

The Scottie Scoop!



FREEMAN ELEMENTARY SCHOOL Mrs. Phelan, Principal OFFICE (509) 291-4791 FAX (509) 291-3636

FREEMAN MIDDLE SCHOOL Mr. Straw, Principal OFFICE (509) 291-7301 FAX (509) 291-8009

www.freemansd.org • K-8 ATTENDANCE HOTLINE (509) 291-7425

On the Calendar...



- Nov 11 Veterans Day—NO SCHOOL
- Nov 12 7th Gr Volleyball @ Centennial, 3:45 pm
8th Gr Volleyball v. Centennial @ FMS, 3:45 pm
- Nov 13 Chess Club, FMS, 3:00 pm
FMS Wrestling @ E. Valley, 3:45 pm
- Nov 14 7th Gr Volleyball @ Pride Prep, 3:45 pm
- Nov 18 FMS Wrestling v. Centennial, 3:45 pm
- Nov 19 7th Gr Volleyball v. Cheney, FMS Gym, 3:45 pm
8th Gr Volleyball @ Cheney, 3:45 pm
- Nov 20 MS Pictures: Wrestling & Volleyball, FMS, 3:00 pm
Chess Club, FMS, 3:00 pm
- Nov 21 7th Gr Volleyball v. Westwood, FMS Gym, 3:45 pm
8th Gr Volleyball @ Westwood MS, 3:45 pm
Freeman Community Art Night, FHS MPR, 6:30-8:30 pm
- Nov 22 Mother-Son Glow Night Dance, K8-MPR, 6:00-8:00 p.m.



1st Grade Teachers Olivia Bergman and Barb Gady; Principal Lisa Phelan; 1st Grade Teacher Kirsten Schweiger; and Reading Specialist Amy Heinen

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Our Freeman PTSG is the best!
The staff extends its gratitude for the breakfast, treats and dinner provided by our families during conferences.
We are fortunate to have you!



Thank you for providing Maple Bars to the school during conference week, and for your ongoing support!
We are grateful for good neighbors!

The Freeman School District complies with all federal and state rules and regulations and does not discriminate on the basis of age, sex, marital status, race, color, creed, national origin, disability, or the use of a trained dog guide or service animal by a person with a disability, sexual orientation, including gender expression or identity, veteran or military status, and provides equal access to the Boy Scouts of America and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX officer and/or Section 504/ADA coordinator: Randy Russell, Ph.D., Superintendent, 15001 S Jackson Road, Rockford, WA 99030, 509-291-3695.

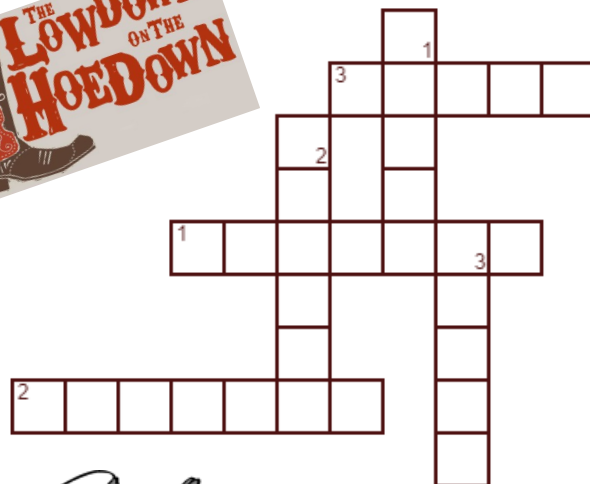
Farm Talk—Hoedown?

First used in the early 1800's, this term referred to a dance based on the movements of hoeing corn and potatoes, which was the primary entertainment at "hoedown parties" held in the early fall in the American Midwest. It soon came to encompass the party itself, which was also called a "hoe-dig" or, in Iowa in the 1850's a "rakedown."

(source: The Old Farmer's Almanac)



Hoedown



Across

1. collecting the planted bounty
2. female horse rider
3. looped rope for catching horses or cattle

Down

1. can be "line" or "square"
2. one who farms
3. coarse grass



Jade Talbott and Piper Ramsey



Sawyer Seehorn "cattle roping"



Our 2019 Hoe Down was a successful evening, thanks to all of you! Money was raised for our classrooms, teacher grants, play days and assemblies.

Dylan and Jessica Robb

Answers

1. harvest
2. cowgirl
3. lasso

Across

1. dance
2. farmer
3. straw

Down



PACE Elementary Character Trait Honorees Fall 2019



Respect

Jaxon Depell
Mirek Janout
Ethan Dreyer
Grace Duncan
Aubrielle Hueser
Egan Chapman
Adeleigh Kann
Kingsley Lents
Gwendolyn Thomas
Chelsea Knigge
Evalea Bessire
Karson Lally
Joseph McGowan
Adeline Mueller
Ezra Mueller
Tansey Coyner
Jackson Horlacher
Avery Hoyer

Responsibility

Drew Admire
Kamryn Wilson
Brooklyn Rumsey
Isaiah Mueller
Temperance Durrant
Jarett Cobb
Avelinn Leavy
Conner Durrant
Daniel Dexter
Sophia Campbell
Finley Pecht
McKenna Pare
Avery Berglund
Mason Bowen
Harrison Brown
Lila Orndorff
Gillian Gonsalves
Brady Bowen

Character Counts!



**Freeman Middle School
PACE Character Trait Honorees Fall 2019**



Respect

**Jaeger Entman
Margaret (Greta) Van Gemert
Molly Amend
Vance Coyner
Ava Semprimochnik
Chase Smith**

Responsibility

**Gage Chapman
Max Cashmere
Megan McGowan
Cotton Wells
Mari Hirayama
Dallin Cotton**

Character Counts!



Contest—watch for the Box Tops Classroom Contest next spring.



EARN CASH FOR OUR SCHOOL NO MORE CLIPPING. ALL YOU NEED IS YOUR SMARTPHONE.

The NEW and improved Box Tops mobile app uses state-of-the-art technology to scan your store receipt, find participating products and instantly add Box Tops to our school's earnings online.

LOOK FOR
THE NEW
LABEL:



HERE'S HOW IT WORKS:



BUY BOX TOPS PRODUCTS

You can find Box Tops on hundreds of products throughout the store.



SCAN YOUR RECEIPT

Use the app to snap a photo of your receipt within 14 days of purchase.



EARN CASH FOR OUR SCHOOL

Box Tops earnings are identified and automatically updated at BTFE.com.

You do not need to clip or send Box Tops labels to school.

Box Tops



BOX TOPS CLIPS ON PACKAGES

Traditional Box Tops clips are being phased out of production but may continue to be found on many products throughout the store as packages transition to the new Box Tops labels. You can still clip these and send them to school. Please make sure each clip has a valid expiration date.



BUY
BOX TOPS
PRODUCTS



CUT
OUT THE BOX TOP
FROM EACH PACKAGE



SEND
YOUR BOX TOPS
TO SCHOOL

SEE PRODUCTS & LEARN MORE ABOUT
THE BOX TOPS APP AT BTFE.COM

THE ALL-NEW BOX TOPS IS HERE!
DOWNLOAD THE APP:



BOOK FAIR

DECEMBER 6-13

SAVE THE DATE

AND WATCH

FOR MORE

INFORMATION

Translation Support

Family Access/ Skyward Translation Features. Google will discontinue Google Translate Toolkit at the end of the 2019 calendar year. Google Translate currently powers the translation feature in both Family Access and New Student Online Enrollment. After the upcoming November 6, 2019 Addendum Release, students and guardians will no longer see the Select Language option in Family Access and NSOE.

Students and guardians can still use built-in or add-on translation features of their preferred browser to translate Family Access and NSOE into other languages. For more information on these browser features, please refer to the articles below:

Google Chrome: <https://support.google.com/chrome/answer/173424?co=GENIE.Platform%3DDesktop&hl=en>

Mozilla Firefox: <https://support.mozilla.org/en-US/kb/how-add-translate-feature-firefox>

Microsoft Edge:

<https://support.office.com/en-us/article/Use-Microsoft-Translator-in-Edge-browser-4ad1c6cb-01a4-4227-be9d-a81e127fcb0b>



PACE Assemblies are held throughout the year to recognize one FES student per classroom, per character trait, who exemplifies each month's **PACE** character trait. (Perfect Attendance is recognized in January and June in conjunction with the **PACE** Assemblies.)



Yearbooks P-8

Freeman Elementary & Middle School

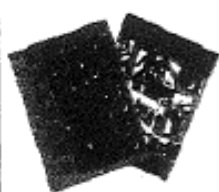
Student's First Name _____

Student's Last Name _____

Phone # _____ Grade _____
grado

Teacher Name _____

(One child per envelope) (Un sobre por estudiante)



Pre-order now for only

\$20.00

Order Due Date April 17, 2020

# of Yearbooks Ordered	Total \$

Return this envelope to the school office with cash, check, or Money order made payable to:

Freeman

Cut form, return in envelope with your payment to the school office.

Amount Enclosed

\$ _____

What Generation Are You?

Generation Name	Births Start	Births End	Youngest Age Today*	Oldest Age Today*
The Silent Generation	1925	1945	74	94
Baby Boomer Generation	1946	1964	55	73
Generation X (Baby Bust)	1965	1979	40	54
Xennials	1975	1985	34	44
Millennials	1980	1994	25	39
Generation Y, Gen Next	1995	2012	7	24
iGen / Gen Z	2013	2025	1	6
Gen Alpha	2013	2025	1	6

Job Opening

Come work for the **Freeman Nutrition Services** team!

We are hiring for a position that assists in serving and cleanup of high quality, nutritious, scratch-cooked meals, meeting USDA and school district requirements for our students.

Hours: Monday through Friday, 11:00 am-1:30 pm

For more information see the full job posting and apply at:
<https://freemansd.tedk12.com/hire/index.aspx>



Mother-Son Dance

FREEMAN PTSG

**READY
SET
GLOW**

**MOTHER & SON
BLACKLIGHT DANCE**

**FRIDAY NOV 22
6-8PM**

**\$20 FOR A MOTHER AND
1 SON COUPLE,
\$25 FOR A MOTHER AND
2+SONS**

**TICKETS MAY BE
PURCHASED ONLINE AT:
FREEMANSD.ORG/PTSG
OR AT THE DOOR**

**••••• GLOW STICKS,
••••• DANCING, PHOTO OP,
••••• REFRESHMENTS &
••••• GOOD COMPANY**

NO ONE WILL BE TURNED AWAY DUE TO THE INABILITY TO PAY

For More Info: <https://www.fredmeyer.com/topic/community-rewards-4>



Thank you for linking your Fred Meyer Rewards Card to Freeman! Funds generated support our PBIS Outstanding You Store and provides other student support efforts!



Planning to Chaperone or Volunteer at a PTSG activity, school sporting event or in the classroom?

Please complete the Required Volunteer Screening Process through

our online application. If you have questions, call the school office. Those who previously completed paper forms may choose to complete the online application or wait until next year. Volunteers will need to complete the online application annually. *Thank you for helping at Freeman!*



The main goal of **Lil Venoms Volleyball** is to have a volleyball league for everyone that is known for its lower fees, organizational ability, class, professionalism and quality volleyball knowledge. With this goal in mind, we have carefully selected qualified coaches to train our participants. Additionally, players will receive excellent instruction and experience competition levels that will help them excel at the junior/and or high school level. Lil Venoms staff will ensure each player has an enormous amount of encouragement and enthusiasm to expand their level of confidence and strength. Lil Venoms Volleyball enhances a youth's ability to increase sportsmanship, self-confidence, attitudes and behavior in their homes, schools and our communities.

Our mission is to help youth develop life skills through sports participation at the basic level to improve overall fitness and team work while increasing knowledge of the sport. This program enhances youth's ability to increase sportsmanship, self-confidence, attitudes and behavior in their homes, schools and communities at large. Our program allows players the unique experience to learn from coaches, and current and former collegiate players. The players will learn and develop their skills from those who know the game best.

For information, call (509) 608-9062. *Lil Venoms is not a Freeman-sponsored activity. It is shared as a community opportunity.*



Apple Caramels (Source: KingArthurFlour.com)

Ingredients

- 2 c. heavy cream
- 1 c. light corn syrup
- 2 c. granulated sugar
- 6 T. butter, salted or unsalted
- 1/2 c. boiled cider
- 1/2 t. salt
- 1 t. Apple Pie Spice (or 1/2 t. cinnamon and 1/4 t. ginger and 1/4 t. nutmeg)



Instructions

1. Lightly grease an 8" x 8" baking pan and line with parchment paper, leaving an overhang on opposite sides.
2. Combine the cream, corn syrup, sugar, butter and boiled
3. Pour the hot mixture into the prepared pan. Let stand for 12 to 18 hours at room temperature before cutting into 1" squares.
4. To wrap the caramels, use 6" squares of parchment paper. Place one caramel in the center of each square; wrap the opposite edges of the paper around the caramel and twist the exposed edges to close. For tips for *softer* caramels, see www.KingArthurFlour.com

cider in a 4-quart, heavy-bottom, deep saucepan. Bring the mixture to a boil over high heat, stirring to dissolve the sugar. Reduce to medium-high heat and cook, without stirring, until the mixture reaches 248°F on a candy thermometer, 20 to 30 minutes, depending on your particular stove. Remove the pan from the heat; stir in the salt and spice.

Signs of an Attack (Source: BePrepared.com)

How do you know when it's time to back off from a moose? It's important to understand that moose can get aggressive at any time of year, but there are certain seasons when they're more likely to be aggressive. For instance, the Washington Department of Fish and Wildlife suggests that moose typically become aggressive during the following seasons:

- In late spring, early summer when a cow (a mother) feels her very young calf is in danger
- In the fall when a breeding bull (a male) is competitive and agitated
- In the winter when they are hungry and tired from walking in deep snow

You can also tell if a moose will become aggressive by its body language. Here are 7 signs to look for:

1. The moose stops eating and stares at you.
2. Lays back its ears and raises the hair on its hump, neck, or hips.
3. Smacks or licks its lips, and clicks its teeth.
4. Lowers its head and walks toward you.
5. Urinates.
6. Shows the whites of its eyes.
7. Whips its head back like a horse.

These are all signs that a moose may attack. But sometimes it may not even show these signs at all—they may charge without warning!

Practice Moose Safety

Moose live in forested areas and around lakes, ponds or streams in the Northern Hemisphere of the US. Their habitats are essentially ideal vacation spots for those who love the outdoors. So if you're out on the trail in this area of the country, you'll need to practice "moose safety."

The best way to avoid a moose attack is not to put yourself in a situation where a moose may become aggressive. In order to avoid such situations, check out these tips:

- Watch moose from a safe distance—give them their space. If you come across one on a trail, consider changing directions or backing off. Moose are somewhat nervous creatures. If they're approached too much or too closely by people, they can become stressed and may become aggressive.

- Kristine Rines, wildlife biologist with New Hampshire Fish and Game and New Hampshire's state Moose Program Director, warns that if you're causing the moose to change its behavior, you're too close. She says, "You should be far enough away to get behind the nearest tree before a galloping horse could get there."
- Don't feed a moose. When fed, moose can get aggressive if they don't get as much food as they expect. They may even attack those who aren't feeding them. In some states, like Alaska, it's a crime to feed wild animals because when their aggression becomes unsafe to the public, the animal is put down (and we don't want that).
- Don't walk between a cow moose (mother) and her calf. If you do happen to walk between them, back away immediately.
- More people die from moose vehicle collisions than from actual attacks. If a moose crosses your path while you're driving, let it cross. If you try to move the moose, it may attack your car. Drive slower at night in moose-inhabited areas so you don't hit one (a crash could be fatal to you both).
- Keep your dog close or on a leash. Moose often confuse dogs for wolves, a natural predator. If you come across a moose, show respect. Don't make loud noises, chase or harass the moose.



What to do if you're attacked

If you recognize the signs of "moose aggression" (or it just starts charging at you), there are some things you can do to keep yourself safe.

- Back off and run. Make sure you get behind the nearest tree, fence or building that acts as a strong barrier between you and the moose.
- If a moose knocks you to the ground, curl up into a ball. It may continue running, start stomping or kicking you. Curling up will protect your head and vital organs.
- Don't get up until the moose moves a good distance away. If you try to get up while it's close, it could attack again.



NOVEMBER 2019

Freeman Elementary School and Middle School

This institution is an equal opportunity provider
Menus subject to change

Monday

Tuesday

Wednesday

Thursday

Friday



4
Lunch
Grilled or Crispy Chicken Sandwich
Coleslaw
Breakfast
French Toast Sticks

5
Lunch
Chicken Alfredo
Garlic Toast
Breakfast
Egg McFriedman

6
Lunch
Cheesy Beef Nachos
Refried Beans

Late Start - No Breakfast

7
Lunch
Super Sub Sandwich
Chips
Breakfast
Cinnitini and Hard-boiled Egg

1
Conferences
No School

8
Lunch
Build Your Own Burger
Baked Beans • Tots
Breakfast
Build Your Own Parfait



12
Lunch
Pasta with Meat Sauce
Italian Breadstick
Breakfast
Egg McFriedman

13
Lunch
Chicken Tenders • Mashed Potatoes
Whole Wheat Roll
Breakfast
Soft Pretzel with Cheese

14
Lunch
Scratch Pizza
Caesar Salad
Breakfast
Breakfast Cookie and Cheese stick

15
Lunch
Teriyaki Chicken
Chow Mein • Fortune Cookie
Breakfast
Cinnamon Roll and Hard-boiled Egg

18
Lunch
Chicken and Waffles
Northwest Apple Salad
Breakfast
Cheese Omelet and English Muffin

19
Lunch
Scratch Macaroni and Cheese
Garlic Toast
Breakfast
Egg McFriedman

20
Lunch
Cheesy Chicken Quesadilla
Refried Beans • Churros
Breakfast
Fruit Smoothie and Muffin

21
Lunch
PE's Pizza or Turkey Lunch Pack
Middle School Sub Sandwich • Chips
Breakfast
Cinnitini and Hard-boiled Egg

22
Lunch
Build Your Own Burger
Baked Beans • Tots
Breakfast
Build Your Own Parfait

25
Lunch
Lunch Bunch! French Toast Sticks
Sausage • Fruit Salad
Breakfast
Breakfast Cookie and Cheese Stick

26
Lunch
Thanksgiving Feast!
Mashed Potatoes, Turkey Gravy,
Roll, Greenbeans
Breakfast
Egg McFriedman

27
Lunch
Build Your Own Burger
Baked Beans • Tots
Breakfast
Cereal Choice



29
No School

Every day, Milk choice and a fresh unlimited garden bar! Middle School also has rotating grab-and-go options
Questions? Call Ellen at (509)291-7510