

FRIDAY FLYER

Freeman High School

Follow us on Facebook 

509-291-3721



JANUARY 22, 2021

Scottie Nation,

As we enter our last week of the first semester, we want to say thank you for your support and patience during our uncharted territories. We look forward to continuing to support students in semester two. Our hope is that we can get all students back on campus for in-person learning to support the transition to six periods in a day. In an effort to answer any questions you might have, we will be hosting an informative zoom on Tuesday, January 26th, at 6:30pm. You can find the detailed link and information for the zoom meeting on the next page -along with our Semester 2 class schedule which begins February 1st.

Upcoming Events:

January 26th

PSAT Test for Juniors
8:30am - 12:30pm

FHS Semester 2 Zoom
6:30pm

January 29th

1st Semester Ends

February 1st

2nd Semester Begins

February 15th

No School - President's Day



COLLEGE CAREER



r e a d i n e s s

Dec. 7

Washington State Opportunity Scholarship Opens! (Seniors) deadline Feb. 11
WSOS Informational Doc

Jan. 23

Eastern Oregon University Virtual Preview Day: 10am - 1:30pm

Jan. 26

PSAT Test for JUNIORS! 8:30am-12:30pm Email hyouseph@freemansd.org to sign up (more information on pg. 4)

Jan. 31

NACAC College Fair

Feb. 3

FAFSA Completion Event: 6:30pm - 8:30pm

Feb. 16

Dual Credit/Running Start Information Webinar: 6:30pm - 7:30pm

Feb. 20

SCRUBS Virtual Camp

All links to these events are available in our students' College and Career Google Classroom. ?'s - email Ms. Youseph hyouseph@freemansd.org.

You are invited to a Zoom webinar

When: Jan. 26, 2021 6:30pm Pacific Time

Topic: **FHS Semester Two**

Please click the link below to join the webinar:

<https://freemansd-org.zoom.us/j/83222234681?pwd=SjNEWk1KejR2ZGZxeGFxc3d6c3JpUT09>

Passcode: 900402

Or iPhone one-tap :

US: +12532158782,,83222234681#,,,,*900402# or +16699006833,,83222234681#,,,,*900402#

Or Telephone:

Dial(for higher quality, dial a number based on your current location):

US: +1 253 215 8782 or +1 669 900 6833 or +1 346 248 7799 or +1 312 626 6799 or +1 929 205 6099 or +1 301 715 8592

Webinar ID: 832 2223 4681

Passcode: 900402

International numbers available: <https://freemansd-org.zoom.us/j/83222234681?pwd=SjNEWk1KejR2ZGZxeGFxc3d6c3JpUT09>



SCHEDULE FOR 2ND SEMESTER STARTS THE WEEK OF FEBRUARY 1ST



Freeman High School Semester 2 Schedule

Virtual Learning
In Person Learning

*Students are expected to log in during their *scheduled* zooms to be considered present for virtual days

MONDAY - FRIDAY COHORTS A & B						
		Monday	Tuesday	Wednesday	Thursday	Friday
8:30 - 9:00	Academic Enrich.	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B
9:05 - 9:55	1st Period	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B
10:00 - 10:50	2nd Period	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B
10:55 - 11:45	3rd Period	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B
11:50 - 12:40	4th Period (lunch 2 students)	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B
* 11:45 - 12:15	LUNCH 1	For students who have Hays, Moore, Nelsen, O'Connor, Robinson or Wood <u>4th Period</u>				
12:20 - 1:10	4th Period (lunch 1 students)	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B
* 12:40 - 1:10	LUNCH 2	For students who have Attridge, Bruno, Carolan, Jydstrup, Peterson, Ripke, Spiering or Wells <u>4th Period</u>				
1:15 - 2:05	5th Period	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B
2:10 - 3:00	6th Period	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B	Cohort A Cohort B

* LUNCH 1: Students who have these teachers for 4TH PERIOD: Hays, Moore, Nelsen, O'Connor, Robinson, Wood

* LUNCH 2: Students who have these teachers for 4TH PERIOD: Attridge, Bruno, Carolan, Jydstrup, Peterson, Ripke, Spiering, Wells

ATHLETICS UPDATE

I would like to share with you an announcement from the Northeast A League regarding athletics ([read the letter here](#)). We are very excited to have our seasons planned and are now working out the details of schedules, safety protocols, streaming contests, etc. I can't wait to get our student-athletes back to some normalcy and am working closely with our coaches to offer some out-of-season practices ASAP to begin preparing for competition.

With our seasons being approved and the hope of getting started soon, it is very important that ALL students that plan to participate in any sport sign up in Final Forms ASAP. Final Forms is our online athletics management program. This is where you will enter all important emergency information, sign athletic forms and individual sport forms, select which sports your student will participate in and more. Please note that payments cannot be made through Final Forms even though there is a payment icon. Payments will still be made by following this [link](#). Students will need an ASB Card (\$30), Sport Fee (\$25 per sport) and Transportation Fee (\$20). A current physical (valid for 2 years) is also needed before students can participate in practices. If you already have a Final Forms account, you will just need to go in and select which sports your student plans to participate in and complete paperwork. If you are new to Final Forms, you will need to create an account as a parent/guardian and then one for your student as well. If you have any questions regarding Final Forms, please email Kristal Hayek at the office at khayek@freemansd.org or call 291-3721.


Kris Herda
Assistant Principal & Athletic Director




If you need to pay for your students' ASB card, sport fees, transportation fee, club fees, etc. you can do so through our online payment portal by clicking the link below and using your Family Access login and password:



IT STARTS WITH
ME FEATURE



SCOTT CAROLAN
HEALTH/P.E.



"For the 2020-2021 school year my focus is on relationships and taking care of each other. This includes myself, my family, and my Freeman family. To work through this pandemic means we have to put our relationships first, be open about how we are feeling and take care of each other. I am working hard to do this each and every day."

Get 'em while they last!



If you haven't gotten yours yet, it's not too late to show a little "Scottie Pride" and cuddle up with a huge, soft, warm Scottie Blanket! 6th grader Cooper Florence, 8th grader Jackson Florence and 2nd grader Ian Bisar were ecstatic Christmas morning when Santa Claus surprised them with these huge blankets! Supplies are limited so get yours today by seeing Kristal Hayek in the HS Main Office or by contacting FBLA Adviser, Scott Moore at FHS (smoore@freemansd.org). They are only \$60 and will not last long.



JUNIOR PSAT TEST
Tuesday, January 26
8:30am
No Charge!

To sign up:

- Email Ms. Youseph at hyouseph@freemansd.org
- Fill out the form in 2022 Google Classroom
- Call 291-3721 ext. 241

The PSAT is great for...

- Possible qualifying score for a National Merit Scholarship
- Practicing for the SAT
- Knowing what areas to work on for a higher SAT score
- SAT practice on Khan Academy

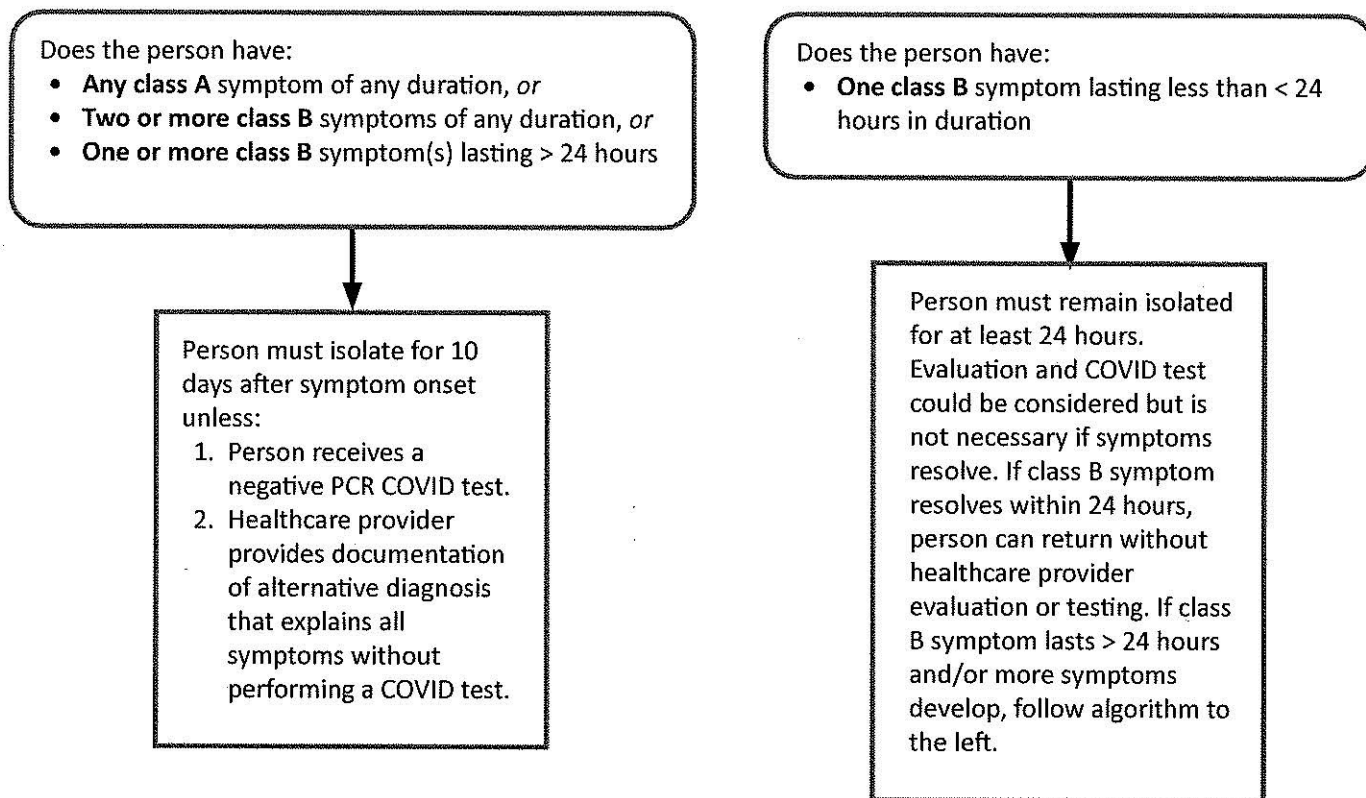
Here is what we will be using as a guideline for COVID-19 exposure and symptoms and return to school/work protocols.



RETURN TO SCHOOL/CHILDCARE/WORK GUIDANCE FOLLOWING A POSITIVE SYMPTOM SCREEN FOR COVID-19 AND NO EXPOSURE

This guidance can be used by schools, childcare and parents when the COVID-19 rate in the community is MODERATE — HIGH (>25 cases/100,000 population over 14 days) and applies to persons with:

- One or more new, unexplained symptom consistent with COVID-19, AND
- No known COVID-19 exposure in prior 14 days



Symptoms consistent with COVID-19	
Class A Symptoms	Class B Symptoms
<ul style="list-style-type: none"> • Fever (defined as subjective or 100.4°F or higher) • Cough • Loss of sense of taste and/or smell • Shortness of breath 	<ul style="list-style-type: none"> • Fatigue • Headache • Muscle or body aches • Sore throat • Congestion or runny nose • Nausea or vomiting • Diarrhea (defined as two or more loose stools in 24 hours)

¹ Examples of alternative diagnosis made by healthcare provider include childhood rash illness, acute otitis media, or a lab confirmed diagnosis such as strep throat or non-COVID-19 viral pathogen. If testing for other viral pathogens, strongly recommend testing for COVID-19 as well.