

# FRIDAY FLYER

Freeman High School

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509-291-3721



OCTOBER 23, 2020

## Upcoming Events:

### **November 2nd - 6th**

Seniors Financial Aid Week  
(see pg. 2 for details)

### **November 6th**

1st Quarter Ends

### **November 9th & 10th**

2nd Quarter Meet & Greet

### **November 11th**

Veteran's Day - no school

### **November 12th**

2nd Quarter begins

## **A FEW REMINDERS...**

ATTENDANCE - students are still expected to log in from home during all red periods. We had a significant amount of students not show up to zooms during required times and that is worrisome with the end of the quarter nearing. Please make sure your students are logging in. We realize our face-to-face started sooner than we expected and some families had trips planned. If that is the case, please let us know ahead of time if you know your student will be absent.

END OF QUARTER - first quarter ends on November 6th and we will schedule face-to-face meetings with students and Academic Enrichment teachers to transition to quarter 2 on Nov. 9-10 (details and schedule TBA soon). Please encourage your student to stay on top of all assignments and get their late work turned in to be graded. We will do our other 3 classes (periods 4, 5 and 6) for the next 9 weeks.

### Oct. 1

FAFSA Fall 2021 Opens (Seniors)

### Oct. 28

Women in Engineering - U of I (Jrs. & Srs.) 10am- 12pm

### Nov. 2

Financial Aid Info Zoom for Seniors 7-8pm

### Nov. 3

What is Financial Aid Zoom (Seniors) 12:30 - 1:00pm

### Nov. 3

ROTC Presentation (9-12) 6:30-7:30pm

### Nov. 4

Creating your FSAID Zoom (Seniors) 12:30 - 1:00pm

### Nov. 5

Scholarship Information Zoom (Juniors & Seniors) 12:30 - 1:00pm

Wagstaff Virtual Tour (9-12) 3:30-4:00pm

### Nov. 6

Open Zoom with Ms. Youseph for Financial Aid Questions & Assistance (Seniors) 8-11am

### Nov. 18

Trades/Apprenticeship Information 6:30-7:30pm

### Nov. 30

College Bound Scholarship Application Deadline (Freshmen)

All links to these events are available in our students' College and Career Google Classroom. ?'s - email Ms. Youseph [hyouseph@freemansd.org](mailto:hyouseph@freemansd.org).

College  
&  
Career



# FHS Class of 2021 Financial Aid Week

*Nov. 2 - Nov. 6*

**Info on how to pay for what you want to do after high school**

Financial Aid is an important part of planning for what students want to do after high school. Whether a student is interested in going into the trades/apprenticeship, a 4 year university, a two year college, or a technical school, these sessions will provide information about what is available and how to apply.

## **Information Zoom Sessions**

- November 2 7pm - 8pm: *Financial Aid Information for Students & Families*
- November 3 12:30pm - 1pm: *What is Financial Aid?*
- November 4 12:30pm - 1pm: *Creating your FSAID*
- November 5 12:30pm - 1pm: *Scholarship Information*
- November 6 8am - 11am: *Open Zoom time with Ms. Youseph for questions & assistance*



Contact Heidi Youseph at  
[hyouseph@freemansd.org](mailto:hyouseph@freemansd.org) for questions!

## **What will be covered...**



- How to apply for FAFSA
- What scholarships are available
- Using College Bound Scholarship after high school
- I'm going into the trades, how can financial aid help me?
- Getting individual assistance with FAFSA

See what is available to you!



**Class of 2023 & 2024: Apply by November 30, 2020**

Are you interested in health care? Construction? Video game design? Running a business? Whatever your career goals, the College Bound Scholarship will help you attend and pay for the school that is right for you!. The College Bound Scholarship covers average tuition, fees, and a book allowance at over 60 colleges, universities, and technical schools in Washington.

 **Apply Here**

# FHS HYBRID LEARNING



Introducing 1 day/week in-person instruction along with continued virtual learning the other 4 days/week

<b>Weekly Schedule:</b>	Monday	Online Learning
	Tuesday	Online Learning & Tuesday Cohort in building (all day)
	Wednesday	Online Learning & Wednesday Cohort in building (all day)
	Thursday	Online Learning & Thursday Cohort in building (all day)
	Friday	Online Learning & Friday Cohort in building (all day)

**Daily Schedule:** Same schedule (below) we have used so far this year with red and yellow classes. (Students on campus will follow this same schedule and hours). **9am—2:15pm**  
[Click here for 1st Quarter Learning Schedule](#)

**\*ALL STUDENTS, whether on campus or not, are still expected to follow class expectations of working in Google Classroom, checking in for attendance purposes and turning work in on time, etc.**

## On Campus Learning Safety Protocols

- **Masks** are **REQUIRED** at all times other than when they are eating.
- **Social Distancing** is **REQUIRED**. There will be ONE-WAY traffic in the hallways before school, during passing periods, lunch and after school. Floors will be marked with arrows.
- **Lockers:** there will be **NO LOCKERS AVAILABLE**
- **Temperature Screening:** We will collect attestations and take temperatures every day.
- **Assigned Seating:** Students will be assigned a seat before school, in all classes and at lunch. This is a requirement for COVID safety protocols and contact tracing. We will work with the students on this the first week.

## Arrival/Meals/Dismissal/Etc.

- **Arrival**—doors open at 8:30am  
Students can pick up breakfast and will remain at tables in MPR or hallway to get their temps checked and turn in attestations until bell rings.
- **Classes**—Students will go to their classes and have 15 minute passing between bells (ONE-WAY traffic in hallways).
- **Lunch**—available to students on campus. Those who get school lunch will have to social distance in line and go to assigned seat. Those who bring lunch will go straight to their seat.
- **Dismissal**—ALL STUDENTS will have to exit the building immediately after the last class at 2:15pm. ONE-WAY traffic in the halls.

## What to Bring Every Day:

- ☐ Mask
- ☐ Attestation Sheet
- ☐ Chromebook/Laptop & CHARGER
- ☐ Books/Class Materials
- ☐ Water Bottle—to eliminate high touch areas of fountains
- ☐ Workout Clothes (if needed for class)
- ☐ Bag or Backpack to keep everything with you all day



*Following guidelines and recommendations will help us move to the next phase.*

***It Starts With Me!***



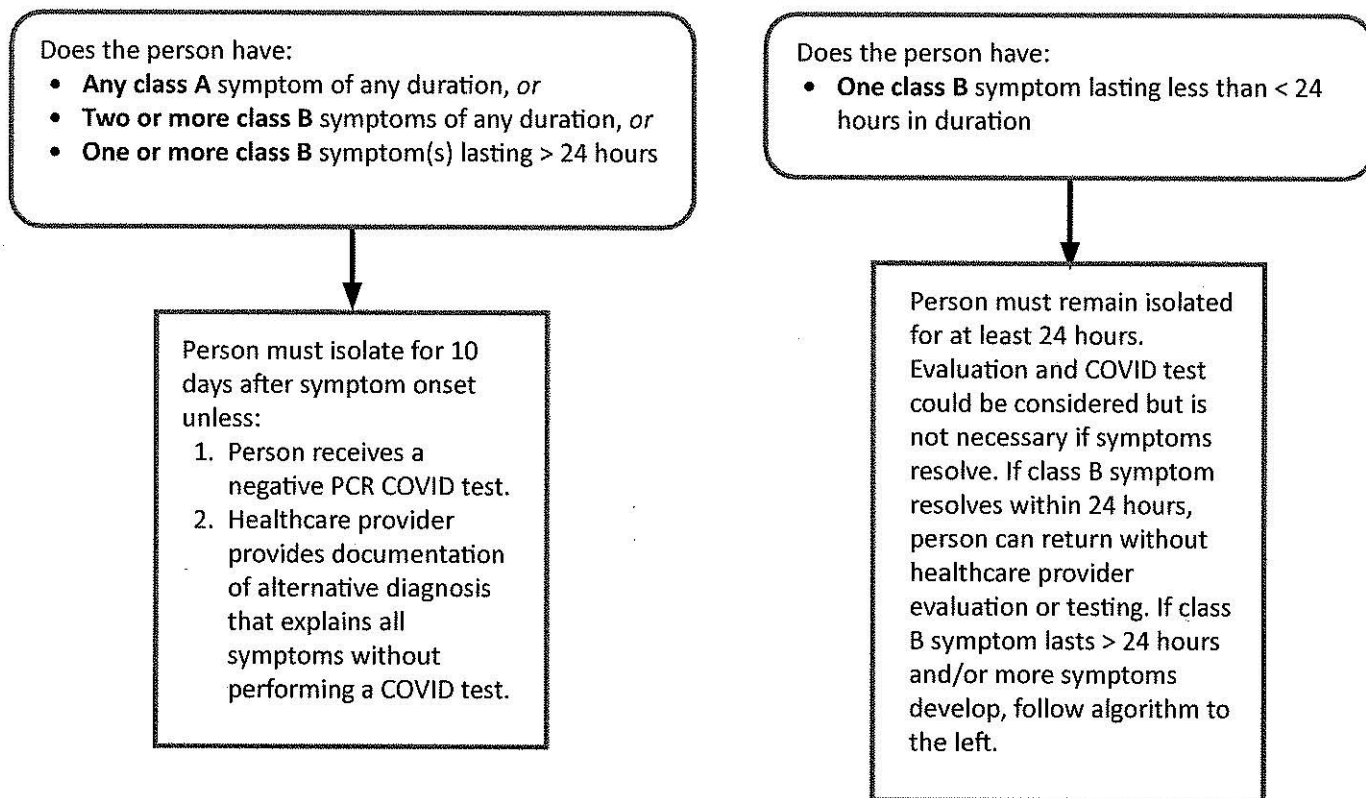
# Here is what we will be using as a guideline for COVID-19 exposure and symptoms and return to school/work protocols.



## RETURN TO SCHOOL/CHILDCARE/WORK GUIDANCE FOLLOWING A POSITIVE SYMPTOM SCREEN FOR COVID-19 AND NO EXPOSURE

This guidance can be used by schools, childcare and parents when the COVID-19 rate in the community is MODERATE — HIGH (>25 cases/100,000 population over 14 days) and applies to persons with:

- One or more new, unexplained symptom consistent with COVID-19, AND
- No known COVID-19 exposure in prior 14 days



Symptoms consistent with COVID-19	
Class A Symptoms	Class B Symptoms
<ul style="list-style-type: none"> <li>• Fever (defined as subjective or 100.4°F or higher)</li> <li>• Cough</li> <li>• Loss of sense of taste and/or smell</li> <li>• Shortness of breath</li> </ul>	<ul style="list-style-type: none"> <li>• Fatigue</li> <li>• Headache</li> <li>• Muscle or body aches</li> <li>• Sore throat</li> <li>• Congestion or runny nose</li> <li>• Nausea or vomiting</li> <li>• Diarrhea (defined as two or more loose stools in 24 hours)</li> </ul>

<sup>1</sup> Examples of alternative diagnosis made by healthcare provider include childhood rash illness, acute otitis media, or a lab confirmed diagnosis such as strep throat or non-COVID-19 viral pathogen. If testing for other viral pathogens, strongly recommend testing for COVID-19 as well.



# VIRTUAL LEARNING SCHEDULE FOR NEXT WEEK

SCHEDULE for all 5 Day Weeks						
Four Period Day		Monday	Tuesday	Wednesday	Thursday	Friday
Common Prep	7:45-8:55					
Instructional Block	9:00-10:00	1 <sup>st</sup> Period Required Log In	Academic Enrichment	1 <sup>st</sup> Period Small Group	1 <sup>st</sup> Period Small Group	1 <sup>st</sup> Period Required Log In
Instructional Block	10:15-11:15	2 <sup>nd</sup> Period Required Log In	2nd Period Small Group	Academic Enrichment	2 <sup>nd</sup> Period Small Group	2 <sup>nd</sup> Period Required Log In
Instructional Block	11:30-12:30	3 <sup>rd</sup> Period Required Log In	3 <sup>rd</sup> Period Small Group	3 <sup>rd</sup> Period Small group	Academic Enrichment	3 <sup>rd</sup> Period Required Log In
Lunch	12:30-1:00					
Required Log In	1:15-2:15	Academic Enrichment Required Log In	1 <sup>st</sup> Period Required Log In	2 <sup>nd</sup> Period Required Log In	3 <sup>rd</sup> Period Required Log In	Academic Enrichment Required Log In
Staff Support	2:30-3:15	Office Time	Office Time	Professional Development	Office Time	Office Time

**Red** Required Attendance

**Yellow** Flexible class periods (Office Hours, small groups, one on ones, etc.)

## Cuisine Costume Contest Guide:

- Costumed subject must be an edible food item
- Entry must be school appropriate
- Entry may include more than one food item
- Feel free to add setting background
- Speech or thought bubbles may be added digitally but no other computer generated accessories allowed

## AWARD CATEGORIES

Most realistic  
Cutest  
Most creative  
Most humorous

Most frightening  
Best construction  
Best theme

Winners will be entered in grand prize raffle for \$15 spirit store credit! open to Staff & Students

- Costumed subject must be an edible food item, but may be "dressed" by adding fabric, food items, paint, etc.

ENTRIES DUE BY THURSDAY OCT 29!

WINNERS ANNOUNCED FRIDAY OCTOBER 30!

EMAIL PICTURE OF ENTRY TO  
FREEMANPTS@GMAIL.COM

PIC•COLLAGE



FREEMAN'S 1ST ANNUAL

PTSG

CUISINE COSTUME CONTEST



OPEN TO ALL GRADES,  
STUDENTS and STAFF!



**COLE CLARK**  
PRESIDENT

My goal this year is to bring our students closer together through different events like Friday Kahoots and weekly bulletins and for students to get to know each other better so we can continue to grow stronger as a community.

IT STARTS WITH  
ME FEATURE



**ELIZABETH NELSEN**

AG | HORTICULTURE | BIOLOGY | FFA ADVISOR



My goal this year is to get to know my students the best I can in whatever mode of learning we are in and do my best to make sure they are having some fun and sharing some smiles in each class.

# SENIORS:

## YEARBOOK NEEDS THE FOLLOWING FROM YOU:



03



LINK

Remember Whens:  
Use this link to  
submit your  
memories by Oct. 30

01

Senior/Baby Photos  
If you haven't submitted  
them yet, please email  
directly to:  
[plonginotti@freemansd.org](mailto:plonginotti@freemansd.org)

04



LINK

Senior Superlatives:  
Use this link to  
submit your Senior  
Superlative by Oct.  
30

02



LINK

Senior Quotes:  
Submit your senior  
quote here by Oct. 30

05



LINK

Purchase your  
yearbook online by  
midnight tonight for  
just \$40



Hello Seniors,  
Can you believe it is almost November already? It is time to order your Graduation items: Caps and Gowns, Announcements etc. We will be doing a "Senior Week" this Fall, during which you will place your order to receive the best pricing and reserve your items for Graduation.

This Fall is going to be a little different for the ordering process of your Graduation items. **Your order will need to be placed online at [Jostens.com](https://www.jostens.com) or mailed directly to Jostens.** Jostens is our official supplier for graduation items and they will be reaching out to you via mail and email.

"Senior Week" for ordering your Graduation items will be November 2nd - 6th. **The deadline for placing your order will be November 6th.**

Please contact Jostens at 509-468-1608 or email at [peter.bauernfeind@jostens.com](mailto:peter.bauernfeind@jostens.com) with any questions.

I know this is not the senior year you had envisioned when you began high school. We will be continuing to reach out to you with additional information as necessary. Keep up with your work in your classes. We will get through this together. I hope you are all well and healthy. Go Scotties!

Peter Bauernfeind - Jostens



# NUTRITION SERVICES INFO

## FREEMAN NUTRITION SERVICES

**ALL MEALS FREE NOW THROUGH END  
OF SCHOOL YEAR!**

- The USDA announced the extension of free meals through June 2021
- This applies to all meals, including on campus breakfast and lunch and take home meal kits
- This does not apply to standalone items, so if your child buys milk with their cold lunch, there will still be a \$0.60 charge

### MEAL KIT INFO

**[Sign Up Here](#)**

- Meal kits are distributed Tues-Fri 2:15-3pm at the High School bus turnaround (on the west side of Jackson Road just past the high school parking lot)
- Meal kits contain 4 days worth of breakfast and lunch



**FOR MORE INFO VISIT THE  
"LUNCH MENUS" PAGE ON THE  
FREEMAN SCHOOL DISTRICT  
HOMEPAGE AT  
FREEMANSCHOOLDISTRICT.ORG**



# Wreath Sale

Freeman FFA

Now- December 13th

Help support the Freeman FFA Chapter by purchasing your holiday wreaths and centerpieces through Lynch Creek. Supporting our chapter is easy-just follow the link and 15% of items sold go towards Freeman FFA.

100% of all donations made will also go to our Chapter!

**Order Here** 

**Need a Gift Idea? These wreaths are directly shipped! Send one to your friends and family as a beautiful holiday surprise!**

**If you don't need a wreath, you can always make a donation, 100% of it will go to our Chapter!**





The Christmas Bureau provides holiday assistance to families in the Greater Spokane area. Approved applicants will receive one grocery voucher, a book for children 14 years and under and a toy for children 17 years and under.

Applications for assistance are no longer in person and now must be completed online for everyone's safety.

## **Applications Now Open**

Applications NOW OPEN online through November 6, 2020.

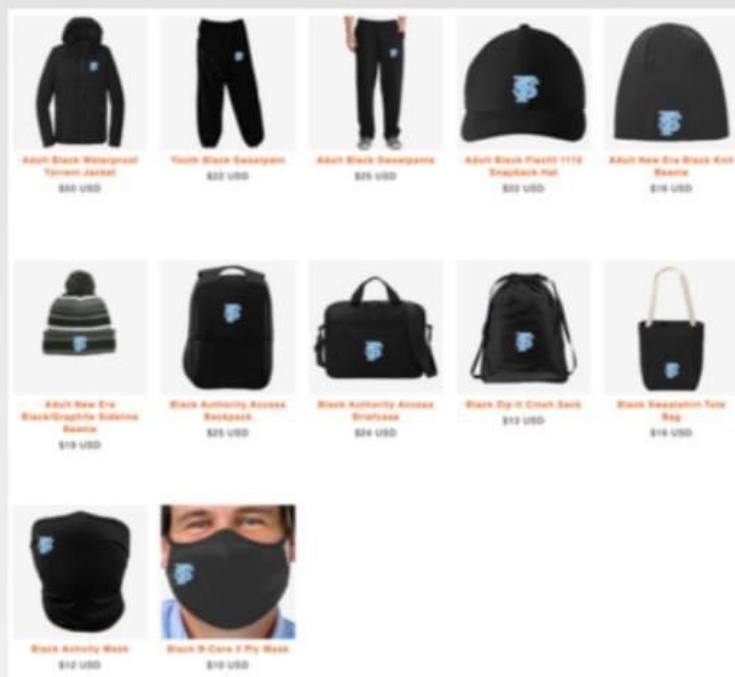
**APPLY NOW**



**Questions?**

Please email  
[christmas.bureau@cceasternwa.org](mailto:christmas.bureau@cceasternwa.org)  
or call (509) 358-4250.





## ORDER YOUR FREEMAN PTSG SPIRIT APPAREL AT

<https://freemanptsgspirit.secure-decoration.com/>

**THE ORDERING DEADLINE IS NOVEMBER 2, 2020.**

**Click on the e-stores tab and type the name of your store in the search bar or simply scroll through the alphabetized list.**

Please select NO SHIPPING at checkout to avoid shipping charges.

Garments will be delivered to your school or business approx. 10-12 business days after cutoff.

**ALL SALES ARE FINAL. NO RETURNS OR EXCHANGES.**

Please contact Momentum Ink with any questions.  
The representative for this e-store is:  
**Tracy Phelps: [tracy@momentumink.com](mailto:tracy@momentumink.com)**

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208-777-3466