

FREEMAN ELEMENTARY SCHOOL

SCOTTIE SCOOP

September 15, 2023

Important Dates

September 21	Scottie Dash Collection Day
September 26	Scottie Dash Collection Day
September 29	Scottie Dash Collection Day
September 27	Late Start (10:15am)
September 27	FSD School Board meeting, K8 MPR, 6:00 pm
September 29	Scottie Dash 11:45am-2:30pm
October 5	FES Individual Picture Day

Would you like to volunteer...

at field trips, in the classroom, at PTSG events? Every volunteer (coach, chaperone, PTSG activities, etc.) must have completed and been approved through our Volunteer Application. Please follow this link for the Volunteer Online Application: <https://www.freemansd.org/Page/3132>

New Year, New Gear

Get some new Scottie Gear through Game One!
[Freeman All-School Spirit Wear Custom Apparel and Merchandise - Game One \(game-one.com\)](http://www.game-one.com)

Sports, Activities, Clubs and Meetings

Please see the following attachments for information about sports, activities and clubs:

- Hooptown Youth League Reg. Due (09/15)
- Valleyfest (09/22-09/24)
- Scottie Dash Donation Form
- Veterans of Foreign Wars Youth Essay Contest! (Turn into office by October 23rd)
- PTSG Membership Form

FILL THE GAP

Fill the Gap provides weekend food supplies to youth in need during the school year. Please see the below attachment to enroll!

Student Insurance

Each school has brochures available. Or please check out the link:
www.myers-stevens.com/enrollment-page/

WA State Governor's Office of the
Education OMBUDS (OEO)

<https://www.oeo.wa.gov/en>

Update Student Information on Family Access

Every year parents need to log into Family Access and update each student's information, whether they are new students or returning. **PLEASE COMPLETE THESE UPDATES BY SEPTEMBER 30th.** It is very important for your students' information to be up-to-date!

Thank you for your help!

Drop off/Pick up Reminders

Drop off: Please do not drop off before 7:50am. We do not have supervision before then.

Pick up: Please follow the line and continue to drive up the pick up line. Your child cannot get into the vehicle until you are in front of the cone. If you are parent pick up, park in a parking lot (not the valet line) and walk down to get your child.

EARLY Pick up: Please come into the office and sign your child out. We will call them down to the office to meet you. Remember your ID the first few times, so we can make sure you are in our system! Sometimes we have to re-scan it, so it is always better just to have it.

LATE Drop Off: If your child is late to school because of an appointment or otherwise, please escort them into the school and check them into the office.

All of these rules are in place for the students' safety. We appreciate your cooperation!

Southeast Spokane County Fair, September 22-24, Rockford, WA

Your kids' Fair Projects will be displayed! Check out their website for all of the other fun activities and details! Truck Pulls, Fun Run, Parade, Tractor Show, Cornhole Tourney, Princess Party, Greased Pig Contest, Lawn Mower Races, Rides, Local Food Booths and more!

[SE Spokane County Fair](http://www.secfair.org)



SEPTEMBER RESPECT

Recognizing, considering and properly honoring the worth of one's self and others

www.pacecommunity.org

PTSG!

Meetings are the second Wednesday of the month from 5:30pm-6:30pm in the FES Community Classroom.

Next meeting is October 11th. PTSG is a great way to get involved in fun activities at the school. You can become a part of the board or become a member! Check out the next meeting to see how you can get involved. See attached PTSG Membership Form. Complete the form and bring it in with your membership fee to either the Middle School office or the Elementary School office. Forms will also get sent out with Friday Folders soon.

SCOTTIE DASH TIME!

The Scottie Dash will return on Friday, September 29th! This is the only K-8 ASB Fundraiser done in partnership with the Freeman PTSG. The funds raised will support Assemblies, Craft Fairs, Dances, Class Retreats, Robotics and Sports equipment, officials and uniforms.

Next week, students will receive their donation forms and we will kick off the event! It is not too late to contribute as a corporate sponsor. There are various opportunities to support the Scottie Dash:

- Sponsor Individual Students for Participation—students earn incentives
- T-shirt Sponsor - \$250 Company/Organization logo on event t-shirt
- Corporate - \$500 logo on t-shirt and event documents/advertising
- Flat Donation - anything is appreciated!
- Incentive Donations - Company/Organization coupons, student incentives

(Past prizes have included technology items, bikes, etc.)

There are three donation collection dates. Tables will be set up in the parent pick-up/drop off loop from 7:30 am until the start of school.

- Thursday, September 21st
- Tuesday, September 26th
- Friday, September 29th (morning of the event)

See attached Donation Form if you need an extra or have lost it.

Students, families and staff, we are excited to announce the Scottie Dash is here again! This year the run will be held on the Freeman School District Track. There will be music, costumes and every person who completes four (4) laps or more in thirty (30) minutes will get a popsicle! All students will get a commemorative t-shirt on the day of the Dash.

Purpose

To support the Associated Student Body (ASB), made up of the students from grades 3 through 8, and the Parent, Teacher, Student Group (PTSG), a group of parents, teachers, and students that collaborate together to create the highest quality learning environment for our kids and a strong community for our families! Both groups' goals involve supporting Freeman students through field trips, sports expenses, Math Is Cool, Robotics, elementary playground updates, assemblies and much more. The funds from this fundraiser benefits all students K-8.

Prizes for Pledges

Early Bird Drawing for Pledges Turned in on Thursday, September 21st (first turn in day)

Every \$50 pledge will be entered in a raffle to win prizes.

\$100 or more- entered in the raffle and eligible for Movie Day!

\$200 or more- entered in the raffle, eligible for Movie Day and Bowling Party.

Pledges will be collected in front of FES on the mornings of Thursday, September 21, Tuesday, September 26 and Friday, September 29. We will include a last chance day on Tuesday, October 3.

Please turn in a completed pledge sheet on each donation day with cash or checks made out to the Freeman PTSG.

Remember safety and accompany all children when collecting pledges. Let family, friends and co-workers know this fun run solely funds these programs and directly benefits all of our children. We cannot do this without you! Please consider joining your student and do the dash as well, buy a t-shirt for \$10 and/or volunteer the day of the event. Contact Anke Coston @ (509) 750-0559 or Jim Straw @ (509) 291-7301.

Nutrition Services

The waiver from USDA Food & Nutrition Services that provided free lunches during COVID-19 has now expired. Free and reduced meals will be available to students who qualify as determined through the family's completion of the application for Free & Reduced Priced Meals. All families are asked to complete this application regardless of perceived eligibility. The data is used for qualifying for other programs. New applications for this school year are available through the link provided, and families will be notified following application. Elementary student meals are \$2.10 for breakfast and \$3.15 for lunch. Meals are open to all elementary students.

To complete the application: www.schoolnutritionandfitness.com/index.php?sid=1484349669652&page=lunchapps

Please follow the link to add lunch money to your children's account:






<https://wa-freeman.intouchrecepting.com/>

You can also pay at the schools. (Debit/Credit only in MS and HS)

Note the new breakfast and lunch pricing.

Meal Prices	Breakfast	Lunch
Elementary	\$2.10	\$3.15

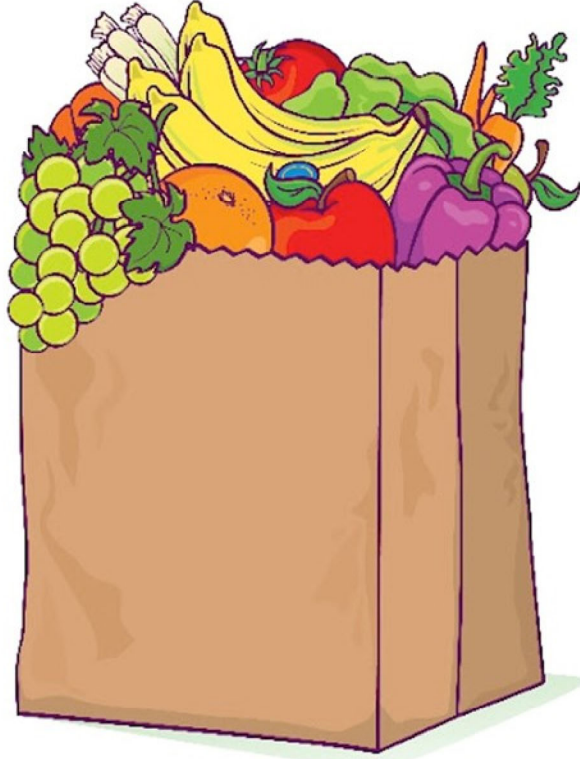
SEPTEMBER BREAKFAST

18	Berry Scone ----- Cereal & Goldfish ----- Craisins Juice Variety Chocolate Milk White Milk 	19	Breakfast Pizza ----- Cereal & Goldfish ----- Juice Variety Chocolate Milk White Milk Gala Apple Breakfast Pizza 	20	Mini Filled Bagel ----- Cereal & Goldfish ----- Fresh Orange Juice Variety Chocolate Milk White Milk 	21	Banana ----- Cereal & Goldfish ----- Banana Juice Variety Chocolate Milk White Milk Egg McFreeman 	22	Cinnamon Roll w/Icing ----- Cereal & Goldfish ----- Pear Juice Variety Chocolate Milk White Milk 
25	Churro ----- Cereal & Goldfish ----- Craisins Juice Variety Chocolate Milk White Milk	26	Dutch Waffle ----- Cereal & Goldfish ----- Juice Variety Chocolate Milk White Milk Gala Apple	27		28	29		
				LATE START Have a Healthy Breakfast at Home		Egg McFreeman ----- Cereal & Goldfish ----- Banana Juice Variety Chocolate Milk White Milk Egg McFreeman	Cinnamon Roll w/Icing ----- Cereal & Goldfish ----- Pear Juice Variety Chocolate Milk White Milk		

SEPTEMBER LUNCH

18	Egg McFreeman Chocolate Milk Alternate Lunch White Milk	19	Mozzarella Bread Sticks Chicken Caesar Wrap Alternate Lunch Chocolate Milk White Milk	20	Totchos Bread Sticks Alternate Lunch Chocolate Milk White Milk	21	Teriyaki Chicken Brown Rice, Cooked Turkey Sandwich Alternate Lunch Chocolate Milk White Milk	22	Chicken Burger Turkey Sandwich Alternate Lunch Baked Beans Chocolate Milk White Milk
25	French Toast Sticks Sausage Patty Alternate Lunch Chocolate Milk White Milk	26	Spring Roll Chicken Caesar Wrap Alternate Lunch Chocolate Milk White Milk	27	Popcorn Chicken Dinner Roll WG Alternate Lunch Chocolate Milk White Milk	28	Cheese Pizza Turkey Sandwich Alternate Lunch Chocolate Milk White Milk	29	Hamburger Turkey Sandwich Alternate Lunch Baked Beans Chocolate Milk White Milk

Freeman School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, rrussell@freemansd.org, (509) 291-3695, 15001 S Jackson Rd. Rockford, WA 99030 (Updated 2021)



**Fill the Gap provides weekend
food supplies to youth in need
during the school year.**

*The Fill the Gap kits include a good mix of
healthy, single-serving, nonperishable
food items to cover four meals (breakfast
and lunch) and two snacks over the
weekend when school meals are
unavailable.*

To enroll your student in the program, please contact:

Stacey Rawson at (509) 291-4791 or srawson@freemansd.org.

OR scan the QR code to enroll now.





HOOPTOWN YOUTH LEAGUE 23-24 SEASON

- Grades K - 6TH
- Recreational & Competitive Divisions
 - K-2 REC 6 game guarantee
 - 3-6 REC 7 game guarantee
 - 3-6 COMP 10 game guarantee
- No team needed - register individually
- Play with your friends and classmates
- Practice at your attending school
 - 1 practice a week for recreational
 - 2 practices a week for competitive

SCAN BELOW TO REGISTER:



<https://hooptownusa.com/pages/youth-basketball-league>

IMPORTANT DATES:

AUGUST 15

Player & coach registration opens

SEPTEMBER 15

Guaranteed registration deadline

LATE SEPTEMBER

Teams formed

OCTOBER (exact dates TBD)

Rec & Comp practice starts

OCTOBER 28th

Recreational teams start games

NOVEMBER 4TH

Competitive teams start games



Free

Valleyfest



SEPTEMBER 22-24, 2023

Admission is **FREE** for All Ages!



SCAN QR CODE FOR
VALLEYFEST DETAILS



Free



SEPTEMBER 22-24, 2023

Admission is **FREE** for All Ages!

LOCATION: MIRABEAU POINT PARK | CENTERPLACE REGIONAL EVENT CENTER

VALLEYFEST FAMILY HIGHLIGHTS:

Evening Parade | Pancake Breakfast | Car Show | Astronomy | Robotics
NASA Presentation | Pacific Science Center | STEAM Showcase | Petting Zoo
Celebrate the City of Spokane Valley's 20th Anniversary | Toy Maker
Fishing at the Falls | Swing Dancing

VALLEYFEST PERFORMANCES BY:

Christopher Anderson | Seterra Bell | Sidetrack
Cheryl Branz | Integrity Martial Arts | Tamarack Ridge Band
Nu Jack City | Kevin Shay Band

PLUS: BOOTHS, FOOD, DRINKS



CULTUREFEST AT MIRABEAU POINT PARK

Saturday, September 23, 2023 – 10:30 a.m. to 6:00 p.m.

Sunday, September 24, 2023 – 11:00 a.m. to 4:00 p.m.

CULTUREFEST PERFORMANCES BY:

Indian Youth Club | Natanam | Mariachi Las Aguilas
K-Pop by SWF | Coeurimba | and more!



2023 Scottie Dash

PLEDGE FORM

Pledges for (student name) _____

Grade_____Teacher_____

On Friday, September 29, 2023 I will be participating in the Freeman School Fun Run. I will have 30 minutes to complete as many laps as possible around the high school track. This fundraiser supports the Associated Student Body of Freeman Elementary and Middle Schools and the Freeman Parent, Teacher, Student Group (PTSG). Both groups' goals are to support student activities, playground updates, assemblies, fieldtrips and much more. The money raised through this fundraiser benefits all K-8 students. **I hope you can help by sponsoring me.**

Please make checks payable to the Freeman PTSG.

Sponsor Name	Phone Number	Donation Amount	Total Amount

Thank you for supporting the Freeman EL/MS ASB and the Freeman PTSG!

Business/Corporate Sponsorship Details on the Back!

At Freeman Elementary and Middle School, we strive to create an environment where our students can develop academically, socially, and physically. In order to provide a well-rounded educational experience, we believe that community events, extracurricular activities and sports play a vital role in fostering teamwork, discipline, and personal growth among our students.

Each year we organize an annual fundraising event called the "Scottie Dash." This event is not only a fun-filled day for our school community, but also a significant source of financial support for the ASB (Associated Student Body) and PTSG (Parent, Teacher, Student Group). The funds raised through the Scottie Dash, sale of ASB cards and donations directly contribute to the success of various TK- 8 student activities and programs: Assemblies, Craft Fairs, Dances, Missoula Children's Theatre, Math is Cool, Class Retreats, Robotics and Sports- equipment, officials and uniforms.

By sponsoring our event, you will not only be investing in the development of our students, but will also demonstrate a commitment to supporting the growth and well-being of the local community. We offer various opportunities to support the Scottie Dash:

Sponsor Individual Students for Participation- students earn incentives

T-shirt Sponsor - \$250 Company/Organization logo on event t-shirt

Corporate - \$500 logo on t-shirt and event documents/advertising

Flat Donation- anything is appreciated!

Incentive Donations – Company/Organization coupons, student incentives

(Past prizes have included technology items, bikes, etc.)

To confirm your sponsorship commitment or to discuss any details further, please feel free to contact, Jim Straw, at jstraw@freemansd.org or Mike Allen at mallen@freemansd.org.

Additionally, we would be delighted to invite representatives to join us on, Friday, September 29, 2023, for the Scottie Dash.

VETERANS OF FOREIGN WARS AND ITS AUXILIARY
DEPARTMENT OF WASHINGTON



Youth



Essay



Official Entry Form
Youth Essay Program Grades 3-4-5
2023 - 2024

THEME: "What does the word "Veteran" mean to you?"

Grade Level: _____ Word Count: _____

Date Due to Sponsoring Post/Auxiliary: **October 31st**

PLEASE NOTE: This entry form must be completely filled out and accompany the essay.

PLEASE PRINT OR TYPE:

Students Name: _____ Phone Number: _____

Address: _____

Parent or Guardian Name: _____ Parent email: _____

Parent or Guardian Signature: _____ Parent Phone: _____

To be completed by person instructing student

Instructor's Name _____ location _____

Address of School or Home _____

To be completed by Post/Auxiliary

Name & Number of Sponsoring Post/ Auxiliary: _____

Address: _____

Chairman's Name: _____ District Number: _____

NOTE: ALL SECTIONS MUST BE COMPLETED AT THE POST/AUXILIARY LEVEL

Disclaimer Notice:

The district does not sponsor this event/activity/ offer and the district assumes no responsibility for it. In consideration for the privilege to distribute these materials, the _____ School District No. _____ shall be held harmless from any cause of action filed in any court or administrative tribunal arising out of the distribution of these materials, including all costs, attorney's fees and judgments or awards.

**Veterans of Foreign Wars and Its Auxiliary
Department of Washington
State Youth Essay Program Rules and Regulations
Grades 3-4-5**

1. Participants must compose their own essay.
2. The essay must be clearly handwritten, typed or computer prepared.
3. Judging will be under the guidance set by the Veterans of Foreign Wars. Judging will include 30 points for addressing the theme, 30 points for clarity of Ideas, 40 points for Theme Development.
4. Since this program is completely voluntary, a student does not have to go through his/her school to participate. Any student from any school in the State of Washington may enter the program by contacting a local Post or Auxiliary for rules and Official Entry form. Home Schooled students are also eligible.
5. A copy of the Official Entry form must accompany the essay. All sections of the official entry form **MUST** be completed at the Post/Auxiliary level. Entry forms **MUST** be signed by a parent.
6. All essays become the property of the Veterans of Foreign Wars, Department of Washington. If copies are desired, you must make your own. Chairman will not return essays.
7. The contest begins at the start of the school year.
8. Length: Not to exceed 250 words.
9. Student's Name, City, or School **MUST NOT** be on the essay, only on the entry form.
10. Essay must stay within the prescribed subject matter and there can be **NO** added color or artwork.
11. Essays written in poem form **will not be accepted**.
12. The Post or Auxiliary sponsoring the school **MUST** do the judging at the local level.

Essays due to local Post/Auxiliary by: October 31st

Any Essay not **received** by the deadline **will not** be accepted.

Please submit 1 winner for every 15 entrees for 3rd grade, 1 winner for every 15 entrees for 4th grade, and 1 winner for every 15 entrees for 5th grade to your District for judging by Nov. 15th.



2023-2024 PTSG MembershipForm

Parent Name(s) _____

Email(s): _____

Best Phone #: _____

Family Membership \$30 Staff Membership \$30 Business Membership \$60

Student(s) Name(s)	Grade for 2023-2024

Please make checks payable to Freeman PTSG.
All membership dues directly support Freeman students.

PTSG Use Only: *Check/Cash*_____ *Received By:*_____