

FRIDAY FLYER

Freeman High School

Follow us on Facebook 

509-291-3721



DECEMBER 11, 2020



Upcoming Events:

**December 21st -
January 1st**

Winter Break - No School



InvestED provides funding to schools throughout Washington State to help fill the gap between what families can afford and what schools can support. They help pay for items like college application fees, shoes, ASB cards, athletic equipment, nutritional health, remote learning support, and more - little things that make a big difference in a student's life. We have students in our community who need help. We are partnering with InvestED to help meet these needs. One hundred percent of funds raised will support young people in our own school who are experiencing hardships beyond their control. **Right now all donations will be matched up to \$500 for our school.** Thank you for supporting our campaign and being a valued partner to our students. [Learn more and donate here.](#)



COLLEGE CAREER



r e a d i n e s s

Dec. 7

[Washington State Opportunity Scholarship](#) Opens! (Seniors) deadline Feb. 11
[WSOS Informational Doc](#)

Dec. 15

Washington State Opportunity Scholarship Application Overview: 11:40 am - 12:10 pm

Jan. 7

[Business After School - TV Production](#) 3:30 - 4:30 pm

Jan. 11

EWU Auto-Admissions Session (Seniors) 11:30 am - 1:30 pm (sign up with Ms. Youseph)

Feb. 20

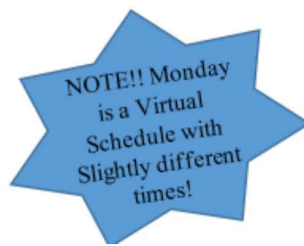
[SCRUBS Virtual Camp](#)

• **Youth Advocates for Health Internship Posting**

Focusing on two projects - food and nutrition and opioid-use prevention, both of which are issues of increasing concern, especially during the COVID-19 crisis.
[learn more here](#)

All links to these events are available in our students' College and Career Google Classroom. ?'s - email Ms. Youseph hyouseph@freemansd.org.





Freeman High School Quarter 2 Schedule

*All Students are to attend all classes every day whether in person or online.

*To accomodate needed breaks on Monday's virtual day, the times are different.

	Online classes
	In Person classes

MONDAY - ALL STUDENTS ONLINE		
	7:45 - 8:55	Office Hours/PREP
4th Period	9:00 - 10:00	Cohort A & B
5th Period	10:15 - 11:15	Cohort A & B
Academic Enrichment	11:30 - 12:30	Cohort A & B
LUNCH - ALL	12:30 - 1:00	
6th Period	1:15 - 2:15	Cohort A & B
	2:15 - 3:15	Office Hours/PREP

TUESDAY - FRIDAY COHORTS A & B					
		Tuesday	Wednesday	Thursday	Friday
	7:45 - 8:50	Office Hours/PREP	Office Hours/PREP	Office Hours/PREP	Office Hours/PREP
4th Period	8:50 - 10:05	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B
5th Period	10:15 - 11:30	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B
Academic Enrich 10th & 11th grade	11:40 - 12:00 & 12:30 - 1:05	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B
*LUNCH ONE	12:00 - 12:30				
Academic Enrich 9th & 12th grade	11:40 - 12:35	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B
*LUNCH TWO	12:35 - 1:05				
6th Period	1:15 - 2:30	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B
	2:30 - 3:15	Office Hours/PREP	Office Hours/PREP	Office Hours/PREP	Office Hours/PREP

*LUNCH ONE - 10th & 11th grade

*LUNCH TWO - 9th & 12th grade

SENIOR *superlatives*

Seniors: If you won a superlative category, you have received an email from Ms. Longinotti with details on how and when to have your picture taken next week or how to submit a photo. All photos must be in by next Friday so please check your email ASAP.

FREEMAN YEARBOOK

GINGERBREAD HOUSE CONTEST

This year the yearbook class is hosting a gingerbread house making contest. We thought it would be a fun way to feature students' creativity while showing Christmas spirit. Students will submit pictures of themselves with the gingerbread house they made (student must be in photo). Please email photos to Ms. Longinotti. Photos due Friday, December 18th.

IT STARTS WITH ME FEATURE



HANNAH ATTRIDGE

SPECIAL EDUCATION



My goal for this year is to show students how to be advocates for their future and success. I want to help my students understand that they are incredible and worthy of success. I hope I can teach my students that being different is amazing, and everyone has their own strengths (and that's OK!). My hope going forward is that my students can look back on this time as a good learning experience that they learned to grow and adapt in.

Freeman

"10 Days of Giving"



For 10 days, the Freeman School District is helping those in need during the holiday season. Items may be dropped off in classrooms or at the main office of each school.

Week 1 - December 7 - 11

Vanessa Behan Items

- * Baby Wipes (high demand)
- * Bottled Water; Formula (all kinds - unopened)
- * Diapers, Sizes 2, 5, 6
- * Free & Clear Laundry Detergent

Week 2: December 14 - 18

Blessings Under the Bridge

- * Toiletries, coats, gloves, socks, thermals
- * Blankets, cough drops, water, handwarmers
- * Holiday items; Kid's toys; Stockings; Candy Canes



Thank you for giving back to those in need!

For more information about these outstanding community organizations:

<https://www.vanessabehan.org> <https://butb.org>

*Donations benefit Freeman Families, Vanessa Behan, and
"Blessings Under the Bridge"*





The FBLA Scottie Blankets are on sale now and set to arrive soon.

They are 80"x60" and are \$60. You can purchase them online, in person at the High School or over the phone by calling 291-3721.

We've already sold 1/3 of the entire order so get yours before they disappear. We will be emailing or calling you once they arrive for pick up at the High School.



Wreath Sale

Freeman FFA

Now- December 13th

Help support the Freeman FFA Chapter by purchasing your holiday wreaths and centerpieces through Lynch Creek. Supporting our chapter is easy-just follow the link and 15% of items sold go towards Freeman FFA.

100% of all donations made will also go to our Chapter!

[CLICK HERE](#)

Need a Gift Idea? These wreaths are directly shipped! Send one to your friends and family as a beautiful holiday surprise!

If you don't need a wreath, you can always make a donation, 100% of it will go to our Chapter!



Hello parents!

Are you looking for another Christmas present for your student? A yearbook would be a great gift to help them remember this year! It's not too late to get a yearbook. To purchase, go to the Freeman School District Website and click on the tab for Make a Payment. Once there you can choose to buy a yearbook for \$45. For just \$5 more, you can choose to have a personalized yearbook that includes your student's name on the cover. Please contact Ms. Longinotti if you have any questions (plonginotti@freemansd.org).

Thanks in advance,

The 2021 Freeman Yearbook Staff



Parents, it isn't too late to buy a tribute for your senior. Please contact Ms. Longinotti ASAP with the size you'd like to purchase. Ideally, we'd like to get the text and pictures for the tribute by December 18th so we can complete them over Christmas break. You can pay online or by check when you are able.

Costs are: 1/8 page for \$40, 1/4 page for \$75, 1/2 page for \$140, and a full page for \$250.

Please reach out to Ms. Longinotti with questions or to make arrangements for your message! plonginotti@freemansd.org

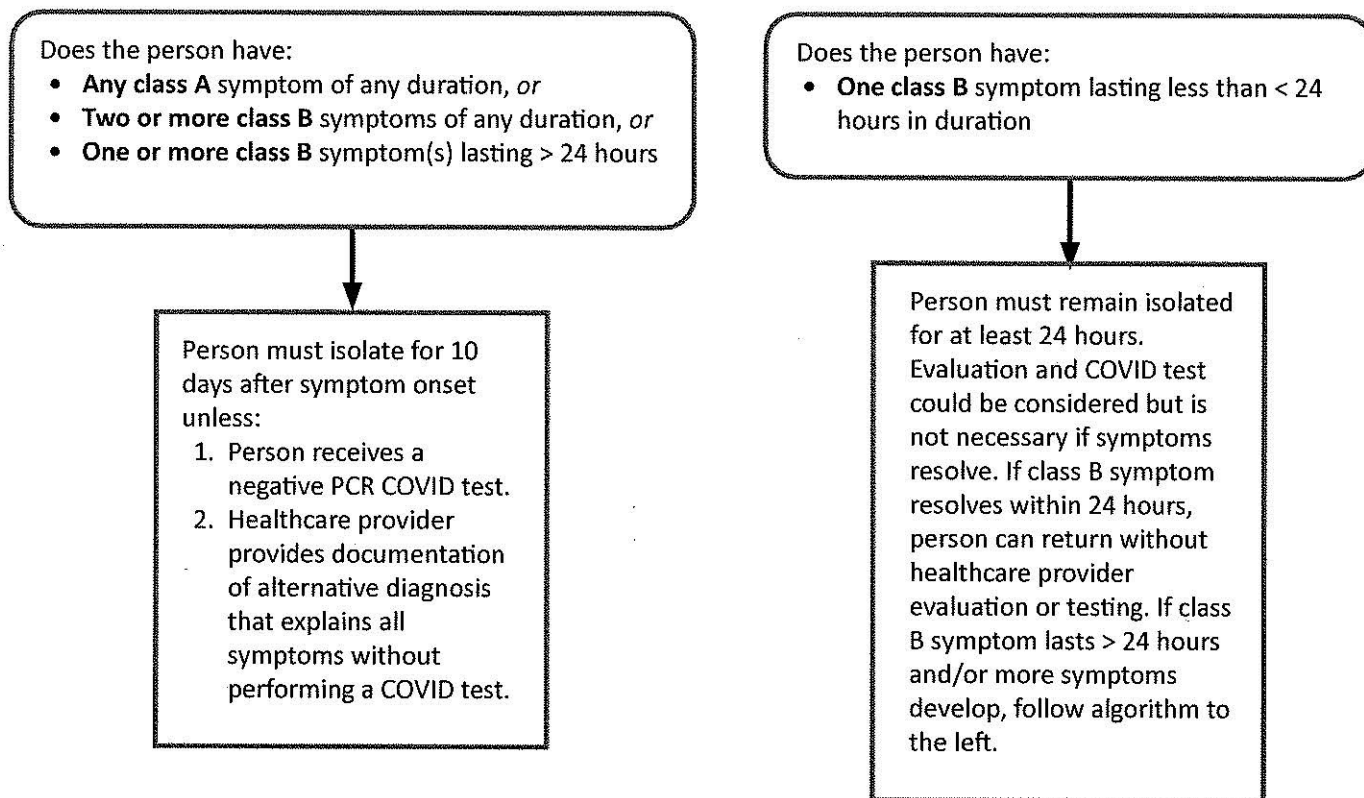
Here is what we will be using as a guideline for COVID-19 exposure and symptoms and return to school/work protocols.



RETURN TO SCHOOL/CHILDCARE/WORK GUIDANCE FOLLOWING A POSITIVE SYMPTOM SCREEN FOR COVID-19 AND NO EXPOSURE

This guidance can be used by schools, childcare and parents when the COVID-19 rate in the community is MODERATE — HIGH (>25 cases/100,000 population over 14 days) and applies to persons with:

- One or more new, unexplained symptom consistent with COVID-19, AND
- No known COVID-19 exposure in prior 14 days



Symptoms consistent with COVID-19	
Class A Symptoms	Class B Symptoms
<ul style="list-style-type: none"> • Fever (defined as subjective or 100.4°F or higher) • Cough • Loss of sense of taste and/or smell • Shortness of breath 	<ul style="list-style-type: none"> • Fatigue • Headache • Muscle or body aches • Sore throat • Congestion or runny nose • Nausea or vomiting • Diarrhea (defined as two or more loose stools in 24 hours)

¹ Examples of alternative diagnosis made by healthcare provider include childhood rash illness, acute otitis media, or a lab confirmed diagnosis such as strep throat or non-COVID-19 viral pathogen. If testing for other viral pathogens, strongly recommend testing for COVID-19 as well.