

FREEMAN ELEMENTARY SCHOOL

LISA PHELAN
PRINCIPAL/ASST. SUPERINTENDENT
LPHELAN@FREEMANSD.ORG
MIKE ALLEN
PRINCIPAL ASSISTANT
MALLEN@FREEMANSD.ORG

MAIN LINE: 509-291-4791
ATTENDANCE LINE: 509-291-7425
TRANSPORTATION: 509-291-5555

BRIANNE WINEINGER, SECRETARY
BWINEINGER@FREEMANSD.ORG
SHAYLA DANIEL, SPED/ELEM. SECRETARY
SDANIEL@FREEMANSD.ORG

SCOTTIE SCOOP

SEPTEMBER
19, 2025

UPCOMING DATES

SEP 19-21 SE SPK COUNTY FAIR (ROCKFORD FAIRGROUNDS)
SEP 22 6:00-8:00PM = BOARD MEETING AT PRTC
SEP 23 COLLECTION DAY FOR SCOTTIE DASH
SEP 23 2:45-5:15PM = ROBOTICS (K8 MPR)
SEP 23 11:59PM = SCOTTIE GEAR ONLINE STORE DEADLINE!
SEP 24 10:15AM = LATE START (BUSES ALSO 2 HRS LATER)
SEP 24 2:45-4:00PM = GIRL SCOUTS (COMM CLSRM)
SEP 25 2:45-5:15PM = ROBOTICS (K8 MPR)
SEP 26 8:30AM = INDIVIDUAL STUDENT PHOTOS
SEP 26 11:15AM-2:30PM = SCOTTIE DASH! COLLECTION DAY!
SEP 30 2:45-5:15PM = ROBOTICS (K8 MPR)
SEP 30 2:45-4:00PM = MINI CHEER CAMP (FES GYM)
OCT 1 2:45-4:00PM = MINI CHEER CAMP (FES GYM)
OCT 2 2:45-4:00PM = MINI CHEER CAMP (FES GYM)
OCT 3 MINI CHEER CAMP PERFORMANCE (FOOTBALL GAME)

REMINDER TO FAMILIES

IT IS VERY IMPORTANT FOR YOU TO COMMUNICATE AFTER SCHOOL TRANSPORTATION PLANS WITH THE FES OFFICE. WHILE IT IS OKAY TO SHARE WITH YOUR BUS DRIVERS AND TEACHERS AS WELL, THE OFFICE MUST ALSO KNOW. WE ARE WHO FIELD ANY CALLS OR QUESTIONS IF THERE IS EVER A MIX UP OR LAST MINUTE CHANGE. THANK YOU FOR YOUR HELP IN GETTING YOUR KIDS WHERE THEY NEED TO BE! **FES OFFICE: (509) 291-4791**

FOR BUS ROUTE QUESTIONS PLEASE CALL
TAWNYA AT (509) 291-5555

PLEASE CALL OUR ATTENDANCE LINE (509) 291-7425 TO REPORT YOUR CHILD ABSENT FOR THE DAY.

ALWAYS REMEMBER TO CHECK INTO OUR OFFICE WHEN YOU COME TO SCHOOL. IF YOU ARE HEADING DOWN THE HALLWAYS OR INTO A CLASSROOM, YOU MUST BE CHECKED IN. PLEASE DO NOT WALK YOUR KIDS DOWN THE HALLWAYS UNLESS YOU HAVE A BADGE. PLEASE BRING YOUR DRIVER'S LICENSE WITH YOU FOR YOUR FIRST FEW VISITS AND IF YOU ARE CHECKING OUT YOUR CHILD EARLY.

RETURNING STUDENTS INFO. UPDATE

IT'S THAT TIME OF THE YEAR AGAIN! FOR ALL STUDENTS NEW AND RETURNING, PLEASE LOG INTO YOUR FAMILY ACCESS ACCOUNT AND UPDATE/REVIEW YOUR STUDENTS' INFORMATION. IT IS SO IMPORTANT FOR US TO HAVE UPDATED INFORMATION INCLUDING CONTACT INFORMATION AND HEALTH UPDATES. IF YOU HAVE NO CHANGES, THE PROCESS SHOULD BE VERY QUICK!

PLEASE HAVE THEM COMPLETED FOR ALL OF YOUR STUDENTS BY **SEPTEMBER 30TH**. SEE THE LINKS ON PAGE 4 FOR INSTRUCTIONS ON HOW TO SIGN INTO FAMILY ACCESS AND A LINK TO FAMILY ACCESS.

RETURNING STUDENTS INFO. UPDATE

FES INDIVIDUAL PICTURE DAY IS NEXT FRIDAY, SEPTEMBER 26TH!



YOU SHOULD HAVE RECEIVED A PHOTO ENVELOPE FROM YOUR STUDENT. YOU CAN ALSO PAY ONLINE AT [LEOSPOTOGRAPHY.COM](https://leosphotography.com) WITH THE ONLINE CODE **FAL227453**.

WE KNOW IT WILL BE A VERY BUSY DAY! PLEASE FEEL FREE TO PACK SHOES OR EXTRA CLOTHES FOR THE SCOTTIE DASH. YOU CAN ALSO DRESS THEM UP TOP FOR PICTURE DAY AND THE SCOTTIE DASH ON THEIR FEET!

AFTER SCHOOL ACTIVITIES

AS AFTER SCHOOL ACTIVITIES START TO RAMP UP, PLEASE COMMUNICATE WITH THE OFFICE IF YOUR STUDENT WILL BE STAYING RIGHT AFTER SCHOOL FOR ANY SPORTS OR ACTIVITIES.

IF YOU ARE A COACH/LEADER, PLEASE PROVIDE THE OFFICE WITH YOUR PRACTICE/ACTIVITY SCHEDULE AND ROSTER. WE ALSO NEED AN ADULT TO BE HERE WITH THE STUDENTS RIGHT AFTER SCHOOL (2:45PM) IF YOUR TEAM OR CLUB IS STAYING. THE KIDS CANNOT BE LEFT UNSUPERVISED WHILE THEY WAIT FOR PRACTICE TO START.

WE LOVE WHEN YOUNGER SIBLINGS SUPPORT THEIR MIDDLE SCHOOL SIBLINGS BY WATCHING THEIR SPORTS COMPETITIONS. IF AN ELEMENTARY STUDENT IS STAYING AFTER SCHOOL, AN ADULT MUST BE WITH HIM/HER. PLEASE DO NOT HAVE YOUR KIDS STAY AFTER SCHOOL TO WAIT FOR THE EVENT WITHOUT ADULT SUPERVISION.

COUNSELING CORNER



WITH SCHOOL COUNSELOR
KAYLEEN ARCHIBALD
KARCHIBALD@FREEMANSD.ORG

THE POWER OF OUR WORDS
WORDS HAVE POWER. THEY CAN BUILD PEOPLE UP OR TEAR THEM DOWN. TEACH YOUR CHILD TO USE THEIR WORDS TO BE A FORCE FOR GOOD. ENCOURAGE THEM TO GIVE SINCERE COMPLIMENTS, OFFER ENCOURAGEMENT, AND SAY "THANK YOU." LEARNING TO USE KIND WORDS BUILDS POSITIVE RELATIONSHIPS AND MAKES THEM FEEL GOOD ABOUT THEMSELVES.

TRY THIS: START A FAMILY "COMPLIMENT CIRCLE" DURING DINNER. EACH PERSON GIVES ONE GENUINE COMPLIMENT TO THE PERSON SITTING NEXT TO THEM.

MEET YOUR FREEMAN ELEMENTARY STAFF!

2 OF 5

WE ARE ASKING OUR STAFF, "WHAT DO YOU LOVE ABOUT FREEMAN?" AND "WHAT ARE 2 FUN FACTS ABOUT YOURSELF?"



CHRIS COCHRANE
SECOND GRADE

I LOVE BEING PART OF FREEMAN BECAUSE IT TRULY FEELS LIKE FAMILY. PEOPLE GENUINELY CARE ABOUT ONE ANOTHER, AND THAT SENSE OF CONNECTION IS WHAT MAKES FREEMAN SUCH A SPECIAL PLACE.

I'M ALWAYS UP FOR AN ADVENTURE—WHETHER IT'S HIKING THROUGH THE WOODS OR HUNTING FOR THAT ONE AMAZING, MUST-HAVE ROCK (YES, I'M THAT PERSON). FRENCH WAS MY FIRST LANGUAGE! ONE DAY, I HOPE TO VISIT FRANCE AGAIN AND SPEND TIME WITH ALL MY RELATIVES THERE.



EMILY NELSON
SECOND GRADE

I LOVE FREEMAN BECAUSE MY COLLEAGUES ARE MY BEST FRIENDS! I ALSO LOVE THE STUDENTS, THEIR FAMILIES, AND THE TIGHT-KNIT COMMUNITY FEEL.

I AM THE OLDEST OF 6 KIDS AND I PLAYED SOCCER IN COLLEGE.



DUSTIN REED
SECOND GRADE

I LOVE FREEMAN, BECAUSE EVERYONE IN OUR COMMUNITY IS WILLING TO HELP OUT IN ANY CAPACITY.

I LOVE ICE CREAM OF ANY TYPE OR FLAVOR! THE SECOND GRADE CLASSROOM I TEACH IN, IS THE SAME SECOND GRADE CLASSROOM I LEARNED IN!



CHERIE DEXTER
THIRD GRADE

I LOVE THAT FREEMAN'S ELEMENTARY, MIDDLE, AND HIGH SCHOOL ARE ALL ON THE SAME CAMPUS. WHAT A GIFT TO BE ABLE TO WATCH MY FORMER STUDENTS GROW UP, MOVE THROUGH EACH STAGE, AND EVENTUALLY GRADUATE FROM HIGH SCHOOL!

I'VE ALWAYS LOVED BALLET AND TOOK LESSONS WHEN I WAS YOUNGER. ALONG THE WAY, I EVEN HAD THE CHANCE TO DANCE IN CLASSES WITH BOTH MRS. JENSEN AND MRS. SMITH!



LIZ GASS - THIRD GRADE

I LOVE BEING PART OF THE FREEMAN COMMUNITY AND FEEL INCREDIBLY GRATEFUL TO WORK ALONGSIDE SUCH AN AMAZING TEAM OF EDUCATORS AND FRIENDS EACH DAY! AN ADDED BONUS IS GETTING TO WORK IN THE SAME COMMUNITY WHERE I LIVE AND WHERE MY KIDS GO TO SCHOOL.

I HAVE ONE MIDDLE SCHOOLER AND TWO HIGH SCHOOLERS AT FREEMAN, WITH MY OLDEST GRADUATING THIS YEAR! I TRULY ENJOY SUPPORTING THEM IN ALL OF THEIR ACTIVITIES—IT'S A JOY TO WATCH THEM GROW AND THRIVE. I'M ALSO CURRENTLY WORKING TOWARD FINISHING MY MASTER'S DEGREE!



JEN JENSEN
THIRD GRADE

THIS COMMUNITY IS SPECIAL TO ME BECAUSE I WAS BORN AND RAISED HERE, AND I HAVE HAD THE PLEASURE OF TEACHING HERE FOR 30 YEARS. THE FREEMAN COMMUNITY HAS SURROUNDED OUR FAMILY AND SUPPORTED US THROUGH A LOT OF JOY AND A LOT OF HEARTACHE. I LOVE TO CALL FREEMAN MY HOME.

DURING HIGH SCHOOL, I WORKED FOR A LOCAL FARMER DRIVING COMBINE. IF I WEREN'T A TEACHER, I WOULD BE A FLORIST. I LOVE ARRANGING FLOWERS.

SCOTTIE DOG VISITOR!

WE HAD A VERY SPECIAL VISITOR TODAY...A REAL LIFE SCOTTIE DOG VISITED MRS. SMITH'S CLASS. IT WAS VERY FUN TO SEE OUR MASCOT IN OUR SCHOOL! THANK YOU KADEN'S GRANDMA FOR SHARING YOUR PUPPY WITH US!



MATH IS COOL COACHING OPPORTUNITY!

WE ARE SO GRATEFUL FOR OUR 4TH AND 5TH GRADE MATH IS COOL COACHES KELLY AND ANGELA JAHNS, FROM LAST YEAR! THEY BUILT A GREAT PROGRAM FOR OUR STUDENTS. THIS YEAR THEY WILL CONTINUE TO COACH OUR 5TH GRADE TEAM, SO WE HAVE AN OPPORTUNITY TO HAVE A NEW 4TH GRADE COACH. IF YOU ARE INTERESTED AND HAVE ANY FURTHER QUESTIONS, PLEASE SEND KELLY JAHNS AN EMAIL KELLY.JAHNS@YAHOO.COM.

COACH COMMITMENT DESCRIPTION:

- *CONDUCT PRACTICES ABOUT 3 TIMES PER MONTH AFTER SCHOOL
- *PREP FOR EACH PRACTICE CAN TAKE ABOUT 2 TIMES AS MUCH TIME AS IN PRACTICE
- *PREPARE A SMALL HOMEWORK ASSIGNMENT FOR AFTER EACH PRACTICE
- *PLAN MATH GAMES/ACTIVITIES IN ADDITION TO WORKING ON MATH TOPICS
- *HAVE A DIFFERENT PARENT VOLUNTEER TO ORGANIZE SNACKS
- *REGIONAL COMPETITION DATE IS A FRIDAY IN MARCH
- *STATE COMPETITION (IF QUALIFIED) IS A SATURDAY IN MAY
- *REMEMBER THAT MATH IS COOL!

NUTRITION SERVICES

3 OF 5

EACH SCHOOL YEAR, STUDENTS WHO WERE ON THE FREE/REDUCED ELIGIBILITY MEAL PROGRAM FOR THE PREVIOUS SCHOOL YEAR ARE ALLOWED TO CARRY OVER THEIR ELIGIBILITY INTO THE NEW SCHOOL YEAR FOR 30 SCHOOL DAYS FROM THE FIRST DAY OF SCHOOL. FOR SY 2025/26, THAT **30-DAY WINDOW ENDS ON OCTOBER 2, 2025**. IF WE DO NOT HAVE AN UPDATED FREE/REDUCED PRICE MEAL APPLICATION, OR OTHER QUALIFYING UPDATED ELIGIBILITY STATUS FOR THE NEW SCHOOL YEAR, ANY STUDENTS WHO QUALIFIED FOR FREE/REDUCED PRICE MEALS DURING THE PREVIOUS SCHOOL YEAR WILL AUTOMATICALLY HAVE THEIR ELIGIBILITY CHANGED TO PAID EFFECTIVE OCT 3, 2025. **PLEASE NOTE: NEW APPLICATIONS RECEIVED PRIOR TO THE ELIGIBILITY EXPIRATION DATE WILL SUPERSEDE THE 30-DAY ELIGIBILITY CARRY OVER. THIS MEANS IF WE RECEIVE A NEW APPLICATION BEFORE THE 30-DAY EXPIRATION DATE, THAT APPLICATION WILL BE PROCESSED, AND ANY CHANGES FROM THE PROCESSED APPLICATION WILL SUPERSEDE THE PREVIOUS ELIGIBILITY.**

APPLICATIONS CAN BE DOWNLOADED/PRINTED FROM: [FREE/REDUCED APPLICATION LINK](#)

APPLICATIONS CAN ALSO BE COMPLETED ONLINE THROUGH SKYWARD FAMILY ACCESS. ADDITIONALLY, APPLICATIONS MAY BE PICKED UP FROM THE SCHOOL DISTRICT OR SENT HOME WITH STUDENTS.

IF YOUR STUDENT(S) WERE ON THE FREE/REDUCED PRICE MEAL PROGRAM LAST YEAR, AND WE DO NOT HAVE A NEW APPLICATION FOR SY 2025/26, PLEASE COMPLETE AND SUBMIT A NEW APPLICATION TO FREEMAN SD NUTRITION SERVICES.

ELEMENTARY
BREAKFAST: \$2.20
ADULTS: \$3.20

22	Cereal & Goldfish Breakfast Cookie Craisins Chocolate Milk White Milk	23	Cereal & Goldfish Breakfast Pizza Craisins Juice Variety Chocolate Milk White Milk	24	LATE START Have a Healthy Breakfast at Home	25	Pancake & Sausage Pancake Syrup Cereal & Goldfish Banana Juice Variety Chocolate Milk White Milk	26	Cereal & Goldfish Biscuit Omelet Banana Chocolate Milk White Milk
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ELEMENTARY
LUNCH: \$3.60
ADULTS: \$5.00

22	Chicken Drumstick Dinner Roll WG Alternate Lunch Chocolate Milk White Milk	23	Stromboli, Italian Alternate Lunch Chocolate Milk White Milk	24	LATE START Have a Healthy Breakfast at Home	25	Grilled Cheese Sandwich Alternate Lunch Chocolate Milk White Milk	26	Hamburger Alternate Lunch Chocolate Milk White Milk
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JUST A REMINDER: PLEASE DO NOT PACK ENERGY DRINKS OR SODA IN YOUR STUDENTS' LUNCH.

SCOTTIE DASH - SEPTEMBER 26TH

THE SCOTTIE DASH IS COMING! ON FRIDAY, SEPTEMBER 26TH, STUDENTS AND STAFF FROM FREEMAN ELEMENTARY AND MIDDLE SCHOOLS WILL PARTICIPATE IN THE RUN ON THE FREEMAN SCHOOL DISTRICT TRACK. ALL PARTICIPANTS WILL RECEIVE A POPSICLE AND HAVE THE CHANCE TO EARN PRIZES. PICTURED BELOW ARE SOME OF THE PRIZES WE HAVE RECEIVED. THIS FUNDRAISER IS A JOINT EFFORT BETWEEN THE TTK-8 ASSOCIATED STUDENT BODY (ASB) AND THE PARENT, TEACHER, STUDENT GROUP (PTSG). THE PROCEEDS WILL BENEFIT OUR STUDENTS THROUGH FIELD TRIPS, COMMUNITY EVENTS, SPORTS, CLUBS, PLAYGROUND UPDATES, ASSEMBLIES AND MORE! ALL STUDENTS SHOULD HAVE RECEIVED THEIR KICKOFF LETTER, PLEDGE SHEET, AND TURN-IN ENVELOPE. PLEDGES WILL BE COLLECTED IN THE PARENT PICK-UP LOOP BEFORE SCHOOL ON THE FOLLOWING DATES: TUESDAY, SEPTEMBER 23RD AND FRIDAY, SEPTEMBER 26TH.

REMEMBER SAFETY AND ACCOMPANY ALL CHILDREN WHEN COLLECTING PLEDGES. LET FAMILY, FRIENDS, AND CO-WORKERS KNOW THIS FUN RUN SOLELY FUNDS THESE PROGRAMS AND DIRECTLY BENEFITS ALL OF OUR CHILDREN. WE CANNOT DO THIS WITHOUT YOU! PLEASE CONSIDER JOINING YOUR STUDENT AND "DO THE DASH" OR VOLUNTEER THE DAY OF THE EVENT. FOR



MORE INFORMATION, CONTACT JIM STRAW OR MIKE ALLEN AT (509) 291-7301. THANK YOU TO OUR SPONSORS THAT HAVE ALREADY COMMITTED! DONATIONS AND ENVELOPES CAN ALSO BE TURNED INTO THE FES/FMS OFFICES OR ONLINE AT THE QR CODE BELOW. CHECKS SHOULD BE MADE OUT TO FREEMAN ASB.



SCOTTIE DASH SCHEDULE

11:15-11:45AM = TTK
11:45AM-12:15PM = K & 1ST
12:30-1:00PM = 2ND & 3RD
1:15-1:45PM = 4TH & 5TH
2:00-2:30PM = 6TH, 7TH & 8TH





TAILGATE NIGHT

FOOD • FRIENDS • FOOTBALL

SEPTEMBER 26TH

STARTS AT 5:00PM
@ THE BUS DROP OFF
PARKING LOT
GAME STARTS AT 7:00PM

WHAT'S HAPPENING

Kick off Friday night with food, fun, and school spirit! Enjoy delicious eats from three local food trucks:

- Swell Coffee
- High on Fire BBQ
- Snow Cones

FIRST 350 PEOPLE TO EAT AT HIGH ON FIRE BBQ GET 50% OFF!

QUESTIONS?
GRETA VAN GEMERT - HIGH SCHOOL ASB PRESIDENT
Margaret.vangemert@goscotties.com

DONATIONS NEEDED

Did you clean out your closet before school started? Did you have leftover items from a garage sale? If so...we want them!

Class of 2027 Parents are doing a Textile FUNDrive. Please donate any clothing, bedding, small household items, decor, books and media! The class will get money for every pound donated!

A covered trailer will be at the next home football game to accept your donations. Bring your donations to the Elementary Parking Lot on Friday, September 26th at 4:00pm to game time!

IN BAGS: clothing, accessories, shoes, etc household textiles	IN BOXES: small household goods, decor, toys, games, etc Please keep books, media and household goods in separate boxes.
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No furniture or large items. Anything donated should be in either a bag or a box. Items must be clean and in sellable condition.

Can't make it to the Football game? Please call Erik Cole at (509) 475-1970 or Jill Morphy at (509) 953-1266 to set up a time to drop off items. The deadline to donate is September 26th.



GET IN THE GAME - JOIN A LEAGUE TODAY!

DIVISIONS

- K-2ND SCHOOL RECREATIONAL
- 3RD-6TH SCHOOL RECREATIONAL
- 3RD-8TH SCHOOL COMPETITIVE

REGISTER NOW



OR
<https://hoopstownusa.com/pages/leagueinformation>

REGISTRATION DEADLINE SEPTEMBER 15TH

SYL PRESENTS

TRY LAX

12 OCTOBER SUNDAY

5-6:30PM
DWIGHT MERKEL SPORTS COMPLEX

EXPERIENCE ONE OF THE FASTEST GROWING SPORTS AND LEARN LACROSSE FUNDAMENTALS IN A FUN, LOW-PRESSURE ENVIRONMENT!

SPOKANE YOUTH LACROSSE


- Open to Current Kinder-5th
- Learn about both Boys and Girls LAX
- No Equipment Needed



VISIT OUR WEBSITE
WWW.SPOKANEYOUTHLACROSSE.COM

PTSG EVENTS


PLEASE FOLLOW THIS [MEMBERSHIP LINK](#) OR THE QR CODE BELOW TO BECOME A MEMBER OF OUR AMAZING PTSG GROUP. GET INVOLVED IN ALL OF OUR FUN ACTIVITIES! ALL ARE WELCOME TO JOIN THE PTSG MEETINGS. THEY MEET THE 2ND WEDNESDAY OF EVERY MONTH IN THE FES COMMUNITY CLASSROOM FROM 5:30-6:30PM. NEXT MEETING IS WEDNESDAY, OCTOBER 8TH.



FREEMAN PTSG
PARENT TEACHER STUDENT GROUP

Become a member

SCAN Here



EXTRA CURRICULAR ACTIVITIES!

- SEE ATTACHED FLYERS
- *HOOPTOWN YOUTH LEAGUE REGISTRATION
 - *FHS MINI CHEER CAMP (TTK-4TH GRADE)
 - *FALL CHESS REGISTRATION
 - *YOUTH LACROSSE

PTSG SCOTTIE GEAR SALE

PLEASE CHECK OUT THE PTSG FALL SCOTTIE GEAR SALE THROUGH MOMENTUM INK! FOLLOW LINK OR THE QR CODE BELOW TO THEIR WEBSITE TO SEE WHAT ITEMS ARE AVAILABLE.



ONLINE STORE DEADLINE IS
TUESDAY, SEPTEMBER 23RD AT 11:59PM.

MOMENTUM INK LINK

OR THIS QR CODE



MOMENTUM INK
SCREENPRINTING AND EMBROIDERY

IMPORTANT LINKS

PLEASE CLICK ANY OF THE FOLLOWING LINKS FOR MORE INFORMATION:

- [FAMILY ACCESS INSTRUCTIONS LINK](#)
- [FAMILY ACCESS LINK](#)
- [FSD VOLUNTEER](#)



FSD TECHNOLOGY NEWS

October, 2024

Dear Parent / Guardian,

As part of our commitment to your child's online safety, we want to let you know about an important update. Freeman School District has partnered with Qustodio, the world's leading provider of online safety solutions.

As devices play an increasing role in children's education it is crucial that we put safeguards in place. Your child already benefits from internet filtering technology which blocks inappropriate web content on their school-owned Chromebook. This is also mandated by US legislation.

Freeman School District is going one step further. We are granting every parent a free Qustodio Parental App account. Qustodio will give you important insights into your child's online activity on their school Chromebook. You can use it to review and manage activities on other devices in your home too.

With Qustodio, you'll be able to:

- Manage your child's screen time
- Supervise your child's online activity
- Access expert advice via [Freeman School District's Online Safety Hub](https://freemansd.onlinesafetyhub.io)

Qustodio is a valuable partner that prioritizes privacy, safety and rights of students and parents worldwide.

Activate Your Free Account

On the following page, you will find simple instructions to register your account. Please be sure to use the same email address we have on file for you when registering to connect to your child's device.

We are excited to work with you and Qustodio to help our students develop healthy and safe online habits. Please visit [Freeman School District's Online Safety Hub](https://freemansd.onlinesafetyhub.io) for more information about Qustodio, access to expert advice and additional resources.

Freeman does not provide support for Qustodio; instead, Qustodio offers support for their own product. Please email inquiries to: myschool@qustodio.com

Freeman School District
Information Technology

myschool@qustodio.com

<https://freemansd.onlinesafetyhub.io>

PRIDE | COMMITMENT | CARING

SMS Text Opt-In



Parents and Guardians

You can take advantage of our Text Messaging Service

Our school utilizes the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings, safety alerts and more.*

You can participate in this free service* just by sending a text message of "Y" or "Yes" to our school's short code number, 67587.

You can also opt out of these messages at any time by simply replying to one of our messages with "Stop".

SchoolMessenger is compliant with the [Student Privacy Pledge™](#) so you can rest assured that your information is safe and will never be given or sold to anyone.

Opt-In from
your mobile
now!



Just send "Y"
or "Yes" to
67587.



*Information on SMS text messaging and Short Codes: SMS stands for Short Message Service and is commonly referred to as a "text message". Most cell phones support this type of text messaging. Our notification provider, SchoolMessenger, uses a true SMS protocol developed by the telecommunications industry specifically for mass text messaging, referred to as "short code" texting. This method is fast, secure and highly reliable because it is strictly regulated by the wireless carriers and only allows access to approved providers.

If you've ever sent a text vote for a TV show to a number like 46999, you have used short code texting.

*Terms and Conditions: Message frequency varies. Standard message and data rates may apply. Reply HELP for help. Text STOP to cancel. Mobile carriers are not liable for delayed or undelivered messages. See schoolmessenger.com/en for more info.

WE ARE HIRING!



SUBSTITUTE POSITIONS FOR...

- PARAEDUCATORS
- CUSTODIANS
- NUTRITION SERVICES

The Freeman School District is looking for dedicated individuals to join our substitute team to make this school year incredible!

If you have a passion for working with kids and making a meaningful difference in our community, we want to hear from you!

Please check out the **Jobs** tab on our website to learn more.

www.freemansd.org

FMS AND FHS NEWSLETTERS

WANT TO FIND OUT WHAT'S GOING ON IN THE MIDDLE SCHOOL AND/OR HIGH SCHOOL? CHECK OUT THEIR WEEKLY NEWSLETTERS AS WELL!

[FREEMAN MIDDLE SCOOP](#)

[FHS FRIDAY FLYER](#)

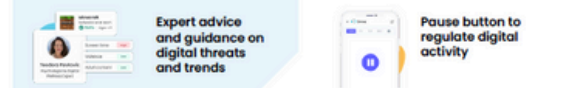
Lineize | Qustodio

TEAMWORK MADE EASY

App for Parents & Families

Technology makes a direct impact on children, their families, and their learning environment. For children to learn and grow as digital citizens in our increasingly connected world, we must first lay out the foundations of online safety, digital literacy, and wellbeing.

Through our school district's partnership with Lineize, our online safety and wellbeing provider, we are able to extend visibility and safeguarding controls on to parents and guardians.



Parents and guardians can also extend protection to personal devices with family-focused digital wellbeing features that adapt to different needs as their child grows:

- Filter and block feature for content and apps
- Location tracking and panic button feature
- Visibility on browsing history, social media, and screen time
- Calls & messages tracking to monitor suspicious activity
- Time limits and screen-free schedules
- Tailored reports and alerts for inappropriate content

Works on the following devices:



Multi-parent access and management available

Qustodio is COPPA compliant and does not share personal data with third parties.



How to get started

1. Scan the QR code or visit qustodio.com/my-school
2. Create your account using the email address your school has on file
3. Get real-time visibility

For any queries, contact us at myschool@qustodio.com

Freeman High School Mini Cheer Camp

Grades TK-4. Camp days will be after school on **September 30th, October 1st, and 2nd, 3-4pm**. The game is **Friday, October 3rd**. Mini Cheer will perform at halftime of the football game. Please pack a snack for clinic days. Your child will need to be picked up from the elementary school gym by **4pm**. More info will be provided during the week of camp. Please turn this form into any school office by September 26th.

\$50 per camper.

Price includes pizza on Thursday, a T-shirt and a bow.

Cash or check made out to Freeman High School

Limited to 80 spots

Name:	
Age, Grade, Teacher:	
Shirt Size (Circle)	Youth S M L XL Adult S M L
Parent Email Address:	
Parent Name/Phone	
Emergency Contact/Phone	
Doctor Name/Phone	

YES I am okay with my child's picture being taken during camp or the performance to be used on the school website or social media

NO please do not take my child's picture

In case of emergency, the supervisor on site has my permission to obtain medical treatment for my child. I understand this activity is voluntary and my child's participation is not mandatory. I understand the Freeman School District does not purchase or have medical/dental/hospitalization insurance to cover an injury while participating at this event. Further, I agree to indemnify and hold harmless the Freeman School District.

Parent Signature: _____ Date: _____



Freeman School CHESS CLUB

Sign up for Autumn 2025 Grades 2-8

SCHEDULE: After School, Thursdays 3:00 – 4:00 pm

8 Weeks: Oct 9, 16, 23, 30 Nov 6, 13, 20 Dec 4



Professional Chess Coach Dennis Pirello provides lectures, videos, and exercises, then facilitates tournament play. Students compete for club tournament awards. The chess club also competes against other clubs in regional tournaments held on Saturdays (this is an optional activity). Qualifying students are encouraged to enter the WA State Elementary Chess Championship, April 25, 2026, Tacoma, WA.

See tournament and camp schedule: www.inlandchess.org

TUITION ~ \$90 for 8 weeks. Each session is one hour. *Registration form below.*

Tuition pays for: **A.** coaching fees, **B.** coaching supplies, **C.** end of semester awards, **D.** insurance, coach development, and administration costs. Note: Inland Chess Academy does not contact children directly by phone, text, or email.

Installment payments are accepted and limited scholarships are available.

Parents are encouraged to attend chess club to learn and play (free of charge).

Cut > _____

REGISTRATION for Freeman School Chess Club ~ Autumn 2025

Student's name: _____ Grade _____ New to Chess Club? _____

2nd Student's name: _____ Grade _____ New to Chess Club? _____

Chess Skill: ___ Beginner ___ Intermediate ___ Advanced Played in tournament? ___ Yes ___ No

ALLERGIES and/or SPECIAL ISSUES: _____

IMPORTANT: As required by safety best practice and school and insurance policy, parents are required to pick up students on time and must sign the check-out registry. Coaches have other teaching obligations and must not be delayed. Non-parental pick-up must be confirmed in writing.

Parent: _____ Phone: _____ eMail: _____
(or Guardian)

Parent: _____ Phone: _____ eMail: _____
(or Guardian)

Address: _____ City _____ WA ZIP _____

___ \$90 Chess club tuition for 8 weeks. Partial payments are accepted. Scholarships are available.

___ \$15 **OPTIONAL** Tournament style chess set for study and play at home.

___ \$18 **OPTIONAL** Annual subscription to www.chesskid.com a child safe study and play website.

___ \$22 **OPTIONAL** Annual subscription to Chess Magnet School, a child safe study website.

Total: \$ _____ Make check payable to Inland Chess Academy. Mail registration to Inland Chess Academy, leave them with the school office, or bring them to first day of Chess Club.

Inland Chess Academy ~ Licensed, insured WA state non-profit, 501c3, educational organization.

920 N. Argonne Rd., Suite 120, Spokane Valley, WA 99212 509-822-9800
chess@inlandchess.org www.inlandchess.org facebook.com/inlandchess

NOTICE to PARENTS: Scientific research proves the study of chess enhances academic performance, increases overall brain functions, and builds positive behavior. In order for students to realize the enormous benefits of chess, daily study is required. Research shows that a minimum of 20 minutes of daily study yields significant academic and behavioral benefits. Inland Chess Academy offers two optional child-safe websites programs for home study: Chess Magnet School and ChessKid, at discounted prices. Also available are home study workbooks. Please support chess study at home.

Contact chess@inlandchess.org or phone 509-822-9800

The Inland Chess Academy's curriculum is built on research proven methods developed by chess masters and educators, and recommended by the United States Chess Federation (USCF).

Beginner - Beginners learn and demonstrate the basics of chess play, chess rules, and etiquette.

Intermediate - Students learn algebraic notation, playing with a clock, an understanding of strategies for opening a chess game, major tactical techniques, and basic endgame theory.

Advanced - Students develop advanced competitive strategies including an opening repertoire, positional strategies, tactical combinations, endgame play, and methods of applying sport psychology to their games.

All students gain knowledge of chess history, chess news, and grow their appreciation of chess. Students are encouraged to play in regional and state tournaments for individual and team awards. *Tournament schedule:* www.InlandChess.org

The Inland Chess Academy is building a vibrant chess community:

- ~ Regional tournaments for students and parents, twice monthly on Saturdays.
- ~ Camps on holidays, spring break, and during summer.
- ~ Tutoring and special interest study groups.

"Chess is the only activity for our youth where they are expected to sit quietly and think long thoughts." JJ Dill II

Inland Chess Academy An insured and licensed 501c3 WA non-profit educational organization.

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