

The Scottie Scoop!



FREEMAN ELEMENTARY SCHOOL • Mrs. Phelan, Principal • OFFICE (509) 291-4791 FAX (509) 291-7339
 FREEMAN MIDDLE SCHOOL • Mr. Straw, Principal • OFFICE (509) 291-7301 FAX (509) 291-8009
www.freemansd.org • **K-8 ATTENDANCE HOTLINE** (509) 291-7425

December 14, 2018



Kindergarten Christmas Program
Wednesday, December 19, 1:50 pm
K8 MPR



Coming Up...

Dec 19 K Christmas Program, 1:50 pm,
 K8 MPR

December 20-January 2—WTR BREAK

January 8 PTSG, 1:30 pm FES
 Community Classroom



Congratulations Mrs. Romey!
 Freeman Fifth-grade Teacher

STCU & Avista

Teacher of the Month
December 2018

Nominated by Student Dawson Bickler



Congratulations Ms. Setter!
 Freeman Preschool Director

for achieving

National Board Certification!

Thank You
 to our
 Freeman
 families & friends
 who offered
 enormous support for
 our
 Tree of Giving!

Your outpouring of
 support exceeded
 our expectations!



PACE Assemblies are held five times a year to recognize one FES student per classroom, per month, who exemplifies each month's **PACE** character trait. The next assembly is set for January 28, recognizing November, December & January character traits. (Perfect Attendance is recognized in January and June in conjunction with the **PACE** Assemblies.)

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New Chess Club Winter Session Begins Jan 16



The Freeman School District complies with all federal and state rules and regulations and does not discriminate on the basis of age, sex, marital status, race, color, creed, national origin, disability, or the use of a trained dog guide or service animal by a person with a disability, sexual orientation, including gender expression or identity, veteran or military status, and provides equal access to the Boy Scouts of America and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX officer and/or Section 504/ADA coordinator: Randy Russell, Ph.D., Superintendent, 15001 S Jackson Road, Rockford, WA 99030, 509-291-3695.



SPOTLIGHT

Amy Heinen, K-4th Grade Reading Intervention Specialist



In 2016, when Mrs. Heinen shared her plans for retirement with Principal Phelan, it was apparent Freeman was losing a special part of its staff. Amy Heinen had been with Freeman since 2000, and our students benefitted from her gentle but focused teaching methods, and her skill and success in developing reading skills as part of their overall academics. With over 18 years at Freeman, Amy had a breadth of experience --teaching preschool, first and sixth grades. This allowed her to see the impacts of reading abilities from many vantage points, from the start of reading development to the transition to middle school. Instead of leaving, Freeman was fortunate when Mrs. Heinen accepted the new part-time position of Reading Intervention Specialist. She is in her first year in this role and can now consider the success of the effort to date.

Amy is pleased with the direction Freeman has taken in the last five years. She relies on the district's dedication to working together to refine pedagogical skills, and a commitment to developing strong grade-level teams, and building teams among the various grades. Freeman, as a district, also recognizes the importance of connecting with families to create a truly active learning community.

Mrs. Heinen has added advantages. Both her bachelor's and master's degrees include Special Education, and her continuing education focused on literacy and successful teaching practices. She is uniquely qualified to recognize learning styles, but also to identify students with distinctive challenges.

As Freeman's Reading Intervention Specialist, she currently serves 40 students in first through fifth grades, focusing on small groups of four to six students--mornings with the primary grades, and afternoons with intermediate students. Amy works Tuesday through Thursday and may be found at the school from 7:00 a.m. until 4:00 p.m. She wants to be at school and with her students, and it shows!

Amy's pride in her job is obvious when she experiences the joy, first-hand, of her students' success in reading. She emphasizes that every young reader is unique. Some require minimal coaching, and reading comes as easily and natural as speaking. Others need more direct teaching, and growth is slower. For either, every step forward, even the small ones, is a special celebration. Amy finds all young readers eager and curious, and is rewarded as they observe their own progress.

To determine the need for *intervention* or additional help, Freeman uses common assessment tools to monitor reading growth. *aimswebPlus™* is administered to students, first through fifth grade. The state assessment tool, Smarter Balanced (Assessment Consortium) is used in second through fifth grades. Assessments help monitor individual reading growth and provide a baseline, not only for measuring individual student growth, but also as a comparison to what is expected nationally. Each grade level team of teachers meets

and analyzes its *aimswebPlus™* and the Smarter Balanced reading scores. As a team, they identify students who may benefit from extra, focused instruction.

Amy finds it invaluable to work in conjunction with the classroom teacher to address the Common Core English Language Standards. Freeman's literacy curriculum provides a foundation from which to teach these standards, but she also uses interesting, popular literature and a variety of informational texts to ignite interest and allow students to gain needed practice from texts that are relevant to them.

No doubt, Mrs. Heinen has been part of a successful start this year. Students are receiving the support they need, and classroom teachers are grateful for the support in meeting the needs of *all* of their students. Amy finds kids most love to be active and to use their imagination, and she brings these motivators into her lessons. She is able to choose materials that appeal to the unique interests and age of each student, and specifically enjoys short power lessons that are fun and meaningful.

The primary difference in teaching a classroom, compared to focus groups, is the special aspect of a stronger one-on-one connection with students, and to be able to truly watch and listen as they practice new skills. The small groups allow her to teach what students need to practice and learn.

Freeman Elementary School uses the *Treasures* curriculum as its primary classroom reading tool, but also uses other materials that help change the pace and flow of weekly reading lessons. The goal always is mastery which requires systematic instruction and practice, both in the classroom and across grade levels.

Mrs. Heinen's daily lessons tie directly to the classroom lessons shared with her by the teachers. Lessons include practice with phonemic awareness and phonics, followed by vocabulary instruction, and then reading with focus on comprehension strategies. Writing is an important part of reading instruction, and her students love to write. These skills will help students as they continue through school and as they prepare for their futures.

Amy is grateful that Freeman is proactive in recognizing the key to reading adeptness, which is based in early intervention — first identifying the need and then providing reading support specific to that need. Freeman strongly supports reading instruction for our youngest readers.

Mrs. Heinen is confident that the program is helping students. "I know this will lower the number of students needing reading intervention in the future," Mrs. Heinen said. She invites parents to review her web page for added tips and suggestions for reading at home.
(www.freemansd.org/domain/100) Choose Teacher Pages/Heinen, Amy

IN OUR VET CENTER IN THE SPOKANE
 VALLEY I WAS IMPRESSED BY ALL
 33 LETTERS AND PICTURES YOUR
 SCHOOL SENT US. I AND (WE)
 THANK YOU ALL SO MUCH,

For someone who's proud
 of the red, white, and blue,
 who protects what's important
 and stands for what's true...

Your friends and your family
 are so proud of you!

WE ALL HAD A
HAPPY VETERANS DAY
 BECAUSE OF YOU,
 AT FREEMAN
 ELEMENTARY SCHOOL.

Barnacle Bill, VIETNAM
 USN/AFM
 I WOULD DO IT ALL AGAIN FOR
 ALL OF YOU.



**Showing gratitude to our
 Veterans!**



"Barnacle" Bill
 VIETNAM VETERAN, U.S. NAVY



**Freeman classes sent letters
 and pictures to US Veterans for
 Veterans Day. They responded
 with gratitude.**



Robotics Pride. Three teams from Freeman School District competed at the First Lego League Eastern Washington Regionals on December 8. This year's theme was *Into Orbit* and revolved around issues associated with going into orbit. Most of the team members were new to First Lego League (FLL) and they worked very hard on robot design, mission programs, problem/solution presentations and demonstrating core values. Team members ranged in age from 7 to 12 years old, and this was the first year that Freeman was represented by an all-girls team. Teams included the Astrobots (**Mikey McCormick, Josiah Kann, Rex McGowan, Riley Davis and Dylan Hansen**); Space Corn (**Bryan Bergman, Kelson Weigel, Tyler Bazar, Aiden Keatts and Henry DuMars**); and the Galaxy Girls (**Parker Teague, Gabby and Sophia Phillips, and Olivia Poso**). Special congratulations go to Space Corn for receiving the Innovative Solution Award for Eastern Washington for their project/solution surrounding space debris. The team trophy is on display at Freeman Elementary.



Notes About Chess Club Participation

NOTICE to PARENTS: Scientific studies prove the study of chess enhances academic performance, increases overall brain functions, and builds positive behavior. In order for a student to experience the enormous benefits of chess, that student must study chess. Research shows that a minimum of 20 minutes of daily study is required to cross the benefit threshold. That is why Inland Chess Academy offers a subscription to Chess Magnet School as part of the tuition (\$30 value). Please support your children in using Chess Magnet School twenty minutes each day.

The Inland Chess Academy's curriculum is built on research proven methods developed by chess masters and educators, and recommended by the United States Chess Federation (USCF). These proven methods are used by all successful chess schools.

Beginner - Beginners learn and demonstrate the basics of chess play, chess rules, and etiquette.

Intermediate - Students learn algebraic notation, playing with a clock, an understanding of strategies for opening a chess game, major tactical techniques, and basic endgame theory.

Advanced - Students develop advanced competitive strategies including an opening repertoire, positional strategies, tactical combinations, endgame play, and methods of applying sport psychology to their games.

All students gain knowledge of chess history, chess news, and grow their appreciation of chess. Students are encouraged to play in regional and state tournaments for individual and team awards. *Tournament schedule:* www.InlandChess.org

The Inland Chess is building a vibrant chess community:

- ~ Friday evening chess at its Valley Chess Center.
- ~ Regional tournaments for students and parents, twice monthly on Saturdays.
- ~ Camps on holidays, spring break, and during summer.
- ~ Tutoring and special interest study groups.

"Chess is the only activity for our youth where they are expected to sit quietly and think long thoughts." JOHN DILLI & DORAGAN, ICA

Inland Chess Academy A licensed and insured 501c3 WA non-profit educational organization.

920 N. Argonne Rd., Suite 120, Spokane Valley, WA 99212 509-822-9800
chess@inlandchess.org www.InlandChess.org facebook.com/inlandchess





FREEMAN CHESS CLUB

Sign up for Winter 2019 ~ All Grades



SCHEDULE: After School on Wednesdays: 3:00 – 4:00 pm

10 Weeks: Jan 16, 23, 30 Feb 6, 13, 20, 27 Mar 6, 13, 20

Professional Chess Coach Alex Rosenkrantz provides lectures, videos, and exercises, then facilitates tournament play. Students compete for club tournament awards. The chess club also competes against other clubs in regional tournaments held on Saturdays. Qualifying students are encouraged to enter the WA State Championship Tournament in April 2019. See tournament schedule: www.inlandchess.org

TUITION ~ \$90 for 10 weeks. Each session is one hour. *Registration form below.*

Tuition provides: **A.** coaching fees, **B.** coaching supplies, **C.** end of semester awards, **D.** school facility rental, **E.** two online subscriptions for students: Chess Magnet School, the top online chess study school, and ChessKid.com, the largest website for students to play other students...value of \$79/year, and, **F.** insurance, coach development, and administration costs.

Installment payments are accepted and limited scholarships are available.

Parents are encouraged to attend chess club to learn and play (free of charge).

Note: Inland Chess Academy does not contact children directly by phone, text, or email.

REGISTRATION Freeman School Chess Club Winter 2019

Student's name: _____ Grade _____ New to Chess Club? _____

2nd Student's name: _____ Grade _____ New to Chess Club? _____

Chess Skill: ___ Beginner ___ Intermediate ___ Advanced Played in tournament? ___Yes ___No

Allergies and/or other issues: _____

IMPORTANT: As required by school and insurance policy, parents are required to pick up students on time and must sign the check-out registry. Coaches have other teaching obligations and must not be delayed. Non-parental pick-up must be confirmed in writing. **Alternate arrangements:** ___ Express ___ Express bus ___Walk home ___Walk out to parking lot.

Parent: _____ Phone: _____ eMail: _____
(or Guardian)

Parent: _____ Phone: _____ eMail: _____
(or Guardian)

Address: _____ City _____ WA ZIP _____

___ \$90 chess club tuition. Partial payments are accepted. Scholarships are available.

___ \$12 **OPTIONAL** tournament style chess set for study and play a home.

Pay total: \$ _____ Make check payable to Inland Chess Academy. Leave check and registration form at school office, mail to Inland Chess Academy office, or bring them to first day of Chess Club.

Inland Chess Academy ~ Licensed, insured WA state non-profit, 501c3, educational organization.

920 N. Argonne Rd., Suite 120, Spokane Valley, WA 99212 509-822-9800
chess@inlandchess.org www.InlandChess.org facebook.com/inlandchess

Freeman Schools



All School Group Photo

16 x 20 print: \$20.00

8 x 10 print: \$8.00

To order a copy of the all school group photo, fill out this order form and return with cash or check payment to the school office before: 1/17



All-school Photo

ORDER FORM (DUE JANUARY 17)

Return ALL Forms to Elementary
(Both Middle & Elementary Orders)

☐

Middle School Group
Photo

☐

8 x 10 \$8.00

☐

16 x 20 \$20.00

☐

Elementary School
Group Photo

☐

8 x 10 \$8.00

☐

16 x 20 \$20.00

Student Name _____

Teacher/Homeroom _____

CASH OR CHECK ONLY

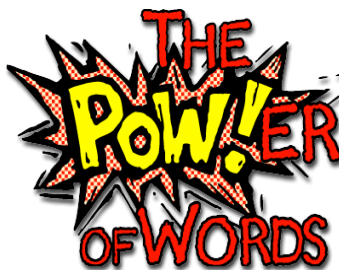
Enclosed: \$ _____



Cleaning Pine Cones for Crafts

Scrub to remove sap, bugs and dirt. To clean, soak pine cones in a large bowl with warm water and 1/2 cup of vinegar for about 30 minutes. Rinse and drain in a colander, then bake in the oven at 200°F on a foil-lined cookie sheet for about an hour. Monitor them to ensure they don't overbake and turn brittle.

(Source: Platinum Magazine, December 2018)



Terms from Literature that Became Part of our Vernacular*

Grinch. Origin of Grinch—the term was first recorded in **1965–70**; from the Grinch, name of a character created by Dr. Seuss (Theodor

Seuss Geisel) from a character in the 1957 children's book, *How the Grinch Stole Christmas*, by Dr Seuss (1904–91), US writer and illustrator, whose full name was Theodor Seuss Geisel (dictionary.com)



Scrooge is a **common English** term for a miserly person, by reference to the fictional character Ebenezer Scrooge, the selfish and miserly protagonist of Charles Dickens' 1843 novel *A Christmas Carol*. The name is thought to have been inspired by Dickens' misreading of a tombstone erected to a man with the surname Scroggie. (dictionary.sensagent.com)

Ghost of Christmas Past. The Ghost of Christmas Past is a fictional character in the well-known work '*A Christmas Carol*' by the English novelist Charles Dickens. This spirit is the second ghost, but the first *Christmas spirit*, to appear to the protagonist Ebenezer Scrooge. (Wikipedia.com)



***Vernacular**—the language or dialect spoken by the ordinary people in a particular country or region.

Crockpot Cranberry Butter

A Cranberry Version of Apple Butter

Ingredients

- 2 12-oz bags cranberries, rinsed
- 1 c. packed brown sugar
- 1 whole cinnamon stick
- 1 c. apple cider

Directions

Put all the ingredients in a crockpot and stir to combine well. Turn on high. Let it cook for about 2 hours or until the cranberries are soft.

1. Remove the cinnamon stick and puree the mixture in a food processor. Do this in two batches. Be careful as the mixture is hot. You may cover the top opening of the machine with a dish cloth. Let the machine run for a full minute to puree the cranberries very finely.
2. Force the cranberry puree through a mesh sieve or strainer. Push forcefully with the back of a spoon to get as much cranberry puree as you can. Discard the solids.
3. Pour the puree back into the crockpot. Turn the crockpot to high, and leave the lid ajar. Cook until thickened, approximately another 2 hours, stirring occasionally.
4. Put the cranberry butter into clean jars with tight fitting lids and let cool. Store in the refrigerator and consume within a month.
www.TheViewFromGreatIsland.com

Microsoft Office 365 Pro Plus for Free!

Freeman School District is providing Microsoft Office 365 ProPlus to students at no cost via the Microsoft Student Advantage program. The Microsoft Student Advantage Program allows us to provide each student with the latest version of Microsoft Office to use on their personal computers or mobile devices. Each student may install Office on up to five computers and five mobile devices. The software is free as long as you are a current student!



Free Microsoft Office Software for Students!

Installation Guide

1. Before you start, uninstall previous versions of Microsoft® Office.
2. Go to <http://portal.office.com>
3. To Login:
 - a. Students username = `firstname.lastname@goscotties.com` IE. (`john.doe@goscotties.com`)
 - b. Password = your FSD Network Computer Password
4. The page will default to the **Office** options. Click **Install Office** in top right corner.
5. Choose **Run** or **Save**.
6. The streaming installation will begin.
7. A video will display to explain the new features of Microsoft® Office 365 ProPlus. While the video plays, the installation will continue in the background. Do not go offline or restart your computer until the installation is complete.

Farm Talk ■ What is a Grain Cart & How is it Used



ow farmers haul grain in and from the field has changed and played a significant role in improving harvest speed.

Thirty years ago, three pieces of equipment were commonplace in fields during harvest—a combine, a gravity flow wagon or two, and a tractor to pull the wagons. When the combine hopper was full, the farmer would drive the combine to the end of the field, wait for the corn to unload, and then drive back across the field to continue picking corn.

While this worked well, the combine operator could spend just as much time driving to and from the wagon and unloading as they did picking corn. When the ground was dry, the wagons could be parked at the end field, relatively close to where the combine was working in the field at the time. But when the field was wet, they would have to be parked in a dry spot close to the field driveway or even on the road. Pulling a stuck wagon full of corn out of the mud never ends well, so it is best to play it safe.



While some grain farmers still use gravity flow wagons today, most do not usually unload the combine directly into wagons. Instead they use a grain cart, also called an auger cart, to bring the corn from the combine to the wagon or truck at the end of the field. Grain carts have large, flotation tires or tracks, which enable them to be easily pulled nearly anywhere in the field—even in muddy conditions. A grain cart can increase harvest efficiency by more than 25 percent because they enable the combine to keep picking corn almost non-stop.

The big benefit of using a grain cart is the ability to unload the corn from the combine's hopper into the grain cart while the combine continues to pick corn. The person driving the tractor pulling the grain cart carefully pulls up next to the combine and drives the same speed as the combine. Once their speed is matched, the

combine driver pushes a button to begin unloading corn. They both continue to drive, and in about two minutes the combine hopper is empty. The grain cart operator pulls away from the combine and the combine continues to harvest corn solo until the hopper is almost full again. After a few loads the grain cart operator drives to the end of the field and unloads it into a semi-truck or wagons.

Efficiently running the tractor and grain cart takes skill and is a fast-paced job. The cart operator always is doing something—getting grain, driving to and from the truck, or unloading grain. The operator needs to be able to think ahead and anticipate when and where they need to be. When heading across the field, they should drive to where the combine will be, not where it is now. Their goal is to keep the combine running non-stop. (Source: Iowa Ag Literacy Nov 2018)



The person driving the tractor pulling the grain cart carefully pulls up next to the combine and drives the same speed as the combine. Once their speed is matched, the combine driver pushes a button to begin unloading corn. They both continue to drive and in about two minutes the combine hopper is empty.





December Harvest of the Month Cranberries!!



Cranberries float! Cranberries can be harvested using water! The berries trap pockets of air, which causes them to float. Farmers flood their cranberry fields, known as "bogs" to harvest the cranberries because they float to the surface for easier gathering.



Cranberries are very sour!

There is very little natural sugar in cranberries, so they are often processed into juice, or a holiday favorite- cranberry sauce! Dried cranberries are also very popular.



Cranberries have lots of health benefits! They are super high in Vitamin C, which helps keep our immune systems strong to fight off getting sick. Cranberries are also really good for your heart.

Look for dried cranberries at school lunch and
breakfast!



Planning to Use a School Kitchen for a School Event?

Be sure to contact
Nutrition Services
for expectations to
ensure compliance
with Spokane
County Health
District and
Freeman School
District
requirements.

Contact
Ellen Arguinchona
(509) 291-3721

earguinchona@freemans.d.org



December

Menus are subject to change. This Institution is an equal opportunity provider.

Have a safe and warm break!

Day	Meal	Item	Price
Monday, Dec 10	Breakfast	Pancakes and Sausage	
	Lunch	Spaghetti and Meatballs Italian Breadstick Roasted Broccoli	
Tuesday, Dec 11	Breakfast	Egg McFreeman	
	Lunch	Bean and Cheese Burrito Corn Fiesta Salad	
Wednesday, Dec 12	Late Start	Enjoy a healthy breakfast at home!	
	Lunch	Pulled BBQ Chicken Sandwich Crazy Coleslaw	
Thursday, Dec 13	Breakfast	Breakfast Pizza	
	Lunch	Teriyaki Chicken Chow Mein Noodles Fortune Cookie	
Friday, Dec 14	Breakfast	Dutch Waffle Fruit topping	
	Lunch	Build-your-own Burger Home-style Baked Beans	
Meal Prices:	Breakfast		
	Elementary	\$2.75	
	Middle	\$2.95	
	High	\$3.10	
	Milk Only	\$0.60	
Adult Breakfast	\$2.20		
Adult Lunch	\$4.10		

JANUARY

Menus are subject to change. This institution is an equal opportunity provider.

Thursday, Jan 3rd

Breakfast
Breakfast Cookie

Lunch

Chicken Alfredo
Garlic Toast
Caesar Salad

Friday, Jan 4th

Breakfast
French Toast Sticks
Spiced Apple Topping

Lunch

Handmade Pizza

Thursday, Jan 10th

Breakfast
Breakfast Pizza

Lunch

Sweet and Sour
Chicken
Fried Rice
Fortune Cookie

Friday, Jan 11th

Breakfast
Dutch Waffle
Blueberry Topping

Lunch

Build-your-own
Burger
Home-style Baked
Beans

Wednesday, Jan 9th

Breakfast
Cheese Omelet with
Whole Grain Biscuit

Lunch

Lunch Brunch!
French Toast Sticks
Sausage
Fruit Salad

Tuesday, Jan 8th

Breakfast
Egg McFreeman

Lunch

Cheese Zombie
Dunkers with Tomato
Soup
Orange Sherbet

Monday, Jan 7th

Breakfast
Pancakes and
Sausage

Lunch

Whole Grain Pasta
with Meat Sauce
Italian Breadstick

HAPPY NEW YEAR

Welcome to 2019! As Freeman Nutrition Services continues the transition to scratch cooking, you'll notice some new menu items pop up! We encourage you to try them and let us know what you think!

Meal Prices:		Lunch	
Breakfast	Elementary		\$2.75
	Middle		\$2.95
	High		\$3.10
	Milk Only		\$0.60
	Adult Breakfast		\$2.20
	Adult Lunch		\$4.10