FREEMAN ELEMENTARY SCHOOL

Lisa Phelan Principal/Asst. Superintendent lphelan@freemansd.org 509-291-4791 x100

Main Line: 509-291-4791 Attendance Line: 509-291-7425 Transportation: 509-291-5555

Brianne Wineinger, Secretary bwineinger@freemansd.org Shayla Daniel, SPED/Elem. Secretary sdaniel@freemansd.org

2025

SCOTTIE SCOOP

Upcoming Dates

May 3	9:00am-1:00pm = FFA Plant/Pots Sale (HS
	Greenhouse)

- **Good Luck Bloomies!** May 4
- 2:45-4:00pm = Extreme Science (FES Comm. Clsrm.) May 5
- May 6 Momentum Ink Orders Due
 - 2:45-4:00pm = Extreme Science (FES Comm. Clsrm.)
 - 3:00-4:00pm = LAST Fit for Bloomsday
 - 5:00pm = Hops N Drops PTSG Fundraiser
- May 7 10:15am = LATE START
 - 3:00-4:00pm = Girl Scouts (FES Comm. Clsrm.)
 - 3:00-4:00pm = Math is Cool (FES Lrg. Conf.)
- May 8 8:30-1:30pm = Blood Drive (FHS)
 - 3:00-4:00pm = Chess Club (FES Comm. Clsrm.)
- May 9 7:30-8:15am = Pastries with Parents (K8 MPR) 8:30-9:30am = ASB Election Assembly (Fball Field)
- May 10 6:35pm = Spokane Indians Game
- May 14 Science SBAC 5th Grade
 - 5:30pm = PTSG Meeting (FES Comm. Clsrm.)
- May 16 Chuck E Cheese Fundraiser
- May 17 Run the Palouse (FHS)

Run the Palouse!

Registration Price goes up on May 4th, so make sure you register today or tomorrow! Click on the shoe below to register for this fun community event. See attached flyer for more details.

Saturday, May 17th at Freeman High School



Greenhouse Tour!

Come check out the FHS Greenhouse. Purchase FFA grown flowers/plants and pots made by the FHS Art Students! See flvers for more information. Our Kindergarten classes took a tour of the greenhouse today! What beautiful flowers and great kids!



Upcoming Events/Opportunities

Please check out this Scottie Scoop and the attached flyers! We have a lot of fun upcoming events and opportunities. *FFA/Freeman Art Plant and Pots Sale (May 3)

*Momentum Ink Scottie Gear Due (May 6) *FHS Blood Drive (May 8)

*Spokane Indians Game (May 10)

*Chuck E Cheese Fundraiser (May 16)

*Run the Palouse Fun Run! (May 17)

*FHS Soccer Camp (June 17th-19th)

*2025-2026 District Calendar

*Qustodio Technology News

Spokane Indians Game

Freeman School District has a block of tickets reserved for the following games. Please click on the ticket image below for a link to purchase tickets for any of the following game dates!

*May 10 @ 6:35pm

*June 6 @ 7:05pm

*August 14 @ 6:35pm



Fred, Frida and Chicks!

Fred, Frida and their 7 Chicks have flown the coop! We have loved having them here and watching this amazing process. The chicks were born on Wednesday, April 30th and they left Thursday, May 1st! Until next time Frida!



Counseling Corner

with School Counselor Stacey Rawson srawson@freemansd.org



TAKING RESPONSIBILITY: Children learn responsibility by taking care of their things and completing small tasks. Give your child age-appropriate responsibilities, like putting away toys or feeding a pet. When kids take responsibility, they feel capable and trusted. Learning this skill early helps them develop independence. Being responsible also teaches kids that their actions affect others. Try This: Make a simple chore chart with pictures or stickers to track your child's tasks. Celebrate their effort with praise or a fun

Questions about this or other ways to support your student socially or emotionally? Contact School Counselor Stacey Rawson.

ENROLLMENT for 2025-2026 2013



Enrollment for the 2025-2026 school year for Transitional Kindergarten, Kindergarten and New Students is now open!

Please follow this LINK to register and make sure you choose the next school year. If your child is already in TK at Freeman, you do not need to register them again. They will roll up to K.

Please know that registering for TK is not a guaranteed spot.

If you do not plan on having your children attend Freeman next year, please let the office know!

Freeman Elementary 2nd and 3rd graders are growing their independence and confidence Find out more at www.letgrow.org



Lizzie made scrambled eggs...alone!



Clark and Sebastian went to McDonalds for lunch...alone!



Scarlett made breakfast for her family...alone!



Emmett went to the Freeman Store..alone!



Mason M made noodles...alone!



FES Students went to the Rockford park...alone!



Brooke learned to roller skate!



students do next week?!?!

Online Safety Hub

Please follow this LINK to go to our Online Safety Hub. This is a great resource for parents to understand the different apps that your children have or want to have, so you can make informative decisions about your child's online presence. See attached flyer for more information.

Opt-In to Text Messages

Another option to get information from Freeman **School District!**

You can take advantage of our **Text Messaging Service**

Our school utilizes the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings, safety alerts and

You can participate in this free service* just by sending a text message of "Y" or "Yes" to our school's short code number, 67587.

5th Grade Field Trip



Huge thanks to the Freeman PTSG for helping to sponsor the end of the year fifth-grade field trip!

Thank you also to all the chaperones who accompanied the fifth grade students to Lutherhaven. It was a fun filled day for the kids, and a great way to finish up their elementary school years.











Nutrition Services

BREAKFAST

Elementary Kids: \$2.20 Adults: \$3.20

Cereal & Goldfish

Craisins
Juice Variety
Chocolate Milk
White Milk

Cereal & Goldfish

Craisins
Juice Variety
Chocolate Milk
White Milk

LATE START Have a Healthy Breakfast at Home

Pancake Syrup

Cereal & Goldfish

Banana
Juice Variety
Chocolate Milk
White Milk

Pancake & Sausage

Biscuit
Omelet
------Cereal & Goldfish
Banana
Juice Variety
Chocolate Milk
White Milk

LUNCH

Elementary Kids: \$3.50 Adults: \$5.00

Grilled Cheese Sandwich ----------Alternate Lunch

Chocolate Milk White Milk Egg McFreeman
Alternate Lunch
Chocolate Milk

Stromboli, Italian
Alternate Lunch
Chocolate Milk

Chicken Burger
Alternate Lunch
Chocolate Milk

White Milk

Freeman School District Nutrition Services (FSD-NS) will always feed students one full breakfast and one full lunch every day, regardless of free, reduced or paid status, and regardless of funding on a student's account. Even if a student has a negative balance on their meal account, FSD-NS will always serve a full meal if requested by the student.

However, please note that regardless of eligibility (F/R/P), if a student's meal account has a negative balance, FSD-NS will not serve a la carte items* to that student (chips, drinks, Rice Krispy Treats, individual milk or juice, etc.). We will serve these students a full breakfast or lunch if requested. Additionally, if a student wants a second serving of breakfast or lunch, there needs to be funds on the

Additionally, if a student wants a second serving of breakfast or lunch, there needs to be funds on the students account to pay for the second meal/entrée. If you have questions about FSD-NS procedures, feel free to reach out to FSD-NS Director,

Kent Bevers: kbevers@freemansd.org/509-291-7510

*A la carte items are not offered at breakfast or lunch to elementary students, with the exception of milk.



Plant Sale

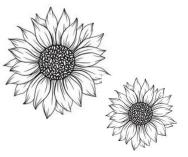
MAY 3RD, 2025

- Hanging baskets
- Tomatoes
- Basket Fillers
- Geraniums
- Annuals
- Clay pots

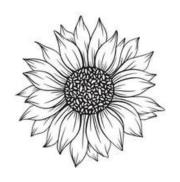
Doors open at 9 AM
We are taking cash, card and check!

All money raised goes to supporting our competitions and future plant sales!





FHS 2025 PLANT SALE PRICES



12" Hanging Baskets ----- \$29.00

Tomatoes-----\$3.00 each

- Cherry
- Roma

Geraniums, 5" Zonal -----\$4.00 each

Dracaena Spikes (approx. 12" tall) - - - - - - \$4.00 each

Basket Fillers, DIY 3"

- Trailing Scaevola
- Trailing Lobelia
- Easy Wave Blue Petunia
- Trailing Verbena
- Marigolds 3" pots

(sold in packs of 2) \$5.00

4 Pack Annuals----- \$3.00

Annuals

Upright Petunias —

• Portulaca

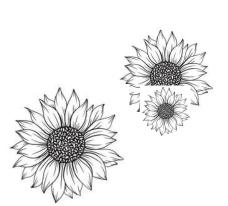
Pansies

• Mounding Lobelia

Dianthus

 $\frac{1}{2}$ Flat = 24 plants - \$8.00

Full flat = 48 plants - \$15.00









Freeman HS PTSG RD3

PLEASE READ

*Turnaround time is 12-14 BUSINESS days AFTER e-store closes.

*Please expect at least 3 weeks for embroidered items to arrive once the store closes.

*DUE TO LOW INVENTORY AND SHIPPING DELAYS IN THE APPAREL INDUSTRY, YOU MAY EXPERIENCE A DELAY IN RECEIVING YOUR ORDER. PLEASE ALLOW EXTRA TIME FOR YOUR ORDER TO PROCESS AND BE DELIVERED.

*Due to shortages at our vendors' distribution centers, items purchased sometimes are not in stock when the store closes. If this happens, a comparable item will be ordered to replace your item(s).

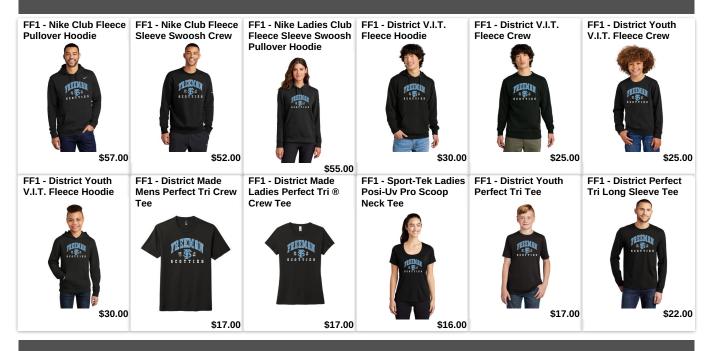
*At checkout, there is a \$3.00 processing and handling charge.

All Sales Are Final. No Returns or Exchanges.

You can now purchase your items online in 3 easy steps:

- 1. Scan the QR code or go online to https://freemanhsptsg.itemorder.com/
- 2. Choose your items and add them to your cart
- 3. Securely checkout with your credit card

Online Store Deadline: Tuesday May 6th, 2025 (11:59pm PDT)





Questions? Tracy Phelps (208) 777-3466 info@momentumink.com https://www.momentumink.com/





Freeman HS PTSG RD3

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FF1 - Port & Company Youth Long Sleeve **Core Cotton Tee**



FF1 - Port & Company Youth Core Blend 3/4-Sleeve Raglan Tee



LC1 - District V.I.T.



LC1 - District V.I.T. Fleece Full-Zip Hoodie



LC1 - District Youth V.I.T. Fleece Full-Zip Hoodie



\$35.00

FF2 - Heavyweight Hooded Sweatshirt -IND4000



FF2 - Fine Jersey Tee -6901



\$20.00

FF2 - Youth Midweight FF2 - Midweight Hooded Sweatshirt -



\$32.00

Crewneck Sweatshirt -SS3000



\$33.00

FF2 - Port & Company Beach Wash Garment-Dyed Pullover Hooded



EMB1 - Port Authority **Cozy Striped Pom** Beanie



\$20.00





Freeman HS PTSG RD3

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Online Store Deadline: Tuesday May 6th, 2025 (11:59pm PDT)





\$24.00



Questions? **Tracy Phelps** (208) 777-3466 info@momentumink.com https://www.momentumink.com/



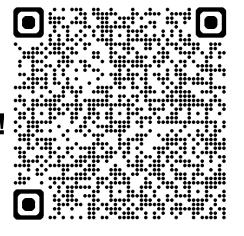
BLOOD DRIVE

Because of you, life doesn't stop.

FREEMAN HIGH SCHOOL BLOOD DRIVE

THURSDAY, MAY 8TH 8:30AM – 1:30PM

SIGN UP HERE!



Students who are interested in donating must:

- Be at least 16 years old. If 16 or 17-years-old, a signed parent/guardian consent form is required each time you donate.
- · Weigh at least 110 pounds.
- Male donors: At least 5'0" tall and weigh at least 110lbs.
 Females donors: Refer to the chart for eligibility.
 ≥ (greater than or equal to).
- Be in good general health.
- Have a photo ID.

FEMALE HEIGHT	FEMALE REQUIRED WEIGHT			
≥ 4'10"	≥ 146			
≥ 4'11"	≥ 142			
≥ 5'	≥ 138			
≥ 5'1"	≥ 133			
≥ 5'2"	≥ 129			
≥ 5'3"	≥ 124			
≥ 5'4"	≥ 120			
≥ 5'5"	≥ 115			

To make an appointment:





CALL 877-258-4825 877-25-VITAL



Use the Vitalant Donor App





CHUCK E CHEESE **FüNdraisin**

Turning Fun into Funds



CHUCK E. CHEESE DONATES ON THE SALE

generated from this event to your child's school.

Friends and family members are encouraged to help support this event.

Mention your school when ordering! Bring this flyer to Chuck E. Cheese.

LOCATION:	•	П	U	·N	E.	LΠ	EES	E
		_						

TIME:

Freeman SCHOOL:

EVENT DATE: May 16th

EVENT ADDRESS:

14919 E Sprague Ave

Spokane Valley, WA 99216

To find out more, check out chuckecheese.com

CHUCK E CHEESE

CHUCK E CHEESE.

FP Panel #5996

1 Large (1 Topping) Pizza 4 Drinks

EYDIDES 12/11/25

imit one per check. Valid with coupon and only onnight of Fundrais ing Event Only at participating locations. Play card or band activation notincluded. Dine-in only @2024 CECEnt. Conc. LP All rights reserved

one per check. Valid with coupon and only on night of Fundraising Event Only at participatin glocations. Dine-in only. ©2024 CECEnt. Conic L.P.All rights reserved

Sales include all food and merchandise purchased at the registers. Delivery & Carryout Orders placed directly at ChuckECheese.com now also apply towards your fundraiser. You must add the item "School or Organization Fundraiser" to your cart before check-out and order from the location noted at right

PRICE GOES UP



FREEMAN CROSS COUNTRY PRESENTS



Sat. May 17th - Freeman High School

Cost:

1M - \$25, 5K - \$30 if reg. & paid by 5/3 1M - \$30, 5K - \$35 after 5/3*

*Shirt included only if registered & paid by 5/3

Times:

1 Mile - 9:30am 5K - 9:50am

Register:



freemansd.org/runthepalouse

Questions: Email: runthepalouse@gmail.com

Run the Palouse is a 5K/1 Mile Fun Run put on by the FHS Cross Country Team.

All ages and skill levels are welcome, from walkers to competitive runners.

Proceeds benefit Freeman High School Cross Country.



FHS SOCCER CAMP JUNE 17-19TH, 2025

PLAYER NAME:

GRADE

SHIRT SIZE (CIRCLE ONE): YOUTH: M L XL // ADULT: S M L XL

ADDRESS

PARENT NAME & PHONE NUMBER:

EMERGENCY CONTACT & PHONE NUMBER:

DOCTOR NAME & PHONE NUMBER:

I UNDERSTAND THAT THIS ACTIVITY IS VOLUNTARY AND MY CHILD'S PARTICIPATION IS NOT MANDATORY. IN CASE OF EMERGENCY, THE SUPERVISOR ON SITE HAS MY PERMISSION TO OBTAIN MEDICAL TREATMENT FOR MY STUDENT. I UNDERSTAND THE FREEMAN SCHOOL DISTRICT DOES NOT PURCHASE OR HAVE MEDICAL/DENTAL/HOSPITALIZATION INSURANCE TO COVER ANY INJURY WHILE PARTICIPATING AT THIS EVENT.

PARENT SIGNATURE:	DATE:
DOES YOUR CHILD TAKE ANY MEDICATIONS?	
DOES YOUR CHILD HAVE ALLERGIES?	
INSURANCE POLICY:	POLICY NUMBER:



Train with the Freeman High School State Champions Soccer Team!

Open to grades 1-8, boys and girls

5:30-7 PM each night on the soccer field

\$40 Registration fee, and includes a FHS Soccer t-shirt (if registered by 6/4/25)

Please return this flyer to the Freeman High School front office by 6/15/25

COACH DAVE ELLIS

Dellis1251@gmail.com (509) 879-0290



FREEMAN SCHOOL DISTRICT #358 2025 - 2026 School Calendar



August Mon Tue Wed Thu Fri September Mon Tue Wed Thu Fri (24)October Tue Wed Thu Fri Mon *23 *24 (29) November Tue Mon Wed Thu Fri December Wed Thu Mon Tue Fri (3)January Tue Wed Thu Mon Fri

Significant Dates

August 18	Staff Orientation/Open House
August 19	Professional Development
August 20	First Day of School
August 25	First Day of Kindergarten
August 29	No School
September 1	Labor Day Holiday - No School
September 24	Late Start PD
October 23 - 24	Conferences - No School
October 29	Late Start PD
November 11	Veterans' Day Observed - No School
November 24 - 28	Thanksgiving Holiday - No Schoo l
December 3	Late Start PD
December 19	End of Semester
December 22 - January 2	Winter Break - No School
January 5	Professional Development - No School
January 19	Martin Luther King Jr. Day - No School
February 4	Late Start PD
February 16	Presidents' Day Holiday - No School
March 6	Snow Make-up Day - No Schoo l
March 9	Professional Development - No School
March 18	Late Start PD
April 2 - 3	Conferences - No School
April 6 - 10	Spring Vacation - No School
April 27	Professional Development - No School
May 6	Late Start PD
May 22	Snow Make-up Day - No School
May 25	Memorial Day Holiday - No School
June 6	High School Graduation
June 9	8th Grade Promotion
June 10	Last Day of School - Early Release

- Shaded Dates No School
- OIndicates Late Start/Professional Development Days
- * Indicates Parent Conference Days No School
- ** Indicates Early Release 12:30 pm
- School Begins & Ends

February							
Man				- Cri			
Mon	Tue	Wed 4	Thu	Fri			
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16	17	18	19	20			
23	24	25	26	27			
March							
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27	28	29	30	31			
	-		-				



FSD TECHNOLOGY NEWS

October,2024

Dear Parent / Guardian,

As part of our commitment to your child's online safety, we want to let you know about an important update. Freeman School District has partnered with Qustodio, the world's leading provider of online safety solutions.

As devices play an increasing role in children's education it is crucial that we put safeguards in place. Your child already benefits from internet filtering technology which blocks inappropriate web content on their school-owned Chromebook. This is also mandated by US legislation.

Freeman School District is going one step further. We are granting every parent a free Qustodio Parental App account. Qustodio will give you important insights into your child's online activity on their school Chromebook. You can use it to review and manage activities on other devices in your home too.

With Qustodio, you'll be able to:

- Manage your child's screen time
- Supervise your child's online activity
- o Access expert advice via Freeman School Districts Online Safety Hub

Qustodio is a valuable partner that prioritizes privacy, safety and rights of students and parents worldwide.

Activate Your Free Account

On the following page, you will find simple instructions to register your account. Please be sure to use the same email address we have on file for you when registering to connect to your child's device.

We are excited to work with you and Qustodio to help our students develop healthy and safe online habits. Please visit **Freeman School District's Online Safety Hub** for more information about Qustodio, access to expert advice and additional resources.

Freeman does not provide support for Qustodio; instead, Qustodio offers support for their own product. Please email inquiries to: myschool@qustodio.com

Freeman School District Information Technology

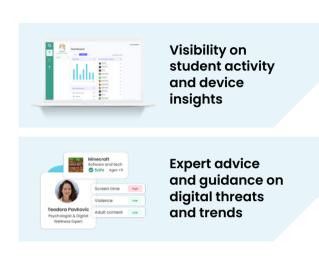


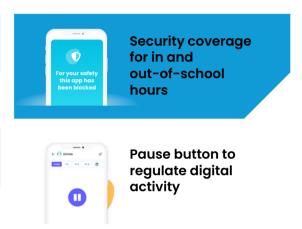
TEAMWORK MADE EASY

App for Parents & Families

Technology makes a direct impact on children, their families, and their learning environment. For children to learn and grow as digital citizens in our increasingly connected world, we must first lay out the foundations of online safety, digital literacy, and wellbeing.

Through our school district's partnership with Linewize, our online safety and wellbeing provider, we are able to extend visibility and safeguarding controls on to parents and guardians.



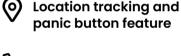


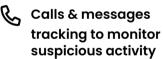
Parents and guardians can also extend protection to personal devices with family-focused digital wellbeing features that adapt to different needs as their child grows:

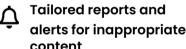


following devices:

screen-free schedules

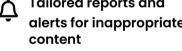




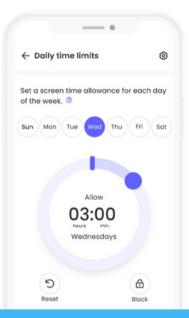




Windows







Qustodio is COPPA compliant and does not share personal data with third parties.



How to get started

Chromebook Android iPhone/iPad

1. Scan the QR code or visit qustodio.com/my-school

Kindle

- 2. Create your account using the email address your school has on file
- 3. Get real-time visibility