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Last day to order wreaths & centerpieces December 10. www.lynchcreekfundraising.com/teams/300474-freeman-ffa-wreath-sale

FFA Wreath Fundraiser



Freeman FFA is selling wreaths through Lynch Creek as a fundraiser. If you are interested, purchase through this link between now and December 10th.

10 Days of Giving. This year's campaign is focused on HRC Ministries. This Spokane-based organization provides healing and restoration for survivors of trafficking, including



free lodging, education and prevention. This organization fills a definite need in the Spokane area. Based on our location on I-90, Spokane is a hub for trafficking. While this is a sensitive subject, it is consistent with our support for other victims-child abuse (Vanessa Behan), spousal abuse (Ana Odgen Hall), homelessness (Blessings) and other organizations Freeman has supported throughout the years.

If you are able, please help by contributing items such as toothbrushes, toothpaste, toilet paper, paper towels, deodorant, paper, cleaning supplies, etc., ... anything that HRC could use in its "safe house," which is where they work with people that have been rescued as they prepare to reenter society.

CONVENIENT, CASH-FREE SHOPPING WITH eWALLET!



CREATE ACCOUNT







https://www.scholastic.com/bf/freemanmiddlesch

Visit our school's Book Fair homepage to get started.

Calendar

Thru Dec 15 Online Book Fair

Thru Dec 16 10 Days of Giving (see info,

this page)

Robotics Competitions, 8:00 Dec 10-11

(Awards @ 4:00 pm)

Dec 14 Band Concert, FHS Blue Gym, Gr. 6-12,

7:00 pm

Dec 15 Choir Concert, Gr. 6-12, FHS Red Gym,

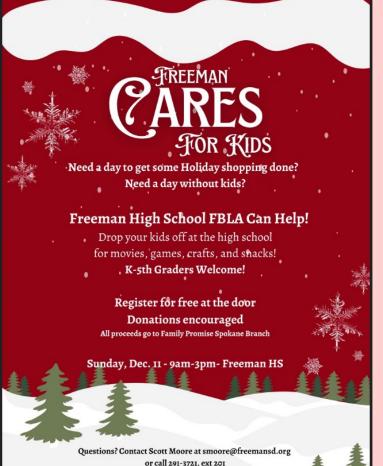
Dec 16 PACE Assembly (by invitation), 8:20 am (Gr. 3-5),

8:55 am (Gr. K-2) (with holiday entertainment led by

James Jydstrup)

Dec 19-Jan 2 Winter Break-No School Jan 13 No School—Staff PD No School—MLK Jr. Day Ian 16







Breakfast

French Toast Sticks

Cereal & Goldfish

Craisins Juice Variety Chocolate Milk White Milk

Lunch

Egg McFreeman

Applesauce Carrots White Milk Chocolate Milk Breakfast Pizza

Cereal & Goldfish

Juice Variety Chocolate Milk White Milk Gala Apple

School Menus

Breakfast Pocket

Cereal & Goldfish

Fresh Orange Juice Variety Chocolate Milk White Milk Egg McFreeman

Cereal & Goldfish

Banana Juice Variety Chocolate Milk White Milk Cinnamon Roll w/Icing

Cereal & Goldfish

Pear Juice Variety Chocolate Milk White Milk

16

Chicken Burger Baked Beans

Fresh Orange White Milk Chocolate Milk

13 Mozzarella Bread Sticks

Mixed Fruit Broccoli White Milk Chocolate Milk Nachos w/Ground Beef

Banana Corn White Milk Chocolate Milk 15

Corn Dog
Pear
Cauliflower
White Milk
Chocolate Milk

IT'S OKAY TO ASK FOR HELP



Calming the Chaos of Mental Health Care Care Solace connects students, staff, and their families to care. At no cost to you, Care Solace will quickly and confidentially find available mental health and substance use providers matched to your needs.

Find the right help at the right time.



24/7/365 MULTILINGUAL SUPPORT

A multilingual team is available 24/7/365 to help you understand options, call providers on your behalf, and schedule an appointment.



CARE REGARDLESS OF INSURANCE

Connect to care with any coverage including Medicaid, Medicare, and sliding scale options for those without insurance.



EASY ACCESS TO CARE

Use Care Match, the selfserve website, to find a provider on your own.

GET CONNECTED TO CARE TODAY

888-515-0595

caresolace.com/ freemansd



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Holiday Shopping?

Please take the time to register Freeman Elementary School through
AmazonSmile.com. Then place your holiday (and future) orders through AmazonSmile. Freeman Elementary will receive a donation as a result of your purchase at no cost to you.
We appreciate your efforts in

facilitating these donations

for our school.

Freeman School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, rrussell@freemansd.org, (509) 291-3695. 15001 S Jackson Rd. Rockford, WA 99030 (Updated 2021)

Please note: Care Solace is not an emergency response service or mental health services provider. In the event of a life-threatening emergency, call 9-1-1 or the National Suicide Hotline, 9-8-8.