

AUGUST 26, 2022

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School



509-291-3721

A word from our principal

Hello Scottie Parents/Guardians/Families!

I would like to share with you a little more about one element of our schedule that may be unfamiliar to some: Advisory. To begin, Advisory is a daily 30-minute period that is used to house state requirements such as Social Emotional Learning (SEL) and College and Career Readiness (CCR). Advisory also provides us with time to offer school club meetings, school assemblies, guest speakers, etc. while minimizing disruption to regular periods of instruction. A new addition to Advisory this year is Scottie Time. Scottie Time allows all students to self-select into an educational experience of their choice.

Please find a further explanation of SEL and CCR on page 3 in this edition of our Friday Flyer along with a revised snapshot of Advisory at FHS on page 7. To restate from last week, I hope to see you all at our Meet & Greet/Orientation/Ice Cream Social on Monday, and I am absolutely excited to get the 2022-23 school year going!

Online student registration is required for every Freeman student so please login to [family access](#) (instructions on page 8-9) and get that taken care of before Wednesday.

The Freeman School District complies with all federal and state rules and regulations and does not discriminate on the basis of age, sex, marital status, race, color, creed, national origin, disability or the use of a trained guide dog or service animal by a person with a disability, sexual orientation, including gender expression or identity, veteran or military status, and provides equal access to the Boy Scouts of America and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX officer and/or Section 504/ADA coordinator: Randy Russell, Ph.D., Superintendent, 15001 S. Jackson Road, Rockford, WA 99030, 509-291-3695.

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Immunization Information

Please note: documentation on all missing immunizations or an exemption must be turned in before your child can start school on August 31st, 2022. (RCW 28A.210.080) Students with incomplete immunizations may not be assigned a teacher/class schedule and may not be allowed to participate in school sports. You should have received a letter if something was missing or incomplete.



MEET & GREET

Mon. Aug. 29th 3:30-6:30pm



All FHS students and their families are encouraged to attend our Meet & Greet/Orientation/Ice Cream Social night Monday, August 29th, from 3:30 - 6:30pm. This event is an Open House style event however there will be an important Parent Meeting at 5:45pm in the Blue Gym followed immediately by an Athletic Parent Meeting. Parents, please plan to be here at least this portion of the evening.

During this time students will:

- Receive their schedules/locker assignments
- Have a chance to learn about all clubs offered
- Walk the halls, meet their teachers, orient themselves with their classrooms, etc.
- Enjoy some ice cream and connect with other students

If you have any questions, please feel free to call the office at 291-3721.

UPCOMING events

MON. AUGUST 29TH

Meet & Greet/Orientation/
Ice Cream Social 3:30-6:30pm

TUES. AUGUST 30TH

Fall Sports Team Photos - 2pm
([order here](#)) Code SPO4014

WED. AUGUST 31ST

First day of school - 8:15am

MON. SEPTEMBER 5TH

NO SCHOOL - Labor Day

THURS. SEPTEMBER 8TH

School Board Mtg. - 6pm
K-8 MPR

THURS. SEPTEMBER 8TH

School Pictures ([order here](#))
Use code FAL220877

A complete listing of High School events can be found under the High School website at the "[Calendar](#)" tab.



WHAT IS SEL, OR SOCIAL AND EMOTIONAL LEARNING?

SEL, or Social and Emotional Learning, is education surrounding the whole human student. When we talk about SEL, we're talking about:

- helping our students understand and manage their emotions
- creating positive and achievable goals
- practicing empathy - the awareness of other people's experiences and emotions
- building and maintaining healthy and positive relationships
- making responsible decisions in all aspects of their lives

The ultimate goal of SEL is to build skills in our students that help them to see themselves as fully capable humans, whatever their paths may be. When students feel connected to their school community and see the value in who they are, their academic achievement is likely to improve; we are likely to see improvement in the culture and climate of the school and community as a whole as well!

We will be using The Core Project for our SEL curriculum. This is new to us this year and we are looking forward to utilizing their engaging and applicable materials. The team at The Core Project has created a lesson platform based on best practices - focusing on the skills mentioned above - and created an age-based curriculum for Middle and High School students. Families will have access to a curriculum overview for every lesson and teachers, in collaboration with Ms. Holm, will provide these lessons to students on Wednesdays during advisory. You can find resources regarding The Core Project on the Freeman High School website as well as [The Core Project online](#).

WHAT IS CCR, OR COLLEGE & CAREER READINESS?

CCR, or College and Career Readiness, involves working with students and families as students explore career options and begin making postsecondary plans for being CCR ready. CCR means students graduate from high school prepared for success in a wide range of high-quality postsecondary opportunities. Being CCR ready means students have the knowledge, skills and disposition needed to be successful in any pathway they choose to pursue. A few of the ways we connect students to opportunities are:

- Weekly CCR lessons in advisory
- College & Career presentations at school
- Community events like Construction Days, Trades Night & Business After School
- Individual planning sessions with students
- Individual planning sessions with parents/guardians
- Senior Information Night
- Financial Aid information



Upcoming Sports Events



8/26 - JV & Varsity Jamboree
@ Liberty 5pm

9/2 - Varsity Football
@ West Valley 7pm

9/6 - JV Football vs. West
Valley 5pm



8/31 - Jamboree @ Cheney
4:30/6pm

9/2 - Soccer vs. West Valley
4pm

9/6 - Soccer vs. Lakeside
4pm



9/1 - Jamboree @ Freeman
4pm

9/6 - vs. Lakeside JV-5pm
Var-6:30pm

**CROSS
COUNTRY**

9/10 - Highlander Invite
@ Shadle 9:30am

Sports Resources



Pay Fines/Fees



Class/Club/Sports Fees at FHS

In order to cover the costs of enrichment in advanced and specialized classes and to help cover costs associated with student activities and athletics, the School Board has approved the following fees for students who participate in clubs, specific classes and sports at Freeman High School. See Board Policy [here](#).

If any of these fees create a hardship for your family or would keep your student from full participation, please contact Kristal Hayek in the office. Part of the process will be completing the Free/Reduced Lunch application that is available in Family Access (Skyward). Click [here](#) for instructions on how to apply. Please do this ASAP.

All of the fees listed may be paid for online through our [payment portal](#). You will use your Family Access login and password to access your student's account. From there you can select each item accordingly. Please wait until after September 30th to pay class fees as sometimes schedules change in the first couple weeks of school.

ASB FEES		DISTRICT FEES	
	AMT		AMT
ASB CARD	\$35.00	ANATOMY & PHYSIOLOGY	\$10.00
ASB CARD REPLACEMENT	\$ 5.00	AP BIOLOGY	\$10.00
BAND	\$15.00	AP ENVIRONMENTAL SCIENCE	\$10.00
BAND PERCUSSION	\$10.00	ART (per semester)	\$20.00
CONSERVATION CLUB	\$12.00	CHEMISTRY	\$10.00
FBLA DUES	\$25.00	CONSTRUCTION/SHOP (per semester)	\$10.00
FFA DUES	\$20.00	HORTICULTURE	\$ 5.00
ART CLUB	\$10.00	PHYSICS	\$10.00
HONOR SOCIETY DUES	\$12.00	RENTAL INSTRUMENT	\$40.00
SPIKEBALL CLUB	\$10.00	TRANSPORTATION/EXCURR (per year)	\$20.00
SKILLS USA CLUB	\$20.00		
SPORTS FEE (per season)	\$25.00		
YEARBOOK	\$45.00		
YEARBOOK – (late purchase)	\$50.00		
YEARBOOK – (engraving)	\$ 5.00		
		SCHOOL BREAKFAST	\$ 2.10
		SCHOOL LUNCH	\$ 3.25



FREEMAN SCOTTIES

SHOP FREEMAN SCOTTIES GEAR NOW!

Now you can order Scottie gear anytime you want. No minimum orders. Direct shipping to your home in 5-7 days!

If you are looking for Freeman gear, we now have an online storefront that is open 24/7. Each item has the option of several different designs and colors.

Follow this [link](#) to start shopping. Go Scotties!





Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

Regular Schedule		
0	7:00 - 7:50	50 min
1	8:15 – 9:05	50 min
2	9:10 – 10:00	50 min
ADVISORY	10:05 – 10:35	30 min
3	10:40 – 11:30	50 min
4	11:35 – 12:25	50 min
LUNCH	12:25 – 12:55	30 min
5	1:00 – 1:50	50 min
6	1:55 – 2:45	50 min

2 Hour Late Start		
1	10:15 – 10:51	36 min
2	10:56 – 11:32	36 min
3	11:37 – 12:13	36 min
LUNCH	12:13 – 12:43	30 min
4	12:47 – 1:23	36 min
5	1:28 – 2:04	36 min
6	2:09 – 2:45	36 min

ATTENDANCE LINE

We do not have an "attendance only" phone number at the high school. Please call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day.

BREAKFAST/LUNCH

For the last two years Freeman School District has provided free meals to all students regardless of free/reduced or paid status. This year we will be operating under the standard National School Lunch guidelines, which means students will once again pay for meals. However, families can still fill out Free/Reduced price meal applications. Instructions on how to apply [here](#).

- BREAKFAST** - served only in the K-8 MPR. High school students wishing to have breakfast at school will need to go to the K-8 MPR to get their "grab-n-go" breakfast. Cost: \$2.10
- LUNCH** - served at the High School in the MPR. Cost: \$3.25



ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.



Freeman High School Advisory 2022-23

Why do we have an Advisory period?

State requires designated Social Emotional Learning (SEL) instruction, College & Career Readiness (CCR) guidance and a High School and Beyond Plan (HSBP - also a grad requirement).

FHS staff also wants to support a variety of school clubs, school assemblies, guest speakers, etc.

Housing all of this in an Advisory period allows FHS to meet state requirements and minimizes disruptions to regular class periods of instruction.

What are the changes for advisory this year?

New SEL lessons

New options for Tuesday and Thursday

Students will earn a $\frac{1}{4}$ credit per semester for advisory. Attendance, participation and completed activities for SEL, Scottie Time, and HSBP will all figure into a Satisfactory/Unsatisfactory grade.

What does a typical Advisory Week Look Like this year? 30 minutes per day

Monday (or first day of the week)	Tuesday	Wednesday	Thursday	Friday
Launching Day	Scottie Time	SEL Lesson	Scottie Time	CCR Lesson

Potential Variations to an Advisory Week (regardless of the day)

- School Assemblies
- ASB Meetings
- Club Meetings
- Guest Speakers (including CCR speakers)
- Course Registration

What is the purpose for Scottie Time on Tuesday and Thursday?

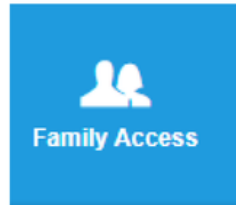
- Time for re-learning or for receiving course specific educational assistance/intervention
- Time for re-assessing or to make up an assessment due to excused absences
- Time for extended learning about a particular subject/topic
- Time for learning something new that may be tied to a teacher's personnel expertise/interest

FREEMAN SCHOOL DISTRICT 1:1 TECHNOLOGY FOR EVERY STUDENT 6-12 GRADE


This year the Freeman School District will be providing and assigning 6th – 12th grade students a Chromebook for use at school and at home as a means to promote achievement and provide flexible learning opportunities.

Family Access is open for one parent/guardian of each student to be able to go in and update their student’s information and sign the Chromebook Mandatory Agreement form, Chromebook FAQ and either Opt-In or Opt-out for an Assurance Program. The Chromebook forms will need to be completed by Monday, Sept 5, 2022 and Chromebooks and chargers will be handed out during school on Tuesday, Sept 6th, 2022.

If you do not already have the link to “Family Access”, go to freemansd.org and click on the blue header in the middle is the link you need:



Once you have clicked on the link you will need to enter your log-in. If you do not have your log-in information, contact Raelyn Davis in the office at 291-3721. (NOTE: if you change your password it does take up to 24 hours to change).



SKYWARD®

FREEMAN SCHOOL DISTRICT

Login ID:


Password:

[Forgot your Login/Password?](#)

05.22.06.00.06

Login Area: Family/Student Access ▼

Once you are logged in your will see the following page:



Family Access
All Students

▼

Home

New Student
Online
Enrollment

FHS Registration
for all returning
students


FMS
Registration for
all returning
students

Calendar

Attendance

Student Info

Busing



Family Access for FREEMAN ELEMENTARY SCHOOL

Family Access has been turned off while we finalize class are being made due to changing enrollment. You are invit
pm Open House where final classroom assignments will t
(Kindergarten/Transitional Kindergarten Orientation begin

Wellness Screening

**1. In the last 24 hours, have you experienced any of t
symptoms in a way not normal to you?**

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing

Either click on the FHS Registration or the FMS Registration – depending on which student you are completing the paperwork for. You will need to complete the paperwork for each student individually. Once you have clicked on the link, you will need to click on your student’s name. Once you have clicked on your student’s name you will be taken to this screen:

Home

New Student
Online
Enrollment

FHS Registration
for all returning
students

FMS Registration
for all returning
students

Calendar

Attendance

Student Info

Busing

FMS Registration for all returning students

JOSHUA (FREEMAN MIDDLE SCHOOL 2022-2023)

District Message

Welcome to Online Registration for the 2022-23 School Year. Please verify your student's information using the steps on the right by 9/5/22. If you have any questions, please call: 509-291-7301

District Message

1. Verify Ethnicity/Race
2. Verify Military Family
3. Verify Student Information

a. Student Information
 b. Family Address
 c. Family Information
 d. Emergency Information
 e. Emergency Contacts
 f. Health Information
4. Add a Food Service Application
5. Inadequate Technology Access

You will then need to click on the links – under the “District Message”. This will update all information that is needed for the new School year. All steps must be completed for all students.

Freeman High School

PICTURE DAY IS HERE



ORDER YOUR PHOTOS TODAY!

To order online at
www.leosphotography.com
use school code

FAL220877



FHS Picture
Day
is Sept. 9th

SPOKANE: 509-924-3600
AUBURN: 253-736-2180



2022-2023
School Year



Student Accident & Sickness Insurance

Some families have little or no financial resources to fall back on during an unexpected emergency. Uncovered costs of medical care following an injury or illness may be a serious problem for families.

MYERS-STEVENSON & TOOHEY CAN HELP!

Our plans can provide useful insurance protection for your children. They can even be used to assist with the high co-insurance, deductibles and other cost sharing requirements common to many of today's health plans. To assist you during unforeseen emergencies, and help expand your choice of provider, your school has partnered with us to offer voluntary coverage for accidents or illnesses.



See full brochure
Enroll online



Arranged and Administered by:



myers | stevens | toohey



Freeman Athletics Dinner & Auction

Help us continue the tradition of excellence

Join us for a fun evening featuring a social hour, auction and dinner to raise funds for Sports Travel and Officials Fees at Freeman.

Ticket Price
\$75/\$40
couple/ind.
on sale beg. 8/29

How to Get Involved

- ✓ Purchase tickets
- ✓ Donate/procure items by 9/30
- ✓ Help on the committee/volunteer day of
- ✓ Stay the night - discounted room rate - use code 9935 CALL 1-800-523-2464

Date/Time

Oct. 22, 2022 - 5:30pm

Location



Coeur d'Alene Casino
37914 S. Nukwalqw Rd.
Worley, ID 83876

Contact Us

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