



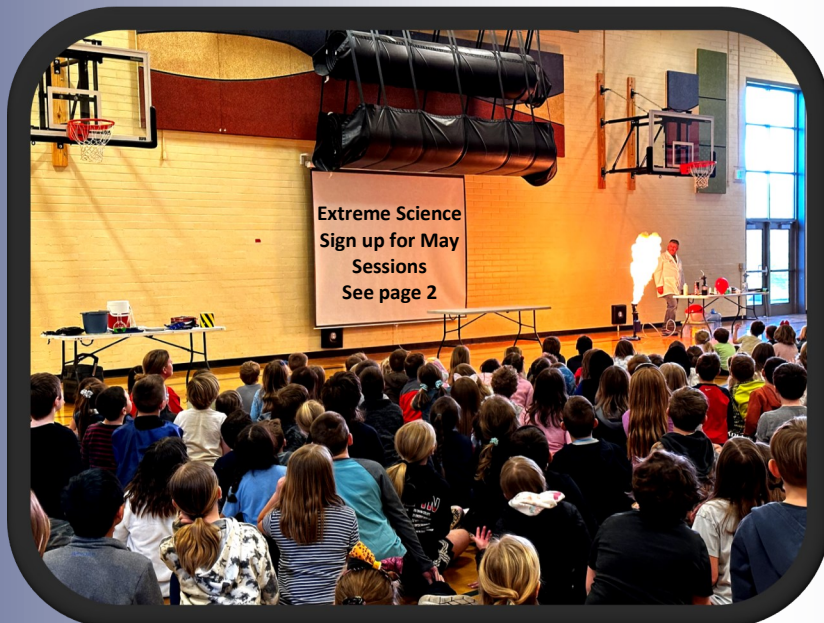
# The Scottie Scoop!



FREEMAN ELEMENTARY SCHOOL

Mrs. Phelan, Principal/Asst. Superintendent ■ OFFICE (509) 291-4791 ■ FAX (509) 291-7339  
ATTENDANCE (509) 291-7425 [www.freemansd.org](http://www.freemansd.org)

Issue: April 14, 2023



**Extreme Science with Radical Rick** (left) kicked off with an assembly (left) April 14. Registrations may be completed online. See page 2.



**PACE  
Student  
of the Year  
Kesslyn  
Lally**

**Mr.** s. Lally says, "Having good character is important because it helps build trust with the people in your life, and it helps you become a

good leader." She describes one thing in particular that she's learned—that hard work really does pay off, and says "it all will be worth it in the end." Mr. Gady describes Kesslyn as ambitious, friendly and caring, often putting others before herself. He said Kesslyn is self-motivated, keeps a positive attitude and always strives to do her very best. Those who know her most likely would agree that she may best be described as a bright ray of sunshine—that her smile is contagious, and she generously shares it with others. Congratulations Kesslyn!

She will be honored at a community event next month, along with other schools' honorees in the area.

To receive this prestigious honor, an individual must possess all of the qualities of the monthly PACE character traits. Kesslyn was recognized right away as an award-winning student. Mr. Gady said he had the privilege to witness her strength of character on a daily basis.




## Inside

Extreme Science Registration Info .....	2	Make a Kite from Newspapers.....	5
Sixteen Apps to Know (Hidden in Plain Sight).....	3	Fit For Bloomsday Change.....	6
Fred Meyer Community Rewards .....	4	Spring Chess Club Info.....	6
Food Bank Success.....	4	Spokane Valley Girls Softball Assn Info .....	7
Spokane Indians Day(s) with Freeman.....	5	Summer Sports Camps.....	7
ITK/Kindergarten Registration .....	5	Yearbook Order Form .....	8
PACE Trait, April.....	5	Final PTSG Meeting.....	8
		Menus.....	8

## Happenings—April

April 18	Fit for Bloomsday, After School
April 19	<b>Deadline: Rockford Youth Baseball Registrations</b>
	Spring Chess Club Begins (see page 2)
April 20	Fit for Bloomsday, After School
April 25	Fit for Bloomsday, After School
April 27	Fit for Bloomsday, After School <b>FINAL DAY</b>
April 28	<b>Deadline: Yearbook Orders</b>
April 29	Spokane Indians Family Feast Night (reserve with link on Page 2)

Freeman School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, [rrussell@freemansd.org](mailto:rrussell@freemansd.org), (509) 291-3695, 15001 S Jackson Rd. Rockford, WA 99030 (Updated 2021)



## EXTREME SCIENCE

### After school science program


### Four WEEKS of FUN

**Optical Illusions**...They say that a picture is worth a thousands words but, after this class, you won't believe your eyes..... Or, will you? We will also make a really cool kaleidoscope to take home!

**Dry Ice**.....Children will learn about the sublimation process as we explore the three states of matter along with all of the **REALLY COOL** things we can do with dry ice

**Sound**.....Let's investigate how sound travels in this **hands-on class** where children will have the opportunity to try out the equipment for themselves. We will also build a "chicken Clucker" toy for them to bring home.


**Heat**.....This class will help kids understand that heat is actually energy using some really fun hands-on activities and demonstrations that are sure to



Use your phone to register online now before classes fill up

**Don't delay! Classes tend to fill up quickly**  
Visit us at  
**[www.ExtremeScienceFun.com](http://www.ExtremeScienceFun.com)**  
**Limited space available. Don't delay!**

Classes will be held right after school at Freeman Elementary. **Space is limited.** Registrations are taken on a first come, first served basis. Classes fill up fast, so don't delay. Register **online** at **[www.ExtremeScienceFun.com](http://www.ExtremeScienceFun.com)** to ensure your best chance to join in the fun before it's too late



Use your phone to register online now before classes are full

**Cost:**  
\$60.00 per student (due on 1st day of class)  
Make checks payable to: Extreme Science

**Registration Deadline:**  
April 21  
Add \$10 if registered after deadline

**Class dates (Time: 2:45—4:15)**  
Monday's.....May 1-22  
Tuesday's.....May 2-23  
Wednesday's ....May 3-24  
Thursday's .....May 4-June 1 (no class May 25)  
Friday's .....May 5-June 2 (no class May 26)

**Questions?**  
Contact Extreme Science at  
**509-892-7621**  
**Limited space available. Don't delay!**

### How it works:

1. Register ONLINE at **[www.ExtremeScienceFun.com](http://www.ExtremeScienceFun.com)**. For assistance, please contact us at 509-892-7621
2. Registrations are taken on a first come, first served basis and are only taken ONLINE at **[www.ExtremeScienceFun.com](http://www.ExtremeScienceFun.com)**
3. Once class fills up, we will do our best to add classes if our schedule allows. Otherwise, you will have to wait until next year.
4. You will receive confirmation TEXT MESSAGE approximately 1 week prior to the first class.  
\*\* Please add Extreme Science (509-892-7621) to your contacts to ensure that you receive this message.
5. DO NOT send payment to school.
6. Send payment (cash, check or money order) with your child on **THE FIRST DAY OF CLASS**. Or, you may bring the payment with you on the first day when you come to pick up your child. Please include child's name with payment. We do not take online payments.
7. Please let us know right away if your situation changes and your child will not be attending after you register so that we may offer that spot to a child on the waiting list.



## Hidden in Plain Sight

Freeman had great attendance and participation at the “Hidden in Plain Sight” presentation on April 13.

See below for  
“Sixteen Apps to Know”



**Among Us** is a 4-10 multiplayer deduction game in which players try to “sus” out the imposter. Players have the ability to message one another and are teamed at random - leaving children open to cyberbullying and explicit content.



**ASKfm** encourages users to allow anonymous people to ask them questions. The app is known for cyberbullying.



**BIGO** is a live streaming app. It is rated for teens 17+. Users can vlog about their lives, live stream video game play, and host their own shows. This app has been known to facilitate cyberbullying and often contains explicit content.



**Calculator+** is only one of several secret “vault” apps. Posing as a fully functioning calculator app, Calculator+ is cleverly disguised to hide and hold private files like photos, messages, and browser history.



**Holla** is a self-proclaimed “addicting” video chat app that allows users to meet people all over the world in just seconds. Reviewers say they have been confronted with racial slurs, explicit content, and more.



**Houseparty** allows users to communicate with each other via texts and video chats in a room. Videos are live and unscreened - potentially exposing children to inappropriate content. Users also have the ability to take screenshots and send links through chat.



**IMVU** (Instant Messaging Virtual Universe) is a virtual world game like SIMS. Users interact as virtual avatars. The Chat Now feature randomly pairs users together and can lead to inappropriate pairings and interactions.



**Kik** is a texting app with a “face-to-face feel” than regular texting (users’ profile pictures appear in a little bubble next to their text, and they can quickly text photos, sketches, or even pre-designed greeting cards to individuals or groups).



**Snapchat** is a 12+ app that allows users to send photos and videos that disappear after they’re received. Users have been known to send explicit photos. While the images “disappear,” users can take a screenshot before it vanishes.



**Telegram** offers self-destructing messaging making the app unsuitable for kids and teens - anyone can send adult and inappropriate content. Usernames are public and can be searched by anyone.



**Tellonym** is an anonymous messenger app. It calls itself “the most honest place on the internet.” This app is extremely popular in middle schools and high schools and it allows kids to ask and answer questions anonymously.



**TikTok** is a popular app with kids used for creating and sharing short videos. With very limited privacy controls, users are vulnerable to cyberbullying and explicit content.



**Tumblr** is a 17+ photo-sharing app. It can also be used for sharing videos and chatting. Users can easily access pornographic, violent, and inappropriate content.



**Whisper** is an anonymous social network that promotes sharing secrets with strangers. It also reveals a user’s location so people can meet up. A 12-year-old girl was reportedly raped by a 21-year-old man who met on the app.



**YOLO** (You Only Live Once) allows users to communicate over Snapchat anonymously. This app provides an opportunity for luring, grooming, and cyberbullying.



**Dating Apps** like **Tinder**, **Bumble**, **Grindr**, and **Badoo** (to name a few) use GPS tracking to show nearby users interested in flirting, dating, and/or sex. These apps have been known to have users with fake accounts with false information (age, gender, etc.) and as a gateway to obtain personal information, lure, and groom children.

\*These apps are based on recommendations from law enforcement agencies across the country, as well as trusted parenting blog. Please note that this list is by no means exhaustive and changes frequently. Published April 2021

[www.BeauBidenFoundation.org](http://www.BeauBidenFoundation.org)

# Food Bank Success!!

Thank you  
Freeman families  
for supporting the  
Elementary  
Palouse Food  
Bank Drive!



Woo hoo! **Eighty-four** friends and families of Freeman Elementary School have linked their Fred Meyer Rewards Card to Community Rewards. The elementary school has an estimated 257 households—so, the equivalent of nearly a third of our households selected Freeman Elementary as their chosen "charity."

In just three months, \$240.37 was donated through this effort.

If you haven't signed up, do so now.

Think how we may grow this contribution exponentially with just a few steps!

[www.fredmeyer.com/i/community/community-rewards](http://www.fredmeyer.com/i/community/community-rewards)



## More Info on Spokane Indians Games:

Gates to the ballpark open one hour prior to first pitch and, as always, parking is FREE at Avista Stadium!

**Inlander Happy Hour** runs until first pitch with \$1 off all beverages including our Redband Rally Beer Bats.

Fans can also snag a signature from Spokane Indians players in the **Leo's Autograph Area** located below the Bud Bullpen starting 30 minutes prior to first pitch.

The **Spokane Indians Team Store** is stocked with all your favorite baseball merchandise and is open on game days from 10:00 AM until the end of the game.

If you have any questions about your event, please contact the Spokane Indians Ticket Office at [groups@spokaneindians.com](mailto:groups@spokaneindians.com) or (509) 343-6886. See below:



JOIN YOUR GROUP AT AVISTA STADIUM



**Let's play ball!** It's time to get ready for the Freeman Elementary School group event with the Spokane Indians at historic Avista Stadium.

**WHEN:** Saturday, April 29 at 5:09 P.M.

**WHO:** Spokane Indians vs. Everett AquaSox

**WHAT:** Yoke's Family Feast Night

**WHERE:** Avista Stadium (602 N. Havana St)

Use this link to sign up for Spokane Indians Freeman Day(s) Available: April 29, May 27, July 8  
<https://offer.fevo.com/freeman-elementary-bc6a94b?fevoUri=freeman-elementary-bc6a94b%2F>

## Will you have a kindergartener enrolling Fall 2023 (age 5 by 8/31/23)?

Interest also accepted for Inclusive Transitional Kindergarten (ITK) age 4 by 8/31/2023.

If so, please alert the elementary office with student name, birthdate and your email address so we may follow up with you. (509) 291-4791



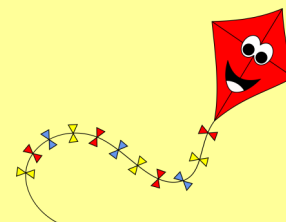
APRIL  
**TRUST-  
WORTHINESS**

Inspiring complete reliability and confidence in his/her truthfulness, integrity and discretion

[www.pacecommunity.org](http://www.pacecommunity.org)

*April is  
National  
Kite Month*

Make a Kite Out of Newspaper  
[www.nytimes.com/2021/03/13/at-home/newspaper-kite.html](http://www.nytimes.com/2021/03/13/at-home/newspaper-kite.html)





Freeman's  
Fit for Bloomsday  
will end April 27  
to accommodate  
participation  
in Extreme Science



**Starts Monday!**



## FREEMAN CHESS CLUB

Sign up for Spring 2023 ~ Grades 2 - 8



**SCHEDULE:** After School on Wednesdays: 3:00 – 4:00 pm  
6 Weeks: **April 19, 26 May 3, 10, 17, 24**

*Professional Chess Coach John Dill* provides lectures, videos, and exercises, then facilitates tournament play. Students compete for club tournament awards. The chess club also competes against other clubs in regional tournaments held on Saturdays. Qualifying students are encouraged to enter the WA State Championship Tournament in April 29, 2023. See summer camp flier: [www.inlandchess.org](http://www.inlandchess.org)

**TUITION ~ \$65 for 6 weeks. Each session is one hour. Registration form below.**

Tuition provides: A. coaching fees, B. coaching supplies, C. end of semester awards, D. insurance, coach development, and administration costs. Installment payments are accepted and limited scholarships are available.

**Parents are encouraged to attend chess club to learn and play (free of charge).**

Note: Inland Chess Academy does not contact children directly by phone, text, or email.

Cut >

### REGISTRATION Freeman School Chess Club Spring 2023

Student's name: \_\_\_\_\_ Grade \_\_\_\_\_ New to Chess Club? \_\_\_\_\_

2nd Student's name: \_\_\_\_\_ Grade \_\_\_\_\_ New to Chess Club? \_\_\_\_\_

Chess Skill: \_\_\_ Beginner \_\_\_ Intermediate \_\_\_ Advanced Played in tournament? \_\_\_ Yes \_\_\_ No

ALLERGIES and/or SPECIAL NEEDS: \_\_\_\_\_

**IMPORTANT:** As required by school and insurance policy, parents are required to pick up students on time and must sign the check-out registry. Coaches have other teaching obligations and must not be delayed. Non-parental pick-up must be confirmed in writing. **Alternate arrangements:** \_\_\_ Walk home \_\_\_ Walk out to parking lot. \_\_\_ To After Care.

Parent: \_\_\_\_\_ Phone: \_\_\_\_\_ eMail: \_\_\_\_\_  
(or Guardian)

Parent: \_\_\_\_\_ Phone: \_\_\_\_\_ eMail: \_\_\_\_\_  
(or Guardian)

Address: \_\_\_\_\_ City \_\_\_\_\_ WA ZIP \_\_\_\_\_

\_\_\_ \$65 Chess club tuition, 6 weeks. Installment payments accepted. Scholarships are available.

\_\_\_ \$15 **OPTIONAL** tournament style chess set for study and play a home.

\_\_\_ \$18 **OPTIONAL** Year subscription to [www.ChessKid.com](http://www.ChessKid.com)

Pay total: \$ \_\_\_\_\_ Make check payable to Inland Chess Academy.

Leave check and registration form at school office, mail to Inland Chess Academy office,  
or bring them to first day of Chess Club.

**Inland Chess Academy ~ Licensed, insured WA state non-profit, 501c3, educational organization.**

920 N. Argonne Rd., Suite 120, Spokane Valley, WA 99212 509-822-9800  
[chess@inlandchess.org](mailto:chess@inlandchess.org) [www.InlandChess.org](http://www.InlandChess.org) [facebook.com/inlandchess](https://facebook.com/inlandchess)



Register Now! Online @ [www.svgsa.com](http://www.svgsa.com)  
 Questions? Email us at: [info@svgsa.com](mailto:info@svgsa.com)

### Divisions & Ages:

(Players age on July 31 determines division)

6U – Tee Ball	Ages 6 & Under
8U – Machine Pitch	Ages 7 & 8
10U – Machine Pitch	Ages 9 & 10
12U – Fastpitch	Ages 11 & 12
14U – Fastpitch	Ages 13 & 14
18U – Fastpitch	Ages 15 - 18

### Game Nights

6U, 10U, & 14U – Tuesdays & Thursdays  
 8U, 12U, & 18U – Mondays & Wednesdays  
 It may be necessary to play some Fridays.

**Office Hours:** To be announced on website for check and birth certificate processing. Our office is not opened any other times. If you have questions please contact us via email at: [info@svgsa.com](mailto:info@svgsa.com)  
**Office located at:** 12505 East Sprague, Suite 1  
**Mail:** PO Box 883 Spokane Valley, WA 99037

**Spokane Valley Girls Softball Assoc. Est. 1967**  
 SV/GSA is a non-profit, all volunteer organization that has operated in the Spokane Valley for over 50 years. We are dedicated to promoting amateur fastpitch softball for girls and sanction by the ASA.

## SUMMER SPORTS CAMPS

QUESTIONS? PLEASE EMAIL [SEASON2SPORTSCAMPS@GMAIL.COM](mailto:SEASON2SPORTSCAMPS@GMAIL.COM)



**GAMEBREAKER LACROSSE CAMPS**  
 Dwight Merkel Sports Complex - Spokane, WA  
[laxcamps.com](http://laxcamps.com)



**REVOLUTION SOCCER CAMPS**  
 Dwight Merkel Sports Complex - Spokane, WA  
[soccercamper.com](http://soccercamper.com)



**REVOLUTION SOFTBALL CAMPS**  
 Dwight Merkel Sports Complex - Spokane, WA  
[summersoftballcamps.com](http://summersoftballcamps.com)



**REVOLUTION BASEBALL CAMPS**  
 Dwight Merkel Sports Complex - Spokane, WA  
[revolutionbaseballcamps.com](http://revolutionbaseballcamps.com)



**ADIDAS TENNIS CAMPS**  
 Mission Park - Spokane, WA  
[tenniscamper.com](http://tenniscamper.com)



Follow us on

Instagram: [@season2sportscamps](https://www.instagram.com/season2sportscamps)

We're always looking for great coaches...

Reach out to us!

*\*We offer a limited number of camp scholarships. If interested in learning more, please email [season2sportscamps@gmail.com](mailto:season2sportscamps@gmail.com)*

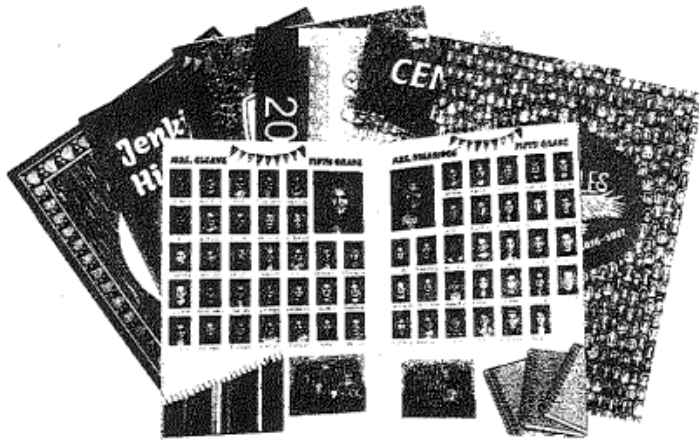
# Order Your 2022-2023 Yearbook!

Freeman Elementary School and  
**Freeman Middle School**

Don't miss out! Yearbooks are a great way to remember your classmates and keep traditions alive in your school.

Please return this envelope to the school office before:

## April 28th, 2023



www.leosphotography.com

Place cash, check, or money order inside the envelope.

## Freeman Middle School and Elementary School

Student's First Name \_\_\_\_\_

Student's Last Name \_\_\_\_\_

Phone # \_\_\_\_\_ Grade \_\_\_\_\_  
grade

Teacher Name \_\_\_\_\_

(One child per envelope) (Un sobre por estudiante)



**Pre-order now for only**

### \$20.00

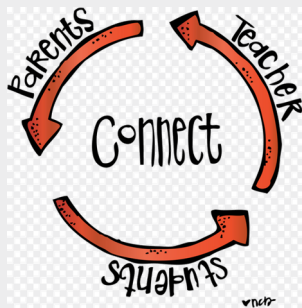
**Qty of Books Ordered** **Total \$**


**Return this envelope to the school office with cash, check, or Money order made payable to:**

**Freeman Middle School**

Amount Enclosed

\$ \_\_\_\_\_



Your Freeman School District  
**Parent-Teacher-Student Group (PTSG)**  
would love to see our parents/guardians at  
our final PTSG meeting.

**Please join us May 10**

**5:30 PM, FES Community Classroom**



Please think about participating as an **elementary classroom representative** for the 2023-24 school year. More to follow on that special opportunity.

## School Meals

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	17 Dutch Waffle ----- Cereal & Goldfish ----- Juice Variety Craisins Chocolate Milk White Milk	18 Omelet Biscuit ----- Cereal & Goldfish ----- Gala Apple Juice Variety Chocolate Milk White Milk	19 Breakfast Pizza ----- Cereal & Goldfish ----- Fresh Orange Juice Variety Chocolate Milk White Milk	20 Cereal & Goldfish ----- Breakfast Cookie ----- Banana Juice Variety Chocolate Milk White Milk	21 Cinnamon Roll w/Icing ----- Cereal & Goldfish ----- Banana Juice Variety Chocolate Milk White Milk
<b>Lunch</b>	17 Grilled Cheese Sandwich ----- Alternate Lunch ----- Baby Carrots Gala Apple Chocolate Milk White Milk	18 Chicken Alfredo ----- Alternate Lunch ----- Broccoli Diced Peaches Chocolate Milk White Milk	19 Nachos w/Ground Beef Refried Beans w/Cheese ----- Alternate Lunch ----- Fresh Orange Chocolate Milk White Milk	20 Hot Dogs ----- Alternate Lunch ----- Cauliflower Pineapple Tidbits Chocolate Milk White Milk	21 Chicken Burger Baked Beans ----- Alternate Lunch ----- Corn Mixed Fruit Chocolate Milk White Milk