degree in finance.

2025  2025

**QUOTE:**  
"Damn Good Goodbye"  
- Mike Ryan




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# SENIOR SPOTLIGHTS THIS WEEK




# SENIOR SPOTLIGHTS THIS WEEK

**FUTURE PLANS:**  
Play Baseball at Chandler-Gilbert Community College

2025  2025

**QUOTE:**  
"(Be)lieve in (you)rself"

**NASH**

A portrait of a young man with dark hair, wearing a white polo shirt and blue jeans, leaning against a stone wall.

**FUTURE PLANS:**  
Attend Boise State University to major in Business Administration

2025  2025


**QUOTE:**  
"Nothing lasts forever"

**WILLIAM**

A portrait of a young man with curly brown hair, wearing a black t-shirt and blue jeans, sitting on a wooden log.


# SENIOR SPOTLIGHTS THIS WEEK

**FUTURE PLANS:**  
Attend the University of Tennessee to major in Materials Science and Engineering.


2025  2025

**QUOTE:**  
"Gone Fishin'"

**PRESTON**


A portrait of a young man with blonde hair, wearing a grey jacket over a white t-shirt and grey pants, standing outdoors.

**FUTURE PLANS:**  
Attend EWU for Elementary Education

2025  2025

**QUOTE:**  
"If you need to make a change in your life do it, it's worth it."

**GAVIN**


A portrait of a young man with curly brown hair, wearing a light blue t-shirt and blue jeans, sitting outdoors.

# SENIOR SPOTLIGHTS THIS WEEK



# SENIOR SPOTLIGHTS THIS WEEK

**FUTURE PLANS:**  
Attend the U.S. Air Force Academy to study either chemical or mechanical engineering and hopefully fly after I graduate.

2025  2025

**QUOTE:**  
"Do. Or do not. There is no try."  
- Master Yoda

**JACKSON**



**FUTURE PLANS:**  
I plan to pursue a career in education.

2025  2025


**QUOTE:**  
"If all else fails, you can marry rich."  
- Rory Gilmore

**ADDISEN**




# SENIOR SPOTLIGHTS THIS WEEK

**FUTURE PLANS:**  
Attend Montana State University to become an Elementary or High School English teacher.


2025  2025

**QUOTE:**  
"If you want to view paradise - simply look around and view it. Anything you want to, do it! Wanna change the world? There's nothing to it!"  
- Wonka

**ANNIE**




**FUTURE PLANS:**  
Attend Chaminade University of Honolulu to get a degree in Elementary Education to serve the dignity of children and youth ministry's.

2025  2025

**QUOTE:**  
"Growth and comfort do not coexist."  
- Ginni Rometty

**LILLY**



# SENIOR SPOTLIGHTS THIS WEEK