

# FREEMAN ELEMENTARY SCHOOL

Lisa Phelan  
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Main Line: 509-291-4791  
Attendance Line: 509-291-7425  
Transportation: 509-291-5555

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sdaniel@freemansd.org

## SCOTTIE SCOOP

SEPTEMBER  
26, 2025

### UPCOMING DATES

Sep 26 ASB Tailgating Party (Bus Pull Out Parking Lot)  
Sep 30 2:45-5:15pm = Robotics (K8 MPR)  
2:45-4:00pm = Mini Cheer Camp (FES Gym)  
Oct 1 2:45-4:00pm = Girl Scouts (CC)  
2:45-4:00pm = Mini Cheer Camp (FES Gym)  
Oct 2 2:45-5:15pm = Robotics (K8 MPR)  
2:45-4:00pm = Mini Cheer Camp (FES Gym)  
Oct 3 Mini Cheer Camp Performance (Football game)  
Oct 7 2:45-5:15pm = Robotics (K8 MPR)  
Oct 8 2:45-4:00pm = Girl Scouts (CC)  
5:30-6:30pm = PTSG Meeting (CC)  
Oct 9 2:45-4:00pm = Chess Club (CC)  
2:45-5:15pm = Robotics (K8 MPR)  
Oct 10 Transition to Kindergarten Field Trip

### REMINDER TO FAMILIES

It is very important for you to communicate after school transportation plans with the FES office. While it is okay to share with your bus drivers and teachers as well, the office must also know. We are who field any calls or questions if there is ever a mix up or last minute change. Thank you for your help in getting your kids where they need to be! **FES Office: (509) 291-4791**

For bus route questions please call  
Tawnya at (509) 291-5555.

Please call our attendance line (509) 291-7425 to report your child absent for the day.

Always remember to check into our office when you come to school. If you are heading down the hallways or into a classroom, you must be checked in. Please do not walk your kids down the hallways unless you have a badge. Please bring your driver's license with you for your first few visits and if you are checking out your child early.

### RETURNING STUDENTS INFO. UPDATE

Only about 50% of our students' information has been completed for the Returning Student Updates. It is very important that you do this every year! All students new and returning need their information verified and updated. Please log into your family access account and update/review your students' information. It is so important for us to have updated information including contact information and health updates. If you have no changes, the process should be very quick! Please complete by September 30<sup>th</sup>. See the links to the left for instructions on how to sign into family access and a link to family access.

### IMPORTANT LINKS

Please click any of the following links  
for more information:

**[Family Access Instructions Link](#)**

**[Family Access Link](#)**

**[FSD Volunteer Application Link](#)**

### AFTER SCHOOL ACTIVITIES

As after school activities have ramped up, please communicate with the office if your student will be staying right after school for any sports or activities.

If you are a coach/leader, please provide the office with your practice/activity schedule and roster. We also need an adult to be here with the students right after school (2:45pm) if your team or club is staying. The kids cannot be left unsupervised while they wait for practice to start.

We love when younger siblings support their middle school siblings by watching their sports competitions. If an elementary student is staying after school, an adult must be with him/her. Please do not have your kids stay after school to wait for the event without adult supervision.

### COUNSELING CORNER



with School Counselor  
Kayleen Archibald

[karchibald@freemansd.org](mailto:karchibald@freemansd.org)

#### Bouncing Back from Mistakes

Everyone makes mistakes—it's part of being human! What matters is how we respond to them. Teach your child to see mistakes as a chance to learn and grow, not a reason to give up. Encourage them to take a deep breath, think about what went wrong, and then try again.

**Try This:** Talk about a mistake you made this week. Share what happened and what you learned from it. This shows your child that it's normal to make mistakes and that they are not alone.



## TAILGATE NIGHT

**FOOD • FRIENDS • FOOTBALL**  
**SEPTEMBER 26TH**  
**STARTS AT 5:00PM**  
**@ THE BUS DROP OFF PARKING LOT**  
**GAME STARTS AT 7:00PM**

**WHAT'S HAPPENING**  
 Kick off Friday night with food, fun, and school spirit! Enjoy delicious eats from three local food trucks:

- Swell Coffee
- High on Fire BBQ
- Snow Cones

**FIRST 350 PEOPLE TO EAT AT HIGH ON FIRE BBQ GET 50% OFF!**

**QUESTIONS?**  
**GRETA VAN GEMERT - HIGH SCHOOL ASB PRESIDENT**  
 Margaret.vangemert@goscotties.com

## DONATIONS NEEDED

Did you clean out your closet before school started? Did you have leftover items from a garage sale? If so...we want them!

Class of 2027 Parents are doing a Textile FUNDrive. Please donate any clothing, bedding, small household items, decor, books and media! The class will get money for every pound donated!

A covered trailer will be at the next home football game to accept your donations. Bring your donations to the Elementary Parking Lot on Friday, September 26<sup>th</sup> at 4:00pm to game time!

<b>IN BAGS:</b> clothing, accessories, shoes, etc household textiles	<b>IN BOXES:</b> small household goods, decor, toys, games, etc Please keep books, media and household goods in separate boxes.
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No furniture or large items. Anything donated should be in either a bag or a box. Items must be clean and in sellable condition.

Can't make it to the Football game? Please call Erik Cole at (509) 475-1970 or Jill Morphy at (509) 953-1266 to set up a time to drop off items. The deadline to donate is September 26<sup>th</sup>.

SYL PRESENTS

## TRY LAX


**5-6:30PM**  
 DWIGHT MERKEL SPORTS COMPLEX

**12**  
**OCTOBER**  
 SUNDAY

EXPERIENCE ONE OF THE FASTEST GROWING SPORTS AND LEARN LACROSSE FUNDAMENTALS IN A FUN, LOW-PRESSURE ENVIRONMENT!

## SPOKANE YOUTH LACROSSE

- Open to Current Kinder-5th
- Learn about both Boys and Girls LAX
- No Equipment Needed



VISIT OUR WEBSITE  
 WWW.SPOKANEYOUTHLACROSSE.COM

## PTSG EVENTS

Please follow this [membership link](#) or the qr code below to become a member of our amazing PTSG Group. Get involved in all of our fun activities! All are welcome to join the ptsg meetings. They meet the 2<sup>nd</sup> wednesday of every month in the FES community classroom from 5:30-6:30pm. next meeting is Wednesday, october 8<sup>th</sup>.



**Become a member**

**SCAN Here**



## EXTRA CURRICULAR ACTIVITIES!

See attached flyers  
 \*Fall Chess Registration  
 \*Youth Lacrosse

## MATH IS COOL COACHING OPPORTUNITY!

We are so grateful for our 4<sup>th</sup> and 5<sup>th</sup> grade Math is Cool coaches kelly and angela jahns, from last year! they built a great program for our students. This year they will continue to coach our 5<sup>th</sup> grade team, so we have an opportunity to have a new 4<sup>th</sup> grade coach. if you are interested and have any further questions, please send Kelly jahns an email [Kelly.Jahns@yahoo.com](mailto:Kelly.Jahns@yahoo.com).

coach Commitment description:

- \*conduct practices about 3 times per month after school
- \*prep for each practice can take about 2 times as much time as in practice
- \*prepare a small homework assignment for after each practice
- \*plan math games/activities in addition to working on math topics
- \*have a different parent volunteer to organize snacks
- \*regional competition date is a Friday in March
- \*state competition (if qualified) is a Saturday in May
- \*remember that Math is COOL!

Each school year, students who were on the free/reduced eligibility meal program for the previous school year are allowed to carry over their eligibility into the new school year for 30 School Days from the first day of school. For SY 2025/26, that **30-day window ends on October 2, 2025**. If we do not have an updated free/reduced price meal application, or other qualifying updated eligibility status for the new school year, any students who qualified for free/reduced price meals during the previous school year will automatically have their eligibility changed to Paid effective Oct 3, 2025. **please note: New applications received prior to the eligibility expiration date will supersede the 30-day eligibility carry over. This means if we receive a new application before the 30-day expiration date, that application will be processed, and any changes from the processed application will supersede the previous eligibility.**

Applications can be downloaded/printed from: [Free/reduced Application link](#)

Applications can also be completed online through Skyward Family Access. Additionally, applications may be picked up from the school district or sent home with students.

If your student(s) were on the free/reduced price meal program last year, and we do not have a new application for SY 2025/26, please complete and submit a new application to Freeman SD Nutrition Services.

**ELEMENTARY**  
**BREAKFAST: \$2.20**  
**ADULTS: \$3.20**

29	Chocolate Chip Scone ----- Cereal & Goldfish ----- Craisins Chocolate Milk White Milk	30	Banana Bread ----- Cereal & Goldfish ----- Juice Variety Chocolate Milk White Milk Gala Apple	1	Chocolate Chip Scone ----- Cereal & Goldfish ----- Fresh Orange Juice Variety Chocolate Milk White Milk	2	Cherry Strudel ----- Cereal & Goldfish ----- Fresh Orange Juice Variety Chocolate Milk White Milk	3	Cinnamon Roll w/icing ----- Cereal & Goldfish ----- Pear Juice Variety Chocolate Milk White Milk
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**ELEMENTARY**  
**LUNCH: \$3.60**  
**ADULTS: \$5.00**

29	French Toast Sticks Sausage Patty Pancake Syrup ----- Alternate Lunch ----- Chocolate Milk White Milk	30	Mozzarella Bread Sticks ----- Alternate Lunch ----- Chocolate Milk White Milk	1	Popcorn Chicken Dinner Roll WG ----- Alternate Lunch ----- Chocolate Milk White Milk	2	Assorted Pizza ----- Alternate Lunch ----- Chocolate Milk White Milk	3	Chicken Burger ----- Alternate Lunch ----- Chocolate Milk White Milk
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**Just a reminder: Please do not pack energy drinks or soda in your students' lunch.**

## SCOTTIE DASH - SUCCESS!

Thank you to all of our students, families, and community members for your incredible support of the 2025 Scottie Dash! This event is our elementary and middle school's only fundraiser of the year, and the excitement today was outstanding. Final results, prize information, and a special thank you to our supporters will be shared in next week's newsletter.

**Go Scotties!**

**Thank You to our Sponsors!**

Still time to donate, use this QR Code!







## FSD TECHNOLOGY NEWS

October, 2024

Dear Parent / Guardian,

As part of our commitment to your child's online safety, we want to let you know about an important update. Freeman School District has partnered with Qustodio, the world's leading provider of online safety solutions.

As devices play an increasing role in children's education it is crucial that we put safeguards in place. Your child already benefits from internet filtering technology which blocks inappropriate web content on their school-owned Chromebook. This is also mandated by US legislation.

Freeman School District is going one step further. We are granting every parent a free Qustodio Parental App account. Qustodio will give you important insights into your child's online activity on their school Chromebook. You can use it to review and manage activities on other devices in your home too.

### With Qustodio, you'll be able to:

- Manage your child's screen time
- Supervise your child's online activity
- Access expert advice via [Freeman School District's Online Safety Hub](https://freemansd.onlinesafetyhub.io)

Qustodio is a valuable partner that prioritizes privacy, safety and rights of students and parents worldwide.

### Activate Your Free Account

On the following page, you will find simple instructions to register your account. Please be sure to use the same email address we have on file for you when registering to connect to your child's device.

We are excited to work with you and Qustodio to help our students develop healthy and safe online habits. Please visit [Freeman School District's Online Safety Hub](https://freemansd.onlinesafetyhub.io) for more information about Qustodio, access to expert advice and additional resources.

Freeman does not provide support for Qustodio; instead, Qustodio offers support for their own product. Please email inquiries to: [myschool@qustodio.com](mailto:myschool@qustodio.com)

Freeman School District  
Information Technology

[myschool@qustodio.com](mailto:myschool@qustodio.com)

<https://freemansd.onlinesafetyhub.io>

PRIDE | COMMITMENT | CARING



## FREEMAN SCHOOL DISTRICT SOLAR PROJECT

Freeman School District is excited to be working with Partners for Rural Washington and Zero Emissions Northwest who helped us secure a grant through the Washington State University Energy Program for the installation of a 100 kW solar ground mount system with projected installation in January 2026. Freeman has been exploring alternative ways to save energy costs, and this Solar Project is 100% grant funded and comes at no cost to our School District or taxpayers. The solar energy production will allow us to reinvest money back into programs for our students.

### HIGHLIGHTS

- The ground mount solar panels will produce 100 kW of power and will be located east of the Transportation Building
- This project is 100% grant funded and comes at NO cost to the Freeman School District or our taxpayers
- This alternative energy source will allow us to reinvest utility costs back into student programs



SMS Text Opt-In

SchoolMessenger®

### Parents and Guardians

#### You can take advantage of our Text Messaging Service

Our school utilizes the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings, safety alerts and more.\*

You can participate in this free service\* just by sending a text message of "Y" or "Yes" to our school's short code number: 67587.

You can also opt out of these messages at any time by simply replying to one of our messages with "Stop".

SchoolMessenger is compliant with the [Student Privacy Notice](#), so you can rest assured that your information is safe and will never be given or sold to anyone.



Opt-In from  
your mobile  
now!



Just send "Y"  
or "Yes" to  
67587.

\*Information on SMS text messaging and Short Codes: SMS stands for Short Message Service and is commonly referred to as a "text message". Most cell phones support this type of text messaging. Our notification provider, SchoolMessenger, uses a true SMS protocol developed by the telecommunications industry specifically for mass text messaging, referred to as "short code" texting. This method is fast, secure and highly reliable because it is strictly regulated by the wireless carriers and only allows access to approved providers.

If you've ever sent a text vote for a TV show to a number like 48999, you have used short code texting.

\*Terms and Conditions: Message frequency varies. Standard message and data rates may apply. Reply HELP for help. Text STOP to cancel. Mobile carriers are not liable for delayed or undelivered messages. See [schoolmessenger.com/en](https://schoolmessenger.com/en) for more info.

## FMS AND FHS NEWSLETTERS

Want to find out what's going on in the Middle School and/or High school? Check out their weekly newsletters as well!

[Freeman Middle Scoop](#)  
[FHS Friday flyer](#)

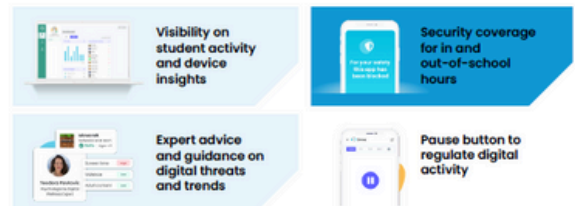
LineWize | Qustodio

TEAMWORK MADE EASY

### App for Parents & Families

Technology makes a direct impact on children, their families, and their learning environment. For children to learn and grow as digital citizens in our increasingly connected world, we must first lay out the foundations of online safety, digital literacy, and wellbeing.

Through our school district's partnership with LineWize, our online safety and wellbeing provider, we are able to extend visibility and safeguarding controls on to parents and guardians.



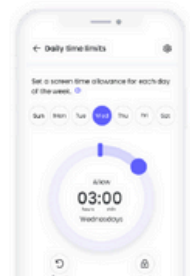
Parents and guardians can also extend protection to personal devices with family-focused digital wellbeing features that adapt to different needs as their child grows:

- Filter and block feature for content and apps
- Location tracking and panic button feature
- Visibility on browsing history, social media, and screen time
- Calls & messages tracking to monitor suspicious activity
- Time limits and screen-free schedules
- Tailored reports and alerts for inappropriate content

Works on the following devices:



Multi-parent access and management available



Qustodio is COPPA compliant and does not share personal data with third parties.



### How to get started

1. Scan the QR code or visit [qustodio.com/my-school](https://qustodio.com/my-school)
2. Create your account using the email address your school has on file
3. Get real-time visibility

For any queries, contact us at [myschool@qustodio.com](mailto:myschool@qustodio.com)



# Freeman School CHESS CLUB

*Sign up for Autumn 2025 Grades 2-8*

**SCHEDULE: After School, Thursdays 3:00 – 4:00 pm**

**8 Weeks: Oct 9, 16, 23, 30 Nov 6, 13, 20 Dec 4**



**Professional Chess Coach Dennis Pirello** provides lectures, videos, and exercises, then facilitates tournament play. Students compete for club tournament awards. The chess club also competes against other clubs in regional tournaments held on Saturdays (this is an optional activity). Qualifying students are encouraged to enter the WA State Elementary Chess Championship, April 25, 2026, Tacoma, WA.

*See tournament and camp schedule: [www.inlandchess.org](http://www.inlandchess.org)*

**TUITION ~ \$90 for 8 weeks.** Each session is one hour. *Registration form below.*

Tuition pays for: **A.** coaching fees, **B.** coaching supplies, **C.** end of semester awards, **D.** insurance, coach development, and administration costs. Note: Inland Chess Academy does not contact children directly by phone, text, or email.

Installment payments are accepted and limited scholarships are available.

**Parents are encouraged to attend chess club to learn and play (free of charge).**

Cut > \_\_\_\_\_

## REGISTRATION for Freeman School Chess Club ~ Autumn 2025

Student's name: \_\_\_\_\_ Grade \_\_\_\_\_ New to Chess Club? \_\_\_\_\_

2nd Student's name: \_\_\_\_\_ Grade \_\_\_\_\_ New to Chess Club? \_\_\_\_\_

Chess Skill: \_\_\_ Beginner \_\_\_ Intermediate \_\_\_ Advanced Played in tournament? \_\_\_ Yes \_\_\_ No

### ALLERGIES and/or SPECIAL ISSUES: \_\_\_\_\_

**IMPORTANT:** As required by safety best practice and school and insurance policy, parents are required to pick up students on time and must sign the check-out registry. Coaches have other teaching obligations and must not be delayed. Non-parental pick-up must be confirmed in writing.

Parent: \_\_\_\_\_ Phone: \_\_\_\_\_ eMail: \_\_\_\_\_  
(or Guardian)

Parent: \_\_\_\_\_ Phone: \_\_\_\_\_ eMail: \_\_\_\_\_  
(or Guardian)

Address: \_\_\_\_\_ City \_\_\_\_\_ WA ZIP \_\_\_\_\_

\_\_\_ \$90 Chess club tuition for 8 weeks. Partial payments are accepted. Scholarships are available.

\_\_\_ \$15 **OPTIONAL** Tournament style chess set for study and play at home.

\_\_\_ \$18 **OPTIONAL** Annual subscription to [www.chesskid.com](http://www.chesskid.com) a child safe study and play website.

\_\_\_ \$22 **OPTIONAL** Annual subscription to Chess Magnet School, a child safe study website.

Total: \$ \_\_\_\_\_ Make check payable to Inland Chess Academy. Mail registration to Inland Chess Academy, leave them with the school office, or bring them to first day of Chess Club.

**Inland Chess Academy ~ Licensed, insured WA state non-profit, 501c3, educational organization.**

920 N. Argonne Rd., Suite 120, Spokane Valley, WA 99212 509-822-9800  
[chess@inlandchess.org](mailto:chess@inlandchess.org) [www.inlandchess.org](http://www.inlandchess.org) [facebook.com/inlandchess](https://facebook.com/inlandchess)

**NOTICE to PARENTS:** Scientific research proves the study of chess enhances academic performance, increases overall brain functions, and builds positive behavior. In order for students to realize the enormous benefits of chess, daily study is required. Research shows that a minimum of 20 minutes of daily study yields significant academic and behavioral benefits. Inland Chess Academy offers two optional child-safe websites programs for home study: Chess Magnet School and ChessKid, at discounted prices. Also available are home study workbooks. Please support chess study at home.

Contact [chess@inlandchess.org](mailto:chess@inlandchess.org) or phone 509-822-9800

The Inland Chess Academy's curriculum is built on research proven methods developed by chess masters and educators, and recommended by the United States Chess Federation (USCF).

**Beginner** - Beginners learn and demonstrate the basics of chess play, chess rules, and etiquette.

**Intermediate** - Students learn algebraic notation, playing with a clock, an understanding of strategies for opening a chess game, major tactical techniques, and basic endgame theory.

**Advanced** - Students develop advanced competitive strategies including an opening repertoire, positional strategies, tactical combinations, endgame play, and methods of applying sport psychology to their games.

**All** students gain knowledge of chess history, chess news, and grow their appreciation of chess. Students are encouraged to play in regional and state tournaments for individual and team awards. *Tournament schedule:* [www.InlandChess.org](http://www.InlandChess.org)

The Inland Chess Academy is building a vibrant chess community:

- ~ Regional tournaments for students and parents, twice monthly on Saturdays.
- ~ Camps on holidays, spring break, and during summer.
- ~ Tutoring and special interest study groups.

*"Chess is the only activity for our youth where they are expected to sit quietly and think long thoughts." JJ Dill II*

**Inland Chess Academy** An insured and licensed 501c3 WA non-profit educational organization.

920 N. Argonne Rd., Suite 120, Spokane Valley, WA 99212 509-822-9800

[chess@inlandchess.org](mailto:chess@inlandchess.org)      [www.InlandChess.org](http://www.InlandChess.org)      [facebook.com/inlandchess](https://facebook.com/inlandchess)