# **FREEMAN ELEMENTARY SCHOOL**

Lisa Phelan Principal/Asst. Superintendent lphelan@freemansd.org 509-291-4791 x100

Main Line: 509-291-4791 Attendance Line: 509-291-7425 Transportation: 509-291-5555

Brianne Wineinger, Secretary bwineinger@freemansd.org Shayla Daniel, SPED/Elem. Secretary sdaniel@freemansd.org

## SCOTTIE SCOO FEB

February				
Mon	Tue	Wed	Thu	Fri
3	4	6	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

No school on Monday in observance of Presidents' Day. Please see attached District Calendar. It is the most up to date calendar.

### **Upcoming Dates**

FEB 15	HS Wrestling Regionals @HOME at 10:00am
FEB 17	President's Day (No School)
FEB 18	Musical Rehearsal-Check Schedule (K8 MPR)
	Mat Dawgs = 5:30 (10Under) 6:30 (11Up)
FEB 19	Girl Scouts (FES CC)
	Math is Cool (FES Large Conf.)
FEB 20	Musical Rehearsal-Check Schedule (K8 MPR)
	Mat Dawgs = 5:30 (10Under) 6:30 (11Up)
FEB 21	5:30-7:30pm = GLOW DANCE! (FES Gym)
FEB 25	Musical Rehearsal-Check Schedule (K8 MPR)
	Mat Dawgs = 5:30 (10Under) 6:30 (11Up)
FEB 26	Girl Scouts (FES CC)
	Math is Cool (FES Large Conf.)
FEB 27	Musical Rehearsal-Check Schedule (K8 MPR)
	Mat Dawgs = 5:30 (10Under) 6:30 (11Up)
	6:00pm = FSD Board Meeting (PRTC)
FEB 28	Chiefs Game (see attached flyer)

#### **Athletic Auction**

The Freeman Athletic Auction is just around the corner. Please click on one of the 3 links below. **DONATE AN ITEM PURCHASE TICKETS MORE INFO.** 



AUCTION **WISH** 



**TICKETS & PASSES** Sports & Concert Tickets, Box Seats, VIP Treatments, Theater Tickets



**VACATIONS & EXCURSIONS** Condos, Timeshare, VRBO, Golf weekends, wine tastings, active adventures, airline tickets, etc.







Gift cards to just about anywhere restaurants, stores, salons, spas, movie theaters, etc.

**UNIQUE & RARE ITEMS** 

Collectibles, sports memorabilia.

sports equipment, collectibles

#### HOSTED PARTIES

Theme parties thrown by one or more families such as progressive dinners. holiday parties, children's parties, etc.

Questions? Please email khayek@freemansd.org

#### Thank You Community!



Thank you for voting! Every vote counts!

#### ENROLLMENT for 2025-2026 2014

Enrollment for the 2025-2026 school year for Transitional Kindergarten, Kindergarten and New Students will open March 1st. Please follow this <u>LINK</u> to register and make sure you choose the next school year. Please know that registering for TK is not a guaranteed spot.

#### Fun Girls Basketball Opportunity

#### SPOKANE CHAMPIONS YOUTH CLINIC REGISTRATION OPEN:



Spokane Sports is proud to partner with Idaho Central Credit Union and work alongside SYSA and 3XBA to bring the Champions Youth Clinic to Spokane. **3XBA** is a professional women's FIBA 3x3 league and development program dedicated to transforming the landscape of women's basketball. Athletes will have the opportunity to learn from Olympians, former professional and collegiate players, and advance all skills! Check out this cool program for girls interested in basketball. Click below to register.



**PROGRAMMING:** 

- 📃 DATE | Thursday, March 27th
- 🔯 3rd/4th/5th GRADE | 3:00 4:15 PM
- 🔯 6th/7th/8th GRADE | 4:30 5:45 PM

#### LOCATION:

The Warehouse | 800 N Hamilton St, Spokane, WA 99202

#### **REGISTRATION:**

REGISTER YOUR KIDS TODAY | All participants will receive an exclusive

Spokane Champions Women in Sports Youth Clinic T-Shirt

#### President and First Lady Wax Museum

Great job to our presidents and first ladies. Thank you for teaching us about the leaders of our country. Thank you to Carli Kadzejs and the 2nd Grade teachers for another wonderful Wax Museum!





#### **PACE Character Trait for February**



Counseling Corner with School Counselor Stacey Rawson srawson@freemansd.org



MANAGING BIG EMOTIONS: Sometimes kids feel angry, frustrated, or sad, and that's okay! It's important for them to learn how to handle these feelings in a healthy way. Talking about feelings helps kids feel understood and in control. When children manage their emotions, they can respond to situations in a positive way.

Try This: Create a "calm-down corner" with cozy pillows, books, and stress-relief tools like a squeeze ball. Encourage your child to use this space when they need a break.

Questions about this or other ways to support your student socially or emotionally? Contact School Counselor Stacey Rawson.

#### Let's have some FUN! 👘 🚈



FRIDAY, FEBRUARY 21ST 5:30-7:30 PM FREEMAN ELEMENTARY SCHOOL GYM

\$10 PER FAMILY ROOT BEER FLOATS FOR PURCHASE COOKIES AND WATER WILL BE PROVIDED





TICKET DEADLINE FEBRUARY 24. TICKETS WILL BE DELIVERED DIGITALL

#### Scottie Gear!

Game-One website has Scottie Gear year around. Please follow this <u>LINK</u>.

#### **Online Safety Hub**

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Please follow this <u>LINK</u> to go to our Online Safety Hub. This is a great resource for parents to understand the different apps that your children have or want to have, so you can make informative decisions about your child's online presence. See attached flyer for more information.

#### **Opt-In to Text Messages**

### You can take advantage of our Text Messaging Service

Our school utilizes the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings, safety alerts and more.\*

You can participate in this free service\* just by sending a text message of "Y" or "Yes" to our school's short code number, 67587.

#### **Nutrition Services**

BREAKFAST Elementary Kids: \$2.20 Adults: \$3.20	17 Presidents Day No sc Hoor	<sup>18</sup> French Toast Sticks Sausage Patty Cereal & Goldfish Juice Variety Chocolate Milk White Milk Gala Apple	19 Mini Filled Bagel Cereal & Goldfish Fresh Orange Juice Variety Chocolate Milk White Milk	20 Banana Bread  Cereal & Goldfish  Banana Juice Variety Chocolate Milk White Milk	21 Cinnamon Roll W/lcing Cereal & Goldfish Pear Juice Variety Chocolate Milk White Milk
LUNCH Elementary Kids: \$3.50 Adults: \$5.00	17 Presidents Day No school	18 Chicken Alfredo Bread Sticks Alternate Lunch Chocolate Milk White Milk	19 Chicken Tenders Dinner Roll WG Alternate Lunch Chocolate Milk White Milk	<sup>20</sup> Chicken Drumstick Dinner Roll WG Alternate Lunch Chocolate Milk White Milk	<sup>21</sup> Chicken Burger Alternate Lunch Chocolate Milk White Milk

Freeman School District Nutrition Services (FSD-NS) will always feed students one full breakfast and one full lunch every day, regardless of free, reduced or paid status, and regardless of funding on a student's account. Even if a student has a negative balance on their meal account, FSD-NS will always serve a full meal if requested by the student.

However, please note that regardless of eligibility (F/R/P), if a student's meal account has a negative balance, FSD-NS will not serve a la carte items\* to that student (chips, drinks, Rice Krispy Treats, individual milk or juice, etc.). We will serve these students a full breakfast or lunch if requested. Additionally, if a student wants a second serving of breakfast or lunch, there needs to be funds on the students account to pay for the second meal/entrée. If you have questions about FSD-NS procedures, feel free to reach out to FSD-NS Director,

Kent Bevers: <u>kbevers@freemansd.org/509-291-7510</u>

\*A la carte items are not offered at breakfast or lunch to elementary students, with the exception of milk.

Freeman School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, <u>trussell@freemansd.org</u>, (509) 291-3695, 15001 S Jackson Rd. Rockford, WA 99030 (Updated 2021)



August

#### FREEMAN SCHOOL DISTRICT #358 2024 - 2025 School Calendar



#### Significant Dates

August					
Mon	Tue	Wed	Thu	Fri	
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5	6	7	8	9	
12	13	14	15	16	
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28	29	30	31		
	N	ovemb	er		
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	De	ecemb	er		
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16	17	18	19	20	
23	24	25	26	27	
30	31				
January					
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27	28	29	30	31	

Διισμετ 19	Staff Orientation/Open House
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•	•
•	First Day of Kindergarten
-	No School
•	Labor Day Holiday - <b>No School</b>
-	Late Start PD
	Professional Development - No School
	Conferences - No School
	Late Start PD
November 11	Veterans' Day Observed - No School
November 25 - 29	Thanksgiving Holiday - No School
December 4	Late Start PD
December 20	End of Semester
December 23 - January 3	Winter Break - No School
January 6	Professional Development - No School
January 20	Martin Luther King Jr. Day - No School
February 5	Late Start PD
February 17	Presidents' Day Holiday - <b>No School</b>
-	Snow Make-up Day - No School
	Late Start PD
	Conferences - No School
•	Spring Vacation - No School
-	Professional Development - No School
•	Late Start PD
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	High School Graduation
June 11	Last Day of School - Early Release

Shaded Dates - No School

O Indicates Late Start/Professional Development Days

- \* Indicates Parent Conference Days No School
- \*\* Indicates Early Release 12:30 pm

School Begins & Ends

February				
Mon	Tue	Wed	, Thu	Fri
3	4	(5)	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
		March		
Mon	Tue	Wed	Thu	Fri
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10	11	(12)	13	14
17	18	19	20	21
24	25	26	27	28
31				
		April		
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		May		
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	_	June		
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# **SPOKANE SOUTH LITTLE LEAGUE** Registration Open!





Spokane South Little League is a non-profit organization based on Spokane's South Hill. Chartered with Little League Baseball, we serve more than 500 kids each spring playing baseball. Little League Baseball, Incorporated is a non-profit organization whose mission is to "promote, develop, supervise, and voluntarily assist in all lawful ways, the interest of those who will participate in Little League Baseball and Softball.



spokanesouthlittleleague@gmail.com





# **SPOKANE SOUTH** LITTLE LEAGUE **Registration Open!**

**Divisions of Play** 

TBall Ages 4-6 \$100, Tuesdays

**A - Coach Pitch** Ages 7-8 \$120 Mondays & Wednesdays 6-7pm

**AA - Developmental Kid Pitch** Ages 8-10 \$150 Tuesdays & Thursdays 6-7:15pm

**AAA - Competitive** Ages 8-10, 11 \$190 Tuesdays & Thursdays

Challenger, Ages 4-18 (boys and girls with physical and mental challenges) \$45 Fridays 6-7pm

Majors, Ages 10-12 \$190 Mondays & Wednesdays (with one practice per week in addition to games) 6-7:30pm











# FSD TECHNOLOGY NEWS October,2024

Dear Parent / Guardian,

As part of our commitment to your child's online safety, we want to let you know about an important update. Freeman School District has partnered with Qustodio, the world's leading provider of online safety solutions.

As devices play an increasing role in children's education it is crucial that we put safeguards in place. Your child already benefits from internet filtering technology which blocks inappropriate web content on their school-owned Chromebook. This is also mandated by US legislation.

Freeman School District is going one step further. We are granting every parent a free Qustodio Parental App account. Qustodio will give you important insights into your child's online activity on their school Chromebook. You can use it to review and manage activities on other devices in your home too.

#### With Qustodio, you'll be able to:

- Manage your child's screen time
- Supervise your child's online activity
- Access expert advice via Freeman School Districts Online Safety Hub

Qustodio is a valuable partner that prioritizes privacy, safety and rights of students and parents worldwide.

#### **Activate Your Free Account**

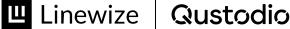
On the following page, you will find simple instructions to register your account. Please be sure to use the same email address we have on file for you when registering to connect to your child's device.

We are excited to work with you and Qustodio to help our students develop healthy and safe online habits. Please visit **Freeman School District's Online Safety Hub** for more information about Qustodio, access to expert advice and additional resources.

Freeman does not provide support for Qustodio; instead, Qustodio offers support for their own product. Please email inquiries to: myschool@qustodio.com

Freeman School District Information Technology





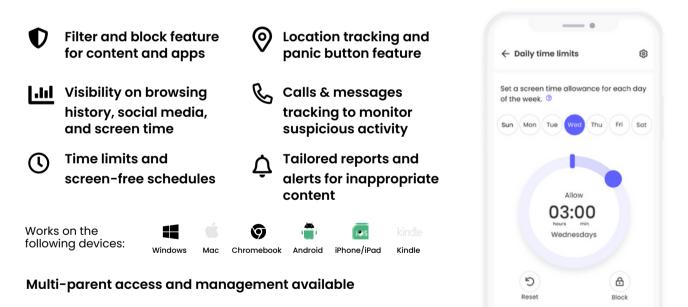
# App for Parents & Families

Technology makes a direct impact on children, their families, and their learning environment. For children to learn and grow as digital citizens in our increasingly connected world, we must first lay out the foundations of online safety, digital literacy, and wellbeing.

Through our school district's partnership with Linewize, our online safety and wellbeing provider, we are able to extend visibility and safeguarding controls on to parents and guardians.



Parents and guardians can also extend protection to personal devices with family-focused digital wellbeing features that adapt to different needs as their child grows:



Qustodio is COPPA compliant and does not share personal data with third parties.



#### How to get started

1. Scan the QR code or visit qustodio.com/my-school

2. Create your account using the email address your school has on file

3. Get real-time visibility