

# SCOTTIE SCOOP

April 12, 2024

## Let's Get Involved!

Please see the following attachments for information about sports, activities, clubs, meetings, volunteer opportunities and important information:

- Extreme Science
- Spring Chess Club
- Transitional Kindergarten/Kindergarten Roundup
- 6th Grade Parent Info. Night
- 509 Spikers Youth Volleyball
- Rockford Youth Baseball
- NHL Learn to Play Ice Hockey
- PTSG Membership Form

## Important Dates

April 15	Panda Express Fundraiser
April 16	Fit for Bloomsday until 4:00 pm
April 17	Rockford Youth Baseball Registration Due
April 17	Chess Club until 4:00
April 18	Fit for Bloomsday until 4:00 pm
April 19	Parent Input Forms for Classroom Placement due
April 22	Roller Valley Night
April 23	TK/Kindergarten Roundup
April 23	Fit for Bloomsday until 4:00 pm
April 23	FSD Capital Levy Election Day
April 24	Chess Club until 4:00 pm
April 24	Board Mtg at 6:00 pm @ Rockford City Hall
April 25	Classroom Photos
April 25	Fit for Bloomsday until 4:00 pm
April 29	Extreme Science until 4:00 pm
April 30	Extreme Science until 4:00 pm
April 30	Fit for Bloomsday until 4:00 pm
May 1	Late Start (10:15am)
May 1	Chess Club until 4:00 pm
May 1	6th Grade Parent Info Night! 6:00-7:30pm in K8 MPR
May 2	4th Grade Field Trip
May 2	Fit for Bloomsday until 4:00 pm
May 3	ASB Elections

## Scottie Gear!

Get some Scottie Gear! A portion of the proceeds go to PTSG!

[Click Here for GAME-ONE Gear](#)



Did you know?...You can Opt In to receive text messages from the school. Please use the QR Code and send "Y" or "Yes" to sign up! You can also text "Y" or "Yes" to 67587.



Join Freeman PTSG for restaurant day at Panda Express

**Panda Express**  
15603 E Broadway Ave, Veradale, WA  
**Monday, April 15th**  
**10am- 9:30PM**

Enjoy all your Panda favorites while they graciously donate 20% of the proceeds back to our freeman kids!  
**MUST SHOW** fundraiser flyer (paper or digital) to receive credit.  
To order online, visit [pandaexpress.com](https://pandaexpress.com) enter 370976 in the fundraiser code box.

*Your support makes a difference! We hope see you there!*

Please note: If you do not plan on having your children attend Freeman next year, please contact us to let us know. We will have you complete the proper paperwork.

Parent Input Forms for Classroom Placement are due on April 19th. Forms are available in the office or online on the website. Click [HERE](#) to get a form.



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Mrs. Phelan enjoyed observing TK working on writing their names in shaving cream! What a fun project.



Extreme Science registration is open! Please see the attached flyer for registration. Students also brought flyers home from school. If you have questions regarding possible multi-kid family registration fees, please call the number on the flyer.



Always a fun assembly with Radical Rick from Extreme Science!





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See attached flyer regarding Spring Chess Club! There is still time to register, as this was the first week. Join in the fun for next week!

Thank you to those of you that link your Fred Meyers Rewards Account to Freeman! Every bit counts! If you link your account to Freeman we get a portion of those sales.



Dear Freeman Elementary School (VF693),

The Kroger Co. Family of Stores is committed to bringing hope and help to the local neighborhoods we call home. Our stores are on a mission to not just part of, but to help create a stronger community. We recognize that every community has unique causes that need support. Thank you for being such an important organization in our community.

We encourage you to ask your supporters to link their rewards card to your organization. Community Rewards is easy to use. The more your supporters shop with us, the more money your organization will earn!

We are committed to carefully protecting our customer's personal information. In order to meet their expectation of privacy, we have adopted a simple policy to never share a customer's personal information. Our privacy policy applies to Community Rewards participation as well.

Thank you for being such an important organization in our community.

Community Rewards Staff

01-Jan-2024 to 31-Mar-2024

88

Households

\$ 225.07

Total Donations



**VOLUNTEERS  
NEEDED**

Freeman SD Nutrition Services is looking for two parent volunteers for May 10 to help with Pastries for parents for 1-2 hours, beginning at 7:30 a.m. No food handlers permit needed. If interested, please contact Kent Bevers at 509.291.7510, or via email at kbevers@freemansd.org.

Did you know students are not required to take milk at lunch? 5 Food components must be offered at lunch (see image below). The only thing students are required to take at lunch is ½ cup fruit OR ½ cup veggies OR ½ cup combination of fruits and veggies, and two other items (grain, meat/meat alternate, milk). See image below.

## The 5 Food Components for Lunch



Choose at least 3 components (including ½ cup fruit and/or vegetable)

For a nutritious meal, choose all 5!

Public Instruction This institution is an equal opportunity provider. School Nutrition

## April Breakfast

## April Lunch

15 Chocolate Chip Scone Cereal & Goldfish Craisins Juice Variety Chocolate Milk White Milk	16 Banana Bread Cereal & Goldfish Gala Apple Juice Variety Chocolate Milk White Milk	17 Cherry Strudel Cereal & Goldfish Fresh Orange Juice Variety Chocolate Milk White Milk	18 Egg McFreeman Cereal & Goldfish Banana Juice Variety Chocolate Milk White Milk	19 Cinnamon Roll w/icing Cereal & Goldfish Pear Juice Variety Chocolate Milk White Milk
22 Berry Scone Cereal & Goldfish Craisins Juice Variety Chocolate Milk White Milk	23 Garlic Cheese Bread Cereal & Goldfish Gala Apple Juice Variety Chocolate Milk White Milk	24 Mini Filled Bagel Cereal & Goldfish Fresh Orange Juice Variety Chocolate Milk White Milk	25 Banana Bread Cereal & Goldfish Banana Juice Variety Chocolate Milk White Milk	26 Cinnamon Roll w/icing Cereal & Goldfish Pear Juice Variety Chocolate Milk White Milk
15 Assorted Pizza Alternate Lunch Chocolate Milk White Milk	16 Nachos w/Ground Beef Churro Alternate Lunch Chocolate Milk White Milk	17 Hot Dogs Alternate Lunch White Milk Chocolate Milk	18 Mandarin Orange Chicken Brown Rice Alternate Lunch Chocolate Milk White Milk	19 Hamburger Alternate Lunch Chocolate Milk White Milk
22 Mozzarella Bread Sticks Marinara Sauce Cup Alternate Lunch Chocolate Milk White Milk	23 Chicken Nuggets Dinner Roll WG Alternate Lunch Chocolate Milk White Milk	24 Corn Dog Alternate Lunch Chocolate Milk White Milk	25 Pepperoni Rippers Alternate Lunch Chocolate Milk White Milk	26 Chicken Burger Alternate Lunch Chocolate Milk White Milk

# EXTREME SCIENCE

## EXTREME SCIENCE after school science program Four WEEKS of FUN

### Slime

Children will explore the world of polymers while they make their very own slime to take home!

### Electricity

You think you had a bad hair day? Wait till you get a hold of our Van de Graaff generator! This is a hair raising experience you will not want to miss

### The Science of Toys

Uncover the science behind some of the coolest toys and games out there. Long forgotten toys that your parents or grandparents played with along with some new innovative toys on the market today. We have a really cool take home is for this class!

### Magnets

Have you ever heard the saying opposites attract? We'll learn why as we explore the properties of magnets. Each child will build their own magnetic game to bring home.

**Don't delay!  
Classes fill up quickly**

Classes will be held each week right after school at Freeman Elementary. Space is limited and registrations will be taken on a first come, first served basis. Don't delay! Register online at [ExtremeScienceFun.com](http://ExtremeScienceFun.com)



Use your phone to  
register online now  
before classes are full



#### **Cost:**

Only \$75.00 per student for ALL 4 classes  
(cash, check or Venmo)  
Make checks payable to: Extreme Science

#### **Registration Deadline:**

**April 17**

Add \$10 if registered after deadline

#### **Class date/time:**

Choose either  
Monday's April 29 - May 20, or  
Tuesday's April 30 - May 21  
At 2:45 - 4:00

#### **Questions?**

Call or text Extreme Science at  
**509-892-7621**

Try out our  
interactive videos



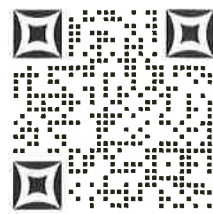
Visit us at

**[www.ExtremeScienceFun.com](http://www.ExtremeScienceFun.com)**

Call or text

**509-892-7621**

Scan to register  
online now







# Freeman School CHESS CLUB

*Sign up for Spring 2024 ~ Grades 2-8*

**AFTER SCHOOL ~ Wednesdays 3:00 to 4:00 PM**

**8 Weeks ~ Apr 10, 17, 24 May 1, 8, 15, 22, 29**



**Professional chess coach Dennis Pirello** provides 15 minutes of lectures, exercises, or videos, then directs tournament play. Students compete in chess club tournament for awards. The chess club also competes in regional tournaments held on Saturdays; see schedule: [www.inlandchess.org](http://www.inlandchess.org)  
Qualifying students are encouraged to attend the WA State Scholastic Chess Championship in Tri-Cities, WA May 4, 2024.

**TUITION ~ \$85 for 8 weeks. Each session is one hour. *Registration form below.***

Tuition provides: A. coaching fees, B. coaching supplies, C. end of semester awards, D. insurance, coach development, and administration costs. Note: Inland Chess Academy does not contact children directly by phone, text, or email.

*Parents are encouraged to attend chess club to learn and play ~ Free of charge.*

CUT >-----

## Registration Freeman School Chess Club Spring 2024 ~ Grades 2 - 8

Student's name: \_\_\_\_\_ Grade \_\_\_\_\_ New to Chess Club? \_\_\_\_\_

2nd Student's name: \_\_\_\_\_ Grade \_\_\_\_\_ New to Chess Club? \_\_\_\_\_

Chess Skill: \_\_\_ Beginner \_\_\_ Intermediate \_\_\_ Advanced Played in tournament? \_\_\_Yes \_\_\_No

**ALLERGIES and/or SPECIAL ISSUES:** \_\_\_\_\_

**IMPORTANT:** As required by school and insurance policy, parents are required to pick up students on time and must sign the check-out registry. Coaches have other teaching obligations and must not be delayed. Non-parental pick-up must be confirmed in writing. **Alternate arrangements:** \_\_\_Walk out to parking lot. \_\_\_ To After Care.

Parent: \_\_\_\_\_ Phone: \_\_\_\_\_ eMail: \_\_\_\_\_  
(or Guardian)

Parent: \_\_\_\_\_ Phone: \_\_\_\_\_ eMail: \_\_\_\_\_  
(or Guardian)

Address: \_\_\_\_\_ City \_\_\_\_\_ WA ZIP \_\_\_\_\_

\_\_\_ \$85 Chess club tuition for 8 weeks. Installment payments are accepted. Scholarships are available.

\_\_\_ \$15 **OPTIONAL** tournament style chess set for study and play at home.

\_\_\_ \$18 **OPTIONAL** Annual subscription to [www.chesskid.com](http://www.chesskid.com) a child safe study and play website.

\_\_\_ \$22 **OPTIONAL** Annual subscription to Chess Magnet School, a child safe study website.

Pay total: \$ \_\_\_\_\_ Make check payable to Inland Chess Academy. Leave check and registration form at school office, mail to Inland Chess Academy office, or bring them to first day of Chess Club.

**Inland Chess Academy ~ Licensed, insured WA state non-profit, 501c3, educational organization.**

920 N. Argonne Rd., Suite 120, Spokane Valley, WA 99212 509-822-9800

[chess@inlandchess.org](mailto:chess@inlandchess.org) [www.InlandChess.org](http://www.InlandChess.org) [facebook.com/inlandchess](https://facebook.com/inlandchess)

**NOTICE to PARENTS:** Scientific research proves the study of chess enhances academic performance, increases overall brain functions, and builds positive behavior. In order for students to realize the enormous benefits of chess, daily study is required. Research shows that a minimum of 20 minutes of daily study yields significant academic and behavioral benefits. Inland Chess Academy offers two optional child-safe websites programs for home study: Chess Magnet School and ChessKid, at discounted prices. Also available are home study workbooks. Please support chess study at home.

Contact [chess@inlandchess.org](mailto:chess@inlandchess.org) or phone 509-822-9800

The Inland Chess Academy's curriculum is built on research proven methods developed by chess masters and educators, and recommended by the United States Chess Federation (USCF).

**Beginner** - Beginners learn and demonstrate the basics of chess play, chess rules, and etiquette.

**Intermediate** - Students learn algebraic notation, playing with a clock, an understanding of strategies for opening a chess game, major tactical techniques, and basic endgame theory.

**Advanced** - Students develop advanced competitive strategies including an opening repertoire, positional strategies, tactical combinations, endgame play, and methods of applying sport psychology to their games.

**All** students gain knowledge of chess history, chess news, and grow their appreciation of chess. Students are encouraged to play in regional and state tournaments for individual and team awards. *Tournament schedule:* [www.InlandChess.org](http://www.InlandChess.org)

The Inland Chess Academy is building a vibrant chess community:

- ~ Regional tournaments for students and parents, twice monthly on Saturdays.
- ~ Camps on holidays, spring break, and during summer.
- ~ Tutoring and special interest study groups.

*"Chess is the only activity for our youth where they are expected to sit quietly and think long thoughts." || Dill ||*

**Inland Chess Academy** An insured and licensed 501c3 WA non-profit educational organization.

920 N. Argonne Rd., Suite 120, Spokane Valley, WA 99212 509-822-9800

[chess@inlandchess.org](mailto:chess@inlandchess.org)      [www.InlandChess.org](http://www.InlandChess.org)      [facebook.com/inlandchess](https://facebook.com/inlandchess)





SAVE THE DATE



# TRANSITIONAL KINDERGARTEN AND KINDERGARTEN ROUNDUP



FOR 4 AND 5 YEAR OLD STUDENTS ENROLLING IN THE 2024-2025  
SCHOOL YEAR.



**WHEN**

Tuesday, April 23rd 2024

Where



**FREEMAN ELEMENTARY**



**PLEASE CALL**

the elementary office at **509-291-4791**  
for details and to schedule your  
arrival time between 1 and 6pm!

\*transitional kindergarten is a full day program  
for 4 year olds





FREEMAN SCHOOL DISTRICT

PRESENTS:

★ Are you ready for the big move?

# 6TH GRADE FAMILY INFO NIGHT

WEDNESDAY, MAY 1

6:00-7:30 PM

Freeman K-8 MPR

- Learn about FMS schedules, electives, sports, and school communication!
- Tour the building, meet the counselor and principal!
- Get your questions answered!



NOW

# REGISTRATION OPEN

YOUTH VOLLEYBALL PROGRAM



**\$80/  
CHILD**



OPEN TO 4TH-6TH GRADERS

WEEKLY PRACTICES  
WEEKEND JAMBOREES

CHILD WILL BE PLACED ON NEIGHBORHOOD SCHOOL TEAM

LEARN THE GAME  
MAKE NEW FRIENDS  
HAVE FUN!





# WHAT IS 509 SPIKERS?

509 Spikers Youth Volleyball program is a brand new partnership between Pacific Northwest Qualifier (PNQ), Evergreen Region Volleyball Association (ERVA), and HUB Sports Center. The recreational program introduces children (grades 4-6) to the joy of volleyball. Children will be placed on neighborhood school teams and practice together weekly. Each week will culminate in jamborees where teams get to play against other teams in a fun environment.

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## Program Details:

- 5 Week Program running in May-June.
- For Boys and Girls in 4th-6th Grade.
- Teams are formed by keeping kids with their schoolmates or near their feeder high school.
- Practices: 1x a week at HUB Sports Center and/or local schools in child's district.
- Games: 4 Jamboree Dates – Locations TBD.
- Cost: \$80/child. Reduced and scholarship options available.  
\*Includes player shirt.

To register visit:

<https://registration.teamsnap.com/form/4236>





# 2024 Rockford Youth Baseball

T-BALL	Ages 5-6	Mon & Wed	6pm practice/5:30 games
CAPS	Ages 7-9	Mon & Wed	6pm practice/games (or following t-ball game)
MINORS	Ages 10-12	Tue & Thu	6pm practice/games

**Practice starts the first week in May**  
**Games begin the first week of June**

*Home fields are at HRC Park and/or the Rodeo Grounds in Rockford*

**\*\*Freeman teams are created only after Rockford teams are filled\*\***

*Away games will be played in Worley, Fairfield and at Liberty School in Spangle.*

Call or go to [www.rockfordwa.com](http://www.rockfordwa.com) for a link to the REQUIRED forms

**\*\* (1) Registration, (2) concussion form, and (3) payment must be submitted before April 17<sup>th</sup> to ensure placement, \$40 Registration Fee**

**Due to limited space, we will not be accepting any latecomers this year**

**Mail completed forms to:**

**ROCKFORD YOUTH BASEBALL**

c/o Nicki Seehorn @ PO Box 242 Rockford, WA 99030

[nseehorn@gmail.com](mailto:nseehorn@gmail.com) (509-998-6476)

or

**ROCKFORD YOUTH BASEBALL**

c/o Heidi Johnson @ Rockford Town Hall 20 W Emma St (drop off)

PO Box 49 Rockford, WA 99030 (mail)

[hroecks@yahoo.com](mailto:hroecks@yahoo.com) (509-270-3311)



# NHL Learn to Play

*We've teamed up with the Seattle Kraken for first-time players ages 5-9!*

**\$269 | TUESDAYS & THURSDAYS 6:30-7:30PM**

**Ages:** NHL Learn to Play is open to skaters 5-9 only.

**Prerequisites:** Lilac City Figure Skating Club's (LCFSC) Learn to Skate

**Series Length:** 8 sessions over 4 weeks | May only sign up for 1 series

**Equipment Required:** Full hockey gear and stick

**\$269 Price Includes:** Full Gear (listed above), 8 hours instruction

# Jr. Chiefs Learn to Play

*For players who have completed NHL Learn to Play or are older than 9!*

**\$169 | TUESDAYS & THURSDAYS 6:30-7:30PM**

**Ages:** SAYHA Learn to Play is open to skaters 9+ OR those who have already completed Learn to Skate/NHL Learn to Play

**Prerequisites:** LCFSC Learn to Skate or NHL Learn to Play

**Series Length:** 8 sessions over 4 weeks | May sign up for multiple series

**Equipment Required:** Full hockey gear and stick

**\$169 Price Includes:** 8 hours instruction



**It's never too late to start!**





# 2023-2024 PTSG MembershipForm

Parent Name(s) \_\_\_\_\_

Email(s): \_\_\_\_\_

Best Phone #: \_\_\_\_\_

Family Membership \$30 Staff Membership \$30 Business Membership \$60

Student(s) Name(s)	Grade for 2023-2024

Please make checks payable to Freeman PTSG.  
All membership dues directly support Freeman students.

*PTSG Use Only:*    *Check/Cash*\_\_\_\_\_    *Received By:*\_\_\_\_\_