



January 10, 2020

Friday Flyer

Upcoming Sports

Friday, January 10th

Wrestling @ Post Falls

Saturday, January 11th

Wrestling @ Post Falls—9am

Basketball GOLDEN GARMENT GAME @ EWU

GV—5:30pm, BV—7:30pm

Monday, January 13th

Basketball @ Lakeside BC—4:30pm, BJV—6pm,

GV—7:30pm

Tuesday, January 14th

Basketball @ Home vs. Riverside BJV—4pm,

GJV—5:30pm, BV—5:30pm, BC—7:15pm,

GV—7:15pm

Wrestling @ Riverside JV—6pm, V—7pm

Thursday, January 16th

Wrestling @ Home vs. Deer Park JV—6pm, V—7pm

Friday, January 17th

Basketball @ Medical Lake BJV—4pm, GJV—5:30pm,

BV—5:30pm, BC—7:00pm, GV—7:15pm

Saturday, January 18th

Basketball @ Home vs. Colville BJV—2:30pm,

BV—4pm, GJV—4pm, BC—5:30pm,

GV—5:45pm

JAN/FEB EVENTS

| | |
|------|------------------------------|
| 1/17 | NO SCHOOL—Teacher PD Day |
| 1/20 | NO SCHOOL—MLK Jr Day |
| 1/23 | Finals—Periods 1,3,5 |
| 1/24 | Finals—Periods 2,4,6 |
| 2/5 | Late Start—Professional Dev. |
| 2/17 | NO SCHOOL—President's Day |

ZERO HOUR STRENGTH TRAINING

Students who are interested in joining Zero Hour Strength Training can add it at Semester. If you are interested, please see Mr. Herda ASAP for a contract to complete. The class is limited to 24 and is first come, first serve.

JOIN THE BOOSTER CLUB

Order Your Yearbook



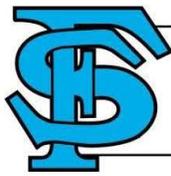
LAST CHANCE!

The deadline for ordering yearbooks is this Monday, January 13th. Cost is \$45 or \$50 if you want your name

engraved on the cover. You can purchase online through the link below or in the office.

[PURCHASE ONLINE HERE](#)

Our Freeman High School Athletic Booster Club supports all athletics and is always looking for more members to get involved in support. Please see the form on the next page to see how you can support and/or get involved. GO SCOTTIES!



**FREEMAN HIGH SCHOOL
ATHLETIC BOOSTER CLUB**

The support of parents, community, and local businesses is a huge part of the Freeman Scotties winning tradition. We thank you in advance for your support and look forward to cheering our teams on to Victory!

FHS Athletic Booster Club supports baseball, basketball, cross country, football, golf, soccer, softball, tennis, track & field, volleyball and wrestling. We also support the two programs that support our teams: our cheer squad and pep/marching bands. Our funds come primarily from memberships, concession sales, and Harvest Hoops. Please help us continue a great legacy of charity and volunteerism that will make the 2018-2019 school year the best yet for the Freeman athletic program.

FHS Booster Club memberships have helped provide the following to our athletic program:

student-athlete college scholarships, baseline concussion testing program for all FHS athletes, water bottle filling station, cross country & track tents, soccer tent & benches, team gear bags, cheer mats, gym scorer's tables and team chairs, track & field recorder, golf bags, wrestling mats, softball pitching machines, pep band drum stands and drumline equipment, boys and girls basketball Krossover Program, Vertimax machine in weight room, Hudl program, volleyball rolling carts, tennis court sweeper, baseball Turface, restroom/concession building at football field, and so much more!

Please help support athletics at Freeman by becoming an active member of the FHS Athletic Booster Club! All boosters are honored with their names displayed on the FHS Athletic Booster Club banner in the FHS Blue Gym. Meetings are at the high school each month and open to everyone. Be sure to check out our Facebook page at www.facebook.com/FreemanAthleticBoosterClub.

Your 2019-2020 FHS Athletic Booster Club Executive Board Officers are:

President: Brent Clark baclark@gmail.com *Vice President:* Doug Goldsmith gfarms@air-pipe.com
Treasurer: Scott Phipps scott@thephipps.net *Secretary:* Krystal Tippett krystal Tippett@hotmail.com
Concessions: Stephanie Sather harrydsather@gmail.com *Membership:* Margie Arnzen thomasarnzen7@msn.com

Cut here and return the bottom portion with your check – NO CASH, please. ↓

2019-2020 Membership Options – choose one

- \$20 Alumni/Freeman Staff *circle one*
 - \$30 New Individual/Family
 - \$25 Renewal Individual/Family
 - \$125 Business
 - \$100 Century Club
 - \$500 Lifetime Member
- (Business Name) _____
\$ _____ Additional Donation?

Name _____ Phone _____
as you would like it displayed

Address _____ Email _____
to receive Booster info

I have children at (*check all that apply*): Freeman Pre-School FES FMS FHS None

Please make your check payable to **FHS ATHLETIC BOOSTER CLUB** and return to main office or mail to : FHS Athletic Booster Club c/o FHS S. 14626 Jackson Rd., Rockford, WA 99030