

# The Scottie Scoop!



FREEMAN ELEMENTARY SCHOOL

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ATTENDANCE (509) 291-7425 [www.freemansd.org](http://www.freemansd.org) Issue: December 9, 2022

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Last day to order wreaths & centerpieces December 10.  
[www.lynchcreekfundraising.com/teams/300474-freeman-ffa-wreath-sale](http://www.lynchcreekfundraising.com/teams/300474-freeman-ffa-wreath-sale)

## FFA Wreath Fundraiser



Freeman FFA is selling wreaths through Lynch Creek as a fundraiser. If you are interested, purchase through this [link](#) between now and December 10th.

**10 Days of Giving.** This year's campaign is focused on HRC Ministries. This Spokane-based organization provides healing and restoration for survivors of trafficking, including free lodging, education and prevention. This organization fills a definite need in the Spokane area. Based on our location on I-90, Spokane is a hub for trafficking. While this is a sensitive subject, it is consistent with our support for other victims--child abuse (Vanessa Behan), spousal abuse (Ana Odgen Hall), homelessness (Blessings) and other organizations Freeman has supported throughout the years.

**TOILETRY DRIVE**  
Starts Monday!  
12.5.22

You can help support survivors!

- TOOTHBRUSHES
- TOOTHPASTE
- TOILET PAPER
- PAPER TOWELS
- DEODORANT
- BEANS OF COPY PAPER
- CLEANING SUPPLIES
- TOILET PAPER

HRC provides healing and restoration for survivors of trafficking, and free education and prevention.  
[www.hrcministries.com](http://www.hrcministries.com)

If you are able, please help by contributing items such as toothbrushes, toothpaste, toilet paper, paper towels, deodorant, paper, cleaning supplies, etc., ...anything that HRC could use in its "safe house," which is where they work with people that have been rescued as they prepare to reenter society.

**CONVENIENT, CASH-FREE SHOPPING WITH eWALLET!**

It's Book Fair Time! This year, say hello to eWALLET! Empower students to choose their own books and check out with their very own digital payment account! Book Fair eWallet can be used at the Fair or online. And any leftover funds can be saved for future Fairs! Win-Win!

Visit our school's Book Fair homepage to get started.  
<https://www.scholastic.com/bf/freemanmiddleschool>

## Calendar

Thru Dec 15	Online Book Fair
Thru Dec 16	10 Days of Giving (see info, this page)
Dec 10-11	Robotics Competitions, 8:00 am (Awards @ 4:00 pm)
Dec 14	Band Concert, FHS Blue Gym, Gr. 6-12, 7:00 pm
Dec 15	Choir Concert, Gr. 6-12, FHS Red Gym, 7:00 pm
Dec 16	PACE Assembly (by invitation), 8:20 am (Gr. 3-5), 8:55 am (Gr. K-2) (with holiday entertainment led by James Jydstруп)
Dec 19-Jan 2	Winter Break—No School
Jan 13	No School—Staff PD
Jan 16	No School—MLK Jr. Day

## FREEMAN CARES FOR KIDS

Need a day to get some Holiday shopping done?  
Need a day without kids?

**Freeman High School FBLA Can Help!**

Drop your kids off at the high school for movies, games, crafts, and snacks!  
**K-5th Graders Welcome!**

Register for free at the door  
Donations encouraged  
All proceeds go to Family Promise Spokane Branch

**Sunday, Dec. 11 - 9am-3pm- Freeman HS**

Questions? Contact Scott Moore at [smoore@freemansd.org](mailto:smoore@freemansd.org)  
or call 291-3721, ext 201

# School Menus

## Breakfast

12 French Toast Sticks ----- Cereal & Goldfish ----- Craisins Juice Variety Chocolate Milk White Milk	13 Breakfast Pizza ----- Cereal & Goldfish ----- Juice Variety Chocolate Milk White Milk Gala Apple	14 Breakfast Pocket ----- Cereal & Goldfish ----- Fresh Orange Juice Variety Chocolate Milk White Milk	15 Egg McFreeman ----- Cereal & Goldfish ----- Banana Juice Variety Chocolate Milk White Milk	16 Cinnamon Roll w/Icing ----- Cereal & Goldfish ----- Pear Juice Variety Chocolate Milk White Milk
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## Lunch

12 Egg McFreeman ----- Applesauce Carrots White Milk Chocolate Milk	13 Mozzarella Bread Sticks ----- Mixed Fruit Broccoli White Milk Chocolate Milk	14 Nachos w/Ground Beef ----- Banana Corn White Milk Chocolate Milk	15 Corn Dog ----- Pear Cauliflower White Milk Chocolate Milk	16 Chicken Burger Baked Beans ----- Fresh Orange White Milk Chocolate Milk
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## IT'S OKAY TO ASK FOR HELP



Calming the Chaos of  
Mental Health Care

Care Solace connects students, staff, and their families to care. At no cost to you, Care Solace will quickly and confidentially find available mental health and substance use providers matched to your needs.

Find the right help at the right time.



### 24/7/365 MULTILINGUAL SUPPORT

A multilingual team is available 24/7/365 to help you understand options, call providers on your behalf, and schedule an appointment.



### CARE REGARDLESS OF INSURANCE

Connect to care with any coverage including Medicaid, Medicare, and sliding scale options for those without insurance.



### EASY ACCESS TO CARE

Use Care Match, the self-serve website, to find a provider on your own.

## GET CONNECTED TO CARE TODAY

888-515-0595

caresolace.com/  
freemansd



## Holiday Shopping?

Please take the time to register Freeman Elementary School through AmazonSmile.com. Then place your holiday (and future) orders through AmazonSmile. Freeman Elementary will receive a donation as a result of your purchase at no cost to you. We appreciate your efforts in facilitating these donations for our school.

*Freeman School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, russell@freemansd.org, (509) 291-3695, 15001 S Jackson Rd. Rockford, WA 99030 (Updated 2021)*

Please note: Care Solace is not an emergency response service or mental health services provider. In the event of a life-threatening emergency, call 9-1-1 or the National Suicide Hotline, 9-8-8.