Important Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 29</td>
<td>Home Football Game!</td>
</tr>
<tr>
<td>October 2</td>
<td>Mini Cheer Half Time Performance</td>
</tr>
<tr>
<td>October 3</td>
<td>First Schneider Scottie Jiu Jitsu Class</td>
</tr>
<tr>
<td>October 5</td>
<td>LAST Scottie Dash Collection Day</td>
</tr>
<tr>
<td>October 6</td>
<td>Robotics 3:00pm in K8 MPR</td>
</tr>
<tr>
<td>October 8</td>
<td>FES Individual Picture Day</td>
</tr>
<tr>
<td>October 10</td>
<td>Homecoming/Spirit Week</td>
</tr>
<tr>
<td>October 10</td>
<td>Robotics 3:00pm in K8 MPR</td>
</tr>
<tr>
<td>October 11</td>
<td>Chess Club Begins! 3:00pm</td>
</tr>
<tr>
<td>October 12</td>
<td>Robotics 3:00pm in K8 MPR</td>
</tr>
<tr>
<td>October 13</td>
<td>Homecoming Game!</td>
</tr>
<tr>
<td>October 20</td>
<td>Conference Scheduler Opens</td>
</tr>
</tbody>
</table>

Sports, Activities, Clubs and Meetings

Please see the following attachments for information about sports, activities and clubs:
- Scottie Dash Donation Form
- Schneider Scottie JiuJitsu
- Chess Club
- Max Casto Fundraiser
- PTSG Membership Form
- Veterans of Foreign Wars Youth Essay Contest! (Turn into office by October 23rd)

Update Student Information on Family Access

Please have your student’s information updated ASAP! Deadline is September 30th. Even if your information hasn’t changed, you still need to log in to Family Access and go through the process. It is imperative to have all Family Contacts, Health Information, Emergency Contacts, etc. updated.

WE ARE HERE TO HELP!
If you need help navigating Skyward and missed our Skyward Parent Meeting, please reach out to the Elementary Office. We are happy to help you with login issues or questions regarding the steps to complete this process. You will stop getting calls, voicemails and e-mails as reminders once you have completed the forms! THANK YOU!

Homecoming/Spirit Week

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>October 9</td>
<td>No School! (Professional Development)</td>
</tr>
<tr>
<td>October 10</td>
<td>PJ Day or wear BLUE</td>
</tr>
<tr>
<td>October 11</td>
<td>Twin Day or wear PINK</td>
</tr>
<tr>
<td>October 12</td>
<td>Jersey/Sports Day or wear RED</td>
</tr>
<tr>
<td>October 13</td>
<td>Scottie Spirit Day!</td>
</tr>
</tbody>
</table>

Max Casto Fundraiser

Friday, October 13, 2023
Please join us at our Homecoming Game! Enjoy some football, food and community while supporting a Freeman Alum! Please see attached flyer with information about how to support Max Casto during our Homecoming Game!

New Year, New Gear

Get some new Scottie Gear through Game One! A portion of the proceeds go to PTSG!
Freeman All-School Spirit Wear Custom Apparel and Merchandise - Game One (game-one.com)
SCOTTIE DASH SUCCESS!
The Scottie Dash was a success! Thank you to all of our staff and volunteers! Great job to the kids and families for raising money for our ASB and PTSG! We started the day off with an All Staff picture in our new Scottie Dash t-shirts. Our High School football players welcomed our students as they arrived at school today! The weather was great and the kids did a great job moving around the track! They got a stamp for each lap. Look out for more information and photos from the Scottie Dash next Friday!

PTSG!
Meetings are the second Wednesday of the month from 5:30pm-6:30pm in the FES Community Classroom. Next meeting is October 11th. PTSG is a great way to get involved in fun activities at the school. You can become a part of the board or become a member! Check out the next meeting to see how you can get involved. See attached PTSG Membership Form. Complete the attached form and bring it in with your membership fee to either the Middle School office or the Elementary School office. If you need a hard copy of a form, please come into the office and we can give you one or let us know and we will send one home with your student!
3rd Grade Field Trip!

Last week our 3rd graders took their annual field trip to the town of Rockford. How fun to learn about our local community! In our Social Studies curriculum, we are learning about goods and services. On this field trip we were able to learn what types of goods or services (or both) these businesses provide for our community. While we were there, we also learned about fire safety. A special thanks goes out to our parent chaperones and our local businesses who allowed for us to learn outside of our classroom.

Lots of fun for the 3rd grade classes to visit the Rockford Fire Department!

Mrs. Dexter’s and Mrs. Jensen’s classes learning about the history of Rockford in the Rockford Museum.
Elementary students did art projects and entered them into the fair! Some were completed in STEAM with Mrs. A-R, while some were done in their classrooms. Either way, they all turned out great! We love seeing all of the ribbons and their hard work paying off. They all did a great job!

FAIR Fun and FAIR Art!!!

Bridger Ramsey (left) and Sawyer Seehorn (right) each took home medals in the Soap Box Derby at the Rockford Fair!

Kalia De Peralta (3rd-Dexter) took home the trophy for poultry herdsmanship, and her hen “Brownie”, a 5.5 month old Isa Brown breed, won Best Of Show at the Rockford Fair!
Lost and Found
With the change of season comes cold mornings where a jacket or sweatshirt is needed, then warm afternoons where those layers come off and are forgotten. Please check with your child regarding their clothing items they bring in the morning to make sure they return home with them. Our Lost and Found is filling up quickly. It is also helpful if these clothing items are labeled. It makes it much easier to find their owners!

After School Expectations
- All students are presumed to be riding their assigned bus, unless other arrangements have been made in advance.
- Notes to change bus plans may be sent to school with your child who should give them to their teacher. The office will collect them and return them to the students at the end of the day.
- Phone calls to change the after-school plans are requested by 2:00 pm. the day of the change.
- Students may not go to after-school sports of siblings unless they have supervision in the time before it starts and during the activity.
- Students present after school should not prop open school doors.

All of these rules are in place for the students’ safety. We appreciate your cooperation!

### October BREAKFAST

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td>Breakfast Cookie ~ Cereal &amp; Goldfish ~ Craisins ~ Juice Variety ~ Chocolate Milk ~ White Milk</td>
<td>Churro ~ Cereal &amp; Goldfish ~ Craisins ~ Juice Variety ~ Chocolate Milk ~ White Milk</td>
<td>Breakfast Pizza ~ Cereal &amp; Goldfish ~ Craisins ~ Juice Variety ~ Chocolate Milk ~ White Milk</td>
<td>Waffle WG ~ Cereal &amp; Goldfish ~ Banana ~ Juice Variety ~ Chocolate Milk ~ White Milk</td>
<td>Cinnamon Roll w/icing ~ Cereal &amp; Goldfish ~ Banana ~ Juice Variety ~ Chocolate Milk ~ White Milk</td>
</tr>
<tr>
<td>9</td>
<td>No School! Enjoy your day off!</td>
<td>10</td>
<td>11</td>
<td>12</td>
</tr>
<tr>
<td>13</td>
<td>13</td>
<td>13</td>
<td>13</td>
<td>13</td>
</tr>
</tbody>
</table>

### October LUNCH

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td>Hot Dogs ~ Alternate Lunch ~ Chocolate Milk ~ White Milk</td>
<td>Chicken Alfredo ~ Bread Sticks ~ Chicken Caesar Wrap ~ Alternate Lunch ~ Chocolate Milk ~ White Milk</td>
<td>Chicken Drumstick ~ Dinner Roll WG ~ Alternate Lunch ~ Chocolate Milk ~ White Milk</td>
<td>Cheesy Calzone ~ Turkey Sandwich ~ Alternate Lunch ~ Chocolate Milk ~ White Milk</td>
<td>Chicken Burger ~ Alternate Lunch ~ Baked Beans ~ Chocolate Milk ~ White Milk</td>
</tr>
<tr>
<td>9</td>
<td>No School! Enjoy your day off!</td>
<td>10</td>
<td>11</td>
<td>12</td>
</tr>
<tr>
<td>13</td>
<td>13</td>
<td>13</td>
<td>13</td>
<td>13</td>
</tr>
</tbody>
</table>

Freeman School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, russell@freemansd.org, (509) 291-3695, 15001 S Jackson Rd. Rockford, WA 99030 (Updated 2021)
2023 Scottie Dash

PLEDGE FORM

Pledges for (student name) _______________________________________________________

Grade_____ Teacher________________________________________

On Friday, September 29, 2023 I will be participating in the Freeman School Fun Run. I will have 30
minutes to complete as many laps as possible around the high school track. This fundraiser supports the
Associated Student Body of Freeman Elementary and Middle Schools and the Freeman Parent, Teacher,
Student Group (PTSG). Both groups’ goals are to support student activities, playground updates,
assemblies, fieldtrips and much more. The money raised through this fundraiser benefits all K-8
students. I hope you can help by sponsoring me.

Please make checks payable to the Freeman PTSG.

<table>
<thead>
<tr>
<th>Sponsor Name</th>
<th>Phone Number</th>
<th>Donation Amount</th>
<th>Total Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Thank you for supporting the Freeman EL/MS ASB and the Freeman PTSG!

Business/Corporate Sponsorship Details on the Back!
At Freeman Elementary and Middle School, we strive to create an environment where our students can develop academically, socially, and physically. In order to provide a well-rounded educational experience, we believe that community events, extracurricular activities and sports play a vital role in fostering teamwork, discipline, and personal growth among our students.

Each year we organize an annual fundraising event called the "Scottie Dash." This event is not only a fun-filled day for our school community, but also a significant source of financial support for the ASB (Associated Student Body) and PTSG (Parent, Teacher, Student Group). The funds raised through the Scottie Dash, sale of ASB cards and donations directly contribute to the success of various TK-8 student activities and programs: Assemblies, Craft Fairs, Dances, Missoula Children’s Theatre, Math is Cool, Class Retreats, Robotics and Sports- equipment, officials and uniforms.

By sponsoring our event, you will not only be investing in the development of our students, but will also demonstrate a commitment to supporting the growth and well-being of the local community. We offer various opportunities to support the Scottie Dash:

- Sponsor Individual Students for Participation- students earn incentives
- T-shirt Sponsor - $250 Company/Organization logo on event t-shirt
- Corporate - $500 logo on t-shirt and event documents/advertising
- Flat Donation- anything is appreciated!
- Incentive Donations – Company/Organization coupons, student incentives
  
  (Past prizes have included technology items, bikes, etc.)

To confirm your sponsorship commitment or to discuss any details further, please feel free to contact, Jim Straw, at jstraw@freemansd.org or Mike Allen at mallen@freemansd.org.

Additionally, we would be delighted to invite representatives to join us on, Friday, September 29, 2023, for the Scottie Dash.
SCOTTIE JIUJITSU

JOIN MR. SCHNEIDER FOR JIUJITSU CLASS IN THE K-8 MPR

KIDS CLASS
MONDAY
5-6:30 PM

BEGINNERS WELCOME

ADULTS CLASS
MONDAY
6:30-8 PM

$60 PER MONTH TO SIGN UP CONTACT ZACK SCHNEIDER @ SCOTTIEJIUJITSU@GMAIL.COM
Freeman School
CHESS CLUB

Sign up for Autumn 2023 ~ Grades 2-8

AFTER SCHOOL ~ Wednesdays 3:00 to 4:00 PM
9 Weeks ~ Oct 11, 18, 25 Nov 1, 8, 15, 29 Dec 6, 13

Professional chess coaches Jack Johnson and Debbie Hawley provide 15 minutes of lectures, exercises, or videos, then directs tournament play. Students compete in chess club tournament for awards. The chess club also competes in regional tournaments held on Saturdays; see schedule: www.inlandchess.org Qualifying students are encouraged to attend the WA State Scholastic Chess Championship in Tri-Cities, WA May 4, 2024.

Chess registration of $90 includes: Registration form below.

Tuition provides: A. coaching fees, B. coaching supplies, C. end of semester awards, D. insurance, coach development, and administration costs. Note: Inland Chess Academy does not contact children directly by phone, text, or email.

Parents are encouraged to attend chess club to learn and play ~ Free of charge.

Registration for Freeman School Chess Club ~ Autumn 2023

Student's name: _______________________________ Grade ____ New to Chess Club? ____

2nd Student's name: _______________________________ Grade ____ New to Chess Club? ____

Chess Skill: ___ Beginner ___ Intermediate ___ Advanced Played in tournament? __Yes __No

ALLERGIES and/or SPECIAL ISSUES:

IMPORTANT: As required by school and insurance policy, parents are required to pick up students on time and must sign the check-out registry. Coaches have other teaching obligations and must not be delayed. Non-parental pick-up must be confirmed in writing. Alternate arrangements: ___Walk home ___Walk out to parking lot.

Parent: ______________________________________ Phone: _________ eMail: ____________________________
(or Guardian)

Parent: ______________________________________ Phone: _________ eMail: ____________________________
(or Guardian)

Address: _______________________________ City ________________ WA ZIP ____________

___ $90 Chess club tuition for 9 weeks. Installment payments are accepted. Scholarships are available.
___ $15 OPTIONAL tournament style chess set for study and play at home.
___ $18 OPTIONAL Annual subscription to www.chesskid.com a child safe study and play website.
___ $24 OPTIONAL Annual subscription to Chess Magnet School, a child safe study website.

Pay total: $ _____ Make check payable to Inland Chess Academy. Leave check and registration form at school office, mail to Inland Chess Academy office, or bring them to first day of Chess Club.

Inland Chess Academy ~ Licensed, insured WA state non-profit, 501c3, educational organization.
920 N. Argonne Rd., Suite 120, Spokane Valley, WA 99212 509-822-9800
chess@inlandchess.org www.InlandChess.org facebook.com/inlandchess
NOTICE to PARENTS: Scientific research proves the study of chess enhances academic performance, increases overall brain functions, and builds positive behavior. In order for students to realize the enormous benefits of chess, daily study is required. Research shows that a minimum of 20 minutes of daily study yields significant academic and behavioral benefits. Inland Chess Academy offers two optional child-safe websites programs for home study: Chess Magnet School and ChessKid, at discounted prices. Also available are home study workbooks. Please support chess study at home.

Contact chess@inlandchess.org or phone 509-822-9800

The Inland Chess Academy's curriculum is built on research proven methods developed by chess masters and educators, and recommended by the United States Chess Federation (USCF).

Beginner - Beginners learn and demonstrate the basics of chess play, chess rules, and etiquette.

Intermediate - Students learn algebraic notation, playing with a clock, an understanding of strategies for opening a chess game, major tactical techniques, and basic endgame theory.

Advanced - Students develop advanced competitive strategies including an opening repertoire, positional strategies, tactical combinations, endgame play, and methods of applying sport psychology to their games.

All students gain knowledge of chess history, chess news, and grow their appreciation of chess. Students are encouraged to play in regional and state tournaments for individual and team awards. Tournament schedule: www.InlandChess.org

The Inland Chess Academy is building a vibrant chess community:

~ Regional tournaments for students and parents, twice monthly on Saturdays.
~ Camps on holidays, spring break, and during summer.
~ Tutoring and special interest study groups.

"Chess is the only activity for our youth where they are expected to sit quietly and think long thoughts."

Inland Chess Academy An insured and licensed 501c3 WA non-profit educational organization.

920 N. Argonne Rd., Suite 120, Spokane Valley, WA 99212 509-822-9800

chess@inlandchess.org  www.InlandChess.org  facebook.com/inlandchess
Max, a Freeman High School Alumni who dedicates his free time by volunteering to serve anywhere he is needed in the Freeman District, has a heart of gold. He had a medical emergency while out of state on the Fourth of July weekend that ended with being life-flighted, intubated, and in the ICU for many days. Medical bills are stacked high. The Freeman community is going to rally behind him and throw a tailgate party, which all proceeds will go directly to Max for his medical bills.

**RAFFLE**

Thanks to some wonderful members of the community we have awesome donations to be raffled off. You’re not going to want to miss it!

**Prizes Include:**

- (2) Gonzaga Men’s Basketball Tickets
- (1) painted room by Paintagonia
- (1) hour long family photo session with Konzal Photo
- (1) load of gravel from Integrity Excavation
- Items from the Golden Gem Mercantile

...and so many more!
**2023-2024 PTSG Membership Form**

Parent Name(s) ____________________________________________________________

Email(s): __________________________________________________________________

Best Phone #: ______________________

Family Membership $30 Staff Membership $30 Business Membership $60

<table>
<thead>
<tr>
<th>Student(s) Name(s)</th>
<th>Grade for 2023-2024</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please make checks payable to Freeman PTSG.
All membership dues directly support Freeman students.

**PTSG Use Only:**  Check/Cash______  Received By:______
VETERANS OF FOREIGN WARS AND ITS AUXILIARY
DEPARTMENT OF WASHINGTON

Youth Essay

Official Entry Form
Youth Essay Program Grades 3-4-5
2023 - 2024

THEME: "What does the word "Veteran" mean to you?"

Grade Level: ____________ Word Count: ____________

Date Due to Sponsoring Post/Auxiliary: October 31st

PLEASE NOTE: This entry form must be completely filled out and accompany the essay.

PLEASE PRINT OR TYPE:

Students Name: ____________________________ Phone Number: _______________

Address: ________________________________

Parent or Guardian Name: __________________________ Parent email: _______________

Parent or Guardian Signature: __________________________ Parent Phone: _______________

To be completed by person instructing student

Instructor's Name ________________ location ________________

Address of School or Home ________________ To be completed by Post/Auxiliary

Name & Number of Sponsoring Post/ Auxiliary: ________________________________

Address: ________________________________

Chairman's Name: ____________________________ District Number: ________

NOTE: ALL SECTIONS MUST BE COMPLETED AT THE POST/AUXILIARY LEVEL

Disclaimer Notice:
The district does not sponsor this event/activity/ offer and the district assumes no responsibility for it. In consideration for
the privilege to distribute these materials, the School District No. ________ shall be held harmless
from any cause of action filed in any court or administrative tribunal arising out of the distribution of these materials,
including all costs, attorney's fees and judgments or awards.
1. Participants must compose their own essay.

2. The essay must be clearly handwritten, typed or computer prepared.

3. Judging will be under the guidance set by the Veterans of Foreign Wars. Judging will include 30 points for addressing the theme, 30 points for clarity of Ideas, 40 points for Theme Development.

4. Since this program is completely voluntary, a student does not have to go through his/her school to participate. Any student from any school in the State of Washington may enter the program by contacting a local Post or Auxiliary for rules and Official Entry form. Home Schooled students are also eligible.

5. A copy of the Official Entry form must accompany the essay. All sections of the official entry form MUST be completed at the Post/Auxiliary level. Entry forms MUST be signed by a parent.

6. All essays become the property of the Veterans of Foreign Wars, Department of Washington. If copies are desired, you must make your own. Chairman will not return essays.

7. The contest begins at the start of the school year.

8. Length: Not to exceed 250 words.

9. Student's Name, City, or School MUST NOT be on the essay, only on the entry form.

10. Essay must stay within the prescribed subject matter and there can be NO added color or artwork.

11. Essays written in poem form will not be accepted.

12. The Post or Auxiliary sponsoring the school MUST do the judging at the local level.

**Essays due to local Post/Auxiliary by: October 31**

Any Essay not received by the deadline will not be accepted.

Please submit 1 winner for every 15 entrees for 3rd grade, 1 winner for every 15 entrees for 4th grade, and 1 winner for every 15 entrees for 5th grade to your District for judging by Nov. 15th.