Every year we are required to have certain forms completed by parents/guardians through Family Access. These forms help us gather important information such as student health updates, address/phone changes, Free/Reduced Lunch applications and more to make sure we are providing the best possible educational services for your students as well as have important health and safety information.

These forms can be completed online in just a few steps by logging into Family Access then selecting “FSH Registration for all Returning Students” on the side navigation bar. Please log in ASAP and make sure you have completed this process.

Please note: this is different that athletic forms in Final Forms.

Complete Forms Now

The Freeman School District complies with all federal and state rules and regulations and does not discriminate on the basis of age, sex, marital status, race, color, creed, national origin, disability or the use of a trained guide dog or service animal by a person with a disability, sexual orientation, including gender expression or identity, veteran or military status, and provides equal access to the Boy Scouts of America and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the school district’s Title IX officer and/or Section 504/ADA coordinator: Randy Russell, Ph.D., Superintendent, 15001 S. Jackson Road, Rockford, WA 99030, 509-291-3695.
A listing of High School events can be found under the High School website at the “Calendar” tab.

**NOVEMBER 22ND**
Early Release

**NOVEMBER 23RD-24TH**
NO SCHOOL - Thanksgiving Break

**NOVEMBER 28TH**
Winter Sport Team Photos After School with Leos

**NOVEMBER 29TH**
LATE START - 10:15AM
School Board Mtg. 6pm K8MPR

**DECEMBER 13TH**
School Board Mtg. 6pm K8MPR
Band & Choir Concert 7pm

**DEC 16TH - JAN 1ST**
NO SCHOOL - Winter Break

---

**FREEMAN HIGH SCHOOL BLOOD DRIVE**

TUESDAY, NOV. 21ST
8:30AM – 12PM

**Sign up here!**

To make an appointment:

- Scan QR code or visit Vitalant.org
- Call 877-258-4825
- Use the Vitalant Donor App

**Click here for more details**

---

**43RD ALUMNI BASKETBALL TOURNAMENT**

DECEMBER 27TH & 28TH, 2023

---

**BLOOD DRIVE**

Because of you, life doesn’t stop.

---

**UPCOMING events**
Mr. Orrino’s Introduction to Agriculture class went on a visit to a logging site that is managed by the Inland Empire Paper Company. Students were able to learn about how trees are logged, the process of creating pulp for paper and the career options available in the field of forestry.

Students attended the Business After School: Pathways to Healthcare Careers at WSU Spokane this last week. The WSU Health Sciences campus offers degree programs in Medicine, Pharmacy, Nursing, Speech and Hearing and Nutrition and Exercise Physiology. Our students were able to tour these programs and get educational hands-on experiences. Thank you Greater Spokane Inc. for organizing this event!

**IMPORTANT COLLEGE & CAREER READINESS DATES:**

- November 21: Army National Guard during Scottie Time
- November 30: Information Session @ SCC for Respiratory Care 3-4:30pm
- December 5: WSU Instant Decision Event 10-11am Library
- January 10: Washington State Opportunity Scholarship opens
The annual FFA Wreath Sale is now live through Lynch Creek! 15% of all purchases go back to our FFA students. Please share the link with friends and family.
**Upcoming Sports**

**11/17** - Varsity @ Union Stadium - 2nd Round of State vs. Lakeside 7pm
GoFan only - purchase tickets here

**11/20** - Black & Blue Scrimmage @ Home
Girls - 5:45pm, Boys - 7pm

**11/21** - Blue & White Scrimmage @ Home
Girls - 5:45pm, Boys - 7pm

---

**Winter Sports Admission Prices/Passes**

Admission to all league games is $7/adults and $5/seniors or away students. Freeman High School & Middle School students get into home games for free with their ASB card. We accept cash and check at the gate as well as GoFan tickets whether you purchase them ahead of time on your device or at the gate with debit/credit card (fees apply).

We offer season passes for all home, regular-season games. This year ALL season passes must be purchased through GoFan. Below is a link to purchase them directly. Please note that the family passes include two adults and your children in Kindergarten - 6th grade. Senior passes are individual passes for seniors 60+.

- **Winter Season Family Pass** $141.46 (fees incl.)
- **Winter Season Individual Senior Pass** $44.00 (fees incl.)

---

**Important Sports Links:**

- [FinalForms](#) to Complete Your Online Forms
- [GoFan](#)
- [Pay Fines/Fees](#)
- [goscotties.org](#) athletics website

---

Every four years, the WIAA conducts their classification process to determine which classification (4A, 3A, 2A, 1A, 2B or 1B) each Washington HS will compete in. Please click on the image above to be directed to our website to watch a brief video and read the other resources that are available to educate yourself about how the process works. The Freeman School Board will have a work session on 11/29 at 5pm in the K-8 MPR regarding this topic. Chad Ripke and Mike Allen will present the most updated information pertinent to both the NEA League (1A) and the 2B League.
We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

**BELL SCHEDULES**

<table>
<thead>
<tr>
<th>Time</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Regular Schedule</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>0</td>
<td>7:00 - 7:50</td>
<td>50 min</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>8:15 – 9:05</td>
<td>50 min</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>9:10 – 10:00</td>
<td>50 min</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>SCOTTIE BREAK</strong></td>
<td>10:00 – 10:10</td>
<td>10 min</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>ADVISORY</strong></td>
<td>10:13 – 10:35</td>
<td>22 min</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>10:40 – 11:30</td>
<td>50 min</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>11:35 – 12:25</td>
<td>50 min</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>LUNCH</strong></td>
<td>12:25 – 12:55</td>
<td>30 min</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>1:00 – 1:50</td>
<td>50 min</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>1:55 – 2:45</td>
<td>50 min</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Time</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>2 Hour Late Start</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>10:15 – 10:51</td>
<td>36 min</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>10:56 – 11:32</td>
<td>36 min</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>11:37 – 12:13</td>
<td>36 min</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>LUNCH</strong></td>
<td>12:13 – 12:43</td>
<td>30 min</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>12:47 – 1:23</td>
<td>36 min</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>1:28 – 2:04</td>
<td>36 min</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>2:09 – 2:45</td>
<td>36 min</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**ATTENDANCE LINE**

We do not have an "attendance only" phone number at the high school. Please call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day.

**BREAKFAST/LUNCH**

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply here.

**SCOTTIE BREAK** We have brought back Scottie Break at the High School this year. A light snack will be available for students to purchase from 10:00am - 10:10am. Cost: $2.20

**LUNCH** - served at the High School in the MPR. Cost: $3.50

**ACTIVITY BUS**

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.
ATHLETICS AUCTION & Dinner Fundraiser

February 3rd | 5:30pm
Coeur d’Alene Casino & Resort

Join us for a fun evening featuring a social hour, silent & live auction and dinner to raise funds for officials fees, sports travel, equipment and more.

TICKETS
$50/PERSON
$375/TABLE OF 8
Purchase a table & sit with friends for RESERVED SEATING. Individual tickets and couples will be OPEN SEATING.

How to get involved...
✓ Purchase tickets and attend (we sold out last year)
✓ Donate & help procure items by January 8th
✓ Volunteer to work on the committee or help set up/tear down
✓ Extend the fun and stay the night with our discounted room block - use booking id# 11671 CALL 1-800-523-2464 (sold out last year)

If you have questions, would like to donate or volunteer please email khayek@freemansd.org
Parents and Guardians

You can take advantage of our Text Messaging Service

Our school utilizes the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings, safety alerts and more.*

You can participate in this free service* just by sending a text message of “Y” or “Yes” to our school’s short code number, 67587.

You can also opt out of these messages at any time by simply replying to one of our messages with “Stop”.

SchoolMessenger is compliant with the Student Privacy Pledge™ so you can rest assured that your information is safe and will never be given or sold to anyone.

Opt-In from your mobile now!  

Just send “Y” or “Yes” to 67587.

Information on SMS text messaging and Short Codes: SMS stands for Short Message Service and is commonly referred to as a “text message”. Most cell phones support this type of text messaging. Our notification provider, SchoolMessenger, uses a true SMS protocol developed by the telecommunications industry specifically for mass text messaging, referred to as “short code” texting. This method is fast, secure and highly reliable because it is strictly regulated by the wireless carriers and only allows access to approved providers.

If you’ve ever sent a text vote for a TV show to a number like 46999, you have used short code texting.

*Terms and Conditions: Message frequency varies. Standard message and data rates may apply. Reply HELP for help. Text STOP to cancel. Mobile carriers are not liable for delayed or undelivered messages. See schoolmessenger.com/tm for more info.
STUDENTS OF THE MONTH

OCTOBER

RESPONSIBILITY

BEING ACCOUNTABLE, THE PURSUIT OF EXCELLENCE, AND THE EXERCISE OF SELF-CONTROL
Student HIGHLIGHTS

1A State Volleyball
2nd Place

Photos by: Cierra Hayek
Football vs. Montesano
11/10/23
Freeman 28, Montesano 21

Photos by: Lane Mathews
Congratulations to our JV & Varsity Knowledge Bowl Teams on sweeping Ritzville and Almira at the first competition of the 2023 season!