

The Scottie Scoop!

FREEMAN ELEMENTARY SCHOOL

Mrs. Phelan, Principal/Asst. Superintendent ■ OFFICE (509) 291-4791 ■ FAX (509) 291-7339
ATTENDANCE (509) 291-7425 www.freemansd.org

Issue: April 21, 2023

* Save the Date *



Happenings—three-week look ahead:

April 25	Fit for Bloomsday, After School
April 27	FSD School Board, Rockford City Hall, 6 pm
April 28	Fit for Bloomsday, After School FINAL DAY
April 29	Deadline: Yearbook Orders
	Spokane Indians Family Feast Night (reserve with link on Page 4)
May 3	Late Start, 10:15 am
May 4	4th Grade Field Trip — Farm Fair
May 8-12	Teacher Appreciation Week



Accepting the **Chase Youth Award** Wednesday, April 19, are Mrs. Yandt, Designed Instruction Teacher, and Freeman's student participants. They were honored for the Big Buddy Club under the Social Advocacy category.

The Big Buddy Club was the brainchild of student Cooper Florence and consists of students in Grades 7-8 who pair with students in Designed Instruction. They meet two times monthly and mentor/partner with Mrs. Yandt's students.

Mrs. Yandt describes it as a remarkable experience, observing the club members with her students, and said some of the middle school students are interested in continuing this relationship into their high school years.

Congratulations!

Pictured: Left to right, back row: Ellie Wineinger, Nevaeh Eigenhuis, Maggie Hames, Eli Schwartz, Avery Berglund, Logan Pecht, Cooper Florence, Quinn Jamison. Front row: Mrs. Yandt, Oliver Jones, Owen Offereins (not pictured: Colin Bailey)

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Freeman School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, russell@freemansd.org, (509) 291-3695,

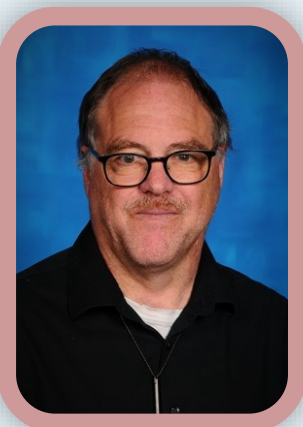
Meet our Nutrition Services Staff



LaDonna Kelly is our Lead Cook/ **Nutritionist I** (K-8). Her childhood nickname was L.D. Her bucket list includes travel and owning a motor home. She loves bowling and also loves her job!



Kris Anderson serves as a **Nutritionist II** (K-8). She didn't have a childhood nickname. She has dreams of retiring one day, and living by the ocean. Kris loves gardening and reading.



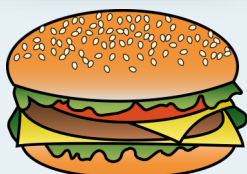
Kent Bevers is the school district's **Nutrition Services Director**. His childhood nickname was Kunta Kinte' [a character in a popular TV mini-series, *Roots*, when Mr. Bevers was in middle school). Mr. Bevers hopes one day to travel to the East Coast (Washington, DC; New York, etc.)). He also wants to ride a Zipline. Some neat facts about Mr. Bevers is he writes Haiku (a Japanese form of poetry), and among his hobbies is pyrography—wood burning art!




Kristine Kendrick is a **Nutritionist III** (K-8). Her childhood nickname was Kristy. Two things she hopes to do is travel to Australia and Hawaii. She is a race car fan and has six kids!



Jolita Truett (left) is a **Nutritionist II** (K-8). Jolita did not have a childhood nickname. She hopes one day to start her own business, and also to travel to Hawaii. She has the unique experiences of having traveled to 13 countries and to have snowboarded in the Swiss Alps!



**Thank you
Nutrition
Services!**



EXTREME SCIENCE

After school science program


Four WEEKS of FUN

Optical Illusions...They say that a picture is worth a thousands words but, after this class, you won't believe your eyes..... Or, will you? We will also make a really cool kaleidoscope **to take home!**

Dry Ice.....Children will learn about the sublimation process as we explore the three states of matter along with all of the **REALLY COOL** things we can do with dry ice

Sound.....Let's investigate how sound travels in this **hands-on class** where children will have the opportunity to try out the equipment for themselves. We will also build a "chicken Clucker" toy for them **to bring home.**


Heat.....This class will help kids understand that heat is actually energy using some really fun hands-on activities and demonstrations that are sure to



Use your phone to register online now before classes fill up

Don't delay! Classes tend to fill up quickly
Visit us at
www.ExtremeScienceFun.com
Limited space available. Don't delay!

Classes will be held right after school at Freeman Elementary. **Space is limited.**
Registrations are taken on a first come, first served basis.
Classes fill up fast, so don't delay. Register **online** at **www.ExtremeScienceFun.com** to ensure your best chance to join in the fun before it's too late



Use your phone to register online now before classes are full

Cost:
\$60.00 per student (due on 1st day of class)
Make checks payable to: Extreme Science

Registration Deadline:
April 21
Add \$10 if registered after deadline

Class dates (Time: 2:45—4:15)

Monday's.....	May 1-22
Tuesday's.....	May 2-23
Wednesday's	May 3-24
Thursday's	May 4-June 1 (no class May 25)
Friday's	May 5-June 2 (no class May 26)

Questions?
Contact Extreme Science at
509-892-7621
Limited space available. Don't delay!

How it works:

1. Register ONLINE at **www.ExtremeScienceFun.com**. For assistance, please contact us at 509-892-7621
2. Registrations are taken on a first come, first served basis and are only taken ONLINE at **www.ExtremeScienceFun.com**
3. Once class fills up, we will do our best to add classes if our schedule allows. Otherwise, you will have to wait until next year.
4. You will receive confirmation TEXT MESSAGE approximately 1 week prior to the first class.
** Please add Extreme Science (509-892-7621) to your contacts to ensure that you receive this message.
5. DO NOT send payment to school.
6. Send payment (cash, check or money order) with your child on **THE FIRST DAY OF CLASS**. Or, you may bring the payment with you on the first day when you come to pick up your child. Please include child's name with payment. We do not take online payments.
7. Please let us know right away if your situation changes and your child will not be attending after you register so that we may offer that spot to a child on the waiting list.

Freda, our resident mother goose is back (Canada Goose) in our elementary flower bed! She will deposit 2-8 eggs over a period of time. When she is all done, she'll stay in the nest 25-28 days and incubate them. Folks are asked to stay away from the nest during this important time ...until all eggs are laid, the goslings are incubated, eggs have hatched and they have fledged the nest.



New Playset for Students with Wheelchairs

Freeman Elementary has a new piece of equipment! It was installed this week, tested and proved to be a great addition. It will be used solely by students in wheelchairs, allowing them to better participate in valuable recess time.

More Info on Spokane Indians Games:

Gates to the ballpark open one hour prior to first pitch and, as always, parking is FREE at Avista Stadium!

Inlander Happy Hour runs until first pitch with \$1 off all beverages including our Redband Rally Beer Bats.

Fans can also snag a signature from Spokane Indians players in the **Leo's Autograph Area** located below the Bud Bullpen starting 30 minutes prior to first pitch.

The **Spokane Indians Team Store** is stocked with all your favorite baseball merchandise and is open on game days from 10:00 AM until the end of the game.

If you have any questions about your event, please contact the Spokane Indians Ticket Office at groups@spokaneindians.com or (509) 343-6886. See below:



Will you have a kindergartener enrolling Fall 2023 (age 5 by 8/31/23)?

Interest also accepted for Inclusive

Transitional Kindergarten (ITK) age 4 by 8/31/2023.

If so, please alert the elementary office with student name, birthdate and your email address so we may follow up with you. (509) 291-4791

Those currently attending Freeman's preschool or ITK do not need to call.



JOIN YOUR GROUP AT AVISTA STADIUM



Let's play ball! It's time to get ready for the Freeman Elementary School group event with the Spokane Indians at historic Avista Stadium.

WHEN: Saturday, April 29 at 5:09 P.M.

WHO: Spokane Indians vs. Everett AquaSox

WHAT: Yoke's Family Feast Night

WHERE: Avista Stadium (602 N. Havana St)

Use this link to sign up for Spokane Indians Freeman Day(s) Available: April 29, May 27, July 8
<https://offer.fevo.com/freeman-elementary-bc6a94b?fevoUri=freeman-elementary-bc6a94b%2F>



Freeman's Fit for Bloomsday will end April 27 to accommodate participation in Extreme Science



HOLEY MOLEY TOURNAMENT

FAMILY FUN CORNHOLE TOURNAMENT, ROCKFORD WA

Saturday September 23rd @ 12:30PM, Main Street

A CORNHOLE TOURNAMENT DURING THE ROCKFORD FAIR, ADULT & KIDS BRACKETS AVAILABLE!

Registration & Event Info @ sespokanecountyfair.com



Sending a beverage to school with your child?
Please do not send energy drinks or soda pop. Thank you!



To our Freeman Community:

Please consider donating money to **Brenda's Helping Hand**, a benevolent fund that helps purchase school meals for Freeman students.

Any amount is appreciated and will help with student meals. If you would like to donate, please bring your check or cash to the school office, and be sure to indicate the funds are for **Brenda's Helping Hand**.

Thank You!

Please choose a **Pastries for Parents** Date Below to Attend

Coming Soon... Pastries for Parents—MAY

May 12, 7:30-8:10 a.m.

K-8 MPR

Parents With Freeman Students

Grades P-8

Please join us!

Leo's Photography will be on hand to take Photos.
\$10 for two 3x5's



Save the Date... Pastries for Parents—JUNE

June 9, 7:30-8:10 a.m.

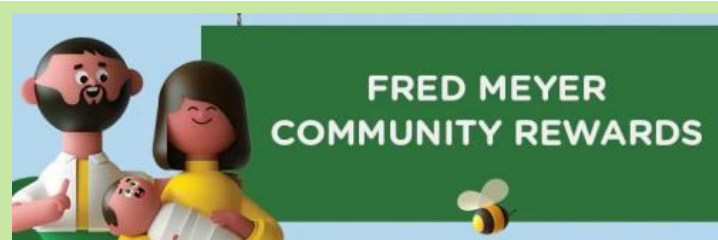
K-8 MPR

Parents With Freeman Students

Grades P-8

Please join us!

Leo's Photography will be on hand to take Photos.
\$10 for two 3x5's



Woo hoo! **Eighty-four** friends and families of Freeman Elementary School have linked their Fred Meyer Rewards Card to Community Rewards. The elementary school has an estimated 257 households—so, the equivalent of nearly a third of our households selected Freeman Elementary as their chosen "charity." In just three months, \$240.37 was donated through this effort. If you haven't

signed up, do so now. Think how we may grow this contribution exponentially with just a few steps!

www.fredmeyer.com/i/community/community-rewards

Funds support our Outstanding You prizes for students K-8 and our students' PACE T-Shirts.

Freeman Girls Basketball Camp

The Girls Basketball coaching staff is excited to offer the same quality instruction that has led the Lady Scotties to the state tournament for the last 5 consecutive years. Finishing 6th at State in the 2023 season.

Be a part of something great and join us to improve on individual and team fundamentals. We will be running a skills camp for girls grades 3rd-5th on May 8 -10th from 3:00- 5:00pm at Freeman High School. The cost is \$40 and each participant will receive a t-shirt on the last day of camp.

We will host a separate Camp for Freeman players grade 6-8th in June.

Please don't hesitate to contact me with any questions regarding this camp, AAU, or the program in general.

Email: tracy@momentumink.com
Phone: 509-991-7170

2023 Freeman Girls Basketball Camp REGISTRATION FORM

1. Form must be filled out, signed & registration fee paid before participation in camp will be allowed.
2. Athlete DOES NOT have to be a Freeman student.
3. Cost \$40 Please make all checks payable to Freeman High School.

(circle one) T-SHIRT SIZE: (Youth) S M L XL (Adult) S M L XL (circle one) GRADE: 3 4 5

Student Name _____ Phone _____
Address _____ State/City/Zip _____
Emergency Contact _____ Phone _____
My child will need to ride the activity bus home ____ yes ____ no
Doctor Name: _____ Phone: _____
Insurance Company: _____ Policy Number: _____
Any Allergies (If so, please list): _____
Any Medications taken by student (please list): _____

In case of emergency, the supervisor on site has my permission to obtain medical treatment for my child. I understand this activity is voluntary and my child's participation is not mandatory. I understand the Freeman School District does not purchase or have medical/dental/hospitalization insurance to cover an injury while participating at this event. Further, I agree to indemnify and hold harmless the Freeman School District.

Parent/Guardian Signature _____ Date _____

REGISTRATION DEADLINE to guarantee a shirt: Tuesday, May 2nd.

Mail to: Freeman High School 14626 S. Jackson Rd. Rockford, WA 99030
OR turn into Freeman Elementary School or Middle School Front Office.

No refunds. One registration per camper. Registration form must be signed and camp paid for in order to participate. Walk up campers welcome, but not guaranteed a t-shirt.

Valleyford
Spring Craft Fair
May 13 • 9 am-3 pm
12924 East Crisler
Valleyford



FREEMAN BOYS BASKETBALL KIDS CAMP

WHO: Boys Grades 2-5th

WHEN: May 23, 24, 25

WHERE: FHS GYMS Times: 3:15-5:00

We are so excited to be running another basketball camp for BOYS grade 2nd-5th on May 23-25th. The camp is to improve on individual and team fundamentals skills. Each participant will receive a t-shirt on the last day of camp. This will also be a great time to meet the coaches and some of the players you see at the games.

Cost: \$30 (Please make checks payable to Freeman High School)

T-Shirt Size: (Youth) S M L XL (Adult) S M L XL Current Grade _____

Camper Name: _____

Address: _____

Guardian: _____ **Phone:** _____

My child will need to ride the activity bus home ☐ yes ☐ no

In case of emergency, the supervisor on site has my permission to obtain medical treatment for my child. I understand this activity is voluntary and my child's participation is not mandatory. I understand the Freeman School District does not purchase or have medical/dental/hospitalization insurance to cover an injury while participating at this event. Further, I agree to indemnify and hold harmless the Freeman School District.

Doctor Name: _____ **Phone:** _____

Emergency Contact Name: _____ **Phone:** _____

Any medications taken by student: _____

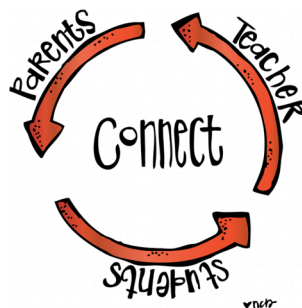
Any Allergies: _____

Insurance company & Policy number: _____

Parent Signature: _____ **Date:** _____

REGISTRATION MUST BE IN BY MAY 8, 2023 TO GUARANTEE A T-SHIRT FOR PARTICIPANT

Contact: Freeman boys basketball assistant coach Bill DePell for any questions at billdepell@yahoo.com or 509-710-1021



Your Freeman School District
Parent-Teacher-Student Group (PTSG)
would love to see our parents/guardians at
our final PTSG meeting.
Please join us May 10
5:30 PM, FES Community Classroom



Please think about participating as an **elementary classroom representative** for the 2023-24 school year. More to follow on that special opportunity.

School Meals

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal & Goldfish Juice Variety Craisins Chocolate Milk White Milk	Cereal & Goldfish Juice Variety Chocolate Milk White Milk Gala Apple	Cereal & Goldfish Fresh Orange Juice Variety Chocolate Milk White Milk	Cereal & Goldfish Banana Juice Variety Chocolate Milk White Milk	w/Icing Cereal & Goldfish Pear Juice Variety Chocolate Milk White Milk
Lunch	24 Spring Roll Fortune Cookies Alternate Lunch Baby Carrots Banana Chocolate Milk White Milk	25 Spaghetti w/Meat Sauce Bread Sticks Alternate Lunch Broccoli Gala Apple Chocolate Milk White Milk	26 Chicken Nuggets Dinner Roll WG Alternate Lunch Corn Pear Chocolate Milk White Milk	27 Cheese Pizza Alternate Lunch Cauliflower Diced Peaches Chocolate Milk White Milk	28 Hamburger Baked Beans Alternate Lunch Fresh Orange Chocolate Milk White Milk

svgsa.com

Spokane Valley Girls Softball Assn.

Register Now! Online @ www.svgsa.com
Questions? Email us at: info@svgsa.com

Divisions & Ages:

(Players age on July 31 determines division)

6U – Tee Ball	Ages 6 & Under
8U – Machine Pitch	Ages 7 & 8
10U – Machine Pitch	Ages 9 & 10
12U – Fastpitch	Ages 11 & 12
14U – Fastpitch	Ages 13 & 14
18U – Fastpitch	Ages 15 - 18

*Check out our website for information on upcoming clinics as well as other important dates.

*Want to become a sponsor? Visit www.svgsa.com for sponsorship opportunities.

Game Nights

6U, 10U, & 14U – Tuesdays & Thursdays
8U, 12U, & 18U – Mondays & Wednesdays
It may be necessary to play some Fridays.

Office Hours: To be announced on website for check and birth certificate processing. Our office is not opened any other times. If you have questions please contact us via email at: info@svgsa.com
Office located at: 12505 East Sprague, Suite 1
Mail: PO Box 883 Spokane Valley, WA 99037

Spokane Valley Girls Softball Assoc. Est. 1967
SVGSA is a non-profit, all volunteer organization that has operated in the Spokane Valley for over 50 years. We are dedicated to promoting amateur fastpitch softball for girls and sanction by the ASA.

SUMMER SPORTS CAMPS

QUESTIONS? PLEASE EMAIL SEASON2SPORTSCAMPS@GMAIL.COM



GAMEBREAKER LACROSSE CAMPS

Dwight Merkel Sports Complex - Spokane, WA
laxcamps.com



REVOLUTION SOCCER CAMPS

Dwight Merkel Sports Complex - Spokane, WA
soccercamper.com



REVOLUTION SOFTBALL CAMPS

Dwight Merkel Sports Complex - Spokane, WA
summersoftballcamps.com



REVOLUTION BASEBALL CAMPS

Dwight Merkel Sports Complex - Spokane, WA
revolutionbaseballcamps.com



ADIDAS TENNIS CAMPS

Mission Park - Spokane, WA
tenniscamper.com

**USE CODE EARLY30
TO SAVE \$30
SIGN UP TODAY!**

Follow us on Instagram: [@season2sportscamps](https://www.instagram.com/season2sportscamps)

We're always looking for great coaches...

Reach out to us! *We offer a limited number of camp scholarships. If interested in learning more, please email season2sportscamps@gmail.com

This event is made possible by the Spokane County Regional Solid Waste System and supported by a grant from the Washington State Department of Ecology.



Frogs are hopping to go

FROG REGATTA FESTIVAL

Saturday April 22, 2023 - Rockford, WA

The Original
FREDNECKS
SALOON & BEANERY

Rockford, Washington



100% of the proceeds stays in the community

Schedule of Events

Free Hot Dogs in the Park
1:00 until gone

Frog Regatta down Rock Creek

3:00 pm

1st Place \$300
2nd Place \$200
3rd Place \$100

... and other prizes!

FROGS ARE \$5 EACH and can be purchased from the following places

FREDNECKS
Harvest Moon Restaurant
Rockford Town Hall
Dave's Auto Body
First Interstate Bank
State Bank Northwest
Or any Rockford Lion's Club member
Also for sale in Fairfield at
Bud's Auto
Fairfield Town Hall

Frog sales the day of the Regatta will be at Frednecks and Lions Club table near the Bridge

Supporting the Rockford Lions Club and benefiting Youth and Community Activities

TIRE COLLECTION EVENT

**FREE TIRE DISPOSAL
(NO RIMS)
RESIDENTS MUST
UNLOAD OWN TIRES**

**SAT, MAY 20 | 9-2
FIRE STATION
17815 E TRUAX RD.
FAIRFIELD, WA**

NO DUMPING. Tires will only be accepted during this date and time

**NO OVERSIZED TIRES
RESIDENTIAL ONLY- NO BUSINESSES**