We will be having Parent/Teacher Conferences on November 3rd and 4th. Conferences are not required at FHS but are recommended if your student is struggling in a class or you would like to connect with a specific teacher. Our Conference Scheduler is open in Skyward Family Access until October 28th. If you would like a group conference with multiple teachers, please contact Raelyn Davis in the office at 291-3721.
2023 Seniors: important yearbook deadlines...

TBD:
Senior superlatives: we will post a google form to vote on senior superlatives later this month. Winners will be notified and a time will be scheduled to take your photo in October.

Monday, October 31st:
This is the deadline for Remember Whens and photos for that page. Please identify events and people in your photos you submit. If a Remember When is embarrassing for another student, it will need to be OK'd by Ms. L before it goes to print. Please use this link to submit your memories.
HONORING ALL WHO SERVED

2022 Veterans Day Celebration

The Freeman Community and special guests are invited to join the Freeman School District for a program to honor those who have served our great country!

November 10, 2022  9:00 - 10:15
Freeman High School Gymnasium

* Continental Breakfast: 7:45 - 8:30 (Veterans and their families)
* Socializing: 8:30 - 8:55
* Program: 9:00 - 10:15

Join us to celebrate those who have sacrificed so much!

DO YOU KNOW A FREEMAN VETERAN?

WE WANT TO HONOR THEM IN THIS YEAR’S VETERAN’S DAY VIDEO AT OUR COMMUNITY VETERAN’S DAY EVENT!

SCAN THE QR CODE OR FOLLOW THIS LINK AND COMPLETE THE FORM TO SUBMIT YOUR VETERAN!

Submit
DIGITAL SAFETY BILLBOARD

It is always important to remember digital safety. What goes online stays online forever so if you are using social media, be safe out there.

IMPORTANT COLLEGE & CAREER READINESS DATES:

- October 27: Navy at FHS during lunch
- October 31: Lewis Clark State College @ FHS during lunch
- November 1: National College Fair @ Convention Center
- November 2: Trades Night @ East Valley High School 5-8pm
- November 2: Pacific Lutheran University visit during lunch
- November 8: Navy @ FHS during lunch
- November 8: WSU @ FHS during lunch
- November 9: Whitworth University visit during lunch
- November 14: ASVAB Testing 8:15am - 11:15am @ FHS
Any students interested in participating in Basketball or Wrestling - the season begins in three weeks!

As with any sport, we must have a current sports physical on file in the school office before an athlete can practice. We also need each student registered in Final Forms and all forms completed by both parent and student. You can find a link to Final forms to the bottom left of this page.

A reminder of the fees to participate in sports:
- ASB Card (once annually) $35
- Transportation (once annually) $20
- Sport Fee (per sport) $25

The link to pay fees can be found at the bottom left of this page. Please note: fees are not paid in Final Forms and we have to manually enter payments in Final Forms once they have been made. The office has not had a chance to enter all paid winter sport fees yet so if you are unsure, please check your account history, call Mrs. Hayek in the office or wait another week or two so she can get those updated. Thank you.

If you have any questions regarding Winter Sports, please reach out to Chad Ripke at cripke@freemansd.org or call 291-3721.

Winter Sports Begin November 14th

10/21 - Varsity vs. Newport (Senior Night) 7pm
10/24 - JV @ Newport 5pm
10/28 - Varsity @ Medical Lake 7pm
10/25 - vs. TBD 4pm @ home
10/27 - @ Lakeside (if a win on 10/25) 3:30pm

10/22 - vs. Chelan/Cashmere Var-12pm & 2pm
10/26 - vs. TBD @ home 7pm
10/29 - District Championships TBD @ home

*please note playoff adm. is $8/$6 - no passes

10/28 - Boys Bi-District Championship in Yakima
10/29 - Girls District Championship @ Chewelah Golf Course

*please note playoff adm. is $8/$6 - no passes
TRADES NIGHT
Wednesday, November 2, 2022
5:00 p.m. to 8:00 p.m.
East Valley High School
15711 E Wellesley Ave, Spokane Valley, WA 99216

Free Community Event for All Ages!
Operate Equipment & Use Power Tools
No Ticket Required

Parents and students from all over our region are invited to participate in a HANDS-ON experience and talk with companies who work and train people in the trades. From electricians to welders to general contractors and subcontractors, all will be there to share firsthand experience and employment opportunities.

*Pants and closed toed shoes required for participants*

For More Information, Call the ABC Office at 509-534-0826 or Visit the ABC Website at www.abicipc.org/trades-night

In-Person National College Fairs
Spokane National College Fair
Tuesday, November 1
9am – 12pm & 6pm – 8pm
Spokane Convention Center

NACAC National College Fairs
SIGN UP NOW FOR FREE!
nacacattend.org/fairs

FREEMAN HIGH SCHOOL
Tackle Cancer Night

Accepting cash donations for Spokane’s Community Cancer Fund!

OCT 21, 2022

Freeman High School
Varsity Football Game
All donations stay in the Spokane Community! Donate at the door!

WHAT IS THE COMMUNITY CANCER FUND?

Community Cancer Fund works collaboratively with existing regional cancer organizations to identify and fund gaps in services provided to cancer patients. They are committed to investing donated funds in local programs that benefit cancer patients, their families, and the Inland Northwest organizations that serve them.

Please help us greater the impact of our cancer awareness football game and donate at the game!
Student HIGHLIGHTS

CONGRATULATIONS

ATHLETE OF THE WEEK

MARIS VERNON

CROSS COUNTRY

CONGRATULATIONS

ATHLETE OF THE WEEK

ANNEKE HASKINS

SOCCER
Save the Date!
FSD CURRICULUM NIGHT
4:30 - 6:30 PM
Thursday, Nov. 3

Join us in the K-8 MPR and the FHS MPR to preview curricula that are of interest to our community including:

- Social-Emotional Learning (K-12)
- Sexual Health and Education (5-12)
- Suicide Prevention (7-12)
- STEAM Enrichment (K-5)
- Title/LAP Reading Intervention (K-5)
Spokane Lilac Festival Association

Royalty Scholarship Program

To Qualify to participate in the 2023 “Onward” Royalty Scholarship Program you must be:

- In your senior year of high school, on track to graduate in the spring of the current academic year.
- Currently reside in Spokane County and agree to continue residing in Spokane County until Graduation from high school.
- Currently have at least a 3.0 unweighted GPA and agree to maintain at least a 3.0 unweighted GPA until graduation from high school.
- Have good citizenship, community and school involvement, and school attendance.
- Attend one of the below orientation meetings with a parent or guardian.

<table>
<thead>
<tr>
<th>Tuesday</th>
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<th>Sunday</th>
<th>Monday</th>
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<tbody>
<tr>
<td>November 1, 2023 6:00pm</td>
<td>November 2, 2023 6:00pm</td>
<td>November 6, 2023 2:00pm</td>
<td>November 7, 2023 6:00pm</td>
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<td>Moran</td>
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<td>The Hive</td>
<td>Spokane Valley Library</td>
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<td>Prairie Library</td>
<td>44 E Hawthorne Rd.</td>
<td>2904 E Sprague</td>
<td>12004 E Man Ave.</td>
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Be a part of Spokane’s 85-year tradition!

For more information, contact your school coordinator or contact the Spokane Lilac Festival Office at 509.535.4554

www.spokanelilacfestival.org
The 2022 Food Drive will be a district-wide effort, with a goal of raising 3,000 pounds of food!

When: November 7th - November 17th

Donation: North Palouse Food Bank

Basics: Our goal is to gather over 3,000 pounds of non-perishable food as a school district! (Top Ramen, corn & beans are welcomed, but please keep this to a minimum - they have a lot of these)

Prize: Prizes will be awarded at all three buildings for who brings in the most food. At the HS and MS it will be a pizza feed. The Elementary prize will be determined.

Providing food to families in our community for the holiday season!

Do your part to help someone in need this holiday season!