


[Home](#)
[Photos](#)
[News](#)
[Contact Us](#)
[Employers](#)

## Next Gen Zone - Teens at Work

[Who Are We?](#)
[Services](#)
[Your Career Options](#)
[Teens at Work](#)
[The Interview](#)
[Get Your Drivers License!](#)
[Links](#)
[Apply for Services](#)
[Give Us Feedback](#)


What jobs can you do? Take a look! Although technically, teens are allowed to do the following jobs, most places in Spokane do not typically employ youth until they are at least 16 years old. Here are some exceptions:

- When you are [13 and under](#), you can:
  - work as a babysitter
  - work as an actor or performer in motion pictures, television, theater or radio
  - work on a farm or in a business owned by your parents
- When you are **14**, you can work in an:
  - office
  - grocery/retail store
  - restaurant
  - movie theater
  - baseball/amusement park
  - gasoline station
- When you turn **16**, you can work in:
  - any job or occupation that has not been declared hazardous by the Secretary of Labor
- When you turn **18**, you can work:
  - any job or any number of hours. The child labor rules no longer apply to you!

Go to Youth2Work for even more information about teen workers. (<http://youth2work.gov> )



### Know Your Rights

Working people have certain basic legal rights in the workplace, such as the right to minimum wages, safe working conditions and to be free from discrimination based on gender or race. But these rights have so many exceptions and loopholes that many workers are left unprotected. Some rights are limited by the size of the employer, length of service or other conditions. Some states have strengthened these protections for workers.

You have the right to:

- A Safe Workplace
- Overtime Pay
- Equal Pay
- Family and Medical Leave
- A Workplace without Discrimination
- A Workplace without Sexual Harassment
- Join and Form a Union

[Click here for more detailed information.](#)

[Click here for the WA State Laws for Youth Employment.](#)



