Mrs. Phelan, Principal/Asst. Superintendent ■ OFFICE (509) 291-4791 ■ FAX (509) 291-7339
ATTENDANCE (509) 291-7425 www.freemansd.org Issue: March 31 2023

# InsideMeet the Elementary Office Staff2FES Food Drive (April 10-14)3Movie Premiere Do Something Extraordinary (4/13)3Spring Chess Club Information4Rockford Youth Baseball (Deadline 4/19)5Hidden in Plain Sight Event6Yearbook Order Form (Deadline 4/28)7Freeman PTSG Remaining 2022-23 Meetings7School Menus for Return From Break7

### **Happenings**

April 4: Deadline: Educational

Effectiveness Survey (see QR

Code, upper right)

April 3-7 Spring Break - NO SCHOOL

April 10-14 FES Food Drive

April 11 Fit for Bloomsday, 3:00 pm,

FES Playground

April 13 Movie Premiere - Do Something

Extraordinary, 7:00 pm, 1st Interstate

Center for the Arts (see page 3) Fit for Bloomsday, 3:00 pm, FES

Playground

April 14 ITK/Kindergarten Roundup

April 19 Deadline: Rockford Youth Baseball

Registrations

Spring Chess Club Begins (see page 4)

## Will you have a kindergartener enrolling Fall 2023 (age 5 by 8/31/23)?



Interest also accepted for Inclusive Transitional Kindergarten (ITK) age 4 by 8/31/2023.

If so, please alert the elementary office with student name, birthdate and your email address so we may follow up with you. (509) 291-4791

Those currently attending Freeman's preschool or ITK do not need to call.

ITK/Kindergarten Roundup & Orientation
April 14 - please call now call to set your meeting.

## Educational Effectiveness Survey (EES) Open for Families & Students Grades 4-12



The Center for Educational Effectiveness Survey is now open to families for grades 4-12 through April 4. Your participation and our students' participation helps our school district in its commitment to identify sustainable methods toward improvement and increased student performance. Thank you for taking the time to submit your feedback! Snap QR Code above.

### Visiting the School?

Please help us reinforce our **safety** procedures for entry to school buildings.

#### **Prior to Entry...**

- 1. Buzz in—we're happy to see you!
- 2. Be ready to state the purpose of your visit (meetings with staff generally require advance scheduling)
- 3. Have your State ID in hand

#### On Entry...

- 1. Check in at the front desk with your State ID
- Receive and wear a name badge



Thank you Freeman PTSG for providing food and refreshments for our staff during Conference days this week!

Freeman School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, rrussell@freemansd.org, (509) 291-3695, 15001 S Jackson Rd. Rockford, WA 99030 (Updated 2021)



## Meet Our Elementary Office Staff



Lisa Phelan is our **Elementary Principal** and Freeman School

**District Assistant** Superintendent. Her childhood nickname was Lis.

On her bucket list is to fish in Alaska with her husband, and to attend a Las Vegas Raiders game in the new stadium. She also wants to visit Ireland with family.

Two fun facts about

Mrs. Phelan are: she was in a Coca Cola commercial in 7<sup>th</sup> grade, and she met Oprah Winfrey and has a photo with her.





Mike Allen is a **Teacher on** Special **Assignment** (TOSA) and Middle School Athletic Director. His childhood nickname was Mouse. On Mr. Allen's bucket list is to travel through Europe; visit Yosemite National Park; and to Sky Dive. A couple facts

about him

include that he is one of six children —three older (two sisters and a brother) and two younger (twin sisters). In his downtime, he

enjoys sewing and Hallmark

movies.



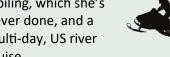




### Ann Kienholz Jurcevich is our Elementary Head Secretary.

Childhood nicknames were Annie Banani, and Annie, which most of her family call her. On her bucket list is snowmobiling, which she's

never done, and a multi-day, US river cruise.



Ann will leave Freeman at the end of this contract year to free more time for her 93-year-old mother, while continuing to build a housekeeping business. This change will eliminate her current Garwood-Freeman commute and M-F work week. She enjoys writing descriptive and narrative experiential stories (but

needs more subject matter!), and hopes to submit more to magazines and newspapers in the years to come.















Dani League is our Elementary Secretary. She goes by her nickname, Dani, short for Danielle.



On Dani's Bucket List is travel to Machu Picchu and Iceland! A couple fun facts about Dani is that she had a radio show in college, and her two

attend Freeman Elementary.





## **ELEMENTARY FOOD DRIVE - APRIL 10-14**



Freeman Elementary is working with the food bank again this spring to help fill the foodbank shelves for the summer.

Our "All Hands on Deck Food Drive" is April 10-14.

Suggested items for each grade are listed below:

Preschool (ITK): seasoning packets and cup-of-noodles

**Kindergarten and First Grade:** dinner food, tomato products, noodles, instant mashed potatoes, spam, tuna, taco shells, refried beans, etc.

**Second and Third Grades:** lunch food, tuna, peanut butter, jelly, macaroni and cheese, soups, etc.

**Fourth and Fifth Grades:** breakfast food, oatmeal, pancakes, peanut butter, jelly and syrup, cans of fruit, etc.

**NOTE:** sugar, flour, brown sugar and cake mixes are always welcomed, although they have plenty of green beans and corn. Please make sure <u>nothing is outdated</u> because the food bank must discard these items.

## **MOVIE PREMIERE**

Buckle up for the World Premiere of the feature documentary film, "DO SOMETHING EXTRAORDINARY." The inspiring story of Freeman's own Gabe Tesch (2021 Grad), a pediatric brain cancer survivor-turned-race-car driver. Gabe knew he wanted more than an ordinary life. He wanted to do something extraordinary.

Be inspired by this story as it chronicles Gabe's journey through cancer and what it will take for him to climb the ladder of professional open wheel racing.

### **First Interstate Center for the Arts**

Thursday, April 13 at 7:00 pm



## 会響置金包と FREEMAN CHESS CLUB

Sign up for Spring 2023 ~ Grades 2 - 8

SCHEDULE: After School on Wednesdays: 3:00 – 4:00 pm 6 Weeks: April 19, 26 May 3, 10, 17, 24



Professional Chess Coach John Dill provides lectures, videos, and exercises, then facilitates tournament play. Students compete for club tournament awards. The chess club also competes against other clubs in regional tournaments held on Saturdays. Qualifying students are encouraged to enter the WA State Championship Tournament in April 29, 2023. See summer camp flier: www.inlandchess.org

TUITION ~ \$65 for 6 weeks. Each session is one hour. Registration form below.

Tuition provides: A. coaching fees, B. coaching supplies, C. end of semester awards, D. insurance, coach development, and administration costs. Installment payments are accepted and limited scholarships are available.

Parents are encouraged to attend chess club to learn and play (free of charge).

Note: Inland Chess Academy does not contact children directly by phone, text, or email.

Cut >		***************************************			
REGISTRA	ATION Freeman School	Chess Cl	ub Spring 2023		
Student's name:		Grade	New to Chess Club? _		
2nd Student's name: _	100	Grade	New to Chess Club? _		
Chess Skill: Begini	ner Intermediate Advanc	ed Played in	tournament? _Yes _No	,	
check-out registry. Coaches confirmed in writing. Alter Parent:	I. NEEDS:	not be delayed. I alk out to parking	Non-parental pick-up must be totTo After Care.		
(or Guardian)	Phone:		4nile		
(or Guardian)	Fnone;	en en	Maii:	-	
	City		WA ZIP		
\$15 OPTIONAL to \$18 OPTIONAL Yo	tion, 6 weeks. Installment payments urnament style chess set for study a ear subscription to www.ChessKid.c	nd play a hom com	nolarships are available. ie.		
Lea	ake check payable to Inland Chess Academ ave check and registration form at school o bring them to first day of Chess Club.	eck and registration form at school office, mail to Inland Chess Academy office,			
Inland Chess Acad	emy ~ Licensed insured WA state	non-profit 50	N.c.3. educational organiza	ation	

chess@inlandchess.org

920 N. Argonne Rd., Suite 120, Spokane Valley, WA 99212 509-822-9800

www.lnlandChess.org facebook.com/inlandchess

## 2023 Rockford Youth Baseball

T-BALL Ages 5-6 Mon & Wed 6pm practice/5:30 games

CAPS Ages 7-9 Mon & Wed 6pm practice/games

(or following t-ball game)

MINORS Ages 10-12 Tue & Thu 6pm practice/games

Practice starts the first week in May.

Rockford Youth Baseball will be starting soon and we are looking for volunteers to coach. If you are interested, please give us a call!

Home fields are at HRC Park and/or the Rodeo Grounds in Rockford

\*Freeman teams are created only after Rockford teams are filled.

Away games are played in Fairfield and at Liberty School in Spangle

Call or go to www.rockfordwa.com for a link to the REQUIRED forms

\*\* (1) Registration, (2) concussion form, and (3) payment must be submitted

before April 19<sup>th</sup> to ensure placement,

\$40 Registration Fee

Due to limited space, we will not be accepting any latecomers this year

### Mail completed forms to:

Nicki Seehorn @ PO Box 242 Rockford, WA 99030 or 509-998-6476 <a href="mailto:nseehorn@gmail.com">nseehorn@gmail.com</a>

Heidi Johnson @ Rockford Town Hall 20 W Emma St (drop off) PO Box 49 Rockford, WA 99030 (mail) 509-270-3311 hroecks@yahoo.com

# Hidden in Hidden in

# Plain Sight Plain Sight



Are you able

## Parents & those who work with youth, this training is a must.

Learn how to spot indicators of teen substance misuse, mental health concerns, unhealthy relationships and human trafficking.

Plus, walk through a mock teen bedroom and (try to) identify

70 + items

which can indicate problem or risky behaviors.

Learn More + Register

## Parents & those who work with youth, this training is a must.

Attendees will learn how to spot indicators of teen substance use, mental health concerns, unhealthy relationships and human trafficking. Plus, walk through a mock teen bedroom and try to identify 70+ items which can indicate problem or risky behaviors.

### Thursday, April 13

Freeman High School 14626 S. Jackson Rd. Rockford, WA 99030 5:30 p.m. - 7:30 p.m.

21+ / light refreshments

### Monday, April 17

**University High School** 12420 E. 32rd Spokane Valley, WA 99216 5:30 p.m. - 7:30 p.m. 21+ / light refreshments

### Tuesday, April 18

Westwood Middle School 1015 Salnave Rd. Cheney, WA 99004 5:30 p.m. - 7:30 p.m. Free child care 21+ / light refreshments

## Tuesday, April 18

Staff Online 11 a.m. -12:30 p.m.

### Wednesday, April 19

Staff In-Person ESD 101 Center 4202 S. Regal St. Spokane, WA 99223 1 p.m. - 3 p.m.

### Wednesday, April 19

ESD 101 Center

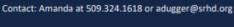
4202 S, Regal St. Spokane, WA 99223 5:30 p.m. - 7:30 p.m. 21+ / light refreshments

REGISTER HERE!

Contact: Amanda at 509.324.1618 or adugger@srhd.org



to identify evidence of risky behavior to allow you to intervene or to seek help as needed? Consider attending one of these presentations. (left)

















## Order Your 2022-2023 Yearbook!

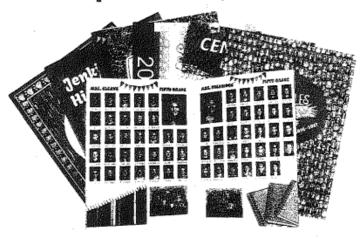
Freeman Elementary School and

## Freeman Middle School

Don't miss out! Yearbooks are a great way to remember your classmates and keep traditions alive in your school.

Please return this envelope to the school office before:

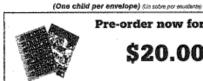
April 28th, 2023



## Freeman Middle School

and Elementary School

Ostronia o I not I renne Calabada da	agiambo misaabami
Student's Last Name	
Phone #	Grade Grade



Teacher Name,

www.leosphotography.com

Pre-order now for only

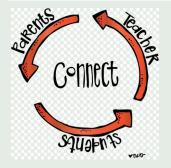
\$20.00

Qty of Books Ordered	Total \$

Return this envelope to the school office with cash, check, or Money order made payable to:

Freeman Middle School





Your Freeman School District

Parent-Teacher-Student Group (PTSG) would love to see our parents/quardians at our final PTSG meeting.

Please join us May 10

5:30 PM, FES Community Classroom



Please think about participating as an elementary classroom representative for the 2023-24 school year. More to follow on that special opportunity.

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## **School Meals**

Pancake & Sausage Breakfast Cereal & Goldfish Craisins Juice Variety Chocolate Milk

> Egg McFreeman Alternate Lunch **Baby Carrots** Diced Peaches

White Milk

Chocolate Milk

White Milk

Dutch Waffle Cereal & Goldfish

Gala Apple Juice Variety Chocolate Milk White Milk

Mozzarella Bread Sticks Alternate Lunch

Broccoli Mixed Fruit Chocolate Milk White Milk Cereal & Goldfish Breakfast Pocket

> Fresh Orange Juice Variety Chocolate Milk White Milk

Chicken Nuggets Dinner Roll WG Alternate Lunch

Com Banana Chocolate Milk White Milk

Thursday Egg McFreeman Cereal & Goldfish

> Banana Juice Variety Chocolate Milk White Milk

Corn Dog Tater Tots Alternate Lunch

Cauliflower Gala Apple Chocolate Milk White Milk

Friday Cinnamon Roll w/lcing Cereal & Goldfish

Pear Juice Variety

Chocolate Milk White Milk Chicken Burger

Baked Beans Alternate Lunch

Pear Chocolate Milk White Milk