

FREEMAN ELEMENTARY SCHOOL

LISA PHELAN
PRINCIPAL/ASST. SUPERINTENDENT
LPHELAN@FREEMANSD.ORG
MIKE ALLEN
PRINCIPAL ASSISTANT
MALLEN@FREEMANSD.ORG

MAIN LINE: 509-291-4791
ATTENDANCE LINE: 509-291-7425
TRANSPORTATION: 509-291-5555

BRIANNE WINEINGER, SECRETARY
BWINEINGER@FREEMANSD.ORG
SHAYLA DANIEL, SPED/ELEM. SECRETARY
SDANIEL@FREEMANSD.ORG

SCOTTIE SCOOP

SEPTEMBER
5, 2025

UPCOMING DATES

SEP 8 DONATION INFO. DISTRIBUTED (SCOTTIE DASH)
SEP 9 2:45-5:15PM = ROBOTICS (K8 MPR)
SEP 10 2:45-4:00PM = GIRL SCOUTS (COMM CLSRM)
SEP 11 2:45-5:15PM = ROBOTICS (K8 MPR)
SEP 15 COLLECTION DAY FOR SCOTTIE DASH
SEP 16 2:45-5:15PM = ROBOTICS (K8 MPR)
SEP 17 6:00PM = PTSG SKATE NIGHT AT ROLLER VALLEY
SEP 17 2:45-4:00PM = GIRL SCOUTS (COMM CLSRM)
SEP 18 2:45-5:15PM = ROBOTICS (K8 MPR)
SEP 19-21 SE SPK COUNTY FAIR (ROCKFORD FAIRGROUNDS)
SEP 22 6:00PM = BOARD MEETING AT PRTC
SEP 23 COLLECTION DAY FOR SCOTTIE DASH
SEP 23 2:45-5:15PM = ROBOTICS (K8 MPR)
SEP 23 11:59PM = SCOTTIE GEAR ONLINE STORE DEADLINE!
SEP 24 10:15AM = LATE START (BUSES ALSO 2 HRS LATER)
SEP 24 2:45-4:00PM = GIRL SCOUTS (COMM CLSRM)
SEP 25 2:45-5:15PM = ROBOTICS (K8 MPR)
SEP 26 INDIVIDUAL STUDENT PHOTOS
SEP 26 SCOTTIE DASH! COLLECTION DAY!
SEP 30- MINI CHEER CAMP (FES GYM)
OCT 2
SEP 30 2:45-5:15PM = ROBOTICS (K8 MPR)

AFTER SCHOOL ACTIVITIES

AS AFTER SCHOOL ACTIVITIES START TO RAMP UP, PLEASE COMMUNICATE WITH THE OFFICE IF YOUR STUDENT WILL BE STAYING RIGHT AFTER SCHOOL FOR ANY SPORTS OR ACTIVITIES.

IF YOU ARE A COACH/LEADER, PLEASE PROVIDE THE OFFICE WITH YOUR PRACTICE/ACTIVITY SCHEDULE AND ROSTER. WE ALSO NEED AN ADULT TO BE HERE WITH THE STUDENTS RIGHT AFTER SCHOOL (2:45PM) IF YOUR TEAM OR CLUB IS STAYING. THE KIDS CANNOT BE LEFT UNSUPERVISED WHILE THEY WAIT FOR PRACTICE TO START.

RETURNING STUDENTS INFO. UPDATE

IT'S THAT TIME OF THE YEAR AGAIN! FOR ALL STUDENTS NEW AND RETURNING, PLEASE LOG INTO YOUR FAMILY ACCESS ACCOUNT AND UPDATE/REVIEW YOUR STUDENTS' INFORMATION. IT IS SO IMPORTANT FOR US TO HAVE UPDATED INFORMATION INCLUDING CONTACT INFORMATION AND HEALTH UPDATES. IF YOU HAVE NO CHANGES, THE PROCESS SHOULD BE VERY QUICK! PLEASE HAVE THEM COMPLETED FOR ALL OF YOUR STUDENTS BY **SEPTEMBER 30TH**. SEE THE LINKS ABOVE FOR INSTRUCTIONS ON HOW TO SIGN INTO FAMILY ACCESS AND A LINK TO FAMILY ACCESS.

REMINDER TO FAMILIES

PLEASE CALL OUR ATTENDANCE LINE (509) 291-7425 TO REPORT YOUR CHILD ABSENT FOR THE DAY.

FOR BUS ROUTE QUESTIONS PLEASE CALL
TAWNIA AT (509) 291-5555

COMMUNICATE ANY TRANSPORTATION CHANGES WITH THE ELEMENTARY OFFICE (509) 291-4791. ANYTHING DIFFERENT THAN THEIR NORMAL MODE OF TRANSPORTATION HOME WILL NEED A NOTE OR PHONE CALL TO US.

ALWAYS REMEMBER TO CHECK INTO OUR OFFICE WHEN YOU COME TO SCHOOL. PLEASE BRING YOUR DRIVER'S LICENSE IN WITH YOU FOR YOUR FIRST FEW VISITS AND IF YOU ARE CHECKING OUT YOUR CHILD EARLY.

DROP OFF/PICK UP

STUDENTS MAY BE DROPPED OFF AT SCHOOL AT 7:50AM OR LATER. PLEASE HAVE YOUR CHILD WALK AROUND BACK TO RECESS.

SCHOOL STARTS AT 8:15AM AND ENDS AT 2:45PM

FOR MORNING DROP OFF, PLEASE PULL ALL THE WAY FORWARD. DO NOT LET YOUR CHILDREN OUT OF THE VEHICLE BEFORE THE CONES. AT PICK UP, PLEASE DO NOT LET YOUR CHILDREN INTO THE VEHICLE BEFORE THE CONES.

IF YOU PARK, PLEASE WALK DOWN TO THE SIDEWALK IN FRONT OF THE ELEMENTARY SCHOOL TO PICK UP YOUR CHILDREN.

IMPORTANT LINKS

PLEASE CLICK ANY OF THE FOLLOWING LINKS FOR MORE INFORMATION:

[FAMILY ACCESS INSTRUCTIONS LINK](#)

[FAMILY ACCESS LINK](#)

FMS AND FHS NEWSLETTERS

WANT TO FIND OUT WHAT'S GOING ON IN THE MIDDLE SCHOOL AND/OR HIGH SCHOOL? CHECK OUT THEIR WEEKLY NEWSLETTERS AS WELL!

[FREEMAN MIDDLE SCOOP](#)
[FHS FRIDAY FLYER](#)

MEET YOUR FREEMAN ELEMENTARY STAFF!

2 OF 5

WE ARE ASKING OUR STAFF, "WHAT DO YOU LOVE ABOUT FREEMAN?" AND "WHAT ARE 2 FUN FACTS ABOUT YOURSELF?"



AMY BEAZER
MUSIC TEACHER

I LOVE THE FRIENDLY AND SUPPORTIVE ENVIRONMENT! I HAVE FELT SO WELCOME IN MY FIRST FEW WEEKS HERE.

I SPEAK SPANISH AND I CAN SING OPERA!



VICKIE BERRYMAN
SPECIAL EDUCATION TEACHER

THE SUPPORT AND PATIENCE I'VE RECEIVED FROM MY STUDENTS AND THEIR FAMILIES AS I NAVIGATE A NEW ROLE IS UNLIKE ANYTHING I'VE EXPERIENCED IN MY 33+ YEARS IN EDUCATION.

I GREW UP ON A WHEAT FARM JUST OUTSIDE UNIONTOWN, WA ALONGSIDE MY 8 SIBLINGS. MY HS GRADUATING CLASS HAD ONLY 18 STUDENTS. MY HUSBAND AND I WILL CELEBRATE OUR 30TH ANNIVERSARY AT THE END OF SEPTEMBER.



SUSAN CHADDUCK
LIBRARIAN/PARA EDUCATOR

I'VE TAUGHT AT MANY SCHOOLS, AND MY KIDS ATTENDED SEVERAL OTHERS, BEFORE WE MOVED TO VALLEYFORD IN 2014. FREEMAN BLEW EVERYONE ELSE OUT OF THE WATER. I HAVE NEVER SEEN A COMMUNITY AS COMMITTED AND CARING.

WHEN I WAS IN HIGH SCHOOL I WAS A TA FOR BALLET AND TAP CLASSES WITH KIDS AGES 5 TO 12. THAT WAS WHEN I CAUGHT THE TEACHING BUG. WHEN I WAS GROWING UP I SPENT PART OF EVERY SUMMER WITH MY GREAT GRANDPARENTS WHO LIVED IN A LOG CABIN ON A TOBACCO FARM IN RURAL VIRGINIA.



BEN COCHRAN
PE TEACHER

I LOVE FREEMAN FOR THE AMAZING KIDS THAT I GET TO WORK WITH!

I COACH FOOTBALL AT SHADLE PARK AND I LOVE LAKE ROOSEVELT!



OLIVIA COUNTS
SPECIAL EDUCATION TEACHER

I LOVE FREEMAN BECAUSE OF THE AMAZING STAFF I GET TO WORK WITH EVERY DAY!

MY FAVORITE FOOD IS CHEESEBURGERS. I WAS A CHEERLEADER FOR THE SEATTLE SEAHAWKS.



EMMA DOBNEY
OCCUPATIONAL THERAPIST

I LOVE FREEMAN BECAUSE OF THE CLOSE-KNIT COMMUNITY. EVERYONE IS NICE AND HAS BEEN VERY WELCOMING AND EXCITED TO WORK WITH ME.

I WENT TO ALASKA THIS SUMMER. I CAN WRITE WITH BOTH HANDS!



LEAH HEIDEMAN
SPEECH THERAPIST

I LOVE THE SIZE OF THE DISTRICT, WHICH ALLOWS ME TO KNOW KIDS FROM TTK-HS AND THE RELATIONSHIPS BETWEEN THE SCHOOL AND FAMILIES.

I'VE BEEN ON GOOD MORNING AMERICA (TWICE) AND AM A TROPHY WINNING FROG RODEO CHAMPION!



MICHAEL MCKEOWN
PE TEACHER

I LOVE FREEMAN BECAUSE THE STUDENTS, ATHLETES, TEACHERS AND SECRETARIES THAT I GET TO INTERACT WITH ON A DAILY BASIS MAKE TEACHING AND COACHING NOT FEEL LIKE A JOB, BUT A FAMILY.

I ENJOY OUTDOOR ACTIVITIES SUCH AS GOLFING, FISHING AND HUNTING. I AM FORTUNATE ENOUGH TO HAVE HAD THE OPPORTUNITY TO PLAY COLLEGE FOOTBALL AT WHITWORTH WHERE I MET MY AMAZING WIFE, WHO IS ALSO AN EDUCATOR.



GARRET SAWYER
PE TEACHER

THE THING I LOVE MOST ABOUT FREEMAN IS ALL THE GREAT KIDS THAT WE HAVE HERE!

I AM MARRIED TO AN EX-GONZAGA WOMEN'S BASKETBALL PLAYER STAR! I RACE STOCK CARS AS A HOBBY AROUND THE PNW!



CLAIRE WALTER
PHYSICAL THERAPIST

I LOVE THE CLOSE-KNIT FREEMAN FAMILY.

I HAVE A ST. BERNARD AND ALL 3 OF MY KIDS GO TO FREEMAN.

NUTRITION SERVICES

3 OF 5

EACH SCHOOL YEAR, STUDENTS WHO WERE ON THE FREE/REDUCED ELIGIBILITY MEAL PROGRAM FOR THE PREVIOUS SCHOOL YEAR ARE ALLOWED TO CARRY OVER THEIR ELIGIBILITY INTO THE NEW SCHOOL YEAR FOR 30 SCHOOL DAYS FROM THE FIRST DAY OF SCHOOL. FOR SY 2025/26, THAT **30-DAY WINDOW ENDS ON OCTOBER 2, 2025**. IF WE DO NOT HAVE AN UPDATED FREE/REDUCED PRICE MEAL APPLICATION, OR OTHER QUALIFYING UPDATED ELIGIBILITY STATUS FOR THE NEW SCHOOL YEAR, ANY STUDENTS WHO QUALIFIED FOR FREE/REDUCED PRICE MEALS DURING THE PREVIOUS SCHOOL YEAR WILL AUTOMATICALLY HAVE THEIR ELIGIBILITY **CHANGED TO PAID EFFECTIVE OCT 3, 2025**.

APPLICATIONS CAN BE DOWNLOADED/PRINTED FROM: [FREE/REDUCED APPLICATION LINK](#)

APPLICATIONS CAN ALSO BE COMPLETED ONLINE THROUGH SKYWARD FAMILY ACCESS. ADDITIONALLY, APPLICATIONS MAY BE PICKED UP FROM THE SCHOOL DISTRICT OR SENT HOME WITH STUDENTS.

IF YOUR STUDENT(S) WERE ON THE FREE/REDUCED PRICE MEAL PROGRAM LAST YEAR, AND WE DO NOT HAVE A NEW APPLICATION FOR SY 2025/26, PLEASE COMPLETE AND SUBMIT A NEW APPLICATION TO FREEMAN SD NUTRITION SERVICES.

ELEMENTARY
BREAKFAST: \$2.20
ADULTS: \$3.20

8	Garlic Toast ----- Cereal & Goldfish ----- Craisins Juice Variety Chocolate Milk White Milk	9	French Toast Sticks Sausage Patty ----- Cereal & Goldfish ----- Gala Apple Juice Variety Chocolate Milk White Milk	10	Mini Filled Bagel ----- Cereal & Goldfish ----- Fresh Orange Chocolate Milk White Milk	11	Banana Bread ----- Cereal & Goldfish ----- Banana Juice Variety Chocolate Milk White Milk	12	Cinnamon Roll w/icing ----- Cereal & Goldfish ----- Pear Juice Variety Chocolate Milk White Milk
---	--	---	--	----	--	----	--	----	---

ELEMENTARY
LUNCH: \$3.60
ADULTS: \$5.00

8	Assorted Pizza ----- Alternate Lunch ----- Chocolate Milk White Milk	9	French Toast Sticks Sausage Patty ----- Alternate Lunch ----- Chocolate Milk White Milk	10	Corn Dog Tater Tots ----- Alternate Lunch ----- Chocolate Milk White Milk	11	Popcorn Chicken Bowl Dinner Roll WG ----- Alternate Lunch ----- Chocolate Milk White Milk	12	Hamburger ----- Alternate Lunch ----- Chocolate Milk White Milk
---	---	---	---	----	---	----	---	----	--



JUST A REMINDER: PLEASE DO NOT PACK ENERGY DRINKS OR SODA IN YOUR STUDENTS' LUNCH.

SCOTTIE DASH - SEPTEMBER 26TH

THE SCOTTIE DASH IS COMING! ON FRIDAY, SEPTEMBER 26TH, STUDENTS AND STAFF FROM FREEMAN ELEMENTARY AND MIDDLE SCHOOLS WILL PARTICIPATE IN THE RUN ON THE FREEMAN SCHOOL DISTRICT TRACK. ALL PARTICIPANTS WILL RECEIVE A POPSICLE AND HAVE THE CHANCE TO EARN PRIZES. PICTURED BELOW ARE SOME OF THE PRIZES WE HAVE RECEIVED. THIS FUNDRAISER IS A JOINT EFFORT BETWEEN THE TTK-8 ASSOCIATED STUDENT BODY (ASB) AND THE PARENT, TEACHER, STUDENT GROUP (PTSG). THE PROCEEDS WILL BENEFIT OUR STUDENTS THROUGH FIELD TRIPS, COMMUNITY EVENTS, SPORTS, CLUBS, PLAYGROUND UPDATES, ASSEMBLIES AND MORE! ON **MONDAY, SEPTEMBER 8TH**, ALL STUDENTS WILL RECEIVE THEIR KICKOFF LETTER, PLEDGE SHEET, AND TURN-IN ENVELOPE. PLEDGES WILL BE COLLECTED IN THE PARENT PICK-UP LOOP BEFORE SCHOOL ON THE FOLLOWING DATES: MONDAY, SEPTEMBER 15TH, TUESDAY, SEPTEMBER 23RD AND FRIDAY, SEPTEMBER 26TH. REMEMBER SAFETY AND ACCOMPANY ALL CHILDREN WHEN COLLECTING PLEDGES. LET FAMILY, FRIENDS, AND CO-WORKERS KNOW THIS FUN RUN SOLELY FUNDS THESE PROGRAMS AND DIRECTLY BENEFITS ALL OF OUR CHILDREN. WE CANNOT DO THIS WITHOUT YOU! PLEASE CONSIDER JOINING YOUR STUDENT AND "DO THE DASH" OR VOLUNTEER THE DAY OF THE EVENT.

FOR MORE INFORMATION, CONTACT JIM STRAW OR MIKE ALLEN AT (509) 291-7301. THANK YOU TO OUR SPONSORS THAT HAVE ALREADY COMMITTED! DONATIONS AND ENVELOPES CAN ALSO BE TURNED INTO THE FES/FMS OFFICES OR ONLINE AT THE QR CODE BELOW. CHECKS SHOULD BE MADE OUT TO FREEMAN ASB.

Scottie Dash

TK - 8 Fundraiser

FRIDAY
SEPTEMBER 26

Our Impact Supports TK-8:
• Field Trips
• Craft Fairs
• Dance
• Math in Ool
• Class Retreats
• Robotics
• Sports (equipment, officials, uniforms)

Sponsor Benefits:
• Recognition on event materials, banners, and social media
• Logo on event T-shirts (Corporate, Platinum, Gold)
• Community visibility with Freeman families

Sponsorship Levels:
• Corporate Sponsor: \$2,500
• Platinum Sponsor: \$1,000
• Gold Sponsor: \$500
• Silver Sponsor: \$250
• Custom Sponsorship: Any amount welcome and recognized

Ready to Help? Click the QR Code above
Please add your student's name with any donation

Questions?
Email: jstraw@freemansd.org or mallen@freemansd.org

All Proceeds to Support Primary Funding for TK-8 ASB & PTSG programs





COUNSELING CORNER

WITH SCHOOL COUNSELOR
KAYLEEN ARCHIBALD
KARCHIBALD@FREEMANSD.ORG

THE ART OF ASKING FOR HELP
ASKING FOR HELP IS A SIGN OF STRENGTH! WHEN A CHILD IS STUCK ON A TOUGH PROBLEM OR HAS A BIG FEELING, KNOWING HOW TO ASK FOR HELP IS A HUGE LIFE SKILL. ENCOURAGE YOUR CHILD TO FIND A TRUSTED ADULT AND USE THEIR WORDS. THIS BUILDS CONFIDENCE AND TEACHES THEM THAT THEY DON'T HAVE TO FACE CHALLENGES ALONE.

TRY THIS: WHEN YOU'RE WORKING ON SOMETHING DIFFICULT AT HOME, LIKE A PUZZLE, ASK YOUR CHILD TO HELP YOU. SAY, "I'M A LITTLE STUCK ON THIS PART. CAN YOU HELP ME FIGURE IT OUT?"

PTSG SCOTTIE GEAR SALE

PLEASE CHECK OUT THE PTSG FALL SCOTTIE GEAR SALE THROUGH MOMENTUM INK! FOLLOW LINK OR THE QR CODE BELOW TO THEIR WEBSITE TO SEE WHAT ITEMS ARE AVAILABLE.

**ONLINE STORE DEADLINE IS
TUESDAY, SEPTEMBER 23RD AT 11:59PM.**



MOMENTUM INK LINK

OR THIS QR CODE



PTSG EVENTS

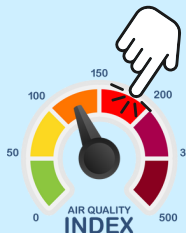
WE HAVE SEVERAL PTSG EVENTS COMING UP! BE ON THE LOOKOUT FOR MORE INFORMATION!

SKATE NIGHT: SEPTEMBER 17TH 6:00PM AT ROLLER VALLEY
TRIPLE PLAY: OCTOBER 23RD

LOOK OUT FOR MORE INFORMATION REGARDING BEING A MEMBER OF THE AMAZING PTSG GROUP! BECOME A MEMBER AND JOIN IN ON ALL THE FUN!

EXTRA CURRICULAR ACTIVITIES!

SEE ATTACHED FLYERS
***FALL CHESS REGISTRATION**
***HOOPTOWN YOUTH LEAGUE REGISTRATION**



FES/FMS LIBRARY VOLUNTEERS NEEDED

MON, TUES & WED
12:10-2:50 TO ASSIST
K, 1 & 2 WITH BOOK
CHECK IN/CHECKOUT

MON, WED, THU
8:15-10:40
TO ASSIST WITH
BOOK REPAIR

BOOK FAIR
BARNES & NOBLE
DECEMBER 6TH

DAILY 10:40-11:00
AND 2:50-3:15 TO
HELP WITH SHELVING
BOOKS AND
PUTTING THINGS
BACK IN ORDER.

SCHOLASTIC BOOK
FAIR (FMS LIBRARY)
APRIL 1ST AND 2ND

Contact Susan Chadduck

schadduck@freemansd.org 509-291-7301

freemansd.org - Volunteer application must be completed

WE ARE HIRING!

SUBSTITUTE POSITIONS FOR...

- PARAELECTRICIANS
- CUSTODIANS
- NUTRITION SERVICES

The Freeman School District is looking for dedicated individuals to join our substitute team to make this school year incredible!

If you have a passion for working with kids and making a meaningful difference in our community, we want to hear from you!

Please check out the **Jobs** tab on our website to learn more.

www.freemansd.org

FREEMAN SCHOOL DISTRICT AIR QUALITY MONITORING PROCEDURES

With the recent smoky conditions it is important to know that Freeman School District uses the website airnow.gov to determine the current air quality. We then use these numbers to make determinations regarding recess and outdoor activities for all students with their safety as our top priority.

AQI Range	Color	Description	School Action
0-50	Green	Little to no risk	✓ Normal outdoor activities
51-100	Yellow	Low risk for general public; possible effects for sensitive groups	✓ Normal outdoor activities
101-150	Orange	Sensitive groups may experience health effects	⚠ Adjustments may be made to outdoor activities
151+	Red	Unhealthy for sensitive groups and general public	⛔ No outdoor activities permitted



FSD TECHNOLOGY NEWS

October, 2024

Dear Parent / Guardian,

As part of our commitment to your child's online safety, we want to let you know about an important update. Freeman School District has partnered with Qustodio, the world's leading provider of online safety solutions.

As devices play an increasing role in children's education it is crucial that we put safeguards in place. Your child already benefits from internet filtering technology which blocks inappropriate web content on their school-owned Chromebook. This is also mandated by US legislation.

Freeman School District is going one step further. We are granting every parent a free Qustodio Parental App account. Qustodio will give you important insights into your child's online activity on their school Chromebook. You can use it to review and manage activities on other devices in your home too.

With Qustodio, you'll be able to:

- Manage your child's screen time
- Supervise your child's online activity
- Access expert advice via [Freeman School District's Online Safety Hub](https://freemansd.onlinesafetyhub.io)

Qustodio is a valuable partner that prioritizes privacy, safety and rights of students and parents worldwide.

Activate Your Free Account

On the following page, you will find simple instructions to register your account. Please be sure to use the same email address we have on file for you when registering to connect to your child's device.

We are excited to work with you and Qustodio to help our students develop healthy and safe online habits. Please visit [Freeman School District's Online Safety Hub](https://freemansd.onlinesafetyhub.io) for more information about Qustodio, access to expert advice and additional resources.

Freeman does not provide support for Qustodio; instead, Qustodio offers support for their own product. Please email inquiries to: myschool@qustodio.com

Freeman School District
Information Technology

myschool@qustodio.com

<https://freemansd.onlinesafetyhub.io>

PRIDE | COMMITMENT | CARING

SMS Text Opt-In



Parents and Guardians

You can take advantage of our Text Messaging Service

Our school utilizes the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings, safety alerts and more.*

You can participate in this free service* just by sending a text message of "Y" or "Yes" to our school's short code number, 67587.

You can also opt out of these messages at any time by simply replying to one of our messages with "Stop".

SchoolMessenger is compliant with the [Student Privacy Pledge™](#) so you can rest assured that your information is safe and will never be given or sold to anyone.

Opt-In from
your mobile
now!



Just send "Y"
or "Yes" to
67587.



*Information on SMS text messaging and Short Codes: SMS stands for Short Message Service and is commonly referred to as a "text message". Most cell phones support this type of text messaging. Our notification provider, SchoolMessenger, uses a true SMS protocol developed by the telecommunications industry specifically for mass text messaging, referred to as "short code" texting. This method is fast, secure and highly reliable because it is strictly regulated by the wireless carriers and only allows access to approved providers.

If you've ever sent a text vote for a TV show to a number like 46999, you have used short code texting.

*Terms and Conditions: Message frequency varies. Standard message and data rates may apply. Reply HELP for help. Text STOP to cancel. Mobile carriers are not liable for delayed or undelivered messages. See schoolmessenger.com/en for more info.

DISTRICT CELL PHONE POLICY

CELL PHONES, EAR BUDS, AND SMART WATCHES MUST BE TURNED OFF UPON ARRIVAL AND REMAIN OFF UNTIL 2:45 P.M., WITH DEVICES STORED IN LOCKERS DURING THE SCHOOL DAY. THIS POLICY HELPS US AVOID ISSUES SUCH AS CHEATING, INAPPROPRIATE MESSAGING, CLASS DISRUPTIONS, AND DISTRACTED LEARNING. IF YOUR CHILD NEEDS TO CONTACT YOU DURING THE DAY, THEY SHOULD ASK THEIR TEACHER TO CALL FROM THE OFFICE. IN AN EMERGENCY, PARENTS MAY CALL THE ELEMENTARY SCHOOL OFFICE AT (509) 291-4791. PLEASE HELP US BY MONITORING YOUR CHILD'S TECHNOLOGY USE AND REINFORCING THESE EXPECTATIONS AT HOME. DIABETIC STUDENTS MAY CARRY A PHONE FOR MEDICAL MONITORING WITH ARRANGEMENTS MADE THROUGH THE SCHOOL NURSE.

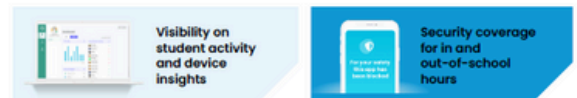
LineWize | Qustodio

TEAMWORK MADE EASY

App for Parents & Families

Technology makes a direct impact on children, their families, and their learning environment. For children to learn and grow as digital citizens in our increasingly connected world, we must first lay out the foundations of online safety, digital literacy, and wellbeing.

Through our school district's partnership with LineWize, our online safety and wellbeing provider, we are able to extend visibility and safeguarding controls on to parents and guardians.

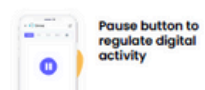


Visibility on student activity and device insights

Security coverage for in and out-of-school hours



Expert advice and guidance on digital threats and trends



Pause button to regulate digital activity

Parents and guardians can also extend protection to personal devices with family-focused digital wellbeing features that adapt to different needs as their child grows:

- Filter and block feature for content and apps
- Location tracking and panic button feature
- Visibility on browsing history, social media, and screen time
- Calls & messages tracking to monitor suspicious activity
- Time limits and screen-free schedules
- Tailored reports and alerts for inappropriate content

Works on the following devices:



Multi-parent access and management available

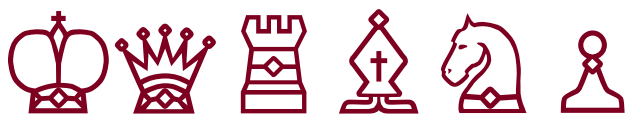
Qustodio is COPPA compliant and does not share personal data with third parties.



How to get started

1. Scan the QR code or visit qustodio.com/my-school
2. Create your account using the email address your school has on file
3. Get real-time visibility

For any queries, contact us at myschool@qustodio.com



Freeman School CHESS CLUB

Sign up for Autumn 2025 Grades 2-8

SCHEDULE: After School, Thursdays 3:00 – 4:00 pm

8 Weeks: Oct 9, 16, 23, 30 Nov 6, 13, 20 Dec 4



Professional Chess Coach Dennis Pirello provides lectures, videos, and exercises, then facilitates tournament play. Students compete for club tournament awards. The chess club also competes against other clubs in regional tournaments held on Saturdays (this is an optional activity). Qualifying students are encouraged to enter the WA State Elementary Chess Championship, April 25, 2026, Tacoma, WA.

See tournament and camp schedule: www.inlandchess.org

TUITION ~ \$90 for 8 weeks. Each session is one hour. *Registration form below.*

Tuition pays for: **A.** coaching fees, **B.** coaching supplies, **C.** end of semester awards, **D.** insurance, coach development, and administration costs. Note: Inland Chess Academy does not contact children directly by phone, text, or email.

Installment payments are accepted and limited scholarships are available.

Parents are encouraged to attend chess club to learn and play (free of charge).

Cut > _____

REGISTRATION for Freeman School Chess Club ~ Autumn 2025

Student's name: _____ Grade _____ New to Chess Club? _____

2nd Student's name: _____ Grade _____ New to Chess Club? _____

Chess Skill: ___ Beginner ___ Intermediate ___ Advanced Played in tournament? ___ Yes ___ No

ALLERGIES and/or SPECIAL ISSUES: _____

IMPORTANT: As required by safety best practice and school and insurance policy, parents are required to pick up students on time and must sign the check-out registry. Coaches have other teaching obligations and must not be delayed. Non-parental pick-up must be confirmed in writing.

Parent: _____ Phone: _____ eMail: _____
(or Guardian)

Parent: _____ Phone: _____ eMail: _____
(or Guardian)

Address: _____ City _____ WA ZIP _____

___ \$90 Chess club tuition for 8 weeks. Partial payments are accepted. Scholarships are available.

___ \$15 **OPTIONAL** Tournament style chess set for study and play at home.

___ \$18 **OPTIONAL** Annual subscription to www.chesskid.com a child safe study and play website.

___ \$22 **OPTIONAL** Annual subscription to Chess Magnet School, a child safe study website.

Total: \$ _____ Make check payable to Inland Chess Academy. Mail registration to Inland Chess Academy, leave them with the school office, or bring them to first day of Chess Club.

Inland Chess Academy ~ Licensed, insured WA state non-profit, 501c3, educational organization.

920 N. Argonne Rd., Suite 120, Spokane Valley, WA 99212 509-822-9800
chess@inlandchess.org www.inlandchess.org facebook.com/inlandchess

NOTICE to PARENTS: Scientific research proves the study of chess enhances academic performance, increases overall brain functions, and builds positive behavior. In order for students to realize the enormous benefits of chess, daily study is required. Research shows that a minimum of 20 minutes of daily study yields significant academic and behavioral benefits. Inland Chess Academy offers two optional child-safe websites programs for home study: Chess Magnet School and ChessKid, at discounted prices. Also available are home study workbooks. Please support chess study at home.

Contact chess@inlandchess.org or phone 509-822-9800

The Inland Chess Academy's curriculum is built on research proven methods developed by chess masters and educators, and recommended by the United States Chess Federation (USCF).

Beginner - Beginners learn and demonstrate the basics of chess play, chess rules, and etiquette.

Intermediate - Students learn algebraic notation, playing with a clock, an understanding of strategies for opening a chess game, major tactical techniques, and basic endgame theory.

Advanced - Students develop advanced competitive strategies including an opening repertoire, positional strategies, tactical combinations, endgame play, and methods of applying sport psychology to their games.

All students gain knowledge of chess history, chess news, and grow their appreciation of chess. Students are encouraged to play in regional and state tournaments for individual and team awards. *Tournament schedule:* www.InlandChess.org

The Inland Chess Academy is building a vibrant chess community:

- ~ Regional tournaments for students and parents, twice monthly on Saturdays.
- ~ Camps on holidays, spring break, and during summer.
- ~ Tutoring and special interest study groups.

"Chess is the only activity for our youth where they are expected to sit quietly and think long thoughts." JJ Dill II

Inland Chess Academy An insured and licensed 501c3 WA non-profit educational organization.

920 N. Argonne Rd., Suite 120, Spokane Valley, WA 99212 509-822-9800

chess@inlandchess.org www.InlandChess.org facebook.com/inlandchess



GET IN THE GAME - JOIN A LEAGUE TODAY!

DIVISIONS

- K-2ND SCHOOL RECREATIONAL
- 3RD-6TH SCHOOL RECREATIONAL
- 3RD-8TH SCHOOL COMPETITIVE

REGISTER NOW



OR

<https://hooptownusa.com/pages/leagueinformation>

REGISTRATION DEADLINE SEPTEMBER 15TH