

FREEMAN ELEMENTARY SCHOOL

SCOTTIE SCOOP

November 3, 2023

Let's Get Involved!

Please see the following attachments for information about sports, activities, clubs, meetings, volunteer opportunities and important information:

- Regal Cinema Toys for Tots Donations!
- Learn to Play Hockey
- District Wide Food Drive
- 4th Grade Float Team
- HS Blood Drive
- Promise Soap Fundraiser (Class of 2027)
- Red Robin Fundraiser
- PTSG Craft Night Volunteers
- Robotics Volunteers Needed
- Opt In to Text Message from SD
- Balanced Calendar Info
- PTSG Membership Form

Year Around Scottie Gear!

Get some new Scottie Gear through Game One! A portion of the proceeds go to PTSG!

[Freeman All-School Spirit Wear Custom Apparel and Merchandise - Game One \(game-one.com\)](http://freeman.all-school-spirit-wear-custom-apparel-and-merchandise-game-one.com)

WSU Teacher of the Game

Our very own Sharron Aune-Ruland was recognized as the WSU Teacher of the Game. Her cousin Jeremy Daniel nominated her. He, his son Nash and another former student, Troy joined her for the game. They have all been students of Mrs. A-R. We are so lucky to call her our own!



Important Dates

November 13-17	Food Drive
November 13	Jiu Jitsu 5:00 & 6:30 in K8 MPR
November 14	Robotics K8 MPR
November 15	Chess Club
November 15	Robotics K8 MPR
November 16	Robotics K8 MPR
November 17	4th Grade Float Essays Due!
November 21	Freeman HS Blood Drive
November 22	Early Release 12:30
November 23-24	Happy Thanksgiving!! No School
November 29	Late Start 10:15am
November 29	Board Meeting at 6:00 K8 MPR
November 30	Red Robin Fundraiser

4th Grade Freeman Float

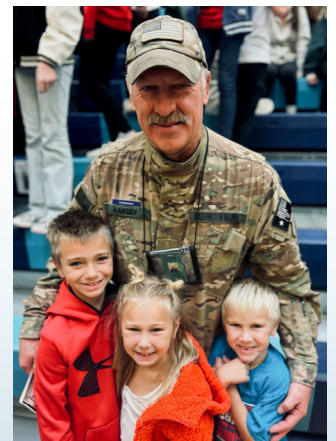
Hey 4th Graders!

If you are interested in being a part of the Freeman Float team, the essays are due on November 17th. If you have any questions, please call Susan Pray at 509-347-6062. See attached Permission Slip and essay sheet to complete. Or have your student come



Veterans Day Breakfast and Assembly

Thank you to our Veterans and community members for attending our Veterans Day Assembly. A special thanks to Dennis Schuerman, Mr. Moore, our Leadership Class, Mrs. Aune-Ruland, teachers, choir students and Elementary students for all of the hard work you put into the Veterans Day Assembly. All of your hard work paid off and the assembly was amazing!



PTSG Membership!

Meetings are the second Wednesday of the month from 5:30pm-6:30pm in the FES Community Classroom. Next meeting is November 8th. PTSG is a great way to get involved in fun activities at the school. You can become a part of the board or become a member! Check out the next meeting to see how you can get involved. See attached PTSG Membership Form. Complete the attached form and bring it in with your membership fee to the Elementary School office. If you need a hard copy of the form, please come into the office and we can give you one or let us know and we will send one home with your student!

NOVEMBER BREAKFAST

13	Scone Berry ----- <u>Cereal & Goldfish</u> ----- Juice Variety Craisins Chocolate Milk White Milk	14	Breakfast Pizza ----- Cereal & Goldfish ----- Juice Variety Chocolate Milk White Milk ----- Gala Apple	15	Mini Filled Bagel ----- Cereal & Goldfish ----- Juice Variety Fresh Orange Chocolate Milk White Milk	16	Banana Bread ----- Cereal & Goldfish ----- Juice Variety Banana Chocolate Milk White Milk	17	Cinnamon Roll w/Icing ----- Cereal & Goldfish ----- Juice Variety Pear Chocolate Milk White Milk
20	Garlic Cheese Bread ----- Cereal & Goldfish ----- Craisins Juice Variety Chocolate Milk White Milk	21	Dutch Waffle ----- Cereal & Goldfish ----- Juice Variety Gala Apple Chocolate Milk White Milk	22	Early Release ----- Mini Filled Bagel ----- Cereal & Goldfish ----- Juice Variety Fresh Orange Chocolate Milk White Milk	23	No School! Enjoy your day off!	24	No School! Enjoy your day off!

NOVEMBER LUNCH

13	Sloppy Joes ----- Alternate Lunch ----- Chocolate Milk White Milk	14	Chicken Alfredo Bread Sticks ----- Chicken Caesar Wrap ----- Alternate Lunch ----- Chocolate Milk White Milk	15	Pepperoni Pinwheel ----- Alternate Lunch ----- Chocolate Milk White Milk	16	Hot Dogs ----- Turkey Sandwich ----- Alternate Lunch ----- Chocolate Milk White Milk	17	Chicken Burger ----- Alternate Lunch ----- Baked Beans Chocolate Milk White Milk
20	Pepperoni Pizza Cheese Stuffed Crust ----- Alternate Lunch ----- Chocolate Milk White Milk	21	Turkey Gravy Mashed Potatoes Dinner Roll WG ----- Turkey Sandwich ----- Alternate Lunch ----- Chocolate Milk White Milk	22	Turkey Sandwich ----- Alternate Lunch ----- Chocolate Milk White Milk ----- Early Release	23	No School! Enjoy your day off!	24	No School! Enjoy your day off!

Freeman School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, rrussell@freemansd.org, (509) 291-3695, 15001 S Jackson Rd. Rockford, WA 99030 (Updated 2021)

Come to **Regal Spokane Valley** and donate any new, unwrapped toy for



You will be entered for your chance to win
a \$300 Regal Gift Card!

Enough for a 1 year subscription to
Regal Unlimited.

**Donations will be accepted from
November 10 – December 10, 2023.**

One entry per toy donation.

Please provide your name and phone number to be contacted if you win.
Winner will be contacted via phone on December 12th.

You can bring the toys into either the Elementary School Office or directly to
the Spokane Valley Regal Cinema (no movie ticket purchase necessary).





TRY HOCKEY FOR FREE

SATURDAY, NOVEMBER 11, 2023 | 12:30 - 3:00 PM | SPOKANE ARENA

****GIRLS ONLY**** 1:00 - 2:00 PM | **CO-ED** 2:00 - 3:00 PM

REGISTER AT: [BIT.LY/TRYHOCKEY1123](https://bit.ly/tryhockey1123)

2023 FOOD DRIVE



The 2023 Food Drive will be a district-wide effort, with a goal of raising 3,000 pounds of food!

When: November 7th - November 17th

**Donation: HS & Elem - North Palouse Food Bank
MS - Fill the Gap**

Basics: Our goal is to gather over 3,000 pounds of non-perishable food as a school district!
(Top Ramen, corn & beans are welcomed, but please keep this to a minimum - they have a lot of these)



Providing food to families in our community for the holiday season!

Do your part to help someone in need this holiday season!

FREEMAN COMMUNITY FLOAT ESSAY CONTEST PERMISSION FORM

☐ Yes, my child has my permission to enter the essay contest.

☐ Yes, if my child's essay is chosen as a winning essay, I will commit to the production of the float. I understand this may include evenings of planning meetings and several hours of my time to build, staple, hot glue, duct tape, make costumes, shopping for supplies, electrical work, and other construction projects the float may require.

☐ Yes, if my child is chosen, he/she will be available for the parades and wear the appropriate costume that supports the theme of this year float. (yet to be determined)

☐ Yes, I give my child permission to be photographed for local newspaper articles and permission to be seen on TV should the Spokane Lilac Parade be televised.

☐ Yes, if my child is chosen, I will work 1 or more shifts preparing and selling root beer floats at all winter choir and band concerts.

☐ Yes, if my child is chosen, I will work 1 or 2 shifts in the food booth at the SE Spokane county fair.

Parent Signature _____ Parent name printed _____

Child's Name _____ Phone # _____

Email _____ Address (opt) _____

Teacher _____

Coordinator Susan Pray

509-347-6062

suelpray@gmail.com

☐ 2 car washes during the summer.

FREEMAN COMMUNITY FLOAT ESSAY

WHY WOULD YOU LIKE TO RIDE ON THE FREEMAN COMMUNITY FLOAT

Essays are due to your teacher by November 17th

Don't forget to make sure your name is on the paper and your parents signature

BLOOD DRIVE

Because of you, life doesn't stop.



FREEMAN HIGH SCHOOL BLOOD DRIVE

TUESDAY, NOV. 21ST
8:30AM – 12PM

SIGN
UP
HERE!



To make an appointment:



APPOINTMENTS
are encouraged.



Ask us how you can
POWER UP your donation.

#BecauseofYou, the future of our nation's blood supply is being built today. As our most loyal and frequent blood donors become older, young people are the future of our nation's blood supply; the future of ensuring blood is available for every patient in need.

**16 and 17 year old donors
– Please fill out a parent
permission form before
the blood drive.**

SCAN QR
code or visit
Vitalant.org



CALL
877-258-4825
877-25-VITAL



Use the
**VITALANT
DONOR APP**



vitalant.
Blood Donation

CLASS OF 2027 BOOSTER FUNDRAISER



Support the Class of 2027 by purchasing organic, foaming hand soap and sustainable glass bottles with your choice of:

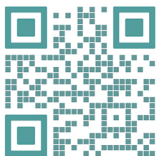
- CITRUS
- LAVENDER
- EVERGREEN
- UNSCENTED



Up to 35% of purchase price goes directly to the Class of 2027 Senior All-Nighter!

Fundraiser Dates: November 6-27

ORDER TODAY!



Start a soap subscription with a Welcome Kit or order one of the Gift Boxes. Great for every home and a perfect gift for the holidays!

Scan the QR code and enter FREEMAN2027 at checkout

-or-

Use the link below to automatically apply the code at checkout

<https://www.promisesoap.com/discount/FREEMAN2027>

Enter your STUDENT'S NAME in the NOTES FIELD at checkout for easy pickup! Every student with two or more subscriptions assigned to their name at checkout will receive a Freeman cinch sack!

All orders will be delivered to the school within two weeks once the fundraiser ends, just in time for the holidays! Evening pickup times will be made available for students with several orders.



With every subscription purchased, The Promise Soap Company will give us a bottle of soap! Help us reach our goal to provide a bottle of soap for every Teacher and Staff at Freeman High School!

*If ordering a subscription the initial order purchased during the fundraiser will be delivered to the school, all future subscription orders will be shipped to the address entered during checkout.

BETTER SOAP FOR A BIGGER PURPOSE

Red Robin® will give

**20% OF FOOD SALES*
BACK TO**

FREEMAN SCHOOL DISTRICT #358

**Show this flyer or simply mention the fundraiser to
your server to have your sales counted.**

FUNDRAISER DETAILS

14736 East Indiana Ave., Spokane, WA 99216

November 30, 2023*

If ordering online, please follow these instructions:

- 1** Start your order at order.redrobin.com and select the restaurant above.
- 2** In the menu, go to the category labeled "Fundraisers (To-Go Only)" and click on that item.
- 3** Click the "add" button, and then "add to bag."
- 4** Add your meal items and check out.
- 5** Arrive at Red Robin, come in, say hi, grab your food and be on your way! If your location has curbside pick-up, we can bring it to your car too!

*Fundraiser during restaurant operating hours. Visit redrobin.com and find this location to view hours. Donation based on all eligible net dine-in and to-go food sales only. Excludes sales from catering (at select locations), 3rd party ordering and delivery sites, alcohol, gift cards, retail, tax and gratuity. Offer void if flyer is distributed in or near the restaurant during fundraiser day & hours.





JOIN FREEMAN PTSG FOR

Kids Holiday Craft Night

FRIDAY, DECEMBER 8

4:30- 6:30 PM

FREEMAN K-8 MPR



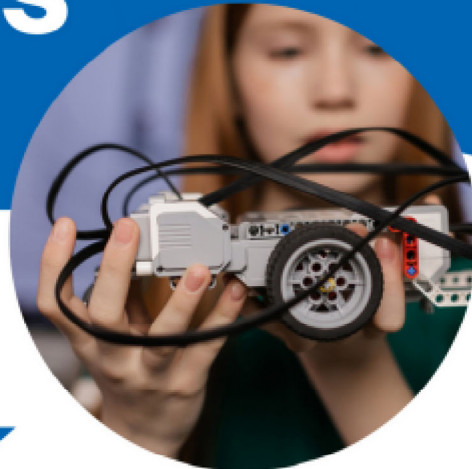
WANT TO HELP KIDS CREATE A CRAFT?

Volunteers Needed to Host a Table!

\$150 reimbursement available per table

Email kristinlclerget@gmail.com

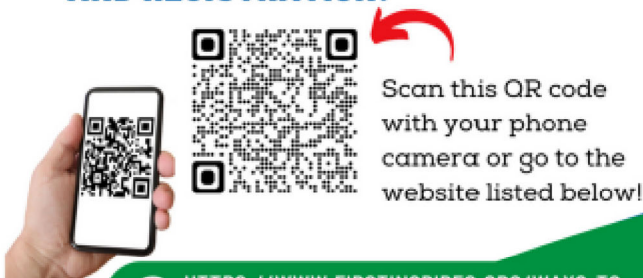
Volunteers Needed



We need help with:

We need engineers, teachers, students and people who understand the importance of teamwork. Previous experience is not required and training is available both online and in person the day of the event. This is a fun, energy-filled, exciting day with students aged 9-14 yrs who are engaging with the FIRST program to build science, engineering and technology skills.

SIGNUP, VOLUNTEER SCREENING, AND REGISTRATION:



Scan this QR code with your phone camera or go to the website listed below!



[HTTPS://WWW.FIRSTINSPIRES.ORG/WAYS-TO-HELP/VOLUNTEER/HOW-TO-REGISTER](https://www.firstinspires.org/ways-to-help/volunteer/how-to-register)

BENEFIT:

- Food is provided
- Free Volunteer Tshirt
- Inspire and build excitement with local youth about STEM!



Saturday, December 9th &
Sunday, December 10th, 2022
7:30am-4:00pm



Freeman Middle School,
15001 S Jackson Rd, Rockford,
WA 99030

REGISTRATION DEADLINE:

December 7th

PEOPLE NEEDING ACCOMMODATION SHOULD CONTACT

- ✉ Molly.z@comcast.net or
- ✉ lorna.kropp@gmail.com

SMS Text Opt-In



Parents and Guardians

You can take advantage of our Text Messaging Service

Our school utilizes the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings, safety alerts and more.*

You can participate in this free service* just by sending a text message of "Y" or "Yes" to our school's short code number, 67587.

You can also opt out of these messages at any time by simply replying to one of our messages with "Stop".

SchoolMessenger is compliant with the [Student Privacy Pledge™](#) so you can rest assured that your information is safe and will never be given or sold to anyone.



**Opt-In from
your mobile
now!**



**Just send "Y"
or "Yes" to
67587.**

Information on SMS text messaging and Short Codes: SMS stands for Short Message Service and is commonly referred to as a "text message". Most cell phones support this type of text messaging. Our notification provider, SchoolMessenger, uses a true SMS protocol developed by the telecommunications industry specifically for mass text messaging, referred to as "short code" texting. This method is fast, secure and highly reliable because it is strictly regulated by the wireless carriers and only allows access to approved providers.

If you've ever sent a text vote for a TV show to a number like 46999, you have used short code texting.

*Terms and Conditions: Message frequency varies. Standard message and data rates may apply. Reply HELP for help. Text STOP to cancel. Mobile carriers are not liable for delayed or undelivered messages. See schoolmessenger.com/tm for more info.



Balanced Calendar Q&A

This Q&A was compiled from the Freeman Balanced Calendar Committee work and the Office of Superintendent of Public Instruction Balanced Calendar Information page.

Background

In Washington State, a school year lasts 180 days. Students have a few short breaks along the way and a long break in the summer. Many students experience a loss of learning and continuity during the extended break. Students with consistent access to enriching activities throughout the year are more successful in school (Pedersen, 2016). How can we increase access to these enriching activities for more students? How can we prioritize student and staff mental health? One potential solution is a “balanced calendar.”

Questions & Answers

What is a balanced calendar?

Instead of concentrating 180 school days into nine months, a balanced calendar spreads them throughout the year, including traditional Thanksgiving, Christmas, Spring Break, and Summer Breaks. Schools may use the breaks to host “intersessions,” where they can provide additional learning enrichment experiences.

Does it work?

Schools that follow a balanced calendar tend to have higher achievement scores (Pedersen, 2016). A traditional summer break lasts 10 to 12 weeks, compared to 7-9 weeks in a balanced calendar. Shorter breaks mean more consistent student-teacher partnerships and less learning disruption. Students need less review time at the beginning of the new school year, so there is an embedded opportunity to expand the curriculum and learning experiences.

Does it mean more school?

Balanced calendars keep the same number of school days as traditional calendars, but they add flexibility. With input from surveys and site visits, the Freeman Balanced Calendar Committee and school leaders drafted a calendar to fit what was best for the Freeman community.

Teachers who work in a balanced calendar have reported that it is easier to plan instruction in shorter chunks between breaks rather than for an entire semester (Pedersen, 2016). In addition, ending the first semester, trimester, or second quarter before winter break creates more energy and readiness for students and teachers when they return (Hasser & Nasser, 2005).

How does a balanced calendar affect students...

...in foster care or experiencing homelessness?

Students in foster care or experiencing homelessness are eligible to receive support through several state and federal programs. These students often have disruptions in their education, making it difficult for them to be on target for graduation. A balanced calendar can provide additional opportunities for credit accrual and recovery and interrupt the effects of cumulative learning loss in developing individual school graduation plans.

...with disabilities?

Students with disabilities may not have access to highly specialized resources (occupational therapists, physical therapists, speech and language specialists, and adaptive equipment) during long summer breaks. Transition services, such as job shadows, can occur during intersessions without taking the student out of classroom instruction. When interventions occur at the end of each summative period, there is evidence of reduced students needing Individualized Education Programs (IEPs) or qualifying for special education services over time (Smith, 2011; Evans, 2007).

...in off-campus school programs?

For students in Running Start or learning a trade, students, and parents are responsible for their local University, Community College, and Skill Center calendars for potential impacts on students participating in those programs part-time.

...in advanced programs, like AP?

A balanced calendar can provide an opportunity for involvement in special projects and targeted learning opportunities. The balanced calendars will consider the testing schedules for Advanced Placement.

Does it affect high school credits and graduation requirements?

State graduation requirements remain the same. Each school district is responsible for supporting every student to earn the necessary credits for graduation, meet their graduation pathway, and complete a High School and Beyond Plan.

What about Middle and High School sports?

High school athletics are often viewed as a barrier due to scheduling challenges, but conflicts can be mitigated. For decades, school districts nationwide have successfully supported interscholastic sports among schools with different school year calendars. The modern balanced calendar has ties back to the 1890s. Washington's Interscholastic Activities Association (WIAA) has successfully navigated a variety of school year calendars. Despite leadership changes, WIAA has stated its support of allowing districts to determine the right school year calendar for their students and communities.

During the Freeman Balanced Calendar committee site visits to Churchill County SD, Washoe County SD, La Mesa-Spring Valley SD, Oceanside Unified SD, and Winlock SD, Athletes, Athletic Directors, Coaches, and Administration in both Middle and High Schools did not have conflicts because of their calendars, even when the opposing district was not on the same calendar.



2023-2024 PTSG MembershipForm

Parent Name(s) _____

Email(s): _____

Best Phone #: _____

Family Membership \$30 Staff Membership \$30 Business Membership \$60

Student(s) Name(s)	Grade for 2023-2024

Please make checks payable to Freeman PTSG.
All membership dues directly support Freeman students.

PTSG Use Only: *Check/Cash*_____ *Received By:*_____